

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011
GIRLS 10 YEARS & UNDER

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	JENNIFER KING	01/04/98	WNAX	00.32.99	PORTOBELLO MEET AT RCP, 15/11/2008
100M	FREESTYLE	SAMANTHA KING	10/07/96	WNAX	01.09.44	WEST DISTRICT GP 1 AT EAST KILBRIDE, 4/03/2007
200M	FREESTYLE	CARI KIDDIE	21/01/99	WCGX	02.35.00	WEST DISTRICT GP 4 AT TOLLCROSS, 20/06/2009
400M	FREESTYLE	JENNIFER KING	01/04/98	WNAX	05.24.08	PORTOBELLO MEET AT RCP, 16/11/2008
800M	FREESTYLE	LUCY McGHEE	15/06/99	WCDX	11.09.94	Cof GLASGOW OPEN MEET AT TOLLCROSS, 01.05.2010
1500M	FREESTYLE	LUCY McGHEE	15/06/99	WCDX	21.37.26	WEST DISTRICT GP 4 AT TOLLCROSS, 30/05/2010
50M	BREASTSTROKE	KATIE McINTYRE	08/05/99	WLKX	00.42.60	WD GROUP 2 AT TOLLCROSS, 06/03/2010
100M	BREASTSTROKE	NIKKI MILLER	08/05/00	WRXX	01.34.41	Cof GLASGOW GRADED AT TOLLCROSS, 06/02/2011
200M	BREASTSTROKE	JENNIFER DICKSON	12/05/99	WCGX	03.17.11	WD GROUP 2 AT TOLLCROSS 07/03/2010
50M	BACKSTROKE	JENNIFER KING	01/04/98	WNAX	00.34.06	SCOTTISH SCHOOLS AT TOLLCROSS, 31/01/2009
100M	BACKSTROKE	SAMANTHA KING	10/07/96	WNAX	01.18.13	WEST DISTRICT GP 1 AT EAST KILBRIDE, 3/03/2007
200M	BACKSTROKE	JENNIFER KING	01/04/98	WNAX	02.38.67	PORTOBELLO MEET AT RCP, 16/11/2008
50M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	00.35.28	SCOTTISH SCHOOLS AT TOLLCROSS, 27/01/2007
100M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	01.19.60	WEST DISTRICT GP 1 AT EAST KILBRIDE, 4/03/2007
200M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	02.54.93	WEST DISTRICT GP 1 AT EAST KILBRIDE, 3/03/2007
200M	IND. MEDLEY	SAMANTHA KING	10/07/96	WNAX	02.52.33	WEST DISTRICT GP 1 AT EAST KILBRIDE, 4/03/2007
400M	IND. MEDLEY	LUCY McGHEE	15/06/99	WCDX	06.34.03	WEST DISTRICT GP 4 AT TOLLCROSS, 29/05/2010

