

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011
BOYS 10 YEARS & UNDER

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	ROSS LESLIE	30/06/98	WRNX	00.31.40	SCOTTISH SCHOOLS AT TOLLCROSS, 31/01/2009
100M	FREESTYLE	DUNCAN SCOTT	06/05/97	WBSX	01.07.05	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 2/03/2008
200M	FREESTYLE	ROSS McPHERSON	08/09/98	WCGX	02.30.72	WEST DISTRICT GP 4 AT TOLLCROSS, 20/06/2009
400M	FREESTYLE	DUNCAN SCOTT	06/05/97	WBSX	05.11.24	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 1/03/2008
800M	FREESTYLE	EUAN McCOMISH	18/08/99	WLKX	10.31.25	WEST DISTRICT GP 4 AT TOLLCROSS, 30/05/2010
1500M	FREESTYLE	EUAN McCOMISH	18/08/99	WLKX	20.17.87	WEST DISTRICT GP 4 AT TOLLCROSS, 30/05/2010
50M	BREASTSTROKE	MARSHALL ILLINGWORTH	23/02/00	WSEX	00.42.03	SCOTTISH SCHOOLS AT TOLLCROSS, 29/01/2011
100M	BREASTSTROKE	MARTIN DOUGLAS	22/06	WCGX	01.38.72	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 3/03/2007
200M	BREASTSTROKE	ROSS HUGHES	22/01/98	WNAX	03.24.20	PORTOBELLO MEET AT RCP, 16/11/2008
50M	BACKSTROKE	ADAM CARNEGIE	29/07/98	WCGX	00.38.25	WEST DISTRICT GP 4 AT TOLLCROSS, 20/06/2009
100M	BACKSTROKE	DUNCAN SCOTT	06/05/97	WBSX	01.20.91	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 1/03/2008
200M	BACKSTROKE	DUNCAN SCOTT	06/05/97	WBSX	02.48.08	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 2/03/2008
50M	BUTTERFLY	DUNCAN SCOTT	06/05/97	WBSX	00.33.68	SCOTTISH SCHOOLS AT TOLLCROSS, 26/01/2008
100M	BUTTERFLY	DUNCAN SCOTT	06/05/97	WBSX	01.15.70	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 2/03/2008
200M	BUTTERFLY	ROSS HUGHES	22/11/98	WNAX	02.49.45	PORTOBELLO MEET AT RCP, 16/11/2008
200M	IND. MEDLEY	DUNCAN SCOTT	06/05/97	WBSX	02.49.00	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 2/03/2008
400M	IND. MEDLEY	DUNCAN SCOTT	06/05/97	WBSX	05.54.13	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 1/03/2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011**BOYS 11 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	00.29.88	SCOTTISH SCHOOLS AT TOLLCROSS, 26/01/2008
100M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	01.01.95	ASA NAT AGE GROUPS AT PONDS FORGE, 26/07/2008
200M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	02.15.11	ASA NAT AGE GROUPS AT PONDS FORGE, 25/07/2008
400M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	04.45.46	ASA NAT AGE GROUPS AT PONDS FORGE, 27/07/2008
800M	FREESTYLE	ROSS LESLIE	30/06/98	WRNX	10.18.95	WD GROUP 2 AT TOLLCROSS, 07/03/2010
