



### **Entries**

Entries equal to or faster than the Consideration Times for each Age Group will be accepted, subject to available lanes, on the basis of providing a balance across the available Heats/Lanes per Event, dependant on the number of Heats.

The Meet Entries will be processed using the 6 age bands (11,12,13,14,15,16+) to ensure an even spread but swum all ages combined.

An Entry Time equal to or faster than the Event Consideration Time does not guarantee acceptance into the Event.

### **Reserves**

Reserves, comprising of maximum of 2 x from each Age Group where available, will be allocated to each Event. These Reserves will be allocated artificial times to accommodate placing in the Meet programme.

Reserves will be allocated to the Event on withdrawal of confirmed swimmers on an Age Group basis.

### **Multi-Classification (MC)**

Events are open to West District swimmers who have a recognised classification (IPC, BS, BBS, UKSA or INAS-FID). Swimmers must achieve the qualifying standards for their class in the MC events as per the supplementary MC conditions attached. The MC events will be integrated into the heats, seeded by absolute time. Please refer to the supplementary MC conditions for more information. MC swimmers can compete in the appropriate finals but there are no separate finals for MC competitors.

### **Entry Fees**

Individual Events	£6.00 each event	<b>Cheques payable to SASA West District BACS available as per Entry Form</b>
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### **Closing Dates**

Entries must be received by, the Entries Coordinator, by the following date:

**Round 2**

\*\*\*\* **Wednesday 24<sup>th</sup> January** \*\*\*\*

### **Submitted Times**

To be 50 metre times, conversions can be used, and need not be accredited.

### **Fines**

Under District Rules there is a standard £2.00 Fine for any individual competitor who has recorded a time, slower than 1 second, for each 100 metre (or part of 100 metre) outside the Consideration Time.

### **Technical Officials**

District clubs entering swimmers in any District Swimming Championships must provide Swimming Technical Officials for each session of the championships in accordance with the following scale:

### **Technical Officials**

District clubs entering swimmers in any District Swimming Championships/Meets must provide Swimming Technical Officials for each session of the Championships/Meets in accordance with agreed criteria.

Full details are shown the attached Appendix 1.

A District Club failing to provide STO in accordance with this scale shall be subject to a fine of **£50.00 per person**, for each session in which the required STO is not present. Members of the organising committee shall be counted for the purpose of meeting this requirement.

### **Event Awards**

Medals will be awarded for 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> in each event.

### **NOTICE on Presentations**

**No formal Presentations are scheduled.**

**Announcements will be made of the successful swimmers in each race and medals will be available for collection during each Session.**

### **Heats and Finals**

**Heats and Finals** for 50m events

All other Events will be **Heat Declared**.

