

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008
GIRLS 10 YEARS & UNDER

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	JULIE McCLYMONT	16/06/97	WNAX	00.33.38	SCOTTISH SCHOOLS AT TOLLCROSS, 26/01/2008
100M	FREESTYLE	SAMANTHA KING	10/07/96	WNAX	01.09.44	WEST DISTRICT GP 1 AT EAST KILBRIDE, 4/03/2007
200M	FREESTYLE	JULIE McCLYMONT	16/06/97	WNAX	02.37.68	M & B LC MEET AT TOLLCROSS, 8/03/2008
400M	FREESTYLE					
800M	FREESTYLE	CASSIE McCLEMENTS	28/05/96	WAAX	11.30.27	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 4/03/2007
50M	BREASTSTROKE	HOLLY-BETH GOURLAY	16/02/96	WRXX	00.47.59	CoG LC GRADED AT TOLLCROSS PARK, 3/02/2007
100M	BREASTSTROKE	SAMANTHA KING	10/07/96	WNAX	01.35.41	WEST DISTRICT GP 1 AT EAST KILBRIDE, 3/04/2007
200M	BREASTSTROKE	HANNAH BUSBY	25/03/97	WGHX	03.28.84	WEST DISTRICT GP 1 AT EAST KILBRIDE. 2/03/2008
50M	BACKSTROKE	DANIELLE JOYCE	14/06/96	WRXX	00.37.41	SCOTTISH SCHOOLS AT GLASGOW, 27/01/2007
100M	BACKSTROKE	SAMANTHA KING	10/07/96	WNAX	01.18.13	WEST DISTRICT GP 1 AT EAST KILBRIDE, 3/03/2007
200M	BACKSTROKE	JENNIFER KING	1/04/98	WNAX	02.44.27	SCOTTISH AGE GROUPS AT TOLLCROSS, 13/04/2008
50M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	00.35.28	SCOTTISH SCHOOLS AT TOLLCROSS, 27/01/2007
100M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	01.19.60	WEST DISTRICT GP 1 AT EAST KILBRIDE, 4/03/2007
200M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	02.54.93	WEST DISTRICT GP 1 AT EAST KILBRIDE, 3/03/2007
200M	IND. MEDLEY	SAMANTHA KING	10/07/96	WNAX	02.52.33	WEST DISTRICT GP 1 AT EAST KILBRIDE, 4/03/2007
400M	IND. MEDLEY	CASSIE McCLEMENTS	28/05/96	WAAX	06.36.27	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 3/03/2007

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008**GIRLS 11 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	DANIELLE JOYCE	14/06/96	WRXX	00.30.06	SCOTTISH SCHOOLS AT TOLLCROSS, 26/01/2008
100M	FREESTYLE	SAMANTHA KING	10/07/96	WNAX	01.03.73	SCOTTISH AGE GROUPS AT TOLLCROSS 12/04/2008
200M	FREESTYLE	SAMANTHA KING	10/07/96	WNAX	02.18.34	SCOTTISH AGE GROUPS AT TOLLCROSS, 11/04/2008
400M	FREESTYLE	SAMANTHA KING	10/07/96	WNAX	04.44.30	CoG LC MEET AT TOLLCROSS, 4/05/2008
800M	FREESTYLE	KIRSTIN McKINLEY	30/07/95	WCGX	10.09.49	BRITISH NATIONALS AT PONDS FORGE, 24/07/2007
1500M	FREESTYLE	MEGAN DONNELLY	1994	WCGX	20.23.86	GROUP 6, EVENT 407 AT EAST KILBRIDE, 29/10/2005
50M	BREASTSTROKE	CORRIE SCOTT	1993	WEKX	00.39.52	WD OPEN, EVENT 101 AT EAST KLIBRIDE, 30/10/2004
100M	BREASTSTROKE	CORRIE SCOTT	1993	WEKX	01.24.28	WD OPEN, EVENT 403 AT EAST KILBRIDE, 31/10/2004
