

WEST DISTRICT 2009 GROUP 4 CHAMPIONSHIP- LONG COURSE**Consideration Time**

101	Female	50 Breaststroke		
101A	Female 10-12Yrs	50 Breaststroke	HDW	00.46.70
101B	Female 13/14Yrs	50 Breaststroke	HDW	00.44.70
101C	Female 15 & O	50 Breaststroke	HDW	00.43.70
102	Male	50 Breaststroke		
102A	Male 10-12Yrs	50 Breaststroke	HDW	00.46.80
102B	Male 13/14Yrs	50 Breaststroke	HDW	00.40.80
102C	Male 15& O	50 Breaststroke	HDW	00.41.80
103	Female 10-12Yrs	100 Backstroke		
103A	Female 10-12Yrs	100 Backstroke	HDW	01.25.50
103B	Female 13/14Yrs	100 Backstroke	HDW	01.20.00
103C	Female 15 & O	100 Backstroke	HDW	01.17.50
104	Male	100 Backstroke		
104A	Male 10-12Yrs	100 Backstroke	HDW	01.26.00
104B	Male 13/14Yrs	100 Backstroke	HDW	01.18.75
104C	Male 15& O	100 Backstroke	HDW	01.14.90
105	Female 10-12Yrs	200 Butterfly		
105A	Female 10-12Yrs	200 Butterfly	HDW	03.44.00
105B	Female 13/14Yrs	200 Butterfly	HDW	03.20.00
105C	Female 15 & O	200 Butterfly	HDW	03.03.70
106	Male	200 Butterfly		
106A	Male 10-12Yrs	200 Butterfly	HDW	03.44.00
106B	Male 13/14Yrs	200 Butterfly	HDW	03.22.00
106C	Male 15& O	200 Butterfly	HDW	02.58.00
107	Female 10-12Yrs	200 Ind Medley		
107A	Female 10-12Yrs	200 Ind Medley	HDW	03.04.00
107B	Female 13/14Yrs	200 Ind Medley	HDW	02.52.30
107C	Female 15 & O	200 Ind Medley	HDW	02.53.30
108	Male	200 Ind Medley		
108A	Male 10-12Yrs	200 Ind Medley	HDW	03.10.00
108B	Male 13/14Yrs	200 Ind Medley	HDW	02.45.00
108C	Male 15& O	200 Ind Medley	HDW	02.44.90
109	Female	400 Freestyle		
109A	Female 10-12Yrs	400 Freestyle	HDW	05.36.00
109B	Female 13/14Yrs	400 Freestyle	HDW	05.10.00
109C	Female 15 & O	400 Freestyle	HDW	05.03.70
110	Male	400 Freestyle		
110A	Male 10-12Yrs	400 Freestyle	HDW	05.30.00
110B	Male 13/14Yrs	400 Freestyle	HDW	05.02.00
110C	Male 15& O	400 Freestyle	HDW	04.46.00

Consideration Time

201	Female	50 Backstroke		
201A	Female 10-12Yrs	50 Backstroke	HDW	00.40.50
201B	Female 13/14Yrs	50 Backstroke	HDW	00.37.60
201C	Female 15 & O	50 Backstroke	HDW	00.37.06
202	Male	50 Backstroke		
202A	Male 10-12Yrs	50 Backstroke	HDW	00.40.50
202B	Male 13/14Yrs	50 Backstroke	HDW	00.36.60
202C	Male 15& O	50 Backstroke	HDW	00.36.80
203	Female	100 Butterfly		
203A	Female 10-12Yrs	100 Butterfly	HDW	01.32.00
203B	Female 13/14Yrs	100 Butterfly	HDW	01.25.00
203C	Female 15 & O	100 Butterfly	HDW	01.23.00
204	Male	100 Butterfly		
204A	Male 10-12Yrs	100 Butterfly	HDW	01.31.00
204B	Male 13/14Yrs	100 Butterfly	HDW	01.23.50
204C	Male 15& O	100 Butterfly	HDW	01.13.50
205	Female	200 Freestyle		
205A	Female 10-12Yrs	200 Freestyle	HDW	02.42.00
205B	Female 13/14Yrs	200 Freestyle	HDW	02.35.00
205C	Female 15 & O	200 Freestyle	HDW	02.33.00
206	Male	200 Freestyle		
206A	Male 10-12Yrs	200 Freestyle	HDW	02.40.50
206B	Male 13/14Yrs	200 Freestyle	HDW	02.27.00
206C	Male 15& O	200 Freestyle	HDW	02.21.70
207	Female	400 Ind Medley		
207A	Female 10-12Yrs	400 Ind Medley	HDW	07.15.00
207B	Female 13/14Yrs	400 Ind Medley	HDW	06.22.00
207C	Female 15 & O	400 Ind Medley	HDW	06.05.80
208	Male	400 Ind Medley		
208A	Male 10-12Yrs	400 Ind Medley	HDW	07.05.00
208B	Male 13/14Yrs	400 Ind Medley	HDW	06.30.00
208C	Male 15& O	400 Ind Medley	HDW	06.10.00