**Heats will be Mixed Ages, Finals will be Age Groups.**

**John A. Deans  
District Swimming Committee**

### **6 Day Programme:**

## **2018 West District LC Age Group Meet (Day 1/2) & Championships (Days 3/4 & 5/6)**

<b>Day 5 - Saturday 17th February 2018</b>					<b>Day 6 - Sunday 18th February 2018</b>				
<b>Session 1 ~ Warm-up: 08:30 Start: 09:30 Finish: 12:30</b>					<b>Session 3 ~ Warm-up: 08:30 Start: 09:30 Finish: 12:30</b>				
101	Boys All Ages (6)	200m	Freestyle	HDW	301	Girls All Ages (6)	200m	Backstroke	HDW
102	Girls All Ages (6)	50m	Breaststroke	Heats	302	Boys All Ages (6)	50m	Butterfly	Heats
103	Boys All Ages (6)	50m	Breaststroke	Heats	303	Girls All Ages (6)	50m	Butterfly	Heats
104	Girls All Ages (6)	200m	Freestyle	HDW	304	Boys All Ages (6)	200m	Backstroke	HDW
105	Boys 12 & 13 yrs	1500m	Freestyle	HDW	305	Girls 12 & 13 yrs	800m	Freestyle	HDW
106	Girls 11	50m	Breaststroke	FINAL	306	Boys 11	50m	Butterfly	FINAL
107	Girls 12	50m	Breaststroke	FINAL	307	Boys 12	50m	Butterfly	FINAL
108	Girls 13	50m	Breaststroke	FINAL	308	Boys 13	50m	Butterfly	FINAL
109	Girls 14	50m	Breaststroke	FINAL	309	Boys 14	50m	Butterfly	FINAL
110	Girls 15	50m	Breaststroke	FINAL	310	Boys 15	50m	Butterfly	FINAL
111	Girls 16+	50m	Breaststroke	FINAL	311	Boys 16+	50m	Butterfly	FINAL
112	Boys 11	50m	Breaststroke	FINAL	312	Girls 11	50m	Butterfly	FINAL
113	Boys 12	50m	Breaststroke	FINAL	313	Girls 12	50m	Butterfly	FINAL
114	Boys 13	50m	Breaststroke	FINAL	314	Girls 13	50m	Butterfly	FINAL
115	Boys 14	50m	Breaststroke	FINAL	315	Girls 14	50m	Butterfly	FINAL
116	Boys 15	50m	Breaststroke	FINAL	316	Girls 15	50m	Butterfly	FINAL
117	Boys 16+	50m	Breaststroke	FINAL	317	Girls 16+	50m	Butterfly	FINAL
<b>Session 2 ~ Warm-up: 13:00 Start: 14:00 Finish: 17:00</b>					<b>Session 4 ~ Warm-up: 13:00 Start: 14:00 Finish: 17:00</b>				
201	Girls All Ages (6)	200m	Breaststroke	HDW	401	Boys All Ages (6)	200m	I.M.	HDW
202	Boys All Ages (6)	50m	Backstroke	Heats	402	Girls All Ages (6)	200m	I.M.	HDW
203	Girls All Ages (6)	50m	Backstroke	Heats	403	Boys All Ages (6)	50m	Freestyle	Heats
204	Boys All Ages (6)	200m	Breaststroke	HDW	404	Girls All Ages (6)	50m	Freestyle	Heats
205	Girls 14, 15 & 16+ yrs	800m	Freestyle	HDW	405	Boys 14, 15 & 16+ yrs	1500m	Freestyle	HDW
206	Boys 11	50m	Backstroke	FINAL	406	Girls 11	50m	Freestyle	FINAL
207	Boys 12	50m	Backstroke	FINAL	407	Girls 12	50m	Freestyle	FINAL
208	Boys 13	50m	Backstroke	FINAL	408	Girls 13	50m	Freestyle	FINAL
209	Boys 14	50m	Backstroke	FINAL	409	Girls 14	50m	Freestyle	FINAL
210	Boys 15	50m	Backstroke	FINAL	410	Girls 15	50m	Freestyle	FINAL
211	Boys 16+	50m	Backstroke	FINAL	411	Girls 16+	50m	Freestyle	FINAL
212	Girls 11	50m	Backstroke	FINAL	412	Boys 11	50m	Freestyle	FINAL
213	Girls 12	50m	Backstroke	FINAL	413	Boys 12	50m	Freestyle	FINAL
214	Girls 13	50m	Backstroke	FINAL	414	Boys 13	50m	Freestyle	FINAL
215	Girls 14	50m	Backstroke	FINAL	415	Boys 14	50m	Freestyle	FINAL
216	Girls 15	50m	Backstroke	FINAL	416	Boys 15	50m	Freestyle	FINAL
217	Girls 16+	50m	Backstroke	FINAL	417	Boys 16+	50m	Freestyle	FINAL

