

## **WEST DISTRICT 2017 SHORT COURSE CHAMPIONSHIP - SENIOR AGE GROUP**

### **Dates and Venue**

**28<sup>th</sup> / 29<sup>th</sup> October**                      **Grangemouth Sports Centre**

Sessions:                                      10:00am and 2:30pm each day.

Warm Ups:                                    9:00am and 1:30pm each day.

### **Age Groups**

**14Yrs, 15Yrs & 16&O Yrs**

### **Competitors age will be their age on the 31<sup>st</sup> December**

This Championship is open to registered swimmers whose 1<sup>st</sup> Claim Club is affiliated to the West District of the Scottish Swimming.

There is a Consideration Time for each individual event.  
Entry to the Championship will be in accordance with the District Rules.

### **Entries**

Entries for this Meet require to be generated on the Hy-Tek Team Manager 4/5/6/7/8 or Lite programme. Hy-Tek Team Manager Lite is available via the internet at

[www.hy-tek ltd.com/downloads.html](http://www.hy-tek ltd.com/downloads.html)

For administration purposes, an Information Form must be submitted with the cheque.

### **PLEASE NOTE !!**

**Seeded Start Lists for ALL Sessions will be prepared prior to the Meet and Withdrawals will be accepted up to 6pm on Wednesday prior to Championships for exclusion from the Start Lists.**

**Withdrawals on "Withdrawal Forms" will be accepted, at the Recorder's Desk, up to 45 minutes before the start of each Session for the purposes of allocating Reserves.**

**Start Lists will be updated and may be re-seeded based on the Withdrawals on the day.**

**Start Lists will not be issued to Clubs, prior to the start of a Session, until all Withdrawals have been processed. The issue of Start Lists may extend into the early Events of the Session.**

**Unplaced Reserves will be allocated to available lanes during an Event after reporting to the Referee at the beginning of that Event.**

Further assistance available from John Deans (01698 825507) & john.deans@blueyonder.co.uk

All entries must be addressed to:

John Deans  
Entries Coordinator  
9 Tynron Court  
Hamilton  
ML3 8XD

**DO NOT SEND ENTRIES BY RECORDED DELIVERY**

### Entries

Entries equal to or faster than the Consideration Times for each Age Group will be accepted, in the ratios, 14yrs 25%, 15yrs 25%, 16yrs&O 50%, subject to available lanes, on the basis of providing a balance across the available Heats/Lanes per Event, dependant on the number of Heats.

If shortfall in 16&Oyrs, then available balance will be split across other age groups.

e.g. For a 6 heat Event: 9 x 14Yrs, 9 x 15Yrs and 18 x 16&OYrs would be accepted.

If only 14 x 16&OYrs swimmers were accepted, then 11 x 14Yrs and 11 x 15Yrs would be accepted etc.

Above figures would be pro-rated for Events with different number of Heats.

An Entry Time equal to or faster than the Event Consideration Time does not guarantee acceptance into the Event.

### Multi-Classification (MC)

Events are open to West District swimmers who have a recognised classification (IPC, BS, BBS, UKSA or INAS-FID). Swimmers must achieve the qualifying standards for their class in the MC events as per the supplementary MC conditions attached. The MC events will be integrated into the heats, seeded by absolute time. Please refer to the supplementary MC conditions for more information. MC swimmers can compete in the appropriate finals but there are no separate finals for MC competitors.

### Reserves

A total of up to 6 x Reserves, comprising of maximum of 2 x from each of 14yrs & 15yrs and 2 from 16&Oyrs where available, will be allocated to each Event. These Reserves will be allocated artificial times to accommodate placing in the Meet programme.

Reserves will be allocated to the Event on withdrawal of confirmed swimmers on an Age Group basis.

### Entry Fees

Individual Events      £6.00 each event

**Cheques payable to SASA West District,  
BACS available as per Entry Form**

### Closing Dates

Entries must be received by, the Entries Coordinator, by the following date:

\*\*\*\* Sunday 8<sup>th</sup> October \*\*\*\*

### Submitted Times

To be 25 metre times, conversions can be used, and need not be accredited.