1500M	FREESTYLE	DAVID COLLEY	16/04/96	WCGX	19.15.35	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 2/03/2008
50M	BREASTSTROKE	CAMERON PARK	02/02/97	WRNX	00.39.78	SCOTTISH SCHOOLS AT TOLLCROSS, 31/01/2009
100M	BREASTSTROKE	RORY SHIRLEY	09/05/95	WCGX	01.28.87	WEST DISTRICTS GP 1 AT EAST KILBRIDE 3/03/2007
200M	BREASTSTROKE	GREG WATSON	26/11/96	WCGX	03.02.67	C of GLASGOW LC OPEN AT TOLLCROSS, 4/05/2008
50M	BACKSTROKE	RYAN DAVIDSON	1993	WGHX	00.33.62	GROUP 6, EVENT 202 AT EAST KILBRIDE, 29/10/2005
100M	BACKSTROKE	KIERAN BRAND	28/06/98	WSEX	01.12.82	SCOTTISH NAT AGE GROUP AT TOLLCROSS 10/04/2010
200M	BACKSTROKE	KIERAN BRAND	28/06/98	WSEX	02.39.25	SCOTTISH NAT AGE GROUP AT TOLLCROSS 09/04/2010
50M	BUTTERFLY	DALE McANISH	10/10/96	WGHX	00.32.65	WEST DISTRICT GP 4, AT EAST KILBRIDE, 1/06/2008
100M	BUTTERFLY	DALE McANISH	10/10/96	WGHX	01.11.84	SCOTTISH NATIONALS AT TOLLCROSS, 11/04/2008
200M	BUTTERFLY	LEE EMMERSON	04/05/95	WDSX	02.37.77	SCOTTISH NATIONALS AT GLASGOW, 15/04/2007
200M	IND. MEDLEY	LIAM CAIRNS	06/05/97	WNASX	02.42.52	CARNEGIE LC AT TOLLCROSS, 31/10/2010
400M	IND. MEDLEY	ROSS HUGHES	22/01/98	WNAX	05.40.28	ASA NATIONALS AT PONDS FORGE, 26/07/2009

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011**BOYS 12 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	00.27.26	WEST DISTRICT GP 4 AT TOLLCROSS, 21/06/2009
100M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	00.57.08	ASA NATIONALS AT PONDS FORGE, 23/07/2009
200M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	02.04.36	ASA NATIONALS AT PONDS FORGE, 25/07/2009
400M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	04.24.98	ASA NATIONALS AT PONDS FORGE, 22/07/2009
800M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	09.21.33	ASA NATIONALS AT PONDS FORGE, 25/07/2009
1500M	FREESTYLE	MARK DEANS	20/12/94	WCGX	17.32.59	STOCKPORT METRO MEET AT STOCKPORT, 23/11/2007
50M	BREASTSTROKE	DALE McANISH	10/10/96	WGHX	00.36.67	WEST DISTRICT GP 4, TOLLCROSS, 20/06/2009
100M	BREASTSTROKE	LEE EMMERSON	04/05/95	WDSX	01.19.98	WEST DISTRICT GP 1 AT EAST KILBRIDE, 1/03/2008
200M	BREASTSTROKE	CALLUM LAWRIE	13/04/98	WFOX	02.48.16	SCOTTISH NAT AGE GPS AT TOLLCROSS, 08/04/2011
50M	BACKSTROKE	LEE EMMERSON	04/05/95	WDSX	00.32.55	SCOTTISH AGE GROUPS AT TOLLCROSS, 12/04/2008
100M	BACKSTROKE	LEE EMMERSON	04/05/95	WDSX	01.06.74	SCOTTISH AGE GROUPS AT TOLLCROSS, 12/04/2008
200M	BACKSTROKE	LEE EMMERSON	04/05/95	WDSX	02.26.00	SCOTTISH NATIONALS AT TOLLCROSS, 11/04/2008
50M	BUTTERFLY	JORDAN HUGHES	07/08/96	WNAX	00.29.64	WEST DISTRICT GP 4 AT TOLLCROSS, 21/06/2009
