

WEST DISTRICT 2016 SPRINT & RELAY CHAMPIONSHIP

Dates and Venue

27th/ 28th August **Tollcross International Swimming Centre - Glasgow**

Sessions: 10:00am and 2:30pm each day.

Warm Ups: 9:00am and 1:30pm each day.

Age Groups

11/12Yrs, 13/14Yrs, 15/16Yrs, 17&OYrs

This Championship is open to registered swimmers who are members of clubs affiliated to the S.A.S.A. or their National Association.

There is a Consideration Time for each individual event.

Entry to the Championship will be in accordance with the District Rules.

Competitors age will be their age on 31st Dec 2016

Entries

Entries for this Meet require to be generated on the Hy-Tek Team Manager 4/5/6/7 or Lite programme. Hy-Tek Team Manager Lite is available via the internet at www.hy-tek ltd.com/downloads.html

For administration purposes, an Information Form must be submitted with the cheque.

Seeded Start Lists for ALL Sessions will be prepared prior to the Meet and Withdrawals will be accepted up to 8pm on Wednesday prior to Championships for exclusion from the Start Lists.

Withdrawals on "Withdrawal Forms" will be accepted, at the Recorder's Desk, up to 45 minutes before the start of each Session for the purposes of allocating Reserves.

Start Lists will be updated and may be re-seeded based on the Withdrawals on the day.

Start Lists will not be issued to Clubs, prior to the start of a Session, until all Withdrawals have been processed. The issue of Start Lists may extend into the early Events of the Session.

Unplaced Reserves will be allocated to available lanes during an Event after reporting to the Referee at the beginning of that Event.

Please note the for the 15/16 & 17/O yrs age groups, the Freestyle and Medley Relays are MIXED (2 x boys, 2 x girls)

Further assistance: John Deans (01698 825507) & john.deans@blueyonder.co.uk

DO NOT SEND ENTRIES BY RECORDED DELIVERY

Entry Fees

Individual Events £6.00 each Event (Cheques payable to SASA West District)
Relay Events £10.00 each Event

Closing Dates

Entries must be received by Entries Coordinator, **by the following date:**

**** **Sunday 31st July** ****

Submitted Times

To be 25 metre times, conversions can be used, and need not be accredited.

Fines

Under District Rules there is a standard £2.00 Fine for any individual competitor who has recorded a time, slower than 1 second, for each 100 metre (or part of 100 metre) outside the Consideration Time.

Technical Officials

District clubs entering swimmers in any District Swimming Championships must provide Swimming Technical Officials for each session of the championships in accordance with the following scale:

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Total no.of Club swimmers per session	Number of STO's per session
1 to 4	None
5 to 9	1 x Judge
10+	2 of which at least 1 must be a Judge, Starter or Referee

A District Club failing to provide STO in accordance with this scale shall be subject to a fine of **£50.00 per person**, for each session in which the required STO is not present. Members of the organising committee shall be counted for the purpose of meeting this requirement.

Minimum Age

The minimum age for entries is 11 yrs on 31st December 2016.

Awards

Medals will be awarded for 1st, 2nd and 3rd in Individual & Relay Events.
(Swimmers must achieve the Consideration Times to be eligible for an award.)

NOTICE on Presentations

**There will be formal Presentations of Medals for the 11/12 & 13/14 Yrs Age Groups.
There will be no formal Presentations of Medals for the 15/16 & 17/O Yrs Age Groups.
Announcements will be made of the successful swimmers in each race and medals /medallions will be available for collection during each Session.**

Heats and Finals

All Individual Events will have Heats and Finals.
Relay Events will be Heat Declared Winner.

Programme One free Programme for each competing Club.

Results One free set of Results for each competing Club.