### Fines

Under District Rules there is a standard £2.00 Fine for any individual competitor who has recorded a time, slower than 1 second, for each 100 metre (or part of 100 metre) outside the Consideration Time.

### **Technical Officials**

District clubs entering swimmers in any District Swimming Championships must provide Swimming Technical Officials for each session of the championships in accordance with agreed criteria. Full details are shown on the attached table.

A District Club failing to provide STO in accordance with this scale shall be subject to a fine of **£50.00 per person**, for each session in which the required STO is not present. Members of the organising committee shall be counted for the purpose of meeting this requirement.

### **Important Information**

The Meets have been designated JAG (Junior Age Group) and SAG (Senior Age Group). The use of Junior DOES NOT refer to the Scottish Swimming definition, under 17 on 31<sup>st</sup> December. JAG and SAG are only convenient terms to differentiate the age groups of the Championship.

### **NOTICE on Presentations**

Depending on the number of entries, there may be no formal Presentations of Medals during the Meet.

If no formal Presentations are scheduled, Announcements will be made of the successful swimmers in each race and medals /medallions will be available for collection during each Session.

### **Heats and Finals**

Short Course SAG Championship Events will be **Heat Declared** for 100 Fr, 100 Br, 100 Ba, 100 Fl.

The **fastest 6 swimmers from combined age groups** will swim in a **Super Final** for each of 100 Fr, 100 Br, 100 Ba, and 100 Fl events.

All other Events will be **Heat Declared**.

### **Heats and Super Finals will be Mixed Ages.**

### **Event Awards**

Medals will be awarded for 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> in each Heat Declared Event including all 100s Heat Declared .

The following cash prizes will be awarded for the **100s Super Finals**:

1 <sup>st</sup>	£25
2 <sup>nd</sup>	£15
3 <sup>rd</sup>	£10

**John A. Deans**  
**District Swimming Committee**

## **Multi-Classification (MC)**

These supplementary conditions apply in conjunction with the general conditions for the West District Age Group Championships.

The following events will be included in the heats where a swimmer meets the eligibility criteria and consideration standards for their classification:

- 100m Freestyle – S1-S13
- 200m Freestyle – S1-S5 & S14
- 400m Freestyle – S6-S13
- 100m Backstroke – S6-S14
- 100m Butterfly – S8-S13
- 100m Breaststroke – SB4-SB14
- 200m IM – SM5-SM14

### **Eligibility**

#### **Functional** (S1-S10, SB1-SB9, SM1-SM10)

- All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

#### **Visual** (S11-S13, SB11-SB13, SM11-SM13)

- All competitors must have an authorised British Blind Sport, IBSA or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

#### **Learning** (S14, SB14, SM14)

- All competitors must have an authorised UKSA, INAS-FID or IPC classification which is held on the British Swimming or IPC Swimming database at the time of entry.

### **General**

Consideration times must have been achieved since 1<sup>st</sup> October 2016 and may be achieved in either long or short course events. All swimmers qualifying will be integrated into the heats seeded by absolute time. The competition shall take place under the relevant IPC Swimming Rules.

Consideration times are detailed in the table below:

