

North Ayrshire Junior Meet – under S A S A Rules
Licence Number: WD/L2/002/0519

Date:	4/5 May 2019
Venue:	Auchenharvie Leisure Centre
Pool:	6 lane 25m pool, anti-wave lane ropes, full electronic timing with scoreboard, limited spectator seating.
Age:	On last day of meet
Age Groups:	8/9 years, 50m and 200m all strokes and 100 IM 10 years, 50m and 200m all strokes and 200 IM 11 years, 100m and 200m all strokes and 200 IM 12 years, 100m and 200m all strokes and 200 IM 13 years, 100m and 200m all strokes and 200 IM 14 years, 100m and 200m all strokes and 200 IM 8 to 14 years Open 400 Freestyle and 400 IM Swimmers can enter all events in their own age group and Open events. Number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest. Entries will be accepted on time basis.
Closing date:	17 April
Entry fee:	£5.50 per event
BACS Transfer	Bank of Scotland, Sort code 80-17-11, Account No. 00133737
Coach's pass:	£3.00 per day (only coaches with a pass will be allowed on poolside)
Awards:	Medals to 1 st , 2 nd and 3 rd places,
Entry form:	Submit times on entry files available from: ann_girvan@btinternet.com
Accreditation:	To ensure accreditation every club with 5 or more swimmers entered to supply one judge for each session that the club has a swimmer participating.
Spare Lanes:	North Ayrshire A S C reserves the right of spare lanes if available.

Programme of Events

Saturday

All events declared winner

Session One

9.00 warm-up for 10am start

101 Boys	400 IM	Open
102 Girls	50 Butterfly	10 years and under
103 Boys	50 Butterfly	10 years and under
104 Girls	100 Backstroke	11 – 14 years
105 Boys	100 Backstroke	11 – 14 years
106 Girls	200 Breaststroke	8 – 14 years
107 Boys	200 Breaststroke	8 – 14 years
108 Girls	100 IM	9 years and under

Session Two

1.30 warm-up for 2.30 start

201 Girls	400IM	Open
202 Girls	50 Back	10 years and under
203 Boys	50 Back	10 years and under
204 Girls	100 Breaststroke	11 – 14 years
205 Boys	100 Breaststroke	11 – 14 years
206 Girls	200 Freestyle	8 – 14 years
207 Boys	200 Freestyle	8 – 14 years
208 Boys	100 IM	9 years and under

Sunday

Session Three

9.00 warm-up for 10.00am start

301 Boys	400 Freestyle	Open
302 Girls	200 Butterfly	8 – 14 years
303 Boys	200 Butterfly	8 – 14 years
304 Girls	50 Breaststroke	10 years and under
305 Boys	50 Breaststroke	10 years and under
306 Girls	100 Freestyle	11 – 14 years
307 Boys	100 Freestyle	11 – 14 years
308 Girls	200 IM	10 – 14 years

Session Four

1.30 warm-up for 2.30 start

401 Boys	200 IM	10 – 14 years
402 Girls	400 Freestyle	Open
403 Girls	50 Freestyle	10 years and under
404 Boys	50 Freestyle	10 years and under
405 Girls	100 Butterfly	11 – 14 years
406 Boys	100 Butterfly	11 – 14 years
407 Girls	200 Backstroke	8 – 14 years
408 Boys	200 Backstroke	8 – 14 years