

WEST DISTRICT OPEN LONG COURSE RECORDS AS AT FEBRUARY 2010**WOMEN**

DISTANCE	STROKE	NAME	D.o.B.	CLUB CODE	TIME ACHIEVED	CHAMPIONSHIP DETAILS VENUE & DATE ACHIEVED
50M	FREESTYLE	KERRY MARTIN	1975	WSGX	00.27.58	GROUP 3, EV 101 AT EAST KILBRIDE, 7/05/2004
100M	FREESTYLE	CORRIE SCOTT	17/08/93	WEKX	00.59.79	SCOTTISH NATIONAL OPEN AT RCP, 08/04//2009
200M	FREESTYLE	LORNA SMITH	1988	WRXX	02.08.48	WD OPEN, EV 205 AT EAST KILBRIDE, 1/11/2003
400M	FREESTYLE	REBECCA COOKE	1983	WCGX	04.22.67	WD OPEN, EV 509 AT EAST KILBRIDE, 3/11/2001
800M	FREESTYLE	REBECCA COOKE	1983	WCGX	08.52.84	WD OPEN, EV 607 AT EAST KILBRIDE, 4/11/2001
1500M	FREESTYLE	REBECCA COOKE	1983	WCGX	16.42.45	WD OPEN, EV 657 AT EAST KILBRIDE, 4/11/2001
50M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	00.32.98	MANCHESTER OPEN, MAN. AQUATICS 6/05/2008
100M	BREASTSTROKE	CORRIE SCOTT	17/08/93	WEKX	01.12.96	BRITISH CHAMPS AT PONDS FORGE, 17/03/2009
200M	BREASTSTROKE	REBECCA HILLIS	1990	UNAT	02.38.78	GROUP 3, EV207 AT EAST KILBRIDE, 7/05/2005
50M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	00.30.88	CELTIC TRI NATIONS AT SWANSEA, 20/02/2009
100M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	01.04.49	SCOTTISH NATIONALS AT RCP, 11/04/2009
200M	BACKSTROKE	KIRSTY HART	18/12/90	WRXX	02.16.85	BRITISH CHAMPS AT PONDS FORGE, 4/04/2008
50M	BUTTERFLY	KERRY MARTIN	1975	WSGX	00.29.29	WD OPEN, EV 309 AT EAST KILBRIDE, 2/11/2002
100M	BUTTERFLY	KIRSTY HART	18/12/90	WRXX	01.02.76	WELSH DRAGON MEET, SWANSEA, 9/01/2009
200M	BUTTERFLY	KIRSTY HART	18/12/90	WRXX	02.15.61	CELTIC TRI NATIONS AT SWANSEA 20/02/2009
200M	IND. MEDLEY	CORRIE SCOTT	17/08/93	WEKX	02.21.06	ASA YOUTH CHAMPS, PONDS FORGE, 2/08/2008
400M	IND. MEDLEY	KIRSTY HART	31/12/90	WRXX	04.56.52	WELSH DRAGON MEET, SWANSEA 10/01/2009
4 x 50M	MEDLEY RELAY	REN 96 Swim Team {L Smith, R Hillis, K Hart, J Williams}	OPEN	WRXX	02.06.94	WD OPEN, EV413 AT EAST KILBRIDE, 31/10/2004
4 x 50M	FREE RELAY	REN 96 Swim Team {A McGavigan, K Aitken, J Williams, L Smith}}	OPEN	WRXX	01.55.96	WD OPEN, EV 213 AT EAST KILBRIDE, 1/11/2003