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## MC CONSIDERATION TIMES

<u>100m</u> <u>FREE</u>	<u>Girls</u>	<u>Boys</u>	<u>200m</u> <u>FREE</u>	<u>Girls</u>	<u>Boys</u>	<u>400m</u> <u>FREE</u>	<u>Girls</u>	<u>Boys</u>
S1	07:04.37	04:35.33	S1	11:15.63	08:43.43	S6	09:06.33	08:45.15
S2	05:48.69	04:12.18	S2	11:49.48	06:20.27	S7	09:09.39	08:17.28
S3	02:41.26	03:06.05	S3	06:00.37	05:45.27	S8	08:11.90	07:43.73
S4	02:47.57	02:26.28	S4	05:45.20	05:12.48	S9	08:02.22	07:24.35
S5	02:19.35	02:09.08	S5	04:51.33	04:33.11	S10	07:46.28	06:55.87
S6	02:06.53	01:52.56	S14	03:33.57	03:18.19	S11	09:10.39	07:57.79
S7	02:03.78	01:45.28				S12	08:42.99	07:10.32
S8	01:50.77	01:38.82				S13	07:59.23	07:05.85
S9	01:46.78	01:36.88						
S10	01:43.58	01:27.52						
S11	01:56.13	01:41.12						
S12	01:43.85	01:31.19						
S13	01:42.70	01:31.03						
<u>100m</u> <u>BACK</u>	<u>Girls</u>	<u>Boys</u>				<u>100m</u> <u>BREAST</u>	<u>Girls</u>	<u>Boys</u>
S1	07:37.83	04:10.66				SB4	03:14.65	02:43.83
S2	03:55.70	03:06.59				SB5	02:58.86	02:38.80
S6	02:26.32	02:07.13				SB6	02:45.10	02:20.64
S7	02:22.15	02:01.47				SB7	02:38.47	02:16.36
S8	02:12.80	01:49.96				SB8	02:17.02	02:05.05
S9	02:00.14	01:49.58				SB9	02:10.68	01:51.88
S10	01:57.18	01:40.93				SB11	02:25.30	02:03.90
S11	02:16.49	01:56.08				SB12	02:18.12	01:56.13
S12	02:02.35	01:43.55				SB13	02:09.59	01:53.41
S13	01:56.45	01:41.23				SB14	02:11.49	01:54.97
S14	01:52.76	01:45.72						
<u>100m</u> <u>FLY</u>	<u>Girls</u>	<u>Boys</u>	<u>200m</u> <u>IM</u>	<u>Girls</u>	<u>Boys</u>			
S8	01:59.90	01:43.73	SM5	06:09.95	06:04.72			
S9	01:57.66	01:41.75	SM6	05:12.34	04:34.36			
S10	01:54.72	01:36.05	SM7	05:11.09	04:26.34			
S11	02:20.74	01:47.75	SM8	04:39.26	04:00.02			
S12	01:58.93	01:38.68	SM9	04:25.64	03:54.12			
S13	01:50.36	01:37.34	SM10	04:16.60	03:41.82			
			SM11	04:52.37	04:11.29			
			SM12	04:40.74	03:49.69			
			SM13	04:09.20	03:51.69			
			SM14	04:09.03	03:45.90			

## WEST DISTRICT 2017 SHORT COURSE CHAMPIONSHIP - SENIOR AGE GROUP

### Consideration Time

<b>101</b>	<b>Female</b>	<b>800 Free</b>		
101A	Female 14Yrs	800 Free	HDW	11.15.00
101B	Female 15Yrs	800 Free	HDW	11.00.00
101C	Female 16&O Yrs	800 Free	HDW	10.45.00
<b>102</b>	<b>Male</b>	<b>400 IM</b>		
102A	Male 14Yrs	400 IM	HDW	06.00.00
102B	Male 15Yrs	400 IM	HDW	05.50.00
102C	Male 16&O Yrs	400 IM	HDW	05.40.00
<b>103</b>	<b>Female</b>	<b>200 Backstroke</b>		
103A	Female 14Yrs	200 Backstroke	HDW	02.55.00
103B	Female 15Yrs	200 Backstroke	HDW	02.55.00
103C	Female 16&O Yrs	200 Backstroke	HDW	02.54.00
<b>104</b>	<b>Male</b>	<b>100 Free</b>		
104A	Male 14Yrs	100 Free	HDW&SF	01.04.00
104B	Male 15Yrs	100 Free	HDW&SF	01.04.00
104C	Male 16&O Yrs	100 Free	HDW&SF	00.59.00
<b>105</b>	<b>Female</b>	<b>100 Breast</b>		
105A	Female 14Yrs	100 Breast	HDW&SF	01.28.00
105B	Female 15Yrs	100 Breast	HDW&SF	01.28.00
105C	Female 16&O Yrs	100 Breast	HDW&SF	01.30.00
<b>106</b>	<b>Male</b>	<b>200 Breast</b>		
106A	Male 14Yrs	200 Breast	HDW	03.10.00
106B	Male 15Yrs	200 Breast	HDW	03.05.00
106C	Male 16&O Yrs	200 Breast	HDW	02.55.00