200M	BREASTSTROKE	KIRSTIN McKINLEY	30/07/95	WCGX	03.04.90	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2007
50M	BACKSTROKE	SAMANTHA KING	10/07/96	WNAX	00.34.09	SCOTTISH SCHOOLS AT TOLLCROSS, 26/01/2008
100M	BACKSTROKE	SAMANTHA KING	10/07/96	WNAX	01.12.09	SCOTTISH AGE GROUPS AT TOLLCROSS, 10/04/2008
200M	BACKSTROKE	SAMANTHA KING	10/07/96	WNAX	02.39.86	WEST DISTRICTS AT EAST KILBRIDE, 2/03/2008
50M	BUTTERFLY	CONNIE MacKAY	24/11/95	WRXX	00.38.06	SCOTTISH SCHOOLS AT GLASGOW, 27/01/2007
100M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	01.09.53	SCOTTISH AGE GROUPS AT TOLLCROSS, 13/04/2008
200M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	02.36.33	CoG LC MEET AT TOLLCROSS, 4/05/2008
200M	IND. MEDLEY	SAMANTHA KING	10/07/96	WNAX	02.37.85	SCOTTISH AGE GROUPS AT TOLLCROSS, 10/04/2008
400M	IND. MEDLEY	KIRSTIN McKINLEY	30/07/95	WCGX	05.29.18	SCOTTISH NATIONALS AT TOLLCROSS, 15/04/2007

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WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008
GIRLS 12 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	NICOLA PEARSON	1994	WWDX	00.29.93	GROUP 5, EVENT 401 AT EAST KILBRIDE, 1/10/2006
100M	FREESTYLE	LAUREN AVERELL	13/08/95	WMBX	01.03.78	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2008
200M	FREESTYLE	SHONA WHITE	1992	WRXX	02.19.65	WD OPEN, EVENT 205 AT EAST KILBRIDE, 30/10/2004
400M	FREESTYLE	SHONA WHITE	1992	WRXX	04.51.19	WD OPEN, EVENT 109 AT EAST KILBRIDE, 30/10/2004
800M	FREESTYLE	CARA TOSH	28/07/95	WCGX	09.52.01	WD GROUP 4 AT EAST KILBRIDE, 1/06/2008
1500M	FREESTYLE	MEGAN DONNELLY	1994	WCGX	19.09.76	GROUP 5, EVENT 407 AT EAST KILBRIDE, 1/10/2006
50M	BREASTSTROKE	REBECCA HILLIS	1990	WRXX	00.37.32	WD OPEN, EVENT 111 AT EAST KILBRIDE, 2/11/2002
100M	BREASTSTROKE	REBECCA HILLIS	1990	WCDX	01.20.10	WD OPEN, EVENT 411 AT EAST KILBRIDE, 3/11/2002
200M	BREASTSTROKE	REBECCA HILLIS	1990	WCDX	02.47.40	WD OPEN, EVENT 305 AT EAST KILBRIDE, 3/11/2002
50M	BACKSTROKE	AMIE REID	1991	WRXX	00.34.57	WD OPEN, EVENT 201 AT EAST KILBRIDE, 1/11/2003
100M	BACKSTROKE	ALEX POWIS	1/12/94	WNAX	01.10.84	WEST DISTRICT GP 1 AT EAST KILBRIDE, 03/03/2007
200M	BACKSTROKE	ALEX POWIS	1/12/94	WNAX	02.33.43	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 4/03/2007
50M	BUTTERFLY	CARA TOSH	28/07/95	WCGX	00.33.77	WD GROUP 4, AT EAST KILBRIDE, 1/06/2008
100M	BUTTERFLY	KIRSTIN McKINLEY	30/07/95	WCGX	01.12.27	WD GROUP 4 AT EAST KILBRIDE, 31/05/2008
200M	BUTTERFLY	RACHAEL CLARK	05/08/95	WCGX	02.35.85	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 1/03/2008