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Consideration Time

101	11/12	G	50m Freestyle	H & F	00.40.00
102	11/12	B	50m Freestyle	H & F	00.50.00
103	13/14	G	50m Breaststroke	H & F	00.55.00
104	13/14	B	50m Breaststroke	H & F	00.55.00
105	15/16	G	50m Butterfly	H & F	00.55.00
106	15/16	B	50m Butterfly	H & F	00.55.00
107	17&O	G	50m Backstroke	H & F	00.50.00
108	17&O	B	50m Backstroke	H & F	00.50.00
109	11/12	G	100m Ind.Medley	H & F	01.50.00
110	15/16	B	100m Ind.Medley	H & F	01.50.00
121	11/12	B	4x50m Med. Relay	HDW	
122	13/14	G	4x50m F/S. Relay	HDW	
123	17&O	M	4x50m Med. Relay	HDW	
201	11/12	G	50m Backstroke	H & F	00.48.50
202	11/12	B	50m Backstroke	H & F	00.55.00
203	13/14	G	50m Freestyle	H & F	00.36.00
204	13/14	B	50m Freestyle	H & F	00.40.00
205	15/16	G	50m Breaststroke	H & F	00.55.00
206	15/16	B	50m Breaststroke	H & F	00.55.00
207	17&O	G	50m Butterfly	H & F	00.55.00
208	17&O	B	50m Butterfly	H & F	00.55.00
209	13/14	G	100m Ind Medley	H & F	01.50.00
210	17&O	B	100m Ind Medley	H & F	01.50.00
221	11/12	G	4x50m F/S. Relay	HDW	
222	13/14	B	4x50m Med Relay	HDW	
223	15/16	M	4x50m Med. Relay	HDW	
301	11/12	G	50m Butterfly	H & F	00.58.00
302	11/12	B	50m Butterfly	H & F	01.05.00
303	13/14	G	50m Backstroke	H & F	00.55.00
304	13/14	B	50m Backstroke	H & F	00.55.00
305	15/16	G	50m Freestyle	H & F	00.50.00
306	15/16	B	50m Freestyle	H & F	00.50.00
307	17&O	G	50m Breaststroke	H & F	00.55.00
308	17&O	B	50m Breaststroke	H & F	00.55.00
309	11/12	B	100m Ind.Medley	H & F	02.05.00
310	15/16	G	100m Ind.Medley	H & F	02.05.00
321	11/12	G	4x50m Med Relay	HDW	
322	13/14	B	4x50m F/S. Relay	HDW	
323	15/16	M	4x50m F/S. Relay	HDW	
401	11/12	G	50m Breaststroke	H & F	00.55.00
402	11/12	B	50m Breaststroke	H & F	01.05.00
403	13/14	G	50m Butterfly	H & F	00.55.00
404	13/14	B	50m Butterfly	H & F	00.55.00
405	15/16	G	50m Backstroke	H & F	00.55.00
406	15/16	B	50m Backstroke	H & F	00.55.00
407	17&O	G	50m Freestyle	H & F	00.55.00
408	17&O	B	50m Freestyle	H & F	00.55.00
409	13/14	B	100m Ind.Medley	H & F	01.45.00
410	17&O	G	100m Ind.Medley	H & F	01.45.00
421	11/12	B	4x50m F/S. Relay	HDW	
422	13/14	G	4x50m Med Relay	HDW	
423	17&O	M	4x50m F/S. Relay	HDW	

Events 123, 223, 323 and 423 are Mixed (2 x boys, 2 x girls)

2016 Information Sheet

Club:

Circle relevant Group	
<u>SC Sprints</u>	<u>SC Senior</u>
<u>SC Junior</u>	

<u>Entry Information</u>	No. of Individual Entries
No. of Individual Boys Entries	
No. of Individual Girls Entries	
No of Relay Entries	

Total No. of Individual Entries	_____	@ £6.00	Total: _____
Total No. of Relay Entries	_____	@ £10.00	Total: _____
No. of Coaches Meals (Saturday)	_____	@ £8.00	Total: _____
No. of Coaches Meals (Sunday)	_____	@ £8.00	Total: _____
Total			_____

Submitted by (print name): _____ Signed: _____

Position in Club: _____ Tel No: _____

Email address: _____

Postal Address: _____

