

## **WEST DISTRICT 2012 GROUP 2 CHAMPIONSHIP - LONG COURSE**

### **Dates and Venue**

**10<sup>th</sup> / 11<sup>th</sup> March**

**Dollan Aqua Centre – East Kilbride**

Sessions: 10:00am and 2:30pm each day.

Warm Ups: 9:00am and 1:30pm each day.

### **Age Groups**

**14Yrs, 15Yrs & 16&Over Yrs**

This Championship is open to registered swimmers whose 1<sup>st</sup> Claim Club is affiliated to the West District of the S.A.S.A..

There is a Consideration Time for each individual event.  
Entry to the Championship will be in accordance with the District Rules.

### **Competitors age will be their age on the last day of each competition**

#### **Entries**

Entries for this Meet require to be generated on the Hy-Tek Team Manager 4/5/6 or Lite programme. Hy-Tek Team Manager Lite is available via the internet at [www.hy-tek ltd.com/downloads.html](http://www.hy-tek ltd.com/downloads.html)

For administration purposes, an Information Form must be submitted with the cheque.

#### **PLEASE NOTE !!**

**Seeded Start Lists for ALL Sessions will be prepared prior to the Meet and Withdrawals will be accepted up to 6pm on Wednesday prior to Championships for exclusion from the Start Lists.**

**Withdrawals on "Withdrawal Forms" will be accepted, at the Recorder's Desk, up to 45 minutes before the start of each Session for the purposes of allocating Reserves.**

**Start Lists will be updated and may be re-seeded based on the Withdrawals on the day.**

**Start Lists will not be issued to Clubs, prior to the start of a Session, until all Withdrawals have been processed. The issue of Start Lists may extend into the early Events of the Session.**

**Unplaced Reserves will be allocated to available lanes during an Event after reporting to the Referee at the beginning of that Event.**

Further assistance available from John Deans (01698 825507) & [john.deans@blueyonder.co.uk](mailto:john.deans@blueyonder.co.uk)

All entries must be addressed to:

John Deans  
Championship Convenor  
9 Tynron Court  
Hamilton  
ML3 8XD

**DO NOT SEND ENTRIES BY RECORDED DELIVERY**

**DO NOT SEND ENTRIES TO THE DISTRICT OFFICE**

## Entries

Entries equal to or faster than the Consideration Times for each Age Group will be accepted, subject to available lanes, on the basis of providing a balance across the available Heats/Lanes per Event, dependant on the number of Heats.

e.g. For a 6 heat Event: 20 x 14Yrs, 20 x 15Yrs and 20 x 16&OYrs would be accepted.

If only 16 x 16&OYrs swimmers were accepted, then 22 x 14Yrs and 22 x 15Yrs would be accepted etc.

Above figures would be pro-rated for Events with different number of Heats.

An Entry Time equal to or faster than the Event Consideration Time does not guarantee acceptance into the Event.

## Reserves

A total of up to 6 x Reserves, comprising of maximum of 2 x from each Age Group where available, will be allocated to each Event. These Reserves will be allocated artificial times to accommodate placing in the Meet programme.

Reserves will be allocated to the Event on withdrawal of confirmed swimmers on an Age Group basis.

**Entry Fees** Individual Events £5.00 each event **(Cheques payable to SASA West District)**

## Closing Dates

Entries must be received by, the Championship Convenor, by the following date:

\*\*\*\* Sunday 19<sup>th</sup> February \*\*\*\*

## Submitted Times

To be 50 metre times, conversions can be used, and need not be accredited.

## Fines

Under District Rules there is a standard £2.00 Fine for any individual competitor who has recorded a time, slower than 1 second, for each 100 metre (or part of 100 metre) outside the Consideration Time.

## Technical Officials

District clubs entering swimmers in any District Swimming Championships must provide Swimming Technical Officials for each session of the championships in accordance with the following scale:

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District clubs entering swimmers in any District Swimming Championships must provide Swimming Technical Officials for each session of the championships in accordance with the following scale:

Total no.of Club swimmers per session	Number of STO's per session
1 to 4	None
5 to 9	<b>1 x Judge</b>
10+	2 of which at least 1 must be a Judge, Starter or Referee

A District Club failing to provide STO in accordance with this scale shall be subject to a fine of **£50.00 per person**, for each session in which the required STO is not present. Members of the organising committee shall be counted for the purpose of meeting this requirement.

