

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008
BOYS 10 YEARS & UNDER

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	DALE McANISH	10/10/96	WGHX	00.31.77	SCOTTISH SCHOOLS AT GLASGOW, 27/01/2007
100M	FREESTYLE	DUNCAN SCOTT	06/05/97	WBSX	01.07.05	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 2/03/2008
200M	FREESTYLE					
400M	FREESTYLE	DUNCAN SCOTT	06/05/97	WBSX	05.11.24	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 1/03/2008
800M	FREESTYLE					
50M	BREASTSTROKE	CAMERON PARK	2/02/97	WRNX	00.43.61	SCOTTISH SCHOOLS AT LASGOW, 26/01/2008
100M	BREASTSTROKE	MARTIN DOUGLAS	22/03/96	WCGX	01.38.72	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 3/03/2007
200M	BREASTSTROKE	MARTIN DOUGLAS	22/03/96	WCGX	03.28.12	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 4/03/2007
50M	BACKSTROKE	CAMERON PARK	2/02/97	WRNX	00.40.61	SHEFFIELD TEASPOON AT PONDS FORGE, 23/09/2007
100M	BACKSTROKE	DUNCAN SCOTT	06/05/97	WBSX	01.20.91	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 1/03/2008
200M	BACKSTROKE	DUNCAN SCOTT	06/05/97	WBSX	02.48.08	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 2/03/2008
50M	BUTTERFLY	DUNCAN SCOTT	06/05/97	WBSX	00.33.68	SCOTTISH SCHOOLS AT TOLLCROSS, 26/01/2008
100M	BUTTERFLY	DUNCAN SCOTT	06/05/97	WBSX	01.15.70	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 2/03/2008
200M	BUTTERFLY	DUNCAN SCOTT	06/05/97	WBSX	02.54.14	WEST DISTRICT GP 1 AT EAST KILBRIDE, 1/03/2008
200M	IND. MEDLEY	DUNCAN SCOTT	06/05/97	WBSX	02.49.00	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 2/03/2008
400M	IND. MEDLEY	DUNCAN SCOTT	06/05/97	WBSX	05.54.13	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 1/03/2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008**BOYS 11 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	JORDAN HUGHES	7/08/96	WNAX	00.29.88	SCOTTISH SCHOOLS AT TOLLCROSS, 26/01/2008
100M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	01.04.53	SCOTTISH AGE GROUPS AT TOLLCROSS, 10/04/2008
200M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	02.21.36	SCOTTISH AGE GROUPS AT TLLCROSS, 13/04/2008
400M	FREESTYLE	DAVID COLLEY	16/04/96	WCGX	04.55.41	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 1/03/2008
800M	FREESTYLE					
1500M	FREESTYLE	DAVID COLLEY	16/04/96	WCGX	19.15.35	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 2/03/2008
50M	BREASTSTROKE	DECLAN KIELY	26/08/96	WRNX	00.50.99	SHEFFIELD TEASPOON AT PONDS FORGE, 23/09/2007
100M	BREASTSTROKE	RORY SHIRLEY	9/05/95	WCGX	01.28.87	WEST DISTRICTS GP 1 AT EAST KLIBRIDE 3/03/2007
