

MAJOR UPDATE – ISSUED FRIDAY 7TH OCTOBER

WEST DISTRICT 2016 SHORT COURSE CHAMPIONSHIP - SENIOR AGE GROUP

Dates and Venue

29th / 30th October Tollcross International Swimming Centre

Sessions: 10:00am and 2:30pm each day.

Warm Ups: 9:00am and 1:30pm each day.

Age Groups

14Yrs, 15Yrs & 16&Over Yrs

Competitors age will be their age on the 31st December

This Championship is open to registered swimmers whose 1st Claim Club is affiliated to the West District of the S.A.S.A..

There is a Consideration Time for each individual event.
Entry to the Championship will be in accordance with the District Rules.

Entries

Entries for this Meet require to be generated on the Hy-Tek Team Manager 4/5/6/7 or Lite programme. Hy-Tek Team Manager Lite is available via the internet at www.hy-tek ltd.com/downloads.html

For administration purposes, an Information Form must be submitted with the cheque.

PLEASE NOTE !!

Seeded Start Lists for ALL Sessions will be prepared prior to the Meet and Withdrawals will be accepted up to 6pm on Wednesday prior to Championships for exclusion from the Start Lists.

Withdrawals on “Withdrawal Forms” will be accepted, at the Recorder’s Desk, up to 45 minutes before the start of each Session for the purposes of allocating Reserves.

Start Lists will be updated and may be re-seeded based on the Withdrawals on the day.

Start Lists will not be issued to Clubs, prior to the start of a Session, until all Withdrawals have been processed. The issue of Start Lists may extend into the early Events of the Session.

Unplaced Reserves will be allocated to available lanes during an Event after reporting to the Referee at the beginning of that Event.

Further assistance available from John Deans (01698 825507) & john.deans@blueyonder.co.uk

All entries must be addressed to:

John Deans
Entries Coordinator
9 Tynron Court
Hamilton
ML3 8XD

DO NOT SEND ENTRIES BY RECORDED DELIVERY

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Entries

Entries equal to or faster than the Consideration Times for each Age Group will be accepted, in the ratios, 14yrs 25%, 15yrs 25%, 16yrs&O 50%, subject to available lanes, on the basis of providing a balance across the available Heats/Lanes per Event, dependant on the number of Heats.

If shortfall in 16&Oyrs, then available balance will be split across other age groups.

e.g. For a 6 heat Event: 15 x 14Yrs, 15 x 15Yrs and 30 x 16&OYrs would be accepted.

If only 24 x 16&OYrs swimmers were accepted, then 18 x 14Yrs and 18 x 15Yrs would be accepted etc.

Above figures would be pro-rated for Events with different number of Heats.

An Entry Time equal to or faster than the Event Consideration Time does not guarantee acceptance into the Event.

Reserves

A total of up to 7 x Reserves, comprising of maximum of 2 x from each of 14yrs & 15yrs and 3 from 16&Oyrs where available, will be allocated to each Event. These Reserves will be allocated artificial times to accommodate placing in the Meet programme.

Reserves will be allocated to the Event on withdrawal of confirmed swimmers on an Age Group basis.

Entry Fees Individual Events £6.00 each event **(Cheques payable to SASA West District)**

Closing Dates

Entries must be received by, the Entries Coordinator, by the following date:

**** Tuesday 18th October ****

Submitted Times

To be 25 metre times, conversions can be used, and need not be accredited.

Fines

Under District Rules there is a standard £2.00 Fine for any individual competitor who has recorded a time, slower than 1 second, for each 100 metre (or part of 100 metre) outside the Consideration Time.

Technical Officials

District clubs entering swimmers in any District Swimming Championships must provide Swimming Technical Officials for each session of the championships in accordance with the following scale:

Technical Officials

District clubs entering swimmers in any District Swimming Championships must provide Swimming Technical Officials for each session of the championships in accordance with the following scale:

Total no.of Club swimmers per session	Number of STO's per session
1 to 4	None
5 to 9	1 x Judge
10+	2 of which at least 1 must be a Judge, Starter or Referee

A District Club failing to provide STO in accordance with this scale shall be subject to a fine of **£50.00 per person**, for each session in which the required STO is not present. Members of the organising committee shall be counted for the purpose of meeting this requirement.