## **Awards**

Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each Age Group in each Event.

Overall Champion will be awarded to the Best Boy and Girl in each Age Group and the criteria will be total Performance Points by accumulating the single highest individual points from each of the four categories defined as follows:

100's	Best of:	100 Fr, 100 Br, 100 Ba, 100 FI
Free	Best of:	200 Fr, 400 Fr, 800 Fr, 1500 Fr
Form	Best of:	200 Br, 200 Ba, 200 FI
Medley	Best of:	200 IM, 400 IM

In all Age Groups, swimmers must achieve the Consideration Times to be eligible for an award.

## **Heats and Finals**

Group 2 Events will be **Heats and Finals** for 100 Fr, 100 Br, 100 Ba, 100 FI and 200 IM.

All other Events will be **Heat Declared**.

**Heats will be Mixed Ages, Finals will be Age Groups.**

**Programme  
Results**

One free Programme for each competing Club.  
One free set of Results for each competing Club.

**John A. Deans  
District Swimming Committee**

## WEST DISTRICT 2012 GROUP 2 CHAMPIONSHIP- LONG COURSE

### Consideration Time

<b>101</b>	<b>Female</b>	<b>800 Free</b>		
101A	Female 14Yrs	800 Free	HDW	NCT
101B	Female 15Yrs	800 Free	HDW	NCT
101C	Female 16&O Yrs	800 Free	HDW	NCT
<b>102</b>	<b>Male</b>	<b>400 IM</b>		
102A	Male 14Yrs	400 IM	HDW	06.09.80
102B	Male 15Yrs	400 IM	HDW	05.51.10
102C	Male 16&O Yrs	400 IM	HDW	05.51.10
<b>103</b>	<b>Female</b>	<b>200 Backstroke</b>		
103A	Female 14Yrs	200 Backstroke	HDW	03.11.80
103B	Female 15Yrs	200 Backstroke	HDW	03.06.80
103C	Female 16&O Yrs	200 Backstroke	HDW	03.01.90
<b>104</b>	<b>Male</b>	<b>100 Free</b>		
104A	Male 14Yrs	100 Free	H&F	01.18.10
104B	Male 15Yrs	100 Free	H&F	01.12.20
104C	Male 16&O Yrs	100 Free	H&F	01.06.30
<b>105</b>	<b>Female</b>	<b>100 Breast</b>		
105A	Female 14Yrs	100 Breast	H&F	01.41.30
105B	Female 15Yrs	100 Breast	H&F	01.36.30
105C	Female 16&O Yrs	100 Breast	H&F	01.31.40
<b>106</b>	<b>Male</b>	<b>200 Breast</b>		
106A	Male 14Yrs	200 Breast	HDW	03.32.50
106B	Male 15Yrs	200 Breast	HDW	03.22.60
106C	Male 16&O Yrs	200 Breast	HDW	03.12.80

**NCT = No Consideration Time**

## Consideration Time

<b>201</b>	<b>Female</b>	<b>200 IM</b>		
201A	Female 14Yrs	200 IM	H&F	03.18.00
201B	Female 15Yrs	200 IM	H&F	03.09.10
201C	Female 16&O Yrs	200 IM	H&F	03.02.20
<b>202</b>	<b>Male</b>	<b>100 Backstroke</b>		
202A	Male 14Yrs	100 Backstroke	H&F	01.26.90
202B	Male 15Yrs	100 Backstroke	H&F	01.20.00
202C	Male 16&O Yrs	100 Backstroke	H&F	01.16.10
<b>203</b>	<b>Female</b>	<b>100 Butterfly</b>		
203A	Female 14Yrs	100 Butterfly	H&F	01.27.90
203B	Female 15Yrs	100 Butterfly	H&F	01.23.90
203C	Female 16&O Yrs	100 Butterfly	H&F	01.21.60
<b>204</b>	<b>Male</b>	<b>400 Free</b>		
204A	Male 14Yrs	400 Free	HDW	05.46.10
204B	Male 15Yrs	400 Free	HDW	05.25.40
204C	Male 16&O Yrs	400 Free	HDW	05.25.40
<b>205</b>	<b>Female</b>	<b>200 Freestyle</b>		
205A	Female 14Yrs	200 Freestyle	HDW	02.42.20
205B	Female 15Yrs	200 Freestyle	HDW	02.37.20
205C	Female 16&O Yrs	200 Freestyle	HDW	02.37.20
<b>206</b>	<b>Male</b>	<b>200 Butterfly</b>		
206A	Male 14Yrs	200 Butterfly	HDW	03.16.60
206B	Male 15Yrs	200 Butterfly	HDW	03.11.70
206C	Male 16&O Yrs	200 Butterfly	HDW	03.06.70