200M	IND. MEDLEY	KIRSTIN McKINLEY	30/07/95	WCGX	02.35.19	WD GROUP 4 AT EAST KILBRIDE, 31/05/2008
400M	IND. MEDLEY	KIRSTIN McKINLEY	30/07/95	WCGX	05.23.73	WD GROUP 4 AT EAST KILBRIDE, 31/05/2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008
GIRLS 13 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	NICOLA PEARSON	21/02/94	WWDX	00.29.07	WD GP 4, EVENT 401 AT EAST KILBRIDE, 3/06/2007
100M	FREESTYLE	CORRIE SCOTT	17/08/93	WEKX	01.03.69	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 4/03/2007
200M	FREESTYLE	LEANNA MARSHALL	25/12/94	WCDX	02.13.56	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 1/03/2008
400M	FREESTYLE	LEANNA MARSHALL	25/12/94	WCDX	04.39.01	WD GROUP 4 AT EAST KILBRIDE, 31/05/2008
800M	FREESTYLE	LEANNA MARSHALL	25/12/94	WCDX	09.31.45	WD GP 4 AT EAST KILBRIDE, 1/06/2008
1500M	FREESTYLE	ABIGAIL McLELLAN	1992	WCGX	18.19.42	GROUP3, EVENT 217 AT EAST KILBRIDE, 7/05/2005
50M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	00.34.98	WD GP 4, EVENT 101 AT EAST KILBRIDE, 2/06/2007
100M	BREASTSTROKE	JULIE WILLIAMS	1988	WRXX	01.16.15	WD OPEN, EVENT 653 AT EAST KILBRIDE, 4/11/2001
200M	BREASTSTROKE	REBECCA HILLIS	1990	WRXX	02.40.21	WD OPEN, EVENT 305 AT EAST KILBRIDE, 2/11/2003
50M	BACKSTROKE	HAZEL McBRIDE	1993	WRXX	00.32.96	GROUP 5, EVENT 201 AT EAST KILBRIDE, 30/09/2006
100M	BACKSTROKE	HAZEL McBRIDE	29/01/93	WRXX	01.08.83	SCOTTISH SCHOOLS AT GLASGOW, 27/01/2007
200M	BACKSTROKE	ALEX POWIS	1/12/94	WRXX	02.28.53	BRITISH CHAMPS AT PONDS FORGE, 4/04/2008
50M	BUTTERFLY	CORRIE SCOTT	17/08/93	WEKX	00.30.98	SCOTTISH NATIONALS, AT TOLLCROSS , 1/07/2007
100M	BUTTERFLY	CORRIE SCOTT	17/08/93	WEKX	01.07.83	SCOTTISH NATIONALS AT TOLLCROSS, 28/06/2007
200M	BUTTERFLY	CORRIE SCOTT	17/08/93	WEKX	02.30.89	SCOTTISH NATIONALS AT TOLLCROSS, 30/09/2006
200M	IND. MEDLEY	CORRIE SCOTT	17/08/93	WEKX	02.25.76	SCOTTISH NATIONALS AT TOLLCROSS, 30/06/2007
400M	IND. MEDLEY	CORRIE SCOTT	17/08/93	WEKX	05.05.80	BRITISH NATIONALS AT PONDS FORGE, 23/07/2007

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WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008
GIRLS 14 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	RHONA CONWAY	1988	WCDX	00.28.48	WD OPEN, EVENT 409 AT EAST KILBRIDE, 3/11/2002
100M	FREESTYLE	LINDSAY BLOOMER	18/02/93	WEKX	01.01.51	SCOTTISH SCHOOLS, AT TOLLCROSS, 26/01/2008
200M	FREESTYLE	LORNA SMITH	1988	WRXX	02.10.86	WD OPEN, EVENT 205 AT EAST KILBRIDE, 2/11/2002
400M	FREESTYLE	LORNA SMITH	1988	WRXX	04.31.66	WD OPEN, EVENT 109 AT EAST KILBRIDE, 2/11/2002