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011**GIRLS 11 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	DANIELLE JOYCE	14/06/96	WRXX	00.30.06	SCOTTISH SCHOOLS AT TOLLCROSS, 26/01/2008
100M	FREESTYLE	SAMANTHA KING	10/07/96	WNAX	01.03.73	SCOTTISH AGE GROUPS AT TOLLCROSS 12/04/2008
200M	FREESTYLE	SAMANTHA KING	10/07/96	WNAX	02.18.34	SCOTTISH AGE GROUPS AT TOLLCROSS, 11/04/2008
400M	FREESTYLE	SAMANTHA KING	10/07/96	WNAX	04.44.30	CoG LC MEET AT TOLLCROSS, 4/05/2008
800M	FREESTYLE	KIRSTIN McKINLEY	30/07/95	WCGX	10.09.49	BRITISH NATIONALS AT PONDS FORGE, 24/07/2007
1500M	FREESTYLE	JENNIFER KING	01/04/98	WNAX	19.29.78	WD GROUP 2 AT TOLLCROSS, 07/03/2010
50M	BREASTSTROKE	KATIE McINTYRE	08/05/99	WLKX	00.38.44	SCOTTISH SCHOOLS AT TOLLCROSS, 29/01/2011
100M	BREASTSTROKE	KATIE McINTYRE	08/05/99	WLKX	01.23.58	SCOTTISH NAT AGE GPS AT TOLLCROSS, 07/04/2011
200M	BREASTSTROKE	KATIE McINTYRE	08/05/99	WLKX	02.59.49	SCOTTISH NAT AGE GS AT TOLLCROSS, 10/04/2011
50M	BACKSTROKE	JENNIFER KING	01/04/98	WNAX	00.32.88	SCOTTISH SCHOOLS AT TOLLCROSS, 30/01/2010
100M	BACKSTROKE	JENNIFER KING	01/04/98	WNAX	01.08.51	ASA NAT. AGE GROUPS AT PONDS FORGE, 25/07/2009
200M	BACKSTROKE	JENNIFER KING	01/04/98	WNAX	02.26.05	ASA NAT. AGE GROUPS AT PONDS FORGE, 22/07/2009
50M	BUTTERFLY	LAUREN YORSTON	08/04/98	WFOX	00.34.36	WD GROUP 2 AT TOLLCROSS, 07/03/2010
100M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	01.09.53	SCOTTISH AGE GROUPS AT TOLLCROSS, 13/04/2008
200M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	02.36.87	SCOTTISH AGE GROUPS AT TOLLCROSS, 10/04/2008
200M	IND. MEDLEY	SAMANTHA KING	10/07/96	WNAX	02.36.33	CoG LC MEET AT TOLLCROSS, 04/05/2008
400M	IND. MEDLEY	JENNIFER KING	01/04/98	WNAX	05.25.65	ASA NATIONALS AT PONDS FORGE, 22/07/2009

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011
GIRLS 12 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	SAMANTHA KING	10/07/96	WNAX	00.29.62	PORTOBELLO MEET AT RCP, 15/11/2008
100M	FREESTYLE	JENNIFER KING	1/04/98	WNAX	01.02.00	EDINBURGH INT. AT TOLLCROSS, 12/02/2011
200M	FREESTYLE	REBECCA MURRAY	27/05/97	WFOX	02.16.72	SCOTTISH AGE GROUPS AT TOLLCROSS, 09/04/2010
400M	FREESTYLE	JENNIFER KING	01/04/98	WNAX	04.45.26	CARNEGIE LC AT TOLLCROSS, 30/10/2010
800M	FREESTYLE	CARA TOSH	28/07/95	WCGX	09.52.01	WD GROUP 4 AT EAST KILBRIDE, 1/06008
1500M	FREESTYLE	REBECCA MURRAY	27/05/97	WFOX	18.59.51	WD GROUP 2 AT TOLLCROSS, 07/03/2010
50M	BREASTSTROKE	REBECCA HILLIS	1990	WRXX	00.37.32	WD OPEN, EVENT 111 AT EAST KILBRIDE, 2/11/2002
100M	BREASTSTROKE	KAYLEY DAVIDSON	04/02/98	WFOX	01.19.34	SCOTTISH SCHOOLS AT TOLLCROSS, 29/01/2011
200M	BREASTSTROKE	REBECCA HILLIS	1990	WCDX	02.47.40	WD OPEN, EVENT 305 AT EAST KILBRIDE, 3/11/2002
50M	BACKSTROKE	SAMANTHA KING	10/07/96	WNAX	00.32.65	PORTOBELLO MEET AT RCP, 16/11/2008
100M	BACKSTROKE	CHARLOTTE McKENZIE	18/11/96	WFOX	01.07.98	ASA NATIONALS AT PONDS FORGE, 25/07/2009
200M	BACKSTROKE	JENNIFER KING	01/04/98	WNAX	02.26.38	BRITISH AGE GROUPS AT PONDS FORGE, 28/07/2010
50M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	00.30.74	PORTOBELLO MEET AT RCP, 16/11/2008
100M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	01.06.81	ASA AGE GROUPS AT PONDS FORGE, 26/07/2008
200M	BUTTERFLY	SAMANTHA KING	10/07/96	WNAX	02.31.80	SCOTTISH NATIONALS AT RCP, 08/04/2009
200M	IND. MEDLEY	CHARLOTTE McKENZIE	18/11/96	WFOX	02.31.83	SCOTTISH NATIONALS AT TOLLCROSS, 25/06//2009
400M	IND. MEDLEY	JENNIFER KING	01/04/98	WNAX	05.23.23	SCOTTISH NATIONALS AT TOLLCROSS, 27/06/2010