100M	BUTTERFLY	JORDAN HUGHES	07/08/96	WNAX	01.04.39	ASA NATIONALS AT PONDS FORGE, 25/07/2009
200M	BUTTERFLY	LEE EMMERSON	04/05/95	WDSX	02.20.30	SCOTTISH AGE GROUPS AT TOLLCROSS, 10/04/2008
200M	IND. MEDLEY	LEE EMMERSON	04/05/95	WDSX	02.25.12	SCOTTISH AGE GROUPS AT TOLLCROSS, 12/04/2008
400M	IND. MEDLEY	LEE EMMERSON	04/05/95	WDSX	05.05.95	SCOTTISH AGE GROUPS AT TOLLCROSS, 11/04/2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011**BOYS 13 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	00.25.86	WEST DISTRICT GP 4 AT TOLLCROSS, 30/05/2010
100M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	00.55.41	BRITISH AGE GROUPS AT PONDS FORGE, 29/07/2010
200M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	02.01.00	BRITISH AGE GROUPS AT PONDS FORGE, 31/07/2010
400M	FREESTYLE	JORDAN HUGHES	07/08/96	WNAX	04.17.08	BRITISH AGE GROUPS AT PONDS FORGE, 30 /07/2010
800M	FREESTYLE	MARK DEANS	20/12/94	WCGX	08.59.49	ASA NAT AGE GROUPS AT PONDS FORGE, 26/07/2008
1500M	FREESTYLE	EUAN MURGATROYD	20/08/97	WDDX	16.57.37	BRITISH AGE GROUPS AT PONDS FORGE , 22/07/2011
50M	BREASTSTROKE	IAN ELRICK	20/04/96	WFOX	00.34.78	EDINBURGH INT, AT TOLLCROSS, 13/02/2010
100M	BREASTSTROKE	IAN ELRICK	20/04/96	WFOX	01.14.08	SCOTTISH AGE GROUPS, AT TOLLCROSS, 10/04 /2010
200M	BREASTSTROKE	DALE McANISH	10/10/96	WFOX	02.41.30	SCOTTISH AGE GROUPS AT TOLLCROSS, 11/04/2010
50M	BACKSTROKE	ANDREW ARTHUR	11/01/94	UNAT	00.30.65	WD GP 4, EVENT 202 AT EAST KILBRIDE, 2/06/2007
100M	BACKSTROKE	JORDAN HUGHES	07/08/96	WNAX	01.04.50	BRITISH AGE GROUPS AT PONDS FORGE, 28/07/2010
200M	BACKSTROKE	ANDREW ARTHUR	11/01/94	UNAT	02.20.19	SCOTTISH NATONALS AT TOLLCROSS, 29/06/2007
50M	BUTTERFLY	JORDAN HUGHES	07/08/96	WNAX	00.28.23	WEST DISTRICT GP 4 AT TOLLCROSS, 30/05/2010
100M	BUTTERFLY	JORDAN HUGHES	07/08/96	WNAX	01.00.00	BRITISH AGE GROUPS AT PONDS FORGE, 31/07/2010
200M	BUTTERFLY	JORDAN HUGHES	07/08/96	WNAX	02.13.77	BRITISH AGE GROUPS AT PONDS FORGE, 29/07/2010
200M	IND. MEDLEY	JORDAN HUGHES	07/08/96	WNAX	02.19.19	SCOTTISH AGE GROUPS AT TOLLCROSS, 10/04/2010
400M	IND. MEDLEY	JORDAN HUGHES	07/08/96	WNAX	04.56.34	SCOTTISH NATIONAL OPEN AT TOLLCROSS, 26/06/2010

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011**BOYS 14 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	JORDAN HUGHES	7/08/96	WNAX	00.25.03	EDINBURGH INT. AT TOLLCROSS, 13/02/2011
100M	FREESTYLE	JORDAN HUGHES	7/08/96	WNAX	00.53.76	BRITISH AGE GROUPS AT PONDS FORGE, 22/07/2011
200M	FREESTYLE	JORDAN HUGHES	7/08/96	WNAX	01.56.36	BRITISH AGE GROUPS AT PONDS FORGE, 24/07/2011