200M	BREASTSTROKE	GREG WATSON	26/11/96	WCGX	03.02.67	CITY OF GLASGOW OPEN AT TOLLCROSS, 4/05/2008
50M	BACKSTROKE	RYAN DAVIDSON	1993	WGHX	00.33.62	GROUP 6, EVENT 202 AT EAST KILBRIDE, 29/10/2005
100M	BACKSTROKE	CRAIG KNIGHT	10/06/95	WGHX	01.18.95	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 3/03/2007
200M	BACKSTROKE	CRAIG KNIGHT	10/06/95	WGHX	02.46.91	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 4/03/2007
50M	BUTTERFLY	DALE McANISH	10/10/96	WGHX	00.32.65	WD GROUP4 AT EAST KILBRIDE, 1/06/2008
100M	BUTTERFLY	DALE McANISH	10/10/96	WGHX	01.11.84	SCOTTISH NATIONALS AT TOLLCROSS, 11/04/2008
200M	BUTTERFLY	LEE EMMERSON	4/05/95	WDSX	02.37.77	SCOTTISH NATIONALS AT GLASGOW, 15/04/2007
200M	IND. MEDLEY	RORY SHIRLEY	9/05/95	WCGX	02.45.34	WEST DISTRICTS GP1 AT EAST KILBRIDE, 4/03/2007
400M	IND. MEDLEY	RORY SHIRLEY	9/05/95	WCGX	05.45.65	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 3/03/2007

Updated 13 June 2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008**BOYS 12 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	LEE EMMERSON	04/05/95	WDSX	00.30.08	SCOTTISH AGE GROUPS AT TOLLCROSS, 13/04/2008
100M	FREESTYLE	LEE EMMERSON	04/05/95	WDSX	01.02.45	BRITISH PREMIER MEET AT PONDS FORGE, 22/03/2008
200M	FREESTYLE	LEE EMMERSON	04/05/95	WDSX	02.08.36	SCOTTISH AGE GROUPS AT TOLLCROSS, 13/04/2008
400M	FREESTYLE	LEE EMMERSON	04/05/95	WDSX	04.28.56	SCOTTISH AGE GROUPS AT TOLLCROSS, 12/04/2008
800M	FREESTYLE	DAVID MORGAN	30/04/94	WRXX	09.25.97	SCOTTISH NATIONALS AT GLASGOW, 13/04/2007
1500M	FREESTYLE	MARK DEANS	20/12/94	WCGX	17.32.59	STOCKPORT METRO MEET AT STOCKPORT, 23/11/2007
50M	BREASTSTROKE	LEE EMMERSON	04/05/95	WDSX	00.37.87	SCOTTISH NATIONALS AT TOLLCROSS, 13/04/2008
100M	BREASTSTROKE	LEE EMMERSON	04/05/95	WDSX	01.19.98	WEST DISTRICT GP 1 AT EAST KILBRIDE, 1/03/2008
200M	BREASTSTROKE	LEE EMMERSON	04/05/95	WDSX	02.49.83	SCOTTISH NATIONALS AT TOLLCROSS, 13/04/2008
50M	BACKSTROKE	LEE EMMERSON	04/05/95	WDSX	00.32.55	SCOTTISH AGE GROUPS AT TOLLCROSS, 12/04/2008
100M	BACKSTROKE	LEE EMMERSON	04/05/95	WDSX	01.06.74	SCOTTISH AGE GROUPS AT TOLLCROSS, 12/04/2008
200M	BACKSTROKE	LEE EMMERSON	04/05/95	WDSX	02.26.00	SCOTTISH NATIONALS AT TOLLCROSS, 11/04/2008
50M	BUTTERFLY	LEE EMMERSON	04/05/95	WDSX	00.29.95	SCOTTISH AGE GROUPS AT TOLLCROSS, 11/04/2008
100M	BUTTERFLY	LEE EMMERSON	04/05/95	WDSX	01.04.59	SCOTTISH AGE GROUPS AT TOLLCROSS, 11/04/2008
200M	BUTTERFLY	LEE EMMERSON	04/05/95	WDSX	02.20.30	SCOTTISH AGE GROUPS AT TOLLCROSS, 10/04/2008
200M	IND. MEDLEY	LEE EMMERSON	04/05/95	WDSX	02.25.12	SCOTTISH AGE GROUPS AT TOLLCROSS, 12/04/2008
