



Scottish Swimming

West District

Swimming Regulations (Issue 2 – June 2017)

Consisting of

Issue 1 – April 2008 (amended 2017 for references)

Issue 2 – June 2017 – WRSW4.2 amended for STO requirements (naming altered from WCH to WRSW)

West District Swimming Regulations
Scottish Amateur Swimming Association
West District Swimming Regulations
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Swimming Championships Regulations

WRSW1.0 GENERAL

- WRSW1.1 The provisions of SASA Regulations SW3.0.1 and SW3.0.2 shall apply.
- WRSW1.2 Entry to the Age Group Championships (Groups 1-3) and the Long Course Open Championship (Group 5) is restricted to members of Clubs affiliated to the District in accordance to SASA Constitution Section C9.1.2.4, subject to the following criteria:
 - (a) Where the 1st Claim Club of which the swimmer is a member is affiliated to the SASA West District.
 - (b) The Swimming & Championships Committee will consider requests for entries that do not meet condition (a) above. Requests must be submitted, in writing, to the Swimming & Championships Convenor at least 4 weeks before the published Closing Date for entries for Groups 1-3 and 5.
- WRSW1.3 The following Championships shall be open to any swimmer registered with their National Association. Sprints and Relay Championships (Group 4) and Short Course Age Group Open Championships (Group 6).
- WRSW1.4 The Championships mentioned in WRSW1.2 and WRSW1.3 shall be held annually.
- WRSW1.5 The cost of entry fees and the amount of fines shall be decided at a General Meeting.
- WRSW1.6 The number of heats in any event, shall be at the discretion of the Swimming & Championship Committee, but shall (except in events of 400 metres and over) generally not be less than three, providing the number of entries permit.
- WRSW1.7 There will be no “time only” swims in District Championships. Any club placing a swimmer in an empty lane for a “time only” swim shall be fined for each offence.
- WRSW1.8 A fine shall be incurred by a swimmer at the Championships mentioned in WRSW1.2. The fine shall be applied for each second or part thereof in every 100 metres by which the consideration time is exceeded in all cases where the swim exceeds the consideration time.

WRSW2.0 AGE GROUP CHAMPIONSHIPS

- WRSW2.1 The events shall be swam both Short Course (25 metre pool) and Long Course (50 metre pool)
- WRSW2.2 All details of Events Entry Times and awards will be published in the Meet Information Pack.

WRSW3.0 OPEN CHAMPIONSHIPS

- WRSW3.1 All details of Events Entry Times and awards will be published in the Meet Information Pack.

WRSW4.0 SWIMMING TECHNICAL OFFICIALS (STO)

- WRSW4.1 All STO’s officiating at District Swimming Championships shall be appointed in accordance with SASA Swimming Regulations.
- WRSW4.2 District clubs entering swimmers in any District Swimming Championships must provide STO’s for each session of the Championships in accordance with the following scale:

Total number of Club swimmers per session in the Championships	Number of STO’s per session
1	None
2 to 4	1 Timekeeper
5 to 8	2 Officials, 1 must be J1 or above.
9 to 12	3 Officials, 1 must be J1 or above and 1 must be J2 or above
13 to 16	4 Officials, 1 must be J1 or above and 1 must be J2 or above
17 to 20	5 Officials, 2 must be J1 or above 1 must be J2 or above
21 to 24	6 Officials, 3 must be J1 or above, 1 must be J2 or above and 1 must be J2S.
25+	7 Officials, 3 must be J1 or above, 2 must be J2 or above and 1 must be J2S.

- WRSW4.3 A District Club failing to provide STO in accordance with the scale set out in WRSW4.2 shall be subject to a fine for each session in which the required STO is not present. The amount of the fine will be agreed at the AGM. For the purpose of meeting the requirement set out in WRSW4.2, members of the organising committee shall be counted.
- WRSW4.4 The number of Technical Officials attending from participating Clubs shall be notified to the Swimming Championships Convenor by the STO Convenor for the purposes of collecting fines imposed in accordance with WRSW4.3

WRSW5.0 TROPHIES

WRSW5.1 See WDC12.1, WDC12.2 and WDC12.3

WRSW5.2 Other trophies are as follows:

Senior Men

James Arthur	100 metres Freestyle
McFarlane	200 metres Freestyle
John W. Steven	400 metres Freestyle
Ogilvie Mathieson	800 metres Freestyle
John Stewart	200 metres Breaststroke
Lindhurst Cup	4x50 metres Freestyle Relay

Senior Women

Lady Pettigrew	100 metres Freestyle
Thistle Trophy	400 metres Freestyle
Ron Smith Trophy	800 metres Freestyle
M. Tindall Trophy	100 metres Butterfly
Linthouse Ladies	100 metres Backstroke
Norman Beattie	200 metres Individual Medley

Junior Men

Lord Weir Cup	50 metres Freestyle
David McCowan	100 metres Freestyle
McLaughlin Trophy	100 metres Butterfly
President '80'	100 metres Backstroke
The Brunton Trophy	100 metres Breaststroke
John Richmond Trophy	200 metres Individual Medley
The Victory Shield	4x50 metres Freestyle Relay

Junior Women

John Carson	50 metres Freestyle
Phillips Trophy	100 metres Freestyle
Hugh C. Dobbie Trophy	100 metres Butterfly
Absolom Trophy	100 metres Backstroke
Hamilton Cup	100 metres Breaststroke
John Richmond Trophy	200 metres Individual Medley
Grace Leiper Shield	4x50 metres Freestyle Relay

Age Groups

Douglas McIntyre Memorial	11 years and under boys 4x50 metres Freestyle Relay
The Ayr Trophy	11 years boys 100 metres Backstroke
Centenary Trophy	15/16 years boys 200 metres Individual Medley
Drummond Cup	17/18 years boys 400 metres Individual Medley
Finnie Sports	11 years girls 100 metres Backstroke
Centenary Trophy	15/16 years girls 200 metres Individual

WRSW6.0 INTER CLUB MEET

- WRSW6.1 A non – Championship Meet held in last quarter of year between Clubs invited by District Swimming and Championships Committee based on Mary Black Points from Groups 1 thru 5.
All as detailed on a year by year basis in Meet Information Pack.