### Consideration Time

<b>201</b>	<b>Female</b>	<b>200 IM</b>		
201A	Female 14Yrs	200 IM	H&F	02.46.00
201B	Female 15Yrs	200 IM	H&F	02.46.00
201C	Female 16&O Yrs	200 IM	H&F	02.50.00
<b>202</b>	<b>Male</b>	<b>100 Backstroke</b>		
202A	Male 14Yrs	100 Backstroke	HDW&SF	01.15.00
202B	Male 15Yrs	100 Backstroke	HDW&SF	01.13.00
202C	Male 16&O Yrs	100 Backstroke	HDW&SF	01.12.00
<b>203</b>	<b>Female</b>	<b>100 Butterfly</b>		
203A	Female 14Yrs	100 Butterfly	HDW&SF	01.22.00
203B	Female 15Yrs	100 Butterfly	HDW&SF	01.22.00
203C	Female 16&O Yrs	100 Butterfly	HDW&SF	01.24.00
<b>204</b>	<b>Male</b>	<b>400 Free</b>		
204A	Male 14Yrs	400 Free	HDW	04.50.00
204B	Male 15Yrs	400 Free	HDW	04.50.00
204C	Male 16&O Yrs	400 Free	HDW	04.48.00
<b>205</b>	<b>Female</b>	<b>200 Freestyle</b>		
205A	Female 14Yrs	200 Freestyle	HDW	02.28.00
205B	Female 15Yrs	200 Freestyle	HDW	02.30.00
205C	Female 16&O Yrs	200 Freestyle	HDW	02.30.00
<b>206</b>	<b>Male</b>	<b>200 Butterfly</b>		
206A	Male 14Yrs	200 Butterfly	HDW	03.10.00
206B	Male 15Yrs	200 Butterfly	HDW	03.00.00
206C	Male 16&O Yrs	200 Butterfly	HDW	03.00.00

## Consideration Time

<b>301</b>	<b>Male</b>	<b>1500 Free</b>		
301A	Male 14Yrs	1500 Free	HDW	21.00.00
301B	Male 15Yrs	1500 Free	HDW	20.30.00
301C	Male 16&O Yrs	1500 Free	HDW	20.00.00
<b>302</b>	<b>Female</b>	<b>400 IM</b>		
302A	Female 14Yrs	400 IM	HDW	06.10.00
302B	Female 15Yrs	400 IM	HDW	06.00.00
302C	Female 16&O Yrs	400 IM	HDW	06.00.00
<b>303</b>	<b>Male</b>	<b>100 Breaststroke</b>		
303A	Male 14Yrs	100 Breaststroke	HDW&SF	01.26.00
303B	Male 15Yrs	100 Breaststroke	HDW&SF	01.24.00
303C	Male 16&O Yrs	100 Breaststroke	HDW&SF	01.24.00
<b>304</b>	<b>Female</b>	<b>100 Freestyle</b>		
304A	Female 14Yrs	100 Freestyle	HDW&SF	01.07.00
304B	Female 15Yrs	100 Freestyle	HDW&SF	01.09.00
304C	Female 16&O Yrs	100 Freestyle	HDW&SF	01.08.00
<b>305</b>	<b>Male</b>	<b>200 Back</b>		
305A	Male 14Yrs	200 Back	HDW	02.53.00
305B	Male 15Yrs	200 Back	HDW	02.40.00
305C	Male 16&O Yrs	200 Back	HDW	02.48.00