400M	IND. MEDLEY	LEE EMMERSON	04/05/95	WDSX	05.05.95	SCOTTISH AGE GROUPS AT TOLLCROSS, 11/04/2008

Updated 13 June 2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008**BOYS 13 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	STUART GREIG	1989	WAAX	00.27.67	GROUP 3, EVENT 102 AT EAST KILBRIDE, 25/04/2002
100M	FREESTYLE	SCOTT JACKSON	8/08/94	WSEX	00.58.37	WD GROUP 4 AT EAST KILBRIDE, 1/06/2008
200M	FREESTYLE	STEPHEN CRICHTON	23/04/93	WRXX	02.06.20	SCOTTISH NATIONALS AT GLASGOW, 13/04/2007
400M	FREESTYLE	JAMIE McKINLEY	22/11/93	WCGX	04.23.02	BRITISH NATIONALS AT PONDS FORGE, 26 /07/2007
800M	FREESTYLE	DAVID MORGAN	30/04/94	WRXX	09.09.25	SCOTTISH NATIONALS AT TOLLCROSS, 13/04/2008
1500M	FREESTYLE	MARK DEANS	20/12/94	WCGX	17.28.15	SCOTTISH NATIONALS AT TOLLCROSS, , 10/04/2008
50M	BREASTSTROKE	DOUGLAS SCOTT	1991	WEKX	00.34.87	WD OPEN, EVENT 102 AT EAST KILBRIDE, 30/10/2004
100M	BREASTSTROKE	RYAN DAVIDSON	23/4/93	WGHX	01.15.77	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 3/03/2007
200M	BREASTSTROKE	DOUGLAS SCOTT	1991	WEKX	02.42.14	WD OPEN, EVENT 306 AT EAST KILBRIDE, 31/10/2004
50M	BACKSTROKE	ANDREW ARTHUR	11/01/94	UNAT	00.30.65	WD GP 4, EVENT 202 AT EAST KILBRIDE, 2/06/2007
100M	BACKSTROKE	ANDREW ARTHUR	11/01/94	UNAT	01.05.51	SCOTTISH NATIONALS AT TOLLCROSS, 28/06/2007
200M	BACKSTROKE	ANDREW ARTHUR	11/01/94	UNAT	02.20.19	SCOTTISH NATONALS AT TOLLCROSS, 29/06/2007
50M	BUTTERFLY	STUART HOUSTON	1989	WRXX	00.29.55	WD OPEN, EVENT 302 AT EAST KILBRIDE, 3/11/2002
100M	BUTTERFLY	DAVID SHEWAN	1989	WNAX	01.04.15	WD OPEN, EVENT 204 AT EAST KILBRIDE, 2/11/2002
200M	BUTTERFLY	DAVID MORGAN	30/04/94	WRXX	02.17.12	SCOTTISH SCHOOLS AT TOLLCROSS, 26/01/2008
200M	IND. MEDLEY	DAVID MORGAN	30/04/94	WRXX	02.23.21	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2008
400M	IND. MEDLEY	DAVID MORGAN	30/04/94	WRXX	04.58.56	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 1/03/2008

Updated 13 June 2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008**BOYS 14 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	STUART GREIG	1989	WAAX	00.26.45	WD OPEN, EVENT 410 AT EAST KILBRIDE, 2/11/2003
100M	FREESTYLE	ALASDAIR STIRLING	26/03/93	WEKX	00.56.22	SCOTTISH NATIONALS AT TOLLCROSS, 30/06/2007
200M	FREESTYLE	STEPHEN CRICHTON	23/04/93	WRXX	01.59.59	SCOTTISH NATIONAL AT TOLLCROSS, 13/04/2008
400M	FREESTYLE	STEPHEN CRICHTON	23/04/93	WRXX	04.20.68	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2008
800M	FREESTYLE	CHRIS RITCHIE	8/12/93	WDNX	09.04.01	WD GROUP 4 AT EAST KILBRIDE, 1/06/2008