## Consideration Time

<b>301</b>	<b>Male</b>	<b>1500 Free</b>		
301A	Male 14Yrs	1500 Free	HDW	NCT
301B	Male 15Yrs	1500 Free	HDW	NCT
301C	Male 16&O Yrs	1500 Free	HDW	NCT
<b>302</b>	<b>Female</b>	<b>400 IM</b>		
302A	Female 14Yrs	400 IM	HDW	06.49.30
302B	Female 15Yrs	400 IM	HDW	06.24.60
302C	Female 16&O Yrs	400 IM	HDW	06.24.60
<b>303</b>	<b>Male</b>	<b>200 Back</b>		
303A	Male 14Yrs	200 Back	HDW	03.11.80
303B	Male 15Yrs	200 Back	HDW	03.06.80
303C	Male 16&O Yrs	200 Back	HDW	03.01.90
<b>304</b>	<b>Female</b>	<b>100 Freestyle</b>		
304A	Female 14Yrs	100 Freestyle	H&F	01.20.10
304B	Female 15Yrs	100 Freestyle	H&F	01.16.10
304C	Female 16&O Yrs	100 Freestyle	H&F	01.13.20
<b>305</b>	<b>Male</b>	<b>100 Breaststroke</b>		
305A	Male 14Yrs	100 Breaststroke	H&F	01.36.30
305B	Male 15Yrs	100 Breaststroke	H&F	01.29.40
305C	Male 16&O Yrs	100 Breaststroke	H&F	01.23.50

**NCT = No Consideration Time**

## Consideration Time

<b>401</b>	<b>Female</b>	<b>200 Breast</b>		
401A	Female 14Yrs	200 Breast	HDW	03.32.50
401B	Female 15Yrs	200 Breast	HDW	03.22.60
401C	Female 16&O Yrs	200 Breast	HDW	03.12.80
<b>402</b>	<b>Male</b>	<b>200 IM</b>		
402A	Male 14Yrs	200 IM	H&F	03.07.10
402B	Male 15Yrs	200 IM	H&F	02.57.20
402C	Male 16&O Yrs	200 IM	H&F	02.42.50
<b>403</b>	<b>Female</b>	<b>100 Back</b>		
403A	Female 14Yrs	100 Back	H&F	01.30.90
403B	Female 15Yrs	100 Back	H&F	01.26.90
403C	Female 16&O Yrs	100 Back	H&F	01.23.00
<b>404</b>	<b>Male</b>	<b>100 Butterfly</b>		
404A	Male 14Yrs	100 Butterfly	H&F	01.24.90
404B	Male 15Yrs	100 Butterfly	H&F	01.18.00
404C	Male 16&O Yrs	100 Butterfly	H&F	01.13.10
<b>405</b>	<b>Female</b>	<b>400 Freestyle</b>		
405A	Female 14Yrs	400 Freestyle	HDW	05.58.90
405B	Female 15Yrs	400 Freestyle	HDW	05.34.20
405C	Female 16&O Yrs	400 Freestyle	HDW	05.34.20
<b>406</b>	<b>Male</b>	<b>200 Freestyle</b>		
406A	Male 14Yrs	200 Freestyle	HDW	02.42.20
406B	Male 15Yrs	200 Freestyle	HDW	02.37.20
406C	Male 16&O Yrs	200 Freestyle	HDW	02.32.30
<b>407</b>	<b>Female</b>	<b>200 Butterfly</b>		
407A	Female 14Yrs	200 Butterfly	HDW	03.16.60
407B	Female 15Yrs	200 Butterfly	HDW	03.11.70
407C	Female 16&O Yrs	200 Butterfly	HDW	03.06.70