800M	FREESTYLE	CORRIE SCOTT	17/08/93	WEKX	09.25.78	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 2/03/2008
1500M	FREESTYLE	LORNA SMITH	1988	WRXX	17.42.06	WD OPEN, EVENT 407 AT EAST KILBRIDE, 3/11/2002
50M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	00.32.98	MANCHESTER OPEN AT MANCHESTER, 17/05/2008
100M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	01.13.96	WISE INTERNATIONAL AT CRAWLEY, 08/03/2008
200M	BREASTSTROKE	REBECCA HILLIS	1990	WRXX	02.40.41	WD OPEN, EVENT 305 AT EAST KILBRIDE, 31/10/2004
50M	BACKSTROKE	HAZEL McBRIDE	29/01/93	WRXX	00.32.11	MANCHESTER OPEN AT MANCHESTER, 20/05/2007
100M	BACKSTROKE	HANNAH MILEY	1989	WSGX	01.07.88	WD OPEN, EVENT 203 AT EAST KILBRIDE, 1/11/2003
200M	BACKSTROKE	STEPHANIE HANLEY	29/07/92	WSGX	02.26.45	WEST DISTRICTS GP 1 AT EAST KILBRIDE, 4/03/2007
50M	BUTTERFLY	ELAINE TAYLOR	1988	WCDX	00.30.64	WD OPEN, EVENT 301 AT EAST KILBRIDE, 3/11/2002
100M	BUTTERFLY	KIRSTY HART	1990	WRXX	01.08.29	WD OPEN, EVENT 203 AT EAST KILBRIDE, 30/10/2004
200M	BUTTERFLY	HANNAH MILEY	1989	WSGX	02.27.89	WD OPEN, EVENT 105 AT EAST KILBRIDE, 1/11/2003
200M	IND. MEDLEY	CORRIE SCOTT	17/08/93	WEKX	02.24.60	BRITISH CHAMPS AT PONDS FORGE, 2/04/2008
400M	IND. MEDLEY	CORRIE SCOTT	17/08/93	WEKX	05.05.53	BRITISH CHAMPS AT PONDS FORGE, 5/04/2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008
GIRLS 15 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	AILEEN STIRLING	1990	UNAT	00.28.20	GROUP 3, EVENT 111 AT EAST KILBRIDE, 6/05/2005
100M	FREESTYLE	AILEEN STIRLING	1990	W/EK	01.00.59	GROUP 6, EVENT 303 AT EAST KILBRIDE, 29/10/2005
200M	FREESTYLE	LORNA SMITH	1988	W/RX	02.08.48	WD OPEN, EVENT 205 AT EAST KILBRIDE, 1/11/2003
400M	FREESTYLE	ASHTON BOWMAN	1987	W/AA	04.31.56	WD OPEN, EVENT 109 AT EAST KILBRIDE, 2/11/2002
800M	FREESTYLE	REBECCA HILLIS	1990	UNAT	09.22.43	GROUP 3, EVENT 109 AT EAST KILBRIDE, 6/05/2005
1500M	FREESTYLE	LORNA SMITH	1988	W/RX	17.21.27	WD OPEN, EVENT 407 AT EAST KILBRIDE, 2/11/2003
50M	BREASTSTROKE	REBECCA HILLIS	1990	W/CG	00.34.14	GROUP 6, EVENT 101 AT EAST KILBRIDE, 29/10/2005
100M	BREASTSTROKE	REBECCA HILLIS	1990	W/CG	01.14.84	GROUP 6, EVENT 403 AT EAST KILBRIDE, 29/10/2005
200M	BREASTSTROKE	REBECCA HILLIS	1990	UNAT	02.38.78	GROUP 3, EVENT 207 AT EAST KILBRIDE, 7/05/2005
50M	BACKSTROKE	LORNA SMITH	1988	W/RX	00.31.37	WD OPEN, EVENT 209 AT EAST KILBRIDE, 1/11/2003
100M	BACKSTROKE	LORNA SMITH	1988	W/RX	01.06.35	GROUP 3, EVENT 215 AT EAST KILBRIDE, 10/05/2003
200M	BACKSTROKE	LORNA SMITH	1988	W/RX	02.21.25	GROUP 3, EVENT 407 AT EAST KILBRIDE, 11/05/2003