1500M	FREESTYLE	ANDREW THOMSON	28/10/92	WCGX	17.11.47	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 4/03/2007
50M	BREASTSTROKE	DOUGLAS SCOTT	1991	WEKX	00.31.78	GROUP 6, EVENT 102 AT EAST KILBRIDE, 29/10/2005
100M	BREASTSTROKE	DOUGLAS SCOTT	1991	WEKX	01.09.64	GROUP 6, EVENT 404 AT EAST KILBRIDE 30/10/2005
200M	BREASTSTROKE	DOUGLAS SCOTT	1991	WEKX	02.29.00	GROUP 6, EVENT 306 AT EAST KILBRIDE 30/10/2005
50M	BACKSTROKE	ANDREW ARTHUR	11/01/94	WMBX	00.30.29	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2008
100M	BACKSTROKE	ANDREW ARTHUR	11/01/94	WMBX	01.01.91	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2008
200M	BACKSTROKE	ANDREW ARTHUR	11/01/94	WMBX	02.16.31	SCOTTISH NATIONALS AT TOLLCROSS, 11/04/2008
50M	BUTTERFLY	STUART GREIG	1989	WAAX	00.29.07	GROUP 3, EVENT 108 AT EAST KILBRIDE, 9/05/2003
100M	BUTTERFLY	STUART HOUSTON	1989	WRXX	01.01.69	GROUP 3, EVENT 304 AT EAST KILBRIDE, 10/05/2003
200M	BUTTERFLY	DAVID SHEWAN	1989	WNAX	02.15.53	WD OPEN, EVENT 106 AT EAST KILBRIDE, 1/11/2003
200M	IND. MEDLEY	DOUGLAS SCOTT	1991	WEKX	02.19.88	GROUP 6, EVENT 108 AT EAST KILBRIDE, 30/10/2005
400M	IND. MEDLEY	ALASDAIR STIRLING	26/03/93	WEKX	04.59.20	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 2/03/2008

Updated 13 June 2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008**BOYS 15 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	STUART GREIG	1989	WAAX	00.26.17	WD OPEN, EVENT 410 AT EAST KILBRIDE, 31/10/2004
100M	FREESTYLE	ALASTAIR TURNER	11/09/92	WRXX	00.54.51	BRITISH CHAMPS AT PONDS FORGE, 4/04/2008
200M	FREESTYLE	ALASTAIR TURNER	11/09/92	WRXX	01.58.14	BRITISH CHAMPS AT PONDS FORGE, 2/04/2008
400M	FREESTYLE	ALASTAIR TURNER	11/09/92	WRXX	04.14.96	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2008
800M	FREESTYLE	GLENN McINTOSH	11/07/92	WCGX	08.46.00	WD GROUP 4 AT EAST KILBRIDE, 1/06/2008
1500M	FREESTYLE	MARTIN CREMIN	11/11/91	WSSX	16.33.59	WD GP 4, EV 408 AT EAST KILBRIDE, 3/06/2007
50M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	00.30.25	WD GP 4, EV 102 AT EAST KILBRIDE, 2/06/2007
100M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	01.06.29	WISE INTERNATIONAL AT DUBLIN, 10/03/2007
200M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	02.22.61	SCOTTISH SCHOOLS AT GLASGOW, 27/01/2007
50M	BACKSTROKE	ANDREW DONALDSON	1991	WNAX	00.29.52	GROUP 5, EVENT 202 AT EAST KILBRIDE, 30/09/2006
100M	BACKSTROKE	SCOTT HOUSTON	1987	WRXX	01.01.15	WD OPEN, EVENT 114 AT EAST KILBRIDE, 2/11/2002
200M	BACKSTROKE	ANDREW DONALDSON	1991	WNAX	02.17.50	GROUP 5, EVENT 406 AT EAST KILBRIDE, 1/10/2006