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011
GIRLS 13 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	DANIELLE JOYCE	14/06/96	WRXX	00.28.72	SCOTTISH NATIONALS AT TOLLCROSS, 25/06/2009
100M	FREESTYLE	REBECCA MURRAY	27/05/97	WFOX	01.01.48	SCOTTISH NAT AGE GPS AT TOLLCROSS, 09/04/2011
200M	FREESTYLE	REBECCA MURRAY	27/05/97	WFOX	02.10.05	SCOTTISH NAT AGE GPS AT TOLLCROSS, 10/04/2011
400M	FREESTYLE	REBECCA MURRAY	27/05/97	WFOX	04.32.40	SCOTTISH NAT AGE GPS AT TOLLCROSS, 07/04/2011
800M	FREESTYLE	REBECCA MURRAY	27/05/97	WFOX	09.18.78	SCOTTISH NAT AGE GPS AT TOLLCROSS, 08/04/2011
1500M	FREESTYLE	REBECCA MURRAY	27/05/97	WFOX	17.52.57	SCOTTISH NAT AGE GPS AT TOLLCROSS, 09/04/2011
50M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	00.34.98	WD GP 4, EVENT 101 AT EAST KILBRIDE, 2/06/2007
100M	BREASTSTROKE	ROSEMARY WYNNE	8/02/97	WSEX	01.15.09	SCOTTISH SCHOOLS AT TOLLCROSS, 29/01/2011
200M	BREASTSTROKE	REBECCA HILLIS	1990	WRXX	02.40.21	WD OPEN, EVENT 305 AT EAST KILBRIDE, 2/11/2003
50M	BACKSTROKE	CHARLOTTE McKENZIE	18/11/96	WFOX	00.30.43	SCOTTISH NATIONAL OPEN AT TOLLCROSS, 25/06/2010
100M	BACKSTROKE	CHARLOTTE McKENZIE	18/11/96	WFOX	01.04.73	SCOTTISH NATIONAL OPEN AT TOLLCROSS, 24/06/2010
200M	BACKSTROKE	CHARLOTTE McKENZIE	18/11/96	WFOX	02.20.51	BRITISH AGE GROUPS AT PONDS FORGE, 28/007/2010
50M	BUTTERFLY	JULIE HUNTER	23/11/96	WGHX	00.30.07	WD GROUP 2 AT TOLLCROSS , 07/03/2010
100M	BUTTERFLY	JULIE HUNTER	23/11/96	WGHX	01.05.54	BRITISH AGE GROUPS AT PONDS FORGE, 29/07/2010
200M	BUTTERFLY	KAYRINE KELLY	27/11/95	WSWX	02.26.20	SCOTTISH NATIONALS AT RCP, 08/04/2009
200M	IND. MEDLEY	CORRIE SCOTT	17/08/93	WEKX	02.25.76	SCOTTISH NATIONALS AT TOLLCROSS, 30/06/2007
400M	IND. MEDLEY	CORRIE SCOTT	17/08/93	WEKX	05.05.80	BRITISH NATIONALS AT PONDS FORGE, 23/07/2007