50M	BUTTERFLY	RHONA CONWAY	1988	W/CD	00.30.20	WD OPEN, EVENT 309 AT EAST KILBRIDE, 2/11/2003
100M	BUTTERFLY	CHERYL BOND	1991	W/CG	01.08.13	GROUP 5, EVENT 203 AT EAST KILBRIDE, 30/09/2006
200M	BUTTERFLY	CHERYL BOND	1991	W/CG	02.25.63	GROUP 5 , EVENT 105 AT EAST KILBRIDE, 30/09/2006
200M	IND. MEDLEY	REBECCA HILLIS	1990	W/CG	02.28.36	GROUP 6, EVENT 107 AT EAST KILBRIDE, 29/10/2005
400M	IND. MEDLEY	REBECCA HILLIS	1990	W/CG	05.10.20	GROUP 6, EVENT 207 AT EAST KILBRIDE, 29/10/2005

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008**GIRLS 16 YEARS**

DISTANCE	STROKE	NAME	Y.O.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	AILEEN STIRLING	1990	WEKX	00.27.94	GROUP 2, EVENT 101 AT EAST KILBRIDE, 5/05/2006
100M	FREESTYLE	LORNA DOCHERTY	1987	WAAX	01.00.99	WD OPEN, EVENT 303 AT EAST KILBRIDE, 2/11/2003
200M	FREESTYLE	RUTH MacLEAN	1990	WCGX	02.11.41	GROUP 2, EVENT 509 AT EAST KILBRIDE, 7/05/2006
400M	FREESTYLE	ASHTON BOWMAN	1987	WAAX	04.34.42	WD OPEN, EVENT 109 AT EAST KILBRIDE, 1/11/2003
800M	FREESTYLE	ASHTON BOWMAN	1987	WAAX	09.22.12	GROUP 3, EVENT 109 AT EAST KILBRIDE, 9/05/2003
1500M	FREESTYLE	ASHTON BOWMAN	1987	WAAX	17.57.17	GROUP 3, EVENT 217 AT EAST KILBRIDE, 10/05/2003
50M	BREASTSTROKE	REBECCA HILLIS	1990	WCGX	00.34.75	GROUP 2, EVENT 103 AT EAST KILBRIDE, 5/05/2006
100M	BREASTSTROKE	REBECCA HILLIS	1990	WCGX	01.14.56	GROUP 2, EVENT 401 AT EAST KILBRIDE, 7/05/2006
200M	BREASTSTROKE	REBECCA HILLIS	1990	WCGX	02.41.36	GROUP 2, EVENT 207 AT EAST KILBRIDE, 6/05/2006
50M	BACKSTROKE	AILEEN STIRLING	1990	WEKX	00.32.47	GROUP 2, EVENT 105 AT EAST KILBRIDE, 5/25/2006
100M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	01.05.36	SCOTTISH NATIONALS AT GLASGOW, 15/04/2007
200M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	02.20.32	SCOTTISH NATIONALS AT GLASGOW, 14/04/2007
50M	BUTTERFLY	RHONA CONWAY	1988	WCDX	00.30.80	GROUP 3, EVENT 117 AT EAST KILBRIDE, 8/05/2004
100M	BUTTERFLY	KIRSTY HART	18/12/90	WRXX	01.05.09	WISE INTERNATIONAL AT DUBMIN, 10/03/2007
200M	BUTTERFLY	KIRSTY HART	18/12/90	WRXX	02.22.84	SCOTTISH NATIONALS AT GLASGOW, 13/04/2007
200M	IND. MEDLEY	LORNA SMITH	1988	WRXX	02.25.42	WD OPEN, EVENT 107 AT EAST KILBRIDE, 30/10/2004
400M	IND. MEDLEY	KERRY BUCHAN	1987	WSGX	05.06.57	WD OPEN, EVENT 207 AT EAST KILBRIDE, 30/11/2004

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WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008
GIRLS 17 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	ASHLEY HILL	1989	WMWX	00.28.58	GROUP 2, EVENT 101 AT EAST KILBRIDE, 5/05/2006