50M	BUTTERFLY	DOUGLAS SCOTT	13/06/91	WEKX	00.27.86	WD GP 4, EVENT 302 AT EAST KILBRIDE, 3/06/2007
100M	BUTTERFLY	STUART GREIG	1989	WAAX	01.01.87	GROUP 3, EVENT 516 AT EAST KILBRIDE, 9/05/2004
200M	BUTTERFLY	STUART HOUSTON	1989	WRXX	02.11.29	GROUP 3, EVENT 308 AT EAST KILBRIDE, 8/05/2004
200M	IND. MEDLEY	DOUGLAS SCOTT	12/06/91	WEKX	02.11.45	BRITISH CHAMPS AT MANCHESTER, 27/03/2007
400M	IND. MEDLEY	ROSS MUIR	29/10/91	WFOX	04.51.75	WD GP 4, EV 208 AT EAST KILBRIDE, 2/06/2007

Updated 13 June 2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008**BOYS 16 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	STUART GREIG	1989	WAAX	00.25.17	GROUP 5, EVENT 402 AT EAST KILBRIDE, 1/10/2006
100M	FREESTYLE	STUART HOUSTON	1989	WRXX	00.55.07	GROUP 3, EVENT 316 AT EAST KILBRIDE, 7/05/2005
200M	FREESTYLE	STUART GREIG	1989	WAAX	01.59.96	GROUP 3, EVENT 510 AT EAST KILBRIDE, 8/05/2005
400M	FREESTYLE	MARTIN CREMIN	11/11/91	WSWX	04.13.00	WD GROUP 4 AT EAST KILBRIDE 31/05/2008
800M	FREESTYLE	MARTIN CREMIN	11/11/91	WSWX	08.35.89	WD GROUP 4 AT EAST KILBRIDE 1/06/2008
1500M	FREESTYLE	MARTIN CREMIN	11/11/91	WSWX	16.32.04	WD GROUP 4 AT EAST KILBRIDE 1/06/2008
50M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	00.29.69	BRITISH CHAMPS AT PONDS FORGE, 1/04/2008
100M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	01.03.76	BRITISH CHAMPS AT PONDS FORGE, 1/04/2008
200M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	02.20.23	BRITISH CHAMPS AT PONDS FORGE, 3/04/2008
50M	BACKSTROKE	ANDREW DONALDSON	10/02/91	WRXX	00.28.79	WD GP 4, EV 202 AT EAST KILBRIDE, 2/06/2007
100M	BACKSTROKE	SCOTT HOUSTON	1987	WRXX	01.00.89	GROUP 3, EVENT 216 AT EAST KILBRIDE, 10/05/2003
200M	BACKSTROKE	SCOTT HOUSTON	1987	WRXX	02.10.75	GROUP 3, EVENT 408 AT EAST KILBRIDE, 11/05/2003
50M	BUTTERFLY	STUART HOUSTON	1989	WRXX	00.27.19	GROUP 3, EVENT 118 AT EAST KILBRIDE, 6/05/2005
100M	BUTTERFLY	STUART GREIG	1989	WAAX	00.59.46	GROUP 3, EVENT 516 AT EAST KILBRIDE, 08/05/2005
200M	BUTTERFLY	STUART HOUSTON	1989	WSGX	02.11.46	GROUP 6, EVENT 106 AT EAST KILBRIDE, 29/10/2005
200M	IND. MEDLEY	DOUGLAS SCOTT	12/06/91	WEKX	02.09.59	QUEENSLAND CHAMPS, AUSTRALIA 15/12/2007
400M	IND. MEDLEY	DOUGLAS SCOTT	12/06/91	WEKX	04.40.29	QUEENSLAND CHAMPS, AUSTRALIA, 21/12/2007

Updated 13 June 2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008**BOYS 17 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	JAMIE PARKINSON	1985	WCDX	00.25.32	GROUP 3, EVENT 112 AT EAST KILBRIDE, 26/04/2002
100M	FREESTYLE	ANDREW DONALDSON	10/02/91	WRXX	00.53.86	SCOTTISH NATIONALS AT TOLLCROSS, 10/04/2008
