

REN 96 SWIM TEAM
(Affiliated to SASA)

Present their

**SHORT COURSE “LYNDA LESSING” DEVELOPMENT
MEET**

(under FINA Rules & SASA Regulations)

15th JUNE 2019

VENUE:	Linwood Community Sports Hub Brediland Road Linwood PA3 3RA	
POOL:	6 lane x 25m	
ELECTRONIC TIMING:	OMEGA	
MEET LICENCE:	WD/L3/015/0619	
ENTRY FEE:	£5.00 per event	
COACHES PASSES:	£7.50 to include programme, meals, teas & coffees .	
CLOSING DATE FOR ENTRY:	Friday 17th MAY 2019	
REFRESHMENTS:	Snacks, Teas, Coffees will be available at the Cafeteria area, however please note HOT drinks are NOT to be taken to the spectator area.	
MEET ENQUIRIES:	John & Diane Kerr Tel: 07789941756 Email: diane.kerr22@virginmedia.com	
AGE GROUPS:	8yrs and Under	25 mtrs All Strokes & 50mtr Freestyle
<i>Age is determined as at 15/06/2019 <u>Swimmers may only enter in their own Age group.</u></i>	9 - 10 years:	50m all Strokes & 100m I/Medley & 100 Freestyle
	Mixed Squadron Relay	150 mtrs (25mtrs by Girls & Boy from each age group)
WARM UP + START TIMES:	08.50-9.55am for 10.00am start / 1.30-2.25pm for 2.30pm start	
SWIM SHOP:	Will be available during the meet	
PRIZES:	Age Group events:	Medals will be awarded to 1 st , 2 nd , 3 rd , 4 th , 5 th & 6 th .

REN 96 SHORT COURSE
“LYNDA LESSING” DEVELOPMENT MEET
15th JUNE 2019
LINWOOD COMMUNITY SPORTS HUB

1. The meet is to be held under FINA Rules & SASA Regulations and has the License **WD/L3/015/0619**
2. The pool is 25m long x 6 lanes, with anti-turbulence lane ropes and Omega electronic timing in operation. There is no swim down facility.
3. **FOR WITHDRAWALS THE MEET HAS A SIGNING-IN PROCEDURE:**
All swimmers must check in to the entry marshals in the foyer. Exceptionally, on the production of their pass, coaches will be allowed to sign in their swimmers. **Latest check in times will be 50 minutes prior to the session start time.** Swimmers who have not signed in will be considered as WITHDRAWN. Start sheets will then be posted at various locations around the poolside. Swimmers will be called for in whole events, at least one event prior to their swim and marshalled into heats in the designated marshalling areas. Swimmers will then be sent down in heat order to the starting blocks.
4. Warm ups will be split to accommodate the numbers and age range of competitors. Warm ups will be split as per the schedule of events.
5. Awards will be made to the top six swimmers in each event.
6. Over the top starts will be used during the meet at the discretion of the meet management.
7. Coaches Passes will be issued at £7.50 each. These will provide admission to all sessions, a programme, a set of result sheets, and morning teas/coffees, hot filled rolls and lunch. Only pass holders, swimmers and officials will be allowed on the poolside.
8. **Entries to events will be restricted and will be accepted on the basis of entry times, which for this meet since it is primarily aimed at development swimmers, will be restricted on a Slowest to Fastest basis if required.** Swimmers must however have an entry time (ie. “NT” times will not be accepted). Any entry not accepted will be refunded. There will be reserve swims. However, where no swim is available on the day a full refund will be issued. A list of excluded entries will be sent to the contact stated on the meet entry form. It is the responsibility of the person receiving the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries. REN 96 reserves the right to fill lanes with their swimmers where an event is under subscribed.
9. As the Meet will be run using Hy Tek Meet Manager the appropriate files for importing entries to Team Lite or Team Manager 4 will be available from:
diane.kerr22@virginmedia.com
10. All swimmers of Scottish clubs must have a current SASA registration number. All swimmers of non-Scottish clubs must be registered with their governing body.
11. The correct fee of £5.00 per event must accompany the completed paperwork and be sent by the closing date of **Friday 17th MAY 2019**. Cheques should be made payable to “REN 96 Swim Team” and sent to
John Kerr,
30 Balmoral Drive, Bishopton, Renfrewshire, PA7 5HR