**Consideration Times 2018 - Rounds 1 & 2**  
**To be LC times, can be converted from SC**

Girls						Events	Boys					
16+	15	14	13	12	11		11	12	13	14	15	16+
31.10	32.10	32.90	34.30	36.10	38.20	50 Freestyle	39.20	35.50	32.90	31.90	30.50	29.30
1.06.90	1.08.10	1.10.20	1.15.10	1.17.80	1.24.60	100 Freestyle	1.30.50	1.22.40	1.17.50	1.09.50	1.06.40	1.04.50
2.28.60	2.31.20	2.35.00	2.43.00	2.48.40	3.02.50	200 Freestyle	3.24.50	3.07.10	2.46.50	2.34.80	2.27.50	2.14.00
5.15.60	5.20.10	5.40.30	5.56.10	6.30.00	7.15.00	400 Freestyle	7.20.00	6.45.50	5.55.00	5.45.60	5.23.70	5.08.30
10.30.00	10.45.00	11.30.00	12.00.00	12.30.00		800 Freestyle						
						1500 Freestyle		22.30.00	21.45.00	21.00.00	20.15.00	20.00.00
35.80	37.50	38.20	39.20	40.70	44.50	50 Backstroke	45.60	43.90	40.10	39.10	36.70	35.40
1.16.90	1.18.80	1.21.60	1.25.30	1.30.10	1.38.50	100 Backstroke	1.44.90	1.36.40	1.29.30	1.21.30	1.17.10	1.16.00
2.53.20	2.57.30	3.03.70	3.06.50	3.11.20	3.36.40	200 Backstroke	3.48.10	3.23.40	3.05.70	3.02.50	2.57.40	2.40.00
40.10	41.80	43.90	44.50	45.50	50.90	50 Breaststroke	53.50	48.50	45.20	44.60	42.80	40.90
1.28.00	1.30.20	1.34.60	1.39.50	1.42.70	1.52.50	100 Breaststroke	2.04.80	1.48.20	1.47.60	1.34.20	1.29.50	1.26.80
3.11.30	3.19.10	3.23.70	3.28.80	3.44.70	4.02.60	200 Breaststroke	4.20.00	4.00.00	3.41.30	3.30.50	3.10.20	3.05.60
35.90	36.40	37.00	37.60	40.10	44.90	50 Butterfly	46.90	42.50	39.50	39.20	37.10	33.00
1.17.00	1.19.30	1.22.50	1.29.30	1.37.60	1.58.00	100 Butterfly	2.15.00	1.55.40	1.48.20	1.24.50	1.19.30	1.16.70
3.05.00	3.15.00	3.30.00	3.45.00	4.00.00	4.05.00	200 Butterfly	4.15.00	4.00.00	3.45.00	3.40.00	3.10.00	3.00.00
2.50.90	2.55.10	3.02.50	3.05.00	3.13.60	3.38.70	200 IM	4.02.50	3.25.60	3.15.60	3.05.70	2.55.70	2.35.00
5.55.00	6.10.00	6.40.00	7.00.00	7.20.00		400 IM		7.30.00	7.00.00	6.30.00	6.00.00	5.45.00

## **Multi-Classification (MC)**

These supplementary conditions apply in conjunction with the general conditions for the West District Age Group Championships.

The following events will be included in the heats where a swimmer meets the eligibility criteria and consideration standards for their classification:

- 50m Freestyle – S1-S14
- 100m Freestyle – S1-S14
- 200m Freestyle – S1-S5 & S14
- 400m Freestyle – S6-S14
- 50m Backstroke – S1-S5
- 100m Backstroke – S1-S14
- 50m Butterfly – S1-S7
- 100m Butterfly – S8-S14
- 50m Breaststroke – SB1-SB3
- 100m Breaststroke – SB4-SB14
- 200m IM – SM5-SM14

### **Eligibility**

Functional (S1-S10, SB1-SB9, SM1-SM10)

• All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Visual (S11-S13, SB11-SB13, SM11-SM13)

• All competitors must have an authorised British Blind Sport, IBSA or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Learning (S14, SB14, SM14)

• All competitors must have an authorised UKSA, INAS-FID or IPC classification which is held on the British Swimming or IPC Swimming database at the time of entry.