200M	FREESTYLE	ROSS DOUGLAS	1989	WCDX	01.59.34	GROUP 2, EVENT 510 AT EAST KILBRIDE, 7/05/2006
400M	FREESTYLE	BEN HIGSON	1986	WSGX	04.12.52	GROUP 3, EVENT 212 AT EAST KILBRIDE, 10/05/2003
800M	FREESTYLE	ROSS DOUGLAS	1989	WCDX	09.02.05	GROUP 2, EVENT 110 AT EAST KILBRIDE, 5/05/2006
1500M	FREESTYLE	ROSS DOUGLAS	1989	WCDX	17.05.64	GROUP 5, EVENT 308 AT EAST KILBRIDE, 1/10/2006
50M	BREASTSTROKE	JAMIE PARKINSON	1985	WCDX	00.31.83	WD OPEN, EVENT 112 AT EAST KILBRIDE, 2/11/2002
100M	BREASTSTROKE	JAMIE PARKINSON	1985	WCDX	01.09.56	GROUP 3, EVENT 416 AT EAST KILBRIDE, 28/04/2002
200M	BREASTSTROKE	MARK BRANCH	1987	WNAX	02.24.43	GROUP R , EVENT 208 AT EAST KILBRIDE, 8/05/2004
50M	BACKSTROKE	ALASDAIR HALL	1984	WWDX	00.28.61	WD OPEN, EVENT 554 AT EAST KILBRIDE, 3/11/2001
100M	BACKSTROKE	ANDREW DONALDSON	10/02/91	WRXX	00.58.79	BRITISH CHAMPS AT PONDS FORGE, 31/03/2008
200M	BACKSTROKE	ANDREW DONALDSON	10/02/91	WRXX	02.07.76	BRITISH CHAMPS AT PONDS FORGE, 2/04/2008
50M	BUTTERFLY	ALASDAIR HALL	1984	WWDX	00.26.58	GROUP 3, EVENT 118 AT EAST KILBRIDE, 26/04/2001
100M	BUTTERFLY	STUART GREIG	1989	WAAX	00.58.44	GROUP 5, EVENT 204 AT EAST KILBRIDE, 30/09/2006
200M	BUTTERFLY	MATTHEW McCUSKER	4/01/91	WRXX	02.06.210	BRITISH CHAMPS AT PONDS FORGE, 5/04/2008
200M	IND. MEDLEY	ANDREW DONALDSON	10/02/91	WRXX	02.11.77	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2008
400M	IND. MEDLEY	ANDREW DONALDSON	10/02/91	WRXX	04.40.30	SCOTTISH NATIONALS AT TOLLCROSS, 11/04/2008

Updated 13 June 2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008**BOYS 18 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	ALASDAIR HALL	1984	WWDX	00.24.48	GROUP 3, EVENT 112 AT EAST KILBRIDE, 26/04/2002
100M	FREESTYLE	JAMIE PARKINSON	1985	WCDX	00.55.74	GROUP 3, EVENT 316 AT EAST KILBRIDE, 10/05/2003
200M	FREESTYLE	CRAIG HOUSTON	1985	WSGX	01.56.63	WD OPEN, EVENT 206 AT EAST KILBRIDE, 1/05/2003
400M	FREESTYLE	FRASER SMITH	10/02/90	WCGX	04.12.50	WD GROUP 4 AT EAST KILBRIDE 31/05/2008
800M	FREESTYLE	DEREK McGOWN	1984	WEKX	08.44.29	WD OPEN, EVENT 408 AT EAST KILBRIDE, 3/11/2002
1500M	FREESTYLE	DEREK McGOWN	1984	WEKX	16.49.85	GROUP 3, EVENT 417 AT EAST KILBRIDE, 28/04/2002
50M	BREASTSTROKE	JAMIE PARKINSON	1985	WCDX	00.31.20	GROUP 3, EVENT 104 AT EAST KILBRIDE, 9/05/2003
100M	BREASTSTROKE	JAMIE PARKINSON	1985	WCDX	01.07.58	GROUP 3, EVENT 416 AT EAST KILBRIDE, 11/05/2003
200M	BREASTSTROKE	CHRISTOPHER WILSON	1985	WSGX	02.29.64	GROUP 3, EVENT 207 AT EAST KILBRIDE, 10/05/2003