400M	FREESTYLE	JORDAN HUGHES	7/08/96	WNAX	04.12.05	BRITISH AGE GROUPS AT PONDS FORGE, 23/07/2011
800M	FREESTYLE	JORDAN HUGHES	7/08/96	WNAX	08.51.61	SCOTTISH NAT AGE GPS AT TOLLCROSSM 10/04/2011
1500M	FREESTYLE	MARK DEANS	20/12/94	WCGX	16.59.84	SHEFFIELD NO FRILLS AT PONDS FORGE, 29/05/2009
50M	BREASTSTROKE	DOUGLAS SCOTT	1991	WEKX	00.31.78	GROUP 6, EVENT 102 AT EAST KILBRIDE, 29/10/2005
100M	BREASTSTROKE	DOUGLAS SCOTT	1991	WEKX	01.09.64	GROUP 6, EVENT 404 AT EAST KILBRIDE 30/10/2005
200M	BREASTSTROKE	DOUGLAS SCOTT	1991	WEKX	02.29.00	GROUP 6, EVENT 306 AT EAST KILBRIDE 30/10/2005
50M	BACKSTROKE	ANDREW ARTHUR	11/01/94	WMBX	00.30.29	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2008
100M	BACKSTROKE	ANDREW ARTHUR	11/01/94	WMBX	01.01.91	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2008
200M	BACKSTROKE	ANDREW ARTHUR	11/01/94	WMBX	02.16.31	SCOTTISH NATIONALS AT TOLLCROSS, 11/04/2008
50M	BUTTERFLY	JORDAN HUGHES	7/08/96	WNAX	00.27.47	BRITISH AGE GROUPS AT PONDS FORGE, 24/07/2011
100M	BUTTERFLY	JORDAN HUGHES	7/08/96	WNAX	00.58.00	BRITISH AGE GROUPS AT PONDS FORGE, 24/07/2011
200M	BUTTERFLY	JORDAN HUGHES	7/08/96	WNAX	02.08.10	BRITISH AGE GROUPS AT PONDS FORGE, 22/07/2011
200M	IND. MEDLEY	JORDAN HUGHES	7/08/96	WNAX	02.16.08	SCOTTISH NAT AGE GPS AT TOLLCROSS, 8/04/2011
400M	IND. MEDLEY	DAVID MORGAN	30/04/94	WRXX	04.53.93	SCOTTISH NATIONALS AT RCP, 08/04/2009

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011**BOYS 15 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	ALASDAIR STIRLING	26/03/93	WEKX	00.24.17	BRITISH CHAMPS AT PONDS FORGE, 16/03/2009
100M	FREESTYLE	ALASDAIR STIRLING	26/03/93	WEKX	00.52.55	BRITISH CHAMPS AT PONDS FORGE, 19/03/2009
200M	FREESTYLE	ALASDAIR STIRLING	26/03/93	WEKX	01.54.37	BRITISH CHAMPS AT PONDS FORGE, 17/03/2009
400M	FREESTYLE	ALASTAIR TURNER	11/09/92	WRXX	04.14.96	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2008
800M	FREESTYLE	ALASTAIR TURNER	11/09/92	WRXX	08.45.54	ASA YOUTH CHAMPS AT PONDS FORGE, 1/08/2008
1500M	FREESTYLE	MARTIN CREMIN	11/11/91	WSSX	16.33.59	WD GP 4, EV 408 AT EAST KILBRIDE, 3/06/2007
50M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	00.30.25	WD GP 4, EV 102 AT EAST KILBRIDE, 2/06/2007
100M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	01.06.29	WISE INTERNATIONAL AT DUBLIN, 10/03/2007
200M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	02.22.61	SCOTTISH SCHOOLS AT GLASGOW, 27/01/2007
50M	BACKSTROKE	ANDREW ARTHUR	11/01/94	WMBX	00.28.24	SCOTTISH NATIONALS AT TOLLCROSS, 28/09/2009