100M	FREESTYLE	LORNA DOCHERTY	1987	WAAX	01.00.66	GROUP 3, EVENT 315 AT EAST KILBRIDE, 8/05/2004
200M	FREESTYLE	LAURA McGARVEY	1985	WRXX	02.09.95	GROUP 3, EVENT 509 AT EAST KILBRIDE, 28/04/2002
400M	FREESTYLE	LORNA SMITH	1988	WCGX	04.29.07	GROUP 3, EVENT 211 AT EAST KILBRIDE, 7/05/2005
800M	FREESTYLE	LORNA SMITH	1988	WCGX	09.08.17	GROUP 3, EVENT 109 AT EAST KILBRIDE, 6/05/2005
1500M	FREESTYLE	JO ANN McGARVEY	1989	WRXX	18.08.75	GROUP 2, EVENT 217 AT EAST KILBRIDE, 6/05/2006
50M	BREASTSTROKE	FIONA ANDREWS	1989	WRXX	00.35.86	GROUP 2, EVENT 103 AT EAST KILBRIDE, 5/05/2006
100M	BREASTSTROKE	FIONA ANDREWS	10/8/89	WRXX	01.17.71	EDINBURGH INT AT EDINBURGH, 17/02/2007
200M	BREASTSTROKE	FIONA ANDREWS	10/8/89	WRXX	02.46.32	SCOTTISH SCHOOLS AT GLASGOW, 27/01/2007
50M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	00.31.48	EDINBURGH INT & TRI NATIONS AT RCP, 15/02/2008
100M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	01.05.38	SCOTTISH NATIONALS AT TOLLCROSS, 10/04/2008
200M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	02.16.85	BRITISH CHAMPS AT PONDS FORGE, 4/04/2008
50M	BUTTERFLY	ALISON MALCOLM	1987	WRXX	00.30.85	GROUP 3, EVENT 117 AT EAST KILBRIDE, 7/05/2004
100M	BUTTERFLY	KIRSTY HART	18/12/90	WRXX	01.05.18	SCOTTISH NATIONALS AT TOLLCROSS, 13/04/2008
200M	BUTTERFLY	KIRSTY HART	18/12/90	WRXX	02.18.69	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2008
200M	IND. MEDLEY	LORNA SMITH	1988	WCGX	02.23.78	GROUP 3, EVENT 311 AT EAST KILBRIDE, 7/05/2005
400M	IND. MEDLEY	LORNA SMITH	1988	WCGX	05.00.25	GROUP 3, EVENT 411 AT EAST KILBRIDE, 8/05/2005

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008**GIRLS 18 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	LOUISE COULL	1984	WRXX	00.28.38	WD OPEN, EVENT 409 AT EAST KILBRIDE, 3/11/2002
100M	FREESTYLE	LORNA SMITH	1988	WCGX	01.01.55	GROUP 2, EVENT 301 AT EAST KILBRIDE, 6/05/2006
200M	FREESTYLE	LORNA SMITH	1988	WCGX	02.12.94	GROUP 2, EVENT 509 AT EAST KILBRIDE, 7/05/2006
400M	FREESTYLE	REBECCA COOKE	1983	WCGX	04.22.67	WD OPEN, EVENT 509 AT EAST KILBRIDE, 3/11/2001
800M	FREESTYLE	REBECCA COOKE	1983	WCGX	08.52.84	WD OPEN, EVENT 607 AT EAST KILBRIDE, 4/11/2001
1500M	FREESTYLE	REBECCA COOKE	1983	WCGX	16.42.45	WD OPEN, EVENT 657 AT EAST KILBRIDE, 4/11/2001
50M	BREASTSTROKE	REBECCA HILLIS	7/01/90	WCGX	00.34.97	WD GROUP 4 AT EAST KILBRIDE, 31/05/2008
100M	BREASTSTROKE	REBECCA HILLIS	7/01/90	WCGX	01.15.86	WD GROUP 4 AT EAST KILBRIDE, 1/06/2008
200M	BREASTSTROKE	REBECCA HILLIS	7/01/90	WCGX	02.41.26	WD GROUP 4 AT EAST KILBRIDE, 1/06/2008