### **General**

Consideration times must have been achieved since 1<sup>st</sup> December 2016 and may be achieved in either long or short course events. All swimmers qualifying will be integrated into the heats seeded by absolute time. The competition shall take place under the relevant IPC Swimming Rules.

Consideration times are detailed in the table below:

## 2018 MC CONSIDERATION TIMES

<u>50m</u> <u>FREE</u>	<u>Girls</u>	<u>Boys</u>	<u>100m</u> <u>FREE</u>	<u>Girls</u>	<u>Boys</u>	<u>200m</u> <u>FREE</u>	<u>Girls</u>	<u>Boys</u>	<u>400m</u> <u>FREE</u>	<u>Girls</u>	<u>Boys</u>
S1	02:22.99	02:28.24	S1	07:04.37	05:39.81	S1	11:15.63	08:43.43	S6	09:46.57	09:18.08
S2	02:01.41	01:50.55	S2	05:48.69	04:26.71	S2	11:49.48	08:49.06	S7	09:37.88	08:18.95
S3	01:21.01	01:23.88	S3	03:19.80	03:23.44	S3	06:04.55	06:14.09	S8	08:27.06	07:55.56
S4	01:10.09	01:10.67	S4	02:30.45	02:32.83	S4	05:51.07	05:29.32	S9	08:14.80	07:26.73
S5	01:06.28	00:59.86	S5	02:52.14	02:15.41	S5	06:09.07	04:54.17	S10	08:00.39	07:09.76
S6	01:01.51	00:54.18	S6	02:11.09	01:58.22	S14	03:44.88	03:22.72	S11	09:42.51	08:30.29
S7	00:57.70	00:49.39	S7	02:07.84	01:50.64				S12	09:03.69	08:11.06
S8	00:53.09	00:47.53	S8	01:54.22	01:44.02				S13	08:05.04	07:17.31
S9	00:50.12	00:44.22	S9	01:48.32	01:37.33				S14	08:14.22	07:15.95
S10	00:48.48	00:41.19	S10	01:44.97	01:29.40						
S11	00:53.16	00:46.38	S11	02:01.24	01:44.33						
S12	00:49.44	00:42.41	S12	01:47.24	01:34.49						
S13	00:48.01	00:42.06	S13	01:45.03	01:31.32						
S14	00:48.52	00:43.18	S14	01:45.76	01:32.33						
<u>50m</u> <u>BACK</u>	<u>Girls</u>	<u>Boys</u>	<u>100m</u> <u>BACK</u>	<u>Girls</u>	<u>Boys</u>	<u>50m</u> <u>BREAST</u>	<u>Girls</u>	<u>Boys</u>	<u>100m</u> <u>BREAST</u>	<u>Girls</u>	<u>Boys</u>
S1	03:51.05	02:30.94	S1	07:37.83	05:16.73	SB1	03:50.89	03:02.63	SB4	03:30.95	03:07.02
S2	02:33.34	01:45.66	S2	06:04.80	03:49.60	SB2	04:44.63	01:45.03	SB5	03:13.49	02:45.51
S3	01:37.21	01:26.29	S6	02:41.92	02:18.24	SB3	01:46.59	01:22.31	SB6	03:00.35	02:27.25
S4	01:43.94	01:20.99	S7	02:31.84	02:06.56				SB7	02:43.59	02:20.59
S5	01:21.28	01:09.26	S8	02:14.72	01:57.10				SB8	02:23.26	02:05.95
			S9	02:00.63	01:52.54				SB9	02:13.62	02:00.70
			S10	02:01.19	01:45.47				SB11	02:43.78	02:24.52
			S11	02:23.75	02:13.35				SB12	02:19.32	02:04.03
			S12	02:07.33	01:46.85				SB13	02:14.42	01:58.54
			S13	01:57.27	01:47.34				SB14	02:12.09	01:56.11
			S14	01:57.38	01:48.39						
<u>50m</u> <u>FLY</u>	<u>Girls</u>	<u>Boys</u>	<u>100m</u> <u>FLY</u>	<u>Girls</u>	<u>Boys</u>	<u>200m</u> <u>IM</u>	<u>Girls</u>	<u>Boys</u>			
S1	05:00.00	05:00.00	S8	02:15.74	01:51.08	SM5	06:39.21	07:00.27			
S2	03:57.64	04:05.11	S9	01:58.32	01:45.91	SM6	05:28.22	05:06.36			
S3	02:35.87	02:23.11	S10	01:58.76	01:40.15	SM7	05:17.83	04:41.50			
S4	01:29.66	01:32.05	S11	02:47.59	01:56.60	SM8	04:39.02	04:19.56			
S5	01:24.37	01:06.64	S12	02:22.85	01:40.66	SM9	04:32.46	03:59.70			
S6	01:10.24	00:57.51	S13	01:51.37	01:39.76	SM10	04:24.18	03:48.80			
S7	01:03.09	00:53.81	S14	01:55.70	01:40.27	SM11	05:19.04	04:26.44			
						SM12	04:59.64	04:06.75			
						SM13	04:09.25	03:57.66			
						SM14	04:12.57	03:50.23			

