

**WEST DISTRICT 2010 GROUP 4 CHAMPIONSHIP- LONG COURSE****Consideration Time**

<b>101</b>	<b>Female</b>	<b>50 Breaststroke</b>		
101A	Female 10/11Yrs	50 Breaststroke	HDW	00.49.00
101B	Female 12Yrs	50 Breaststroke	HDW	00.46.00
101C	Female 13 Yrs	50 Breaststroke	HDW	00.45.00
101D	Female 14 & O	50 Breaststroke	HDW	00.41.00
<b>102</b>	<b>Male</b>	<b>50 Breaststroke</b>		
102A	Male 10/11Yrs	50 Breaststroke	HDW	00.49.00
102B	Male 12Yrs	50 Breaststroke	HDW	00.47.00
102C	Male 13 Yrs	50 Breaststroke	HDW	00.44.00
102D	Male 14 & O	50 Breaststroke	HDW	00.38.00
<b>103</b>	<b>Female 10/11Yrs</b>	<b>100 Backstroke</b>		
103A	Female 10/11Yrs	100 Backstroke	HDW	01.27.00
103B	Female 12Yrs	100 Backstroke	HDW	01.26.00
103C	Female 13 Yrs	100 Backstroke	HDW	01.23.00
103D	Female 14 & O	100 Backstroke	HDW	01.16.00
<b>104</b>	<b>Male</b>	<b>100 Backstroke</b>		
104A	Male 10/11Yrs	100 Backstroke	HDW	01.32.00
104B	Male 12Yrs	100 Backstroke	HDW	01.28.00
104C	Male 13 Yrs	100 Backstroke	HDW	01.20.00
104D	Male 14 & O	100 Backstroke	HDW	01.10.00
<b>105</b>	<b>Female 10/11Yrs</b>	<b>200 Butterfly</b>		
105A	Female 10/11Yrs	200 Butterfly	HDW	03.44.00
105B	Female 12Yrs	200 Butterfly	HDW	03.40.00
105C	Female 13 Yrs	200 Butterfly	HDW	03.30.00
105D	Female 14 & O	200 Butterfly	HDW	03.10.00
<b>106</b>	<b>Male</b>	<b>200 Butterfly</b>		
106A	Male 10/11Yrs	200 Butterfly	HDW	04.00.00
106B	Male 12Yrs	200 Butterfly	HDW	03.50.00
106C	Male 13 Yrs	200 Butterfly	HDW	03.20.00
106D	Male 14 & O	200 Butterfly	HDW	03.10.00
<b>107</b>	<b>Female 10/11Yrs</b>	<b>200 Ind Medley</b>		
107A	Female 10/11Yrs	200 Ind Medley	HDW	03.20.00
107B	Female 12Yrs	200 Ind Medley	HDW	03.15.00
107C	Female 13 Yrs	200 Ind Medley	HDW	03.00.00
107D	Female 14 & O	200 Ind Medley	HDW	02.55.00
<b>108</b>	<b>Male</b>	<b>200 Ind Medley</b>		
108A	Male 10/11Yrs	200 Ind Medley	HDW	03.35.00
108B	Male 12Yrs	200 Ind Medley	HDW	03.30.00
108C	Male 13 Yrs	200 Ind Medley	HDW	03.20.00
108D	Male 14 & O	200 Ind Medley	HDW	03.00.00
<b>109</b>	<b>Female</b>	<b>400 Freestyle</b>		
109A	Female 10/11Yrs	400 Freestyle	HDW	05.50.00
109B	Female 12Yrs	400 Freestyle	HDW	05.50.00
109C	Female 13 Yrs	400 Freestyle	HDW	05.40.00
109D	Female 14 & O	400 Freestyle	HDW	05.10.00
<b>110</b>	<b>Male</b>	<b>400 Freestyle</b>		
110A	Male 10/11Yrs	400 Freestyle	HDW	05.50.00
110B	Male 12Yrs	400 Freestyle	HDW	05.40.00
110C	Male 13 Yrs	400 Freestyle	HDW	05.30.00
110D	Male 14 & O	400 Freestyle	HDW	05.00.00

