

WEST DISTRICT SENIOR SHORT COURSE RECORDS (EXTRACTED FROM AGE GROUP RECORDS) - AS AT APRIL 2010**MEN**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	CRAIG HOUSTON	6/02/85	WSGX	00.23.06	WD GROUP 2, AT CUMBERNAULD 18/03/2007
100M	FREESTYLE	CRAIG HOUSTON	6/02/85	WSGX	00.50.79	WD GROUP 2, AT CUMBERNAULD 18/03/2007
200M	FREESTYLE	JOHN BRADLEY	1969	W/MB	01.51.31	29/05/1993
400M	FREESTYLE	ROBBIE RENWICK	21/07/88	WCGX	03.51.37	WD GROUP 7 AT CUMBERNAULD, 13/12/2009
800M	FREESTYLE	CAMPBELL McNEIL	1969	W/PY	08.04.12	29/10/1989
1500M	FREESTYLE	ROSS NOBLE	1972	W/SG	15.32.66	04/06/1989
50M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	00.28.70	SCOTTISH SC AT TOLLCROSS, 16/01/2009
100M	BREASTSTROKE	DOUGLAS SCOTT	12/06/91	WEKX	01.01.86	BUCS (UNIVERSITIES) AT SHEFFIELD, 15/11/2009
200M	BREASTSTROKE	ROBERT SHAW	28/02/89	WSWX	02.16.22	WD GROUP 7, AT CUMBERNAULD, 9/12/2007
50M	BACKSTROKE	GRAEME LYONS	08/05/86	WWD	00.25.99	SCOTTISH SC AT TOLLCROSS, 17/01/2009
100M	BACKSTROKE	GRAEME LYONS	08/05/86	WWD	00.55.77	SCOTTISH SC AT TOLLCROSS, 18/01/2009
200M	BACKSTROKE	ROSS MUIR	29/10/91	WFOX	02.04.27	BUCS SC AT PONDS FORGE, 14/11/2009
50M	BUTTERFLY	ALASDAIR HALL	26/02/84	WWD	00.25.32	WD GROUP 5 AT AYR, 1/09/2007
100M	BUTTERFLY	JOHN BRADLEY	1969	W/MB	00.56.53	24/10/1992
100M	BUTTERFLY	CRAIG HOUSTON	6/02/85	WSWX	00.56.53	WD GROUP 7 AT CUMBERNAULD, 9/12/2007
200M	BUTTERFLY	MATTHEW McCUSKER	04/01/91	WRXX	02.01.28	SCOTTISH NATIONAL SC AT TOLLCROSS, 18/01/09
100M	IND. MEDLEY	MATTHEW McCUSKER	04/01/91	WRXX	00.57.83	WD GROUP 5 AT AYR, 5/09/2009
200M	IND. MEDLEY	BEN HIGSON	01/07/86	WCGX	02.04.42	WD GROUP 7 AT CUMBERNAULD, 12/12/2009
400M	IND. MEDLEY	ROSS MUIR	29/10/91	WFOX	04.22.87	DUTCH OPEN CHAMPS IN AMSTERDAM, 20/12/2009