100M	BACKSTROKE	SCOTT HOUSTON	1987	WRXX	01.01.15	WD OPEN, EVENT 114 AT EAST KILBRIDE, 2/11/2002
200M	BACKSTROKE	GREGOR BIRRELL	28/10/94	WFOX	02.16.18	WEST DISTRICT GP 4 AT TOLLCROSS, 30/05/2010
50M	BUTTERFLY	ANDREW ARTHUR	11/01/94	WMBX	00.26.77	WEST DISTRICT GP 4 AT TOLLCROSS, 21/06/2009
100M	BUTTERFLY	ANDREW ARTHUR	11/01/94	WMBX	00.59.68	WEST DISTRICT GP 4 AT TOLLCROSS, 20/06/2009
200M	BUTTERFLY	DAVID MORGAN	30/04/94	WCGX	02.10.85	SCOTTISH NAT AGE GROUPS AT TOLLCROSS 8/04/2010
200M	IND. MEDLEY	DOUGLAS SCOTT	12/06/91	WEKX	02.11.45	BRITISH CHAMPS AT MANCHESTER, 27/03/2007
400M	IND. MEDLEY	LEE EMMERSON	04/05/95	WDSX	04.46.58	WD GP 2 AT TOLLCROSS, 12/03/2011

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011**BOYS 16 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	ALASDAIR STIRLING	26/03/93	WEKX	00.24.65	ASA NATS. AT PONDS FORGE, 1/08/2009
100M	FREESTYLE	JACK THORPE	16/06/94	WMBX	00.53.49	NO FRILLS MEET AT PONDS FORGE, 28/05/2011
200M	FREESTYLE	ALASTAIR TURNER	11/09/92	WRXX	01.57.44	EDINBURGH INTERNATIONAL AT RCP, 14/02/09
400M	FREESTYLE	ALASTAIR TURNER	11/09/92	WRXX	04.09.74	CELTIC NATIONS AT SWANSEA, 22/02/2009
800M	FREESTYLE	MARTIN CREMIN	11/11/91	WSWX	08.35.89	WD GP 4, AT EAST KILBRIDE, 1/06/2008
1500M	FREESTYLE	MARTIN CREMIN	11/11/91	WSWX	16.32.04	GROUP 4, AT EAST KILBRIDE 1/06/2008
50M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	00.29.69	BRITISH CHAMPS AT PONDS FORGE, 1/04/2008
100M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	01.03.76	BRITISH CHAMPS AT PONDS FORGE, 1/04/2008
200M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	02.20.23	BRITISH CHAMPS AT PONDS FORGE, 3/04/2008
50M	BACKSTROKE	ANDREW ARTHUR	11/01/94	WMBX	00.27.95	WEST DISTRICT GP 4 AT TOLLCROSS, 29/05/2010
100M	BACKSTROKE	ANDREW ARTHUR	11/01/94	WMBX	00.59.97	W.I.S.E INTERNATIONAL AT TOLLCROSS, 20/03/2010
200M	BACKSTROKE	SCOTT HOUSTON	1987	WRXX	02.10.75	GROUP 3, EVENT 408 AT EAST KILBRIDE, 11/05/2003
50M	BUTTERFLY	ANDREW ARTHUR	11/01/94	WMBX	00.26.84	WD GROUP 2 AT TOLLCROSS, 07/03/2010
100M	BUTTERFLY	ALASDAIR STIRLING	26/03/93	WEKX	00.58.86	WEST DISTRICT GP 4 AT TOLLCROSS, 20/06/2009
200M	BUTTERFLY	RAMSAY ELFENDI	17/08/94	WFOX	02.10.60	BRITISH YOUTH AT PONDS FORGE, 28/07/2011
200M	IND. MEDLEY	DOUGLAS SCOTT	12/06/91	WEKX	02.09.59	QUEENSLAND CHAMPS, AUSTRALIA 15/12/2007
400M	IND. MEDLEY	DOUGLAS SCOTT	12/06/91	WEKX	04.40.29	QUEENSLAND CHAMPS, AUSTRALIA, 21/12/2007

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011**BOYS 17 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	ALASDAIR STIRLING	26/03/93	WCGX	00.24.12	EDINBURGH INT. AT TOLLCROSS, 13/02/2011