12. Swimmers, Coaches and Team Managers must ensure that all of their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool. There will be a one-way system operating around the pool.
13. No photographic or video equipment will be allowed in any area under the jurisdiction of the Meet Organisers without prior approval of the Meet Manager. Application may be made on the day of Meet at the Meet Office on the provision of photographic evidence of the applicant and evidence that they have a swimmer (s) competing at the Meet. The application must be made on the approved SASA form which will be provided on the day.
14. To ensure smooth running for each session we would appreciate support from participating Clubs by nominating Technical Officials qualified to Judge.
15. All mobile phones should be switched off on the poolside.

SHORT COURSE “LYNDA LESSING” DEVELOPMENT MEET

Programme of Events

Saturday 15th June 2019 <u>Session 1 – 08:50 Warm Up for 10.00 Start</u>					Saturday 15th June 2019 <u>Session 2 – 13:30 Warm Up for 14.30 Start</u>				
-	-	-	-	-	-	-	-	-	-
101	Girls	9- 10 yrs	100	IM	201	Mixed Squadron Relay	10 & Under	150	Freestyle
102	Boys	8 yrs & Under	25	Butterfly	202	Boys	9- 10 yrs	100	IM
103	Boys	9-10 yrs	50	Butterfly	203	Girls	8 yrs & Under	25	Butterfly
104	Girls	8 yrs & Under	25	Breaststroke	204	Girls	9-10 yrs	50	Butterfly
105	Girls	9-10yrs	50	Breaststroke	205	Boys	8 yrs & Under	25	Breaststroke
106	Boys	8 yrs & Under	25	Freestyle	206	Boys	9-10yrs	50	Breaststroke
107	Boys	9-10yrs	50	Freestyle	207	Girls	8 yrs & Under	25	Freestyle
108	Girls	8 yrs & Under	25	Backstroke	208	Girls	9-10yrs	50	Freestyle
109	Girls	9-10 yrs	50	Backstroke	209	Boys	8 yrs & Under	25	Backstroke
110	Boys	8 yrs & Under	50	Freestyle	210	Boys	9-10 yrs	50	Backstroke
111	Boys	9-10 yrs	100	Freestyle	211	Girls	8 yrs & Under	50	Freestyle
					212	Girls	9-10 yrs	100	Freestyle

REN 96 SWIM TEAM

SUMMARY SHEET

SHORT COURSE “LYNDA LESSING” DEVELOPMENT MEET

15th JUNE 2019

Closing date: Friday 17th May 2019, to be returned to:

*John Kerr
30 Balmoral Drive
Bishopton
Renfrewshire
PA7 5HR*

CLUB _____

CONTACT NAME _____

**CONTACT TELEPHONE NUMBER AND
ADDRESS** _____

EMAIL: _____

Entries:

_____ **Boys entries** @ **£5.00** =

_____ **Girls entries** @ **£5.00** =

_____ **Coaches Passes** @ **£7.50** =

TOTAL RETURNS =

(Cheques payable to REN 96 Swim Team)

REN 96 SWIM TEAM

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15th June 2019

Please complete this form – to apply with accreditation requirements.

On behalf of _____ **(Name of Club)**

- I confirm that all entered swimmers have paid the current S.A.S.A. Membership Fee.
- I confirm that the notice of use of photographic equipment has been brought to the attention of the swimmers, parents and coaches who will be attending the meet.
- I confirm that all swimmers have trained and are competent to dive into the pool.

Signed _____

Position Held _____

REN 96 Swim Team

Short Course “Lynda Lessing” Development Meet 15th June 2019

Club

Club Contact

Tel. No. **Email**.....

OFFICIALS SHEET

Name	Duty	Session 1	Session 2	Session 3	Session 4
	Judge				
	Judge				
	Judge				
	Judge				

In order to create a smoothly run meet, we would ask any Technical Official travelling with Clubs to make themselves available on the day. It would be appreciated if each Club attending could provide one Judge per session, to ensure the meet is organised efficiently.

Thank you.