50M	BACKSTROKE	LOUISE COULL	1984	WRXX	00.31.81	WD OPEN, EVENT 209 AT EAST KILBRIDE, 2/11/2002
100M	BACKSTROKE	LOUISE COULL	1984	WRXX	01.05.49	WD OPEN, EVENT 113 AT EAST KILBRIDE, 2/11/2002
200M	BACKSTROKE	LOUISE COULL	1984	WRXX	02.19.81	WD OPEN, EVENT 405 AT EAST KILBRIDE, 3/11/2002
50M	BUTTERFLY	LAURA McGARVEY	1985	WRXX	00.30.61	GROUP 3, EVENT 117 AT EAST KILBRIDE, 9/05/2003
100M	BUTTERFLY	LAURA McGARVEY	1985	WRXX	01.06.17	GROUP 3, EVENT 515 AT EAST KILBRIDE, 11/05/2003
200M	BUTTERFLY	LAURA McGARVEY	1985	WRXX	02.26.18	GROUP 3, EVENT 307 AT EAST KILBRIDE, 10/05/2003
200M	IND. MEDLEY	LOUISE COULL	1984	WRXX	02.29.42	WD OPEN, EVENT 107 AT EAST KILBRIDE, 2/11/2002
400M	IND. MEDLEY	CLAIRE McGARVEY	1984	WRXX	05.15.89	GROUP 3, EVENT 411 AT EAST KILBRIDE, 28/04/2002

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WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT JUNE 2008
GIRLS 19/24 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	SINEAD ROWNEY	1983	WCDX	00.29.35	WD OPEN, EVENT 401 AT EAST KILBRIDE, 2/11/2003
100M	FREESTYLE	LOUISE COULL	1984	WRXX	01.00.83	GROUP 3, EVENT 315 AT EAST KILBRIDE, 10/05/2003
200M	FREESTYLE	LOUISE COULL	1984	WRXX	02.11.85	GROUP 3, EVENT 509 AT EAST KILBRIDE, 11/05/2003
400M	FREESTYLE	REBECCA COOKE	1983	WCGX	04.24.95	GROUP 2, EVENT 211 AT EAST KILBRIDE, 6/05/2006
800M	FREESTYLE	SUSAN BLACK	1983	WCGX	09.51.70	GROUP 3, EVENT 109 AT EAST KILBRIDE, 10/05/2003
1500M	FREESTYLE	REBECCA COOKE	1983	WCGX	16.46.60	GROUP 2, EVENT 217 AT EAST KILBRIDE, 6/05/2006
50M	BREASTSTROKE	ARLENE WILSON	1985	WMWX	00.38.29	GROUP 3, EVENT 103 AT EAST KILBRIDE, 6/05/2005
100M	BREASTSTROKE	SUSAN KENT	1979	WCDX	01.22.90	GROUP 3, EVENT 415 AT EAST KILBRIDE, 28/04/2002
200M	BREASTSTROKE	REBECCA COOKE	1983	WCGX	02.53.81	GROUP 2, EVENT 201 AT EAST KILBRIDE, 6/05/2006
50M	BACKSTROKE	LOUISE COULL	1984	WRXX	00.31.32	GROUP 3, EVENT 105 AT EAST KILBRIDE, 10/05/2003
100M	BACKSTROKE	LOUISE COULL	1984	WRXX	01.05.02	GROUP 3, EVENT 215 AT EAST KILBRIDE, 10/05/2003
200M	BACKSTROKE	LOUISE COULL	1984	WRXX	02.17.73	GROUP 3, EVENT 407 AT EAST KILBRIDE, 11/05/2003
50M	BUTTERFLY	SINEAD ROWNEY	1983	WCDX	00.30.80	WD OPEN, EVENT 301 AT EAST KILBRIDE, 2/11/2003
100M	BUTTERFLY	CLAIRE McGARVEY	1984	WRXX	01.06.86	GROUP 3, EVENT 515 AT EAST KILBRIDE, 11/05/2003
200M	BUTTERFLY	REBECCA COOKE	1983	WCGX	02.26.96	GROUP 2, EVENT 307 AT EAST KILBRIDE, 6/05/2006
200M	IND. MEDLEY	REBECCA COOKE	1983	WCGX	02.28.56	GROUP 6, EVENT 107 AT EAST KILBRIDE, 29/10/2005
400M	IND. MEDLEY	REBECC COOKE	1983	WCGX	05.05.77	GROUP 6, EVENT 207 AT EAST KILBRIDE, 29/10/2005