100M	FREESTYLE	ALASDAIR STIRLING	26/03/93	WCGX	00.52.94	EDINBURGH INT. AT TOLLCROSS, 13/02/2011
200M	FREESTYLE	ANDREW DONALDSON	10/02/91	WRXX	01.54.73	ASA YOUTH CHAMPS AT PONDS FORGE, 1/08/2008
400M	FREESTYLE	JAMIE McKINLEY	22/11/93	WCGX	04.09.51	SCOTTISH NATIONALS AT TOLLCROSS, 01/07/2011
800M	FREESTYLE	IAN PORTEOUS	8/12/90	WRXX	08.33.79	ASA YOUTH CHAMPS AT PONDS FORGE, 1/08/2008
1500M	FREESTYLE	JAMIE McKINLEY	22/11/93	WCGX	16.35.82	ASA YOUTHS AT PONDS FORGE, 28/07/2011
50M	BREASTSTROKE	ROSS MURDOCH	14/01/94	WWDX	00.29.45	SCOTTISH NATS AT TOLLCROSS, 01/07/2011
100M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	01.02.91	BRITISH CHAMPS AT PONDS FORGE, 17/03/2009
200M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	02.19.97	BRITISH CHAMPS AT PONDS FORGE, 19/03/2009
50M	BACKSTROKE	RORY LAMONT	26/05/91	WWDX	00.28.28	SCOTTISH NATS AT TOLLCROSS, 29/06/2008
100M	BACKSTROKE	ANDREW DONALDSON	10/02/91	WRXX	00.58.79	BRITISH CHAMPS AT PONDS FORGE, 31/03/2008
200M	BACKSTROKE	ANDREW DONALDSON	10/02/91	WRXX	02.06.24	ASA YOUTH CHAMPS AT PONDS FORGE, 2/08/2008
50M	BUTTERFLY	ALASDAIR HALL	1984	WWDX	00.26.58	GROUP 3, EVENT 118 AT EAST KILBRIDE, 26/04/2001
100M	BUTTERFLY	CALUM McGHEE	17/04/91	WCDX	00.56.91	ASA YOUTH CHAMPS AT PONDS FORGE, 02/08/2008
200M	BUTTERFLY	CALUM McGHEE	17/04/91	WCDX	02.04.30	ASA YOUTH CHAMPS AT PONDS FORGE, 30/07/2008
200M	IND. MEDLEY	JAMIE GRAHAM	2/03/93	WCGX	02.11.51	EDINBURGH INT. AT TOLLCROSS, 12/02/2011
400M	IND. MEDLEY	ROSS MUIR	29/10/91	WFOX	04.33.70	SCOTTISH NATIONAL OPEN AT RCP, 8/04/2009

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011
BOYS 18 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	ALASDAIR STIRLING	26/03/93	WCGX	00.23.68	ASA YOUTHS AT PONDS FORGE, 30/07/2011
100M	FREESTYLE	ALASDAIR STIRLING	26/03/93	WCGX	00.51.20	SCOTTISH NATIONALS AT TOLLCROSS, 30/06/2011
200M	FREESTYLE	ANDREW DONALDSON	10/02/91	WRXX	01.51.62	ASA NATS AT PONDS FORGE, 31/07/2009
400M	FREESTYLE	IAN PORTEOUS	8/12/90	WRXX	04.06.89	SCOTTISH NATIONALS AT RCP, 10/04/2009
800M	FREESTYLE	IAN PORTEOUS	8/12/90	WRXX	08.25.96	SCOTTISH NATIONALS AT RCP, 08/04/2009
1500M	FREESTYLE	IAN PORTEOUS	8/12/90	WRXX	16.13.34	SCOTTISH NATIONALS AT RCP, 11/04/2009
50M	BREASTSTROKE	JAMIE GRAHAM	2/03/93	WCGX	00.29.08	SCOTTISH NATIONALS AT TOLLCROSS, 1/07/2011
100M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	01.03.51	BRITISH CHAMPS AT PONDS FORGE, 01/04/2010
200M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	02.20.59	EUROPEAN JUNIORS AT PRAGUE, 08/07/2009