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011
GIRLS 14 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	LAUREN AVERELL	13/08/95	WMBX	00.27.60	BRITISH YOUTH CHAMPS AT PONDS FORGE, 06/08/2010
100M	FREESTYLE	KIRSTIN McKINLEY	30/07/95	WCGX	01.00.08	SCOTTISH NAT AGE GROUPS AT TOLLCROSS 9/04/2010
200M	FREESTYLE	KIRSTIN McKINLEY	30/07/95	WCGX	02.08.68	WEST DISTRICT GP 4 AT TOLLCROSS, 29/05/2010
400M	FREESTYLE	REBECCA MURRAY	27/05/97	WFOX	04.26.91	BRITISH ASA YOUTHS AT PONDS FORGE, 28/07/2011
800M	FREESTYLE	REBECCA MURRAY	27/05/97	WFOX	09.08.11	BRITISH ASA YOUTHS AT PONDS FORGE, 29/07/2011
1500M	FREESTYLE	LORNA SMITH	1988	WRXX	17.42.06	WD OPEN, EVENT 407 AT EAST KILBRIDE, 3/11/2002
50M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	00.32.98	MANCHESTER OPEN AT MANCHESTER AQUA, 16/05/2008
100M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	01.13.96	WISE INTERNATIONAL AT CRAWLEY, 08/03/2008
200M	BREASTSTROKE	ROSEMARY WYNNE	08/02/97	WSEX	02.38.34	SCOTTISH NAT AGE GPS AT TOLLCROSS, 10/04/2011
50M	BACKSTROKE	CHARLOTTE McKENZIE	18/11/96	WFOX	00.29.69	SCOTTISH NATS AT TOLLCROSS, 30/06/2011
100M	BACKSTROKE	CHARLOTTE McKENZIE	18/11/96	WFOX	01.02.71	ASA YOUTH CHAMPS AT PONDS FORGE, 30/07/2011
200M	BACKSTROKE	CHARLOTTE McKENZIE	18/11/96	WFOX	02.14.39	ASA YOUTH CHAMPS AT PONDS FORGE, 28/07/2011
50M	BUTTERFLY	LAUREN AVERELL	13/08/95	WMBX	00.29.35	SCOTTISH NATIONAL OPEN AT TOLLCROSS, 22/06/2010
100M	BUTTERFLY	CHARLOTTE McKENZIE	18/11/96	WFOX	01.02.96	ASA YOUTH CHAMPS AT PONDS FORGE, 30/07/2011
200M	BUTTERFLY	MHAIRI HIGH	23/03/97	WRXX	02.25.69	SCOTTISH NATIONALS AT TOLLCROSS, 02/07/2011
200M	IND. MEDLEY	CHARLOTTE McKENZIE	18/11/96	WFOX	02.20.53	SCOTTISH NAT AGE GPS AT TOLLCROSS, 7/04/2011
400M	IND. MEDLEY	CORRIE SCOTT	17/08/93	WEKX	04.58.74	SCOTTISH NATIONALS AT TOLLCROSS, 29/06/2008

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011**GIRLS 15 YEARS**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	KIRSTIN McKINLEY	30/07/95	WMBX	00.27.22	SCOTTISH NATS AT TOLLCROSS, 01/07/2011
100M	FREESTYLE	KIRSTIN McKINLEY	30/07/95	WMBX	00.57.85	CELTIC NATIONS AT SWANSEA, 27/05/2011
200M	FREESTYLE	KIRSTIN McKINLEY	30/07/95	WMBX	02.05.32	SCOTTISH SCHOOLS AT TOLLCROSS, 29/01/2011
400M	FREESTYLE	KIRSTIN McKINLEY	30/07/95	WMBX	04.26.24	SCOTTISH NAT AGE GPS AT TOLLCROSS, 07/04/2011
800M	FREESTYLE	KAYRINE KELLY	27/11/95	WBSX	09.13.14	SCOTTISH NATS AT TOLLCROSS, 01/07/2011
1500M	FREESTYLE	LORNA SMITH	1988	W/RX	17.21.27	WD OPEN, EVENT 407 AT EAST KILBRIDE, 2/11/2003
50M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	00.33.22	SCOTTISH NATIONALS AT TOLLCROSS, 27/06/2009
100M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	01.12.96	BRITISH CHAMPS AT PONDS FORGE, 17/03/2009
200M	BREASTSTROKE	REBECCA HILLIS	1990	UNAT	02.38.78	GROUP 3, EVENT 207 AT EAST KILBRIDE, 7/05/2005
50M	BACKSTROKE	LORNA SMITH	1988	W/RX	00.31.37	WD OPEN, EVENT 209 AT EAST KILBRIDE, 1/11/2003
100M	BACKSTROKE	LORNA SMITH	1988	W/RX	01.06.35	GROUP 3, EVENT 215 AT EAST KILBRIDE, 10/05/2003
200M	BACKSTROKE	LORNA SMITH	1988	W/RX	02.21.25	GROUP 3, EVENT 407 AT EAST KILBRIDE, 11/05/2003
50M	BUTTERFLY	LAUREN AVERELL	13/08/95	WMBX	00.28.47	SCOTTISH NATS AT TOLLCROSS, 02/07/2011
100M	BUTTERFLY	LAUREN AVERELL	13/08/95	WMBX	01.04.28	WD GROUP 4 AT TOLLCROSS, 04/06/2011
200M	BUTTERFLY	KAYRINE KELLY	27/11/95	WBSX	02.19.98	SCOTTISH NATS AT TOLLCROSS, 02/07/2011
200M	IND. MEDLEY	KIRSTIN McKINLEY	07/04/95	WMBX	02.22.16	SCOTTISH AGE NAT GPS AT TOLLCROSS, 07/04/2011
400M	IND. MEDLEY	KAYRINE KELLY	27/11/95	WBSX	05.02.72	SCOTTISH NATS AT TOLLCROSS, 30/06/2011

