

WEST DISTRICT 2016 LONG COURSE CHAMPIONSHIP – ROUND 3

Consideration Time

101	Male	50 Free		
101A	Male 14yrs	50 Free	H&F	00.30.30
101B	Male 15yrs	50 Free	H&F	00.29.70
101C	Male 16/Oyrs	50 Free	H&F	00.29.10
102	Female	50 Breast		
102A	Female 14yrs	50 Breast	H&F	00.42.80
102B	Female 15yrs	50 Breast	H&F	00.43.20
102C	Female 16/Oyrs	50 Breast	H&F	00.43.00
103	Male	200 IM		
103A	Male 14yrs	200 IM	H&F	02.39.70
103B	Male 15yrs	200 IM	H&F	02.38.60
103C	Male 16/Oyrs	200 IM	H&F	02.38.30
104	Female	100 Fly		
104A	Female 14yrs	100 Fly	H&F	01.24.10
104B	Female 15yrs	100 Fly	H&F	01.24.90
104C	Female 16/Oyrs	100 Fly	H&F	01.22.80
105	Male	100 Back		
105A	Male 14yrs	100 Back	H&F	01.20.50
105B	Male 15yrs	100 Back	H&F	01.17.60
105C	Male 16/Oyrs	100 Back	H&F	01.18.10
106	Female	200 Back		
106A	Female 14yrs	200 Back	H&F	02.45.30
106B	Female 15yrs	200 Back	H&F	02.44.00
106C	Female 16/Oyrs	200 Back	H&F	03.03.90
107	Female 14/15yrs	4x100 Medley Relay	HDW	NC
108	Mixed 16/Oyrs	4x100 Medley Relay	HDW	NC

Consideration Time

201	Male	200 Fly		
201A	Male 11yrs	200 Fly	H&F	05.01.10
201B	Male 12yrs	200 Fly	H&F	04.31.20
201C	Male 13yrs	200 Fly	H&F	03.28.70
202	Female	400 IM		
202A	Female 12yrs	400 IM	HDW	06.01.30
202B	Female 13yrs	400 IM	HDW	06.00.10
203	Male	1500 Free		
203A	Male 12yrs	1500 Free	HDW	NC
203B	Male 13yrs	1500 Free	HDW	NC
204	Female	400 Free		
204A	Female 11yrs	400 Free	HDW	06.20.70
204B	Female 12yrs	400 Free	HDW	05.26.40
204C	Female 13yrs	400 Free	HDW	05.09.40

Consideration Time

301	Male	200 Fly		
301A	Male 14rs	200 Fly	H&F	03.23.00
301B	Male 15yrs	200 Fly	H&F	02.48.60
301C	Male 16/Oyrs	200 Fly	H&F	02.50.20
302	Female	400 IM		
302A	Female 14yrs	400 IM	HDW	05.47.60
302B	Female 15yrs	400 IM	HDW	05.43.30
302C	Female 16/Oyrs	400 IM	HDW	06.19.30
303	Male	1500 Free		
303A	Male 14yrs	1500 Free	HDW	19.32.10
303B	Male 15yrs	1500 Free	HDW	20.05.30
303C	Male 16/Oyrs	1500 Free	HDW	21.16.30
304	Female	400 Free		
304A	Female 14yrs	400 Free	HDW	05.08.20
304B	Female 15yrs	400 Free	HDW	05.09.30
304C	Female 16/Oyrs	400 Free	HDW	05.22.60

Consideration Time

401	Male	50 Free		
401A	Male 11yrs	50 Free	H&F	00.37.70
401B	Male 12yrs	50 Free	H&F	00.34.40
401C	Male 13yrs	50 Free	H&F	00.31.70
402	Female	50 Breast		
402A	Female 11yrs	50 Breast	H&F	00.49.40
402B	Female 12yrs	50 Breast	H&F	00.45.30
402C	Female 13yrs	50 Breast	H&F	00.43.10
403	Male	200 IM		
403A	Male 11yrs	200 IM	H&F	03.36.80
403B	Male 12yrs	200 IM	H&F	03.07.80
403C	Male 13yrs	200 IM	H&F	02.51.60
404	Female	100 Fly		
404A	Female 11yrs	100 Fly	H&F	01.52.90
404B	Female 12yrs	100 Fly	H&F	01.28.90
404C	Female 13yrs	100 Fly	H&F	01.21.90
405	Male	100 Back		
405A	Male 11yrs	100 Back	H&F	01.40.80
405B	Male 12yrs	100 Back	H&F	01.30.00
405C	Male 13yrs	100 Back	H&F	01.20.60
406	Female	200 Back		
406A	Female 11yrs	200 Back	H&F	03.19.10
406B	Female 12yrs	200 Back	H&F	02.54.50
406C	Female 13yrs	200 Back	H&F	02.49.20