## Consideration Time

<b>401</b>	<b>Female</b>	<b>200 Breast</b>		
401A	Female 14Yrs	200 Breast	HDW	03.15.00
401B	Female 15Yrs	200 Breast	HDW	03.15.00
401C	Female 16&O Yrs	200 Breast	HDW	03.15.00
<b>402</b>	<b>Male</b>	<b>200 IM</b>		
402A	Male 14Yrs	200 IM	H&F	02.40.00
402B	Male 15Yrs	200 IM	H&F	02.40.00
402C	Male 16&O Yrs	200 IM	H&F	02.35.00
<b>403</b>	<b>Female</b>	<b>100 Back</b>		
403A	Female 14Yrs	100 Back	HDW&SF	01.18.00
403B	Female 15Yrs	100 Back	HDW&SF	01.19.00
403C	Female 16&O Yrs	100 Back	HDW&SF	01.19.00
<b>404</b>	<b>Male</b>	<b>100 Butterfly</b>		
404A	Male 14Yrs	100 Butterfly	HDW&SF	01.15.00
404B	Male 15Yrs	100 Butterfly	HDW&SF	01.13.00
404C	Male 16&O Yrs	100 Butterfly	HDW&SF	01.10.00
<b>405</b>	<b>Female</b>	<b>400 Freestyle</b>		
405A	Female 14Yrs	400 Freestyle	HDW	05.18.00
405B	Female 15Yrs	400 Freestyle	HDW	05.15.00
405C	Female 16&O Yrs	400 Freestyle	HDW	05.10.00
<b>406</b>	<b>Male</b>	<b>200 Freestyle</b>		
406A	Male 14Yrs	200 Freestyle	HDW	02.25.00
406B	Male 15Yrs	200 Freestyle	HDW	02.20.00
406C	Male 16&O Yrs	200 Freestyle	HDW	02.15.00
<b>407</b>	<b>Female</b>	<b>200 Butterfly</b>		
407A	Female 14Yrs	200 Butterfly	HDW	03.20.00
407B	Female 15Yrs	200 Butterfly	HDW	03.15.00
407C	Female 16&O Yrs	200 Butterfly	HDW	03.15.00

# West District SC Senior Age Group Championships

Grangemouth Sports Centre: 28<sup>th</sup> / 29<sup>th</sup> Oct 2017

## Summary Entry Form

**\*\* This form must be completed and returned with any entries. \*\***

Club Name: .....

Contact Name: .....

Address: .....

Post Code: .....

Telephone: .....

Email: .....

Total Female Entries: ..... @ £6.00 each: = £.....

Total Male Entries: ..... @ £6.00 each: = £.....

~~Total Relay Entries: ..... @ £0.00 each: = £.....~~

Coaches Meals: ..... @ £10.00 each/Sat: = £.....

Coaches Meals: ..... @ £10.00 each/Sun: = £.....

Total Amount Enclosed: = £.....

Signed: .....

Position in club: .....

Cheques payable to: **S.A.S.A. West District**

BACS Transfer: **Bank of Scotland**  
**Account No: 00827834**  
**Sort Code: 80-06-64**

\*\*\*Submit proof of transfer with this form\*\*\*

Return this form along with entries **no later than Sun 8<sup>th</sup> Oct 2017** to:

**John Deans**  
**9 Tynron Court**  
**Hamilton**  
**ML3 8XD**

No of Swimmers per Session	STOs Required by Club at District Championship/Meet
2 to 4	1 x Timekeeper or above
5 to 8	2 x TOs as follows: 1 x J1 or above Balance can be TKs
9 to 12	3 x TOs as follows: 1 x J1 or above 1 x J2 or above Balance can be TKs
13 to 16	4 x TOs as follows: 1 x J1 or above 1 x J2 or above Balance can be TKs
17 to 20	5 x TOs as follows: 2 x J1 or above 1 x J2 or above Balance can be TKs
21 - 24	6 x TOs as follows: 3 x J1 or above 1 x J2 or above 1 x J2S or above Balance can be TKs
25+	7 x TOs as follows: 3 x J1 or above 1 x J2 or above 1 x J2S or above Balance can be TKs
<p><b>Fines:</b> A District Club failing to provide STOs in accordance with this scale shall be subject to a fine of <b>£50.00 per STO, for each session</b> in which the required STO is not present.</p>	
<p>Currently there is a "grace period" of no fines to allow Clubs to get people trained. While people are being trained, PROVIDED they go on poolside, they will count for the position for which they are being trained. This will be reviewed on a regular basis.</p>	
<p>For further information, please contact STO Convenor, Jean King stoconvenor@scotswimwest.co.uk</p>	