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011
GIRLS 16 YEARS

DISTANCE	STROKE	NAME	Y.O.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	LAUREN AVERELL	13/08/95	WMBX	00.27.35	UK SCHOOL GAMES, PONDS FORGE, 3/09/2011
100M	FREESTYLE	CORRIE SCOTT	17/08/93	WEKX	01.00.06	SCOTTISH AGE GROUPS AT TOLLCROSS, 10/04/2010
200M	FREESTYLE	CORRIE SCOTT	17/08/93	WEKX	02.09.64	EDINBURGH INT AT TOLLCROSS, 13/02/2010
400M	FREESTYLE	RACHEL TEDESCHI	06/11/93	WEKX	04.33.49	WD GROUP 2 AT TOLLCROSS, 06/03/2010
800M	FREESTYLE	ASHTON BOWMAN	1987	WAAX	09.22.12	GROUP 3, EVENT 109 AT EAST KILBRIDE, 9/05/2003
1500M	FREESTYLE	KIM FIGGINS	23/01/95	WEKX	17.55.54	SCOTTISH NATS AT TOLLCROSS, 03/07/2011
50M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	00.32.54	BRITISH CHAMPS AT PONDS FORGE, 29/03/2010
100M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	01.12.07	SCOTTISH NATIONAL OPEN AT TOLLCROSS, 26/06/2010
200M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	02.35.17	SCOTTISH AGE GROUPS AT TOLLCROSS, 09/04/2010
50M	BACKSTROKE	AILEEN STIRLING	1990	WEKX	00.32.47	GROUP 2, EVENT 105 AT EAST KILBRIDE, 5/25/2006
50M	BACKSTROKE	LYNN MACARTHUR	19/06/94	WCDX	00.32.47	WD GROUP 4 AT TOLLCROSS, 04/06/2011
100M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	01.05.36	SCOTTISH NATIONALS AT GLASGOW, 15/04/2007
200M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	02.20.32	SCOTTISH NATIONALS AT GLASGOW, 14/04/2007
50M	BUTTERFLY	CORRIE SCOTT	17/08/93	WEKX	00.29.79	SCOTTISH AGE GROUPS AT TOLLCROSS, 11/04/2010
100M	BUTTERFLY	CORRIE SCOTT	17/08/93	WEKX	01.03.96	SCOTTISH AGE GROUPS AT TOLLCROSS, 11/04/2010
200M	BUTTERFLY	CORRIE SCOTT	17/08/94	WEKX	02.20.98	SCOTTISH AGE GROUPS AT TOLLCROSS, 10/04/2010
200M	IND. MEDLEY	CORRIE SCOTT	17/08/93	WEKX	02.19.65	SCOTISH AGE GROUPS AT TOLLCROSS, 08/04/2010
400M	IND. MEDLEY	CORRIE SCOTT	17/08/93	WEKX	04.55.52	SCOTTISH AGE GROUPS AT TOLLCROSS, 11/04/2010