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Important Information

The Meets have been designated JAG (Junior Age Group) and SAG (Senior Age Group). The use of Junior DOES NOT refer to the Scottish Swimming definition, under 17 on 31st December. JAG and SAG are only convenient terms to differentiate the age groups of the Championship.

NOTICE on Presentations

Depending on the number of entries, there may be no formal Presentations of Medals during the Meet.

If no formal Presentations are scheduled, Announcements will be made of the successful swimmers in each race and medals /medallions will be available for collection during each Session.

Heats and Finals

Short Course SAG Championship Events will be **Heat Declared** for 100 Fr, 100 Br, 100 Ba, 100 Fl.

The **fastest 10 swimmers from combined age groups** will swim in a **Super Final** for each of 100 Fr, 100 Br, 100 Ba, and 100 Fl events.

All other Events will be **Heat Declared**.

Heats and Super Finals will be Mixed Ages.

Event Awards

Medals will be awarded for 1st 2nd and 3rd in each Heat Declared Event including all 100s Heat Declared .

The following cash prizes will be awarded for the **100s Super Finals**:

1 st	£25
2 nd	£15
3 rd	£10

John A. Deans
District Swimming Committee

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Consideration Time

101	Female	800 Free		
101A	Female 14Yrs	800 Free	HDW	11.15.00
101B	Female 15Yrs	800 Free	HDW	11.00.00
101C	Female 16&O Yrs	800 Free	HDW	10.45.00
102	Male	400 IM		
102A	Male 14Yrs	400 IM	HDW	06.00.00
102B	Male 15Yrs	400 IM	HDW	05.50.00
102C	Male 16&O Yrs	400 IM	HDW	05.40.00
103	Female	200 Backstroke		
103A	Female 14Yrs	200 Backstroke	HDW	03.00.00
103B	Female 15Yrs	200 Backstroke	HDW	02.55.00
103C	Female 16&O Yrs	200 Backstroke	HDW	02.54.00
104	Male	100 Free		
104A	Male 14Yrs	100 Free	HDW&SF	01.06.00
104B	Male 15Yrs	100 Free	HDW&SF	01.04.00
104C	Male 16&O Yrs	100 Free	HDW&SF	01.04.00
105	Female	100 Breast		
105A	Female 14Yrs	100 Breast	HDW&SF	01.30.00
105B	Female 15Yrs	100 Breast	HDW&SF	01.28.00
105C	Female 16&O Yrs	100 Breast	HDW&SF	01.30.00
106	Male	200 Breast		
106A	Male 14Yrs	200 Breast	HDW	03.10.00
106B	Male 15Yrs	200 Breast	HDW	03.05.00
106C	Male 16&O Yrs	200 Breast	HDW	03.05.00

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201	Female	200 IM		
201A	Female 14Yrs	200 IM	H&F	02.50.00
201B	Female 15Yrs	200 IM	H&F	02.46.00
201C	Female 16&O Yrs	200 IM	H&F	02.50.00
202	Male	100 Backstroke		
202A	Male 14Yrs	100 Backstroke	HDW&SF	01.18.00
202B	Male 15Yrs	100 Backstroke	HDW&SF	01.16.00
202C	Male 16&O Yrs	100 Backstroke	HDW&SF	01.16.00
203	Female	100 Butterfly		
203A	Female 14Yrs	100 Butterfly	HDW&SF	01.24.00
203B	Female 15Yrs	100 Butterfly	HDW&SF	01.22.00
203C	Female 16&O Yrs	100 Butterfly	HDW&SF	01.24.00
204	Male	400 Free		
204A	Male 14Yrs	400 Free	HDW	05.00.00
204B	Male 15Yrs	400 Free	HDW	04.55.00
204C	Male 16&O Yrs	400 Free	HDW	05.00.00
205	Female	200 Freestyle		
205A	Female 14Yrs	200 Freestyle	HDW	02.32.00
205B	Female 15Yrs	200 Freestyle	HDW	02.30.00
205C	Female 16&O Yrs	200 Freestyle	HDW	02.30.00
206	Male	200 Butterfly		
206A	Male 14Yrs	200 Butterfly	HDW	03.10.00
206B	Male 15Yrs	200 Butterfly	HDW	03.05.00
206C	Male 16&O Yrs	200 Butterfly	HDW	03.05.00