50M	BACKSTROKE	KIERAN McGUCKIN	25/10/90	WFOX	00.27.83	SCOTTISH NATIONALS AT TOLLCROSS, 28/06/2009
100M	BACKSTROKE	ANDREW DONALDSON	10/02/91	WRXX	00.58.56	ASA NATS AT PONDS FORGE, 28/07/2009
200M	BACKSTROKE	ANDREW DONALDSON	10/02/91	WRXX	02.06.28	SCOTTISH NATIONALS AT RCP, 09/04/2009
50M	BUTTERFLY	ALASDAIR HALL	1984	WWDX	00.26.58	GROUP 3, EVENT 118 AT EAST KILBRIDE, 28/04/2002
100M	BUTTERFLY	TODD COUPER	1983	WSGX	00.57.29	WD OPEN, EVENT 562 AT EAST KILBRIDE, 3/11/2001
200M	BUTTERFLY	MATTHEW McCUSKER	04/01/91	WRXX	02.03.58	SCOTTISH NATIONALS AT TOLLCROSS, 25/06/2009
200M	IND. MEDLEY	ROSS MUIR	29/10/91	WFOX	02.07.59	SCOTTISH AGE GROUPS AT TOLLCROSS, 10/04/2010
400M	IND. MEDLEY	ROSS MUIR	29/10/91	WFOX	04.29.02	WD GROUP 2 AT TOLLCROSS, 06/03/2010

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011**BOYS 19/24 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	RICHARD SCHAFER	29/03/91	WCGX	00.23.37	SCOTTISH NATIONALS AT TOLLCROSS, 26/06/2010
100M	FREESTYLE	ROBBIE RENWICK	21/07/88	WCGX	00.49.53	BRITISH 50M CHAMPS AT PONDS FORGE, 17/06/2011
200M	FREESTYLE	ROBBIE RENWICK	21/07/88	WCGX	01.47.46	BRITISH 50M CHAMPS AT PONDS FORGE, 15/06/2011
400M	FREESTYLE	ROBBIE RENWICK	21/07/88	WCGX	03.48.60	BRITISH 50M CHAMPS AT PONDS FORGE, 14/06/2011
800M	FREESTYLE	IAN PORTEOUS	8/12/90	WCGX	08.36.39	SCOTTISH NATIONALS AT TOLLCROSS, 2/07/2011
1500M	FREESTYLE	MARTIN CREMIN	11/11/91	WSWX	15.54.38	WD GROUP 4 AT TOLLCROSS, 05/06/2011
50M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	00.28.74	BRITISH CHAMPS AT MANCHESTER, 9/03/2011
100M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	01.02.57	BRITISH CHAMPS AT MANCHESTER, 6/03/2011
200M	BREASTSTROKE	JAMIE ROSS	28/11/87	WSWX	02.20.91	WD GROUP 4 AT TOLLCROSS, 30/05/2010
50M	BACKSTROKE	GRAEME LYONS	8/05/86	WWDX	00.26.40	SCOTTISH NATIONAL OPEN AT TOLLCROSS, 22/06/2010
100M	BACKSTROKE	GRAEME LYONS	8/05/86	WWDX	00.58.36	SCOTTISH NATIONAL OPEN AT TOLLCROSS, 25/6/2010
200M	BACKSTROKE	ROSS MUIR	29/10/91	WFOX	02.06.71	SCOTTISH NATIONALS AT TOLLCROSS, 2/07/2011
50M	BUTTERFLY	DANIEL SCOTT	09/07/90	WCGX	00.24.81	SCOTTISH NATIONALS AT TOLLCROSS, 30/06/2011
100M	BUTTERFLY	DANIEL SCOTT	09/07/90	WCGX	00.55.58	SCOTTISH NATIONALS AT TOLLCROSS, 25/06/2010
200M	BUTTERFLY	MATTHEW McCUSKER	04/01/91	WCGX	02.04.99	SCOTTISH NATIONALS AT TOLLCROSS, 22/06/2010
200M	IND. MEDLEY	ROSS MUIR	29/10/91	WFOX	02.06.93	SCOTTISH NATIONALS AT TOLLCROSS, 02/07/2011
400M	IND. MEDLEY	ROSS MUIR	29/10/91	WFOX	04.30.12	SCOTTISH NATIONALS AT TOLLCROSS, 03/07/2011