

# MAJOR UPDATE – ISSUED FRIDAY 7<sup>TH</sup> OCTOBER

## **WEST DISTRICT 2016 SHORT COURSE CHAMPIONSHIP - SENIOR AGE GROUP**

### **Dates and Venue**

**29<sup>th</sup> / 30<sup>th</sup> October**

**Tollcross International Swimming Centre**

Sessions: 10:00am and 2:30pm each day.

Warm Ups: 9:00am and 1:30pm each day.

### **Age Groups**

**14Yrs, 15Yrs & 16&Over Yrs**

### **Competitors age will be their age on the 31<sup>st</sup> December**

This Championship is open to registered swimmers whose 1<sup>st</sup> Claim Club is affiliated to the West District of the S.A.S.A..

There is a Consideration Time for each individual event.  
Entry to the Championship will be in accordance with the District Rules.

### **Entries**

Entries for this Meet require to be generated on the Hy-Tek Team Manager 4/5/6/7 or Lite programme. Hy-Tek Team Manager Lite is available via the internet at [www.hy-tek ltd.com/downloads.html](http://www.hy-tek ltd.com/downloads.html)

For administration purposes, an Information Form must be submitted with the cheque.

### **PLEASE NOTE !!**

**Seeded Start Lists for ALL Sessions will be prepared prior to the Meet and Withdrawals will be accepted up to 6pm on Wednesday prior to Championships for exclusion from the Start Lists.**

**Withdrawals on “Withdrawal Forms” will be accepted, at the Recorder’s Desk, up to 45 minutes before the start of each Session for the purposes of allocating Reserves.**

**Start Lists will be updated and may be re-seeded based on the Withdrawals on the day.**

**Start Lists will not be issued to Clubs, prior to the start of a Session, until all Withdrawals have been processed. The issue of Start Lists may extend into the early Events of the Session.**

**Unplaced Reserves will be allocated to available lanes during an Event after reporting to the Referee at the beginning of that Event.**

Further assistance available from John Deans (01698 825507) & [john.deans@blueyonder.co.uk](mailto:john.deans@blueyonder.co.uk)

All entries must be addressed to:

John Deans  
Entries Coordinator  
9 Tynron Court  
Hamilton  
ML3 8XD

**DO NOT SEND ENTRIES BY RECORDED DELIVERY**

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## Entries

Entries equal to or faster than the Consideration Times for each Age Group will be accepted, in the ratios, 14yrs 25%, 15yrs 25%, 16yrs&O 50%, subject to available lanes, on the basis of providing a balance across the available Heats/Lanes per Event, dependant on the number of Heats.

If shortfall in 16&Oyrs, then available balance will be split across other age groups.

e.g. For a 6 heat Event: 15 x 14Yrs, 15 x 15Yrs and 30 x 16&OYrs would be accepted.

If only 24 x 16&OYrs swimmers were accepted, then 18 x 14Yrs and 18 x 15Yrs would be accepted etc.

Above figures would be pro-rated for Events with different number of Heats.

An Entry Time equal to or faster than the Event Consideration Time does not guarantee acceptance into the Event.

## Reserves

A total of up to 7 x Reserves, comprising of maximum of 2 x from each of 14yrs & 15yrs and 3 from 16&Oyrs where available, will be allocated to each Event. These Reserves will be allocated artificial times to accommodate placing in the Meet programme.

Reserves will be allocated to the Event on withdrawal of confirmed swimmers on an Age Group basis.

**Entry Fees**    Individual Events    £6.00 each event    **(Cheques payable to SASA West District)**

## Closing Dates

Entries must be received by, the Entries Coordinator, by the following date:

\*\*\*\* **Tuesday 18<sup>th</sup> October** \*\*\*\*

## Submitted Times

To be 25 metre times, conversions can be used, and need not be accredited.

## Fines

Under District Rules there is a standard £2.00 Fine for any individual competitor who has recorded a time, slower than 1 second, for each 100 metre (or part of 100 metre) outside the Consideration Time.

## Technical Officials

District clubs entering swimmers in any District Swimming Championships must provide Swimming Technical Officials for each session of the championships in accordance with the following scale:

### **Technical Officials**

District clubs entering swimmers in any District Swimming Championships must provide Swimming Technical Officials for each session of the championships in accordance with the following scale:

Total no.of Club swimmers per session	Number of STO's per session
1 to 4	None
5 to 9	<b>1 x Judge</b>
10+	2 of which at least 1 must be a Judge, Starter or Referee

A District Club failing to provide STO in accordance with this scale shall be subject to a fine of **£50.00 per person**, for each session in which the required STO is not present. Members of the organising committee shall be counted for