Consideration Time

301	Female	50 Butterfly		
301A	Female 10-12Yrs	50 Butterfly	HDW	00.40.50
301B	Female 13/14Yrs	50 Butterfly	HDW	00.37.50
301C	Female 15 & O	50 Butterfly	HDW	00.35.50
302	Male	50 Butterfly		
302A	Male 10-12Yrs	50 Butterfly	HDW	00.41.50
302B	Male 13/14Yrs	50 Butterfly	HDW	00.35.50
302C	Male 15& O	50 Butterfly	HDW	00.33.70
303	Female	100 Freestyle		
303A	Female 10-12Yrs	100 Freestyle	HDW	01.14.40
303B	Female 13/14Yrs	100 Freestyle	HDW	01.09.50
303C	Female 15 & O	100 Freestyle	HDW	01.07.90
304	Male	100 Freestyle		
304A	Male 10-12Yrs	100 Freestyle	HDW	01.14.10
304B	Male 13/14Yrs	100 Freestyle	HDW	01.06.50
304C	Male 15& O	100 Freestyle	HDW	01.01.30
305	Female	200 Breaststroke		
305A	Female 10-12Yrs	200 Breaststroke	HDW	03.30.00
305B	Female 13/14Yrs	200 Breaststroke	HDW	03.25.00
305C	Female 15 & O	200 Breaststroke	HDW	03.22.00
306	Male	200 Breaststroke		
306A	Male 10-12Yrs	200 Breaststroke	HDW	03.36.00
306B	Male 13/14Yrs	200 Breaststroke	HDW	03.20.00
306C	Male 15& O	200 Breaststroke	HDW	03.09.80
307	Female	1500 Freestyle		
307A	Female 10-12Yrs	1500 Freestyle	HDW	NCT
307B	Female 13/14Yrs	1500 Freestyle	HDW	NCT
307C	Female 15 & O	1500 Freestyle	HDW	23.14.90
308	Male	800 Freestyle		
308A	Male 10-12Yrs	800 Freestyle	HDW	NCT
308B	Male 13/14Yrs	800 Freestyle	HDW	NCT
308C	Male 15& O	800 Freestyle	HDW	10.39.10

NCT = No Consideration Time

Consideration Time

401	Female	50 Freestyle		
401A	Female 10-12Yrs	50 Freestyle	HDW	00.34.60
401B	Female 13/14Yrs	50 Freestyle	HDW	00.32.70
401C	Female 15 & O	50 Freestyle	HDW	00.31.90
402	Male	50 Freestyle		
402A	Male 10-12Yrs	50 Freestyle	HDW	00.34.60
402B	Male 13/14Yrs	50 Freestyle	HDW	00.32.60
402C	Male 15& O	50 Freestyle	HDW	00.28.70
403	Female	100 Breaststroke		
403A	Female 10-12Yrs	100 Breaststroke	HDW	01.39.00
403B	Female 13/14Yrs	100 Breaststroke	HDW	01.35.00
403C	Female 15 & O	100 Breaststroke	HDW	01.32.00
404	Male	100 Breaststroke		
404A	Male 10-12Yrs	100 Breaststroke	HDW	01.41.00
404B	Male 13/14Yrs	100 Breaststroke	HDW	01.30.00
404C	Male 15& O	100 Breaststroke	HDW	01.27.50
405	Female	200 Backstroke		
405A	Female 10-12Yrs	200 Backstroke	HDW	03.04.00
405B	Female 13/14Yrs	200 Backstroke	HDW	02.53.00
405C	Female 15 & O	200 Backstroke	HDW	02.48.60
406	Male	200 Backstroke		
406A	Male 10-12Yrs	200 Backstroke	HDW	03.09.00
406B	Male 13/14Yrs	200 Backstroke	HDW	03.00.00
406C	Male 15& O	200 Backstroke	HDW	02.48.00
407	Female	800 Freestyle		
407A	Female 10-12Yrs	800 Freestyle	HDW	11.45.00
407B	Female 13/14Yrs	800 Freestyle	HDW	11.00.00
407C	Female 15 & O	800 Freestyle	HDW	11.28.50
408	Male	1500 Freestyle		
408A	Male 10-12Yrs	1500 Freestyle	HDW	23.00.00
408B	Male 13/14Yrs	1500 Freestyle	HDW	19.50.00
408C	Male 15& O	1500 Freestyle	HDW	20.07.20