## Consideration Time

<b>201</b>	<b>Female</b>	<b>50 Backstroke</b>		
201A	Female 10/11Yrs	50 Backstroke	HDW	00.44.00
201B	Female 12Yrs	50 Backstroke	HDW	00.42.00
201C	Female 13 Yrs	50 Backstroke	HDW	00.40.00
201D	Female 14 & O	50 Backstroke	HDW	00.38.00
<b>202</b>	<b>Male</b>	<b>50 Backstroke</b>		
202A	Male 10/11Yrs	50 Backstroke	HDW	00.44.00
202B	Male 12Yrs	50 Backstroke	HDW	00.43.00
202C	Male 13 Yrs	50 Backstroke	HDW	00.42.00
202D	Male 14 & O	50 Backstroke	HDW	00.38.00
<b>203</b>	<b>Female</b>	<b>100 Butterfly</b>		
203A	Female 10/11Yrs	100 Butterfly	HDW	01.40.00
203B	Female 12Yrs	100 Butterfly	HDW	01.35.00
203C	Female 13 Yrs	100 Butterfly	HDW	01.30.00
203D	Female 14 & O	100 Butterfly	HDW	01.20.00
<b>204</b>	<b>Male</b>	<b>100 Butterfly</b>		
204A	Male 10/11Yrs	100 Butterfly	HDW	01.40.00
204B	Male 12Yrs	100 Butterfly	HDW	01.35.00
204C	Male 13 Yrs	100 Butterfly	HDW	01.30.00
204D	Male 14 & O	100 Butterfly	HDW	01.20.00
<b>205</b>	<b>Female</b>	<b>200 Freestyle</b>		
205A	Female 10/11Yrs	200 Freestyle	HDW	02.50.00
205B	Female 12Yrs	200 Freestyle	HDW	02.42.00
205C	Female 13 Yrs	200 Freestyle	HDW	02.38.00
205D	Female 14 & O	200 Freestyle	HDW	02.28.00
<b>206</b>	<b>Male</b>	<b>200 Freestyle</b>		
206A	Male 10/11Yrs	200 Freestyle	HDW	02.50.00
206B	Male 12Yrs	200 Freestyle	HDW	02.42.00
206C	Male 13 Yrs	200 Freestyle	HDW	02.35.00
206D	Male 14 & O	200 Freestyle	HDW	02.20.00
<b>207</b>	<b>Female</b>	<b>400 Ind Medley</b>		
207A	Female 10/11Yrs	400 Ind Medley	HDW	07.32.00
207B	Female 12Yrs	400 Ind Medley	HDW	07.00.00
207C	Female 13 Yrs	400 Ind Medley	HDW	06.40.00
207D	Female 14 & O	400 Ind Medley	HDW	06.20.00
<b>208</b>	<b>Male</b>	<b>400 Ind Medley</b>		
208A	Male 10/11Yrs	400 Ind Medley	HDW	07.20.00
208B	Male 12Yrs	400 Ind Medley	HDW	06.50.00
208C	Male 13 Yrs	400 Ind Medley	HDW	06.30.00
208D	Male 14 & O	400 Ind Medley	HDW	06.10.00

## Consideration Time

<b>301</b>	<b>Female</b>	<b>50 Butterfly</b>		
301A	Female 10/11Yrs	50 Butterfly	HDW	00.44.00
301B	Female 12Yrs	50 Butterfly	HDW	00.42.00
301C	Female 13 Yrs	50 Butterfly	HDW	00.40.00
301D	Female 14 & O	50 Butterfly	HDW	00.38.00
<b>302</b>	<b>Male</b>	<b>50 Butterfly</b>		
302A	Male 10/11Yrs	50 Butterfly	HDW	00.43.00
302B	Male 12Yrs	50 Butterfly	HDW	00.41.00
302C	Male 13 Yrs	50 Butterfly	HDW	00.39.00
302D	Male 14 & O	50 Butterfly	HDW	00.35.00
<b>303</b>	<b>Female</b>	<b>100 Freestyle</b>		
303A	Female 10/11Yrs	100 Freestyle	HDW	01.20.00
303B	Female 12Yrs	100 Freestyle	HDW	01.18.00
303C	Female 13 Yrs	100 Freestyle	HDW	01.15.00
303D	Female 14 & O	100 Freestyle	HDW	01.10.00
<b>304</b>	<b>Male</b>	<b>100 Freestyle</b>		
304A	Male 10/11Yrs	100 Freestyle	HDW	01.20.00
304B	Male 12Yrs	100 Freestyle	HDW	01.15.00
304C	Male 13 Yrs	100 Freestyle	HDW	01.10.00
304D	Male 14 & O	100 Freestyle	HDW	01.00.00
<b>305</b>	<b>Female</b>	<b>200 Breaststroke</b>		
305A	Female 10/11Yrs	200 Breaststroke	HDW	03.40.00
305B	Female 12Yrs	200 Breaststroke	HDW	03.35.00
305C	Female 13 Yrs	200 Breaststroke	HDW	03.30.00
305D	Female 14 & O	200 Breaststroke	HDW	03.20.00
<b>306</b>	<b>Male</b>	<b>200 Breaststroke</b>		
306A	Male 10/11Yrs	200 Breaststroke	HDW	03.45.00
306B	Male 12Yrs	200 Breaststroke	HDW	03.40.00
306C	Male 13 Yrs	200 Breaststroke	HDW	03.30.00
306D	Male 14 & O	200 Breaststroke	HDW	03.10.00
<b>307</b>	<b>Female</b>	<b>1500 Freestyle</b>		
307A	Female 10/11Yrs	1500 Freestyle	HDW	NCT
307B	Female 12Yrs	1500 Freestyle	HDW	NCT
307C	Female 13 Yrs	1500 Freestyle	HDW	24.00.00
307D	Female 14 & O	1500 Freestyle	HDW	23.00.00
<b>308</b>	<b>Male</b>	<b>800 Freestyle</b>		
308A	Male 10/11Yrs	800 Freestyle	HDW	NCT
308B	Male 12Yrs	800 Freestyle	HDW	NCT
308C	Male 13 Yrs	800 Freestyle	HDW	13.00.00
308D	Male 14 & O	800 Freestyle	HDW	11.00.00