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301	Male	1500 Free		
301A	Male 14Yrs	1500 Free	HDW	21.00.00
301B	Male 15Yrs	1500 Free	HDW	20.30.00
301C	Male 16&O Yrs	1500 Free	HDW	20.00.00
302	Female	400 IM		
302A	Female 14Yrs	400 IM	HDW	06.10.00
302B	Female 15Yrs	400 IM	HDW	06.00.00
302C	Female 16&O Yrs	400 IM	HDW	06.00.00
303	Male	100 Breaststroke		
303A	Male 14Yrs	100 Breaststroke	HDW&SF	01.26.00
303B	Male 15Yrs	100 Breaststroke	HDW&SF	01.24.00
303C	Male 16&O Yrs	100 Breaststroke	HDW&SF	01.24.00
304	Female	100 Freestyle		
304A	Female 14Yrs	100 Freestyle	HDW&SF	01.10.00
304B	Female 15Yrs	100 Freestyle	HDW&SF	01.09.00
304C	Female 16&O Yrs	100 Freestyle	HDW&SF	01.08.00
305	Male	200 Back		
305A	Male 14Yrs	200 Back	HDW	02.56.00
305B	Male 15Yrs	200 Back	HDW	02.52.00
305C	Male 16&O Yrs	200 Back	HDW	02.48.00

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401	Female	200 Breast		
401A	Female 14Yrs	200 Breast	HDW	03.20.00
401B	Female 15Yrs	200 Breast	HDW	03.15.00
401C	Female 16&O Yrs	200 Breast	HDW	03.15.00
402	Male	200 IM		
402A	Male 14Yrs	200 IM	H&F	02.45.00
402B	Male 15Yrs	200 IM	H&F	02.42.00
402C	Male 16&O Yrs	200 IM	H&F	02.39.00
403	Female	100 Back		
403A	Female 14Yrs	100 Back	HDW&SF	01.21.00
403B	Female 15Yrs	100 Back	HDW&SF	01.19.00
403C	Female 16&O Yrs	100 Back	HDW&SF	01.19.00
404	Male	100 Butterfly		
404A	Male 14Yrs	100 Butterfly	HDW&SF	01.22.00
404B	Male 15Yrs	100 Butterfly	HDW&SF	01.20.00
404C	Male 16&O Yrs	100 Butterfly	HDW&SF	01.18.00
405	Female	400 Freestyle		
405A	Female 14Yrs	400 Freestyle	HDW	05.20.00
405B	Female 15Yrs	400 Freestyle	HDW	05.10.00
405C	Female 16&O Yrs	400 Freestyle	HDW	05.10.00
406	Male	200 Freestyle		
406A	Male 14Yrs	200 Freestyle	HDW	02.30.00
406B	Male 15Yrs	200 Freestyle	HDW	02.28.00
406C	Male 16&O Yrs	200 Freestyle	HDW	02.30.00
407	Female	200 Butterfly		
407A	Female 14Yrs	200 Butterfly	HDW	03.20.00
407B	Female 15Yrs	200 Butterfly	HDW	03.15.00
407C	Female 16&O Yrs	200 Butterfly	HDW	03.15.00

Scottish Swimming
West District Championships
2016 Information Sheet

Club:

Circle relevant Group	
<u>SC Sprints</u>	<u>SC Senior</u>
<u>SC Junior</u>	

<u>Entry Information</u>	<u>No. of Individual Entries</u>
No. of Individual Boys Entries	
No. of Individual Girls Entries	
No of Relay Entries	

Total No. of Individual Entries	_____ @ £6.00	Total: _____
Total No. of Relay Entries	_____ @ £10.00	Total: _____
No. of Coaches Meals (Sat)	_____ @ £10.00	Total: _____
No. of Coaches Meals (Sun)	_____ @ £10.00	Total: _____
Total		_____

Submitted by (print name): _____ Signed: _____

Position in Club: _____ Tel No: _____

Email address: _____

Postal Address: _____