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011
GIRLS 17 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	CORRIE SCOTT	17/08/93	WEKX	00.27.17	EDINBURGH INT. AT TOLLCROSS, 12/02/2011
100M	FREESTYLE	CORRIE SCOTT	17/08/93	WEKX	00.59.94	EDINBURGH INT. AT TOLLCROSS, 13/02/2011
200M	FREESTYLE	LAURA McGARVEY	1985	WRXX	02.09.95	GROUP 3, EVENT 509 AT EAST KILBRIDE, 28/04/2002
400M	FREESTYLE	LORNA SMITH	1988	WCGX	04.29.07	GROUP 3, EVENT 211 AT EAST KILBRIDE, 7/05/2005
800M	FREESTYLE	LORNA SMITH	1988	WCGX	09.08.17	GROUP 3, EVENT 109 AT EAST KILBRIDE, 6/05/2005
1500M	FREESTYLE	JO ANN McGARVEY	1989	WRXX	18.08.75	GROUP 2, EVENT 217 AT EAST KILBRIDE, 6/05/2006
50M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	00.32.64	COMMONWEALTH GAMES DEHLI 2010
100M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	01.11.75	SCOTTISH NAT AGE GPS AT TOLLCROSS, 07/04/2011
200M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	02.34.12	BRITISH 50M CHAMPS AT PONDS FORGE, 15/06/2011
50M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	00.31.48	EDINBURGH INT & TRI NATIONS AT RCP, 15/02/2008
100M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	01.05.07	ASA YOUTH CHAMPS AT PONDS FORGE, 1/08/2008
200M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	02.16.85	BRITISH CHAMPS AT PONDS FORGE, 4/04/2008
50M	BUTTERFLY	CORRIE SCOTT	17/08/93	WEKX	00.29.72	SCOTTIS NATS AT TOLLCROSS, 03/07/2011
100M	BUTTERFLY	KIRSTY HART	18/12/90	WRXX	01.03.48	ASA YOUTH CHAMPS AT PONDS FORGE, 1/08/2008
200M	BUTTERFLY	KIRSTY HART	18/12/90	WRXX	02.18.69	SCOTTISH NATIONALS AT TOLLCROSS, 12/04/2008
200M	IND. MEDLEY	CORRIE SCOTT	17/08/93	WEKX	02.20.12	BRITISH CHAMPS AT MANCHESTER, 5/03/2011
400M	IND. MEDLEY	CORRIE SCOTT	17/08/93	WEKX	04.57.01	SCOTTISH NATS AT TOLLCROSS, 30/06/2011

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011
GIRLS 18 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	LOUISE COULL	1984	WRXX	00.28.38	WD OPEN, EVENT 409 AT EAST KILBRIDE, 3/11/2002
100M	FREESTYLE	LORNA SMITH	1988	WCGX	01.01.55	GROUP 2, EVENT 301 AT EAST KILBRIDE, 6/05/2006
200M	FREESTYLE	LORNA SMITH	1988	WCGX	02.12.94	GROUP 2, EVENT 509 AT EAST KILBRIDE, 7/05/2006
400M	FREESTYLE	REBECCA COOKE	1983	WCGX	04.22.67	WD OPEN, EVENT 509 AT EAST KILBRIDE, 3/11/2001
800M	FREESTYLE	REBECCA COOKE	1983	WCGX	08.52.84	WD OPEN, EVENT 607 AT EAST KILBRIDE, 4/11/2001
1500M	FREESTYLE	REBECCA COOKE	1983	WCGX	16.42.45	WD OPEN, EVENT 657 AT EAST KILBRIDE, 4/11/2001
50M	BREASTSTROKE	VICTORIA GOURLAY	14/04/92	WLKX	00.34.22	WEST DISTRICT GP 4 AT TOLLCROSS, 29/05/2010
100M	BREASTSTROKE	VICTORIA GOURLAY	14/04/92	WLKX	01.15.69	WEST DISTRICT GP 4 AT TOLLCROSS, 30/05/2010
200M	BREASTSTROKE	FIONA McCORMACK	7/01/90	WCGX	02.41.26	WD GROUP 4 AT EAST KILBRIDE, 1/06/2008
50M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	00.30.88	CELTIC TRI NATIONS AT SWANSEA, 20/02/2009
100M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	01.04.49	SCOTTISH NATIONALS AT RCP, 11/04/2009
200M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	02.17.39	SCOTTISH NATIONALS AT RCP, 10/04/2009
50M	BUTTERFLY	LAURA McGARVEY	1985	WRXX	00.30.61	GROUP 3, EVENT 117 AT EAST KILBRIDE, 9/05/2003
100M	BUTTERFLY	KIRSTY HART	31/12/90	WRXX	01.02.76	WELSH DRAGON MEET AT SWANSEA, 9/01/2009
200M	BUTTERFLY	KIRSTY HART	31/12/90	WRXX	02.15.61	CELTIC TRI NATIONS AT SWANSEA, 20/02/2009
200M	IND. MEDLEY	KIRSTY HART	18/12/90	WRXX	02.23.68	SCOTTISH NATIONALS AT TOLLCROSS, 25/06/2009
400M	IND. MEDLEY	KIRSTY HART	31/12/90	WRXX	04.56.52	WELSH DRAGON MEET AT SWANSEA, 10/01/2009