**NCT = No Consideration Time**

## Consideration Time

<b>401</b>	<b>Female</b>	<b>50 Freestyle</b>		
401A	Female 10/11Yrs	50 Freestyle	HDW	00.37.00
401B	Female 12Yrs	50 Freestyle	HDW	00.35.00
401C	Female 13 Yrs	50 Freestyle	HDW	00.33.00
401D	Female 14 & O	50 Freestyle	HDW	00.31.00
<b>402</b>	<b>Male</b>	<b>50 Freestyle</b>		
402A	Male 10/11Yrs	50 Freestyle	HDW	00.37.00
402B	Male 12Yrs	50 Freestyle	HDW	00.35.00
402C	Male 13 Yrs	50 Freestyle	HDW	00.32.00
402D	Male 14 & O	50 Freestyle	HDW	00.29.00
<b>403</b>	<b>Female</b>	<b>100 Breaststroke</b>		
403A	Female 10/11Yrs	100 Breaststroke	HDW	01.47.00
403B	Female 12Yrs	100 Breaststroke	HDW	01.45.00
403C	Female 13 Yrs	100 Breaststroke	HDW	01.42.00
403D	Female 14 & O	100 Breaststroke	HDW	01.38.00
<b>404</b>	<b>Male</b>	<b>100 Breaststroke</b>		
404A	Male 10/11Yrs	100 Breaststroke	HDW	01.50.00
404B	Male 12Yrs	100 Breaststroke	HDW	01.46.00
404C	Male 13 Yrs	100 Breaststroke	HDW	01.42.00
404D	Male 14 & O	100 Breaststroke	HDW	01.30.00
<b>405</b>	<b>Female</b>	<b>200 Backstroke</b>		
405A	Female 10/11Yrs	200 Backstroke	HDW	03.20.00
405B	Female 12Yrs	200 Backstroke	HDW	03.16.00
405C	Female 13 Yrs	200 Backstroke	HDW	03.14.00
405D	Female 14 & O	200 Backstroke	HDW	03.10.00
<b>406</b>	<b>Male</b>	<b>200 Backstroke</b>		
406A	Male 10/11Yrs	200 Backstroke	HDW	03.20.00
406B	Male 12Yrs	200 Backstroke	HDW	03.15.00
406C	Male 13 Yrs	200 Backstroke	HDW	03.10.00
406D	Male 14 & O	200 Backstroke	HDW	02.50.00
<b>407</b>	<b>Female</b>	<b>800 Freestyle</b>		
407A	Female 10/11Yrs	800 Freestyle	HDW	NCT
407B	Female 12Yrs	800 Freestyle	HDW	NCT
407C	Female 13 Yrs	800 Freestyle	HDW	13.00.00
407D	Female 14 & O	800 Freestyle	HDW	11.00.00
<b>408</b>	<b>Male</b>	<b>1500 Freestyle</b>		
408A	Male 10/11Yrs	1500 Freestyle	HDW	NCT
408B	Male 12Yrs	1500 Freestyle	HDW	NCT
408C	Male 13 Yrs	1500 Freestyle	HDW	24.00.00
408D	Male 14 & O	1500 Freestyle	HDW	23.00.00

**NCT = No Consideration Time**