50M	BACKSTROKE	GRAEME LYONS	1985	WWDX	00.28.76	GROUP 3, EVENT 116 AT EAST KILBRIDE, 7/05/2004
100M	BACKSTROKE	SCOTT HOUSTON	1987	WSGX	00.59.45	GROUP 6, EVENT 104 AT EAST KILBRIDE, 29/10/2005
200M	BACKSTROKE	SCOTT HOUSTON	1987	WSGX	02.10.50	GROUP 6, EVENT 406 AT EAST KILBRIDE, 30/10/2005
50M	BUTTERFLY	ALASDAIR HALL	1984	WWDX	00.26.58	GROUP 3, EVENT 118 AT EAST KILBRIDE, 28/04/2002
100M	BUTTERFLY	TODD COUPER	1983	WSGX	00.57.29	WD OPEN, EVENT 562 AT EAST KILBRIDE, 3/11/2001
200M	BUTTERFLY	MARK LEWIS	1983	WSGX	02.05.16	WD OPEN, EVENT 506 AT EAST KILBRIDE, 3/11/2001
200M	IND. MEDLEY	DEREK McGOWN	1984	WEKX	02.18.23	GROUP 3, EVENT 312 AT EAST KILBRIDE, 27/04/2002
400M	IND. MEDLEY	DEREK McGOWN	1984	WEKX	04.51.60	WD OPEN, EVENT 208 AT EAST KILBRIDE, 2/11/2002

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008
BOYS 19/24 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	ANDREW HAGGERTY	1985	WRBX	00.24.71	GROUP 6, EVENT 402 AT EAST KILBRIDE, 30/10/2005
= 50M	FREESTYLE	ANDREW HAGGARTY	23/05/85	WRBX	00.24.71	WD GROUP 4 AT EAST KILBRIDE, 1/06/2008
100M	FREESTYLE	BRADLEY HAY	1982	WSGX	00.53.41	WD OPEN, EVENT 312 AT EAST KILBRIDE, 3/11/2002
200M	FREESTYLE	BRADLEY HAY	1982	WSGX	01.55.54	WD OPEN, EVENT 206 AT EAST KILBRIDE, 2/11/2002
400M	FREESTYLE	BRADLEY HAY	1982	WSGX	04.08.49	WD OPEN, EVENT 110 AT EAST KILBRIDE, 2/11/2002
800M	FREESTYLE	DEREK McGOWN	1984	WEKX	08.38.78	GROUP 3, EVENT 110 AT EAST KILBRIDE, 9/05/2003
1500M	FREESTYLE	DEREK McGOWN	1984	WEKX	16.45.83	GROUP 3, EVENT 417 AT EAST KILBRIDE, 11/05/2003
50M	BREASTSTROKE	STEVEN BINNIE	28/03/86	WSSX	00.31.21	WD GP 4, EVENT 102 AT EAST KILBRIDE, 2/06/2007
100M	BREASTSTROKE	ROSS MARTIN	1982	WEKX	01.08.80	GROUP 3, EVENT 416 AT EAST KILBRIDE, 28/04/2002
200M	BREASTSTROKE	ROSS MARTIN	1982	WEKX	02.26.72	GROUP 3, EVENT 208 AT EAST KILBRIDE, 27/04/2002
50M	BACKSTROKE	GRAEME LYONS	8/05/86	WWDX	00.27.85	WD GP 4, EV 202 AT EAST KILBRIDE, 2/06/2007
100M	BACKSTROKE	SEAN SEPULIS	1977	WDNX	00.58.65	WD OPEN, EVENT 514 AT EAST KILBRIDE, 3/11/2001
200M	BACKSTROKE	NICK NECKLES	1978	WSGX	02.10.50	WD OPEN, EVENT 656 AT EAST KILBRIDE, 4/11/2001
50M	BUTTERFLY	ANDREW HAGGERTY	23/05/85	WRBX	00.26.41	WD GROUP 4 AT EAST KILBRIDE, 1/06/2008
100M	BUTTERFLY	MARK LEWIS	1983	WSGX	00.59.08	WD OPEN, EVENT 204 AT EAST KILBRIDE, 1/11/2003
200M	BUTTERFLY	MARK LEWIS	1983	WSGX	02.05.77	WD OPEN, EVENT 106 AT EAST KILBRIDE, 1/11/2003
200M	IND. MEDLEY	STEVEN BINNIE	28/03/86	WSGX	02.13.60	WD GP 4, EVENT 108 AT EAST KILBRIDE, 2/06/2007
400M	IND. MEDLEY	STEVEN BINNIE	28/03/86	WSGX	04.43.87	WD GP 4, EVENT 208 AT EAST KILBRIDE, 2/06/2007