WEST DISTRICT AGE GROUP LONG COURSE RECORDS, AS AT DECEMBER 2011
GIRLS 19/24 YEARS

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	SINEAD ROWNEY	1983	WCDX	00.29.35	WD OPEN, EVENT 401 AT EAST KILBRIDE, 2/11/2003
100M	FREESTYLE	LORNA SMITH	09/08/88	WRXX	01.00.66	WEST DISTRICT GP 4 AT TOLLCROSS, 21/06/2009
200M	FREESTYLE	LOUISE COULL	1984	WRXX	02.11.85	GROUP 3, EVENT 509 AT EAST KILBRIDE, 11/05/2003
400M	FREESTYLE	REBECCA COOKE	1983	WCGX	04.24.95	GROUP 2, EVENT 211 AT EAST KILBRIDE, 6/05/2006
800M	FREESTYLE	EMMA REID	12/06/89	WMBX	09.25.64	SCOTTISH NATIONALS AT TOLLCROSS, 27/06/2008
1500M	FREESTYLE	REBECCA COOKE	1983	WCGX	16.46.60	GROUP 2, EVENT 217 AT EAST KILBRIDE, 6/05/2006
50M	BREASTSTROKE	REBECCA HILLIS	07/01/90	WCGX	00.34.06	SCOTTISH NATIONALS AT TOLLCROSS, 22/06/2010
100M	BREASTSTROKE	REBECCA HILLIS	07/01/90	WCGX	01.15.68	SCOTTISH NATIONALS AT TOLLCROSS, 25/06/2010
200M	BREASTSTROKE	REBECCA HILLIS	07/01/90	WCGX	02.39.69	SCOTTISH NATIONALS AT TOLLCROSS, 24/06/2010
50M	BACKSTROKE	LORNA SMITH	09/08/88	WRXX	00.30.91	WEST DISTRICT GP 4 AT TOLLCROSS, 20/06/2009
100M	BACKSTROKE	LOUISE COULL	1984	WRXX	01.05.02	WEST DISTRICT GP 3 AT EAST KILBRIDE, 10/05/2003
200M	BACKSTROKE	LOUISE COULL	1984	WRXX	02.17.73	WEST DISTRICT GP 3 AT EAST KILBRIDE, 11/05/2003
50M	BUTTERFLY	KIRSTY HART	18/12/90	WRXX	00.30.00	WEST DISTRICT GP 4 AT TOLLCROSS, 30/05/2010
100M	BUTTERFLY	KIRSTY HART	18/12/90	WRXX	01.05.84	WEST DISTRICT GP 4 AT TOLLCROSS, 29/05/2010
200M	BUTTERFLY	KIRSTY HART	18/12/90	WRXX	02.21.79	WEST DISTRICT GP 4 AT TOLLCROSS, 29/05/2010
200M	IND. MEDLEY	REBECCA COOKE	1983	WCGX	02.28.56	GROUP 6, EVENT 107 AT EAST KILBRIDE, 29/10/2005
400M	IND. MEDLEY	REBECCA COOKE	1983	WCGX	05.05.77	GROUP 6, EVENT 207 AT EAST KILBRIDE, 29/10/2005