# West District LC Age Group Meet

Tollcross - Glasgow: 17<sup>th</sup> / 18<sup>th</sup> Feb 2018

## Summary Entry Form

**\*\* This form must be completed and returned with any entries. \*\***

Club Name: .....

Contact Name: .....

Address: .....

Post Code: .....

Telephone: .....

Email: .....

Total Female Entries: ..... @ £6.00 each: = £.....

Total Male Entries: ..... @ £6.00 each: = £.....

~~Total Relay Entries: ..... @ £0.00 each: = £.....~~

Coaches Meals: ..... @ £10.00 each/Sat: = £.....

Coaches Meals: ..... @ £10.00 each/Sun: = £.....

Total Amount Enclosed: = £.....

Signed: .....

Position in club: .....

Cheques payable to: **S.A.S.A. West District**

BACS Transfer: **Bank of Scotland**  
**Account No: 00827834**  
**Sort Code: 80-06-64**

\*\*\*Submit proof of transfer with this form\*\*\*

Return this form along with entries **no later than Wed 24<sup>th</sup> Jan 2018** to:

**John Deans**  
**9 Tynron Court**  
**Hamilton**  
**ML3 8XD**

Email: [john.deans@blueyonder.co.uk](mailto:john.deans@blueyonder.co.uk)



## Appendix 1

No of Swimmers per Session	STOs Required by Club at District Championship/Meet
2 to 4	1 x Timekeeper or above
5 to 8	2 x TOs as follows: 1 x J1 or above Balance can be TKs
9 to 12	3 x TOs as follows: 1 x J1 or above 1 x J2 or above Balance can be TKs
13 to 16	4 x TOs as follows: 1 x J1 or above 1 x J2 or above Balance can be TKs
17 to 20	5 x TOs as follows: 2 x J1 or above 1 x J2 or above Balance can be TKs
21 - 24	6 x TOs as follows: 3 x J1 or above 1 x J2 or above 1 x J2S or above Balance can be TKs
25+	7 x TOs as follows: 3 x J1 or above 1 x J2 or above 1 x J2S or above Balance can be TKs
<p><b>Fines:</b> A District Club failing to provide STOs in accordance with this scale shall be subject to a fine of <b>£50.00 per STO, for each session</b> in which the required STO is not present.</p>	
<p>Currently there is a "grace period" of no fines to allow Clubs to get people trained. While people are being trained, PROVIDED they go on poolside, they will count for the position for which they are being trained. This will be reviewed on a regular basis.</p>	
<p>For further information, please contact STO Convenor, Jean King <a href="mailto:stoconvenor@scotswimwest.co.uk">stoconvenor@scotswimwest.co.uk</a></p>	