

## SASA West District Age Group Short Course Records

| Boys     |          |          |          |          |          |          |          |          |          | Girls         |          |          |          |          |          |          |          |          |          |          |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|---------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 19/24    | 18       | 17       | 16       | 15       | 14       | 13       | 12       | 11       | 10/U     | Event         | 10/U     | 11       | 12       | 13       | 14       | 15       | 16       | 17       | 18       | 19/24    |
| 00.23.06 | 00.23.62 | 00.23.57 | 00.23.49 | 00.23.67 | 00.25.55 | 00.25.70 | 00.27.14 | 00.28.09 | 00.30.42 | <b>50FR</b>   | 00.31.85 | 00.28.70 | 00.28.62 | 00.27.74 | 00.27.47 | 00.27.39 | 00.27.57 | 00.27.01 | 00.27.70 | 00.26.32 |
| 00.50.79 | 00.52.27 | 00.53.36 | 00.52.09 | 00.51.15 | 00.54.43 | 00.55.19 | 00.59.20 | 01.03.07 | 01.06.96 | <b>100FR</b>  | 01.10.13 | 01.03.37 | 01.02.30 | 01.00.98 | 00.59.35 | 00.59.31 | 00.58.48 | 00.58.88 | 00.57.35 | 00.56.16 |
| 01.51.31 | 01.54.03 | 01.54.35 | 01.53.66 | 01.53.02 | 01.57.23 | 02.01.28 | 02.06.30 | 02.16.20 | 02.26.30 | <b>200FR</b>  | 02.21.21 | 02.13.58 | 02.14.23 | 02.11.15 | 02.07.25 | 02.05.39 | 02.07.78 | 02.08.56 | 02.04.67 | 02.03.45 |
| 03.51.37 | 03.58.63 | 04.00.32 | 04.01.63 | 03.59.01 | 04.07.53 | 04.17.19 | 04.28.70 | 04.46.50 | 05.04.13 | <b>400FR</b>  | 04.58.48 | 04.42.38 | 04.41.06 | 04.33.63 | 04.28.20 | 04.25.23 | 04.26.35 | 04.32.54 | 04.27.59 | 04.18.02 |
| 08.04.12 | 08.21.71 | 08.26.15 | 08.34.20 | 08.25.26 | 08.37.84 | 08.52.21 | 09.07.03 | 09.54.14 | 10.38.99 | <b>800FR</b>  | 10.51.25 | 09.49.08 | 09.27.62 | 09.17.84 | 09.07.77 | 09.08.18 | 09.10.06 | 09.15.42 | 09.17.22 | 08.45.96 |
| 16.11.40 | 15.47.93 | 15.32.66 | 16.06.50 | 16.02.98 | 16.32.19 | 16.52.34 | 17.34.50 | 19.00.26 | 20.08.52 | <b>1500FR</b> | 20.39.61 | 19.56.70 | 18.54.02 | 17.56.81 | 17.45.79 | 17.44.61 | 17.42.80 | 17.39.01 | 17.57.98 | 16.31.18 |
| 00.25.99 | 00.26.45 | 00.26.49 | 00.26.46 | 00.28.03 | 00.28.56 | 00.28.89 | 00.31.26 | 00.33.71 | 00.36.00 | <b>50BA</b>   | 00.34.60 | 00.32.00 | 00.30.90 | 00.29.83 | 00.31.52 | 00.31.05 | 00.30.84 | 00.30.45 | 00.30.11 | 00.30.36 |
| 00.55.77 | 00.58.33 | 00.57.73 | 00.58.59 | 00.59.28 | 01.00.39 | 01.04.25 | 01.05.35 | 01.11.34 | 01.20.95 | <b>100BA</b>  | 01.11.35 | 01.08.05 | 01.06.18 | 01.03.83 | 01.05.08 | 01.04.14 | 01.03.94 | 01.03.02 | 01.02.26 | 01.03.92 |
| 02.04.72 | 02.04.27 | 02.05.43 | 02.07.53 | 02.05.98 | 02.13.03 | 02.13.17 | 02.23.49 | 02.35.48 | 02.42.76 | <b>200BA</b>  | 02.24.19 | 02.20.07 | 02.22.26 | 02.19.29 | 02.20.84 | 02.20.10 | 02.14.24 | 02.13.50 | 02.14.96 | 02.15.43 |
| 00.28.95 | 00.28.71 | 00.28.70 | 00.28.96 | 00.30.44 | 00.31.67 | 00.32.80 | 00.35.25 | 00.37.73 | 00.42.09 | <b>50BR</b>   | 00.42.86 | 00.37.41 | 00.36.07 | 00.34.79 | 00.33.07 | 00.32.70 | 00.32.62 | 00.33.51 | 00.35.28 | 00.33.73 |
| 01.03.37 | 01.05.05 | 01.01.86 | 01.02.72 | 01.04.52 | 01.10.18 | 01.11.83 | 01.19.04 | 01.25.47 | 01.31.55 | <b>100BR</b>  | 01.31.11 | 01.22.98 | 01.17.94 | 01.14.23 | 01.14.92 | 01.11.78 | 01.11.20 | 01.12.33 | 01.14.26 | 01.12.08 |
| 02.16.14 | 02.16.22 | 02.16.65 | 02.18.01 | 02.19.46 | 02.27.44 | 02.36.08 | 02.50.60 | 02.54.79 | 03.13.98 | <b>200BR</b>  | 03.07.91 | 02.57.64 | 02.47.16 | 02.37.33 | 02.39.57 | 02.37.62 | 02.33.12 | 02.35.62 | 02.37.24 | 02.38.59 |
| 00.25.14 | 00.25.67 | 00.25.91 | 00.25.68 | 00.26.17 | 00.27.63 | 00.28.56 | 00.29.44 | 00.31.05 | 00.34.04 | <b>50FL</b>   | 00.35.96 | 00.32.21 | 00.30.14 | 00.30.20 | 00.30.43 | 00.29.53 | 00.30.22 | 00.30.24 | 00.29.46 | 00.29.26 |
| 00.56.53 | 00.56.56 | 00.57.44 | 00.57.36 | 00.56.88 | 01.00.37 | 01.02.13 | 01.04.93 | 01.11.67 | 1.17.24  | <b>100FL</b>  | 01.17.43 | 01.12.05 | 01.08.18 | 01.07.04 | 01.06.76 | 01.06.46 | 01.04.44 | 01.04.68 | 01.02.18 | 01.04.45 |
| 02.05.58 | 02.01.28 | 02.04.84 | 02.07.36 | 02.09.55 | 02.13.66 | 02.17.00 | 02.18.98 | 02.37.47 | 02.36.18 | <b>200FL</b>  | 02.50.61 | 02.32.53 | 02.31.86 | 02.27.39 | 02.22.94 | 02.21.69 | 02.19.48 | 02.17.36 | 02.13.26 | 02.20.77 |
| 01.01.18 | 00.57.83 | 00.58.55 | 00.58.22 | 01.00.93 | 01.02.55 | 01.04.56 | 01.07.06 | 01.13.98 | 01.19.80 | <b>100IM</b>  | 01.21.56 | 01.12.41 | 01.11.33 | 01.08.18 | 01.06.32 | 01.05.50 | 01.04.89 | 01.07.54 | 01.10.64 | 01.09.40 |
| 02.04.42 | 02.05.38 | 02.06.80 | 02.09.32 | 02.13.42 | 02.16.79 | 02.18.83 | 02.24.97 | 02.38.99 | 02.43.98 | <b>200IM</b>  | 02.42.87 | 02.33.48 | 02.29.92 | 02.25.34 | 02.22.36 | 02.22.53 | 02.19.13 | 02.20.75 | 02.20.18 | 02.20.13 |
| 04.26.82 | 04.22.87 | 04.26.05 | 04.32.26 | 04.35.93 | 04.45.41 | 04.53.52 | 05.10.54 | 05.31.65 | 05.43.64 | <b>400IM</b>  | 05.30.85 | 05.18.38 | 05.13.77 | 05.04.43 | 05.00.94 | 05.04.49 | 04.50.30 | 05.09.26 | 04.49.90 | 04.56.93 |

Figures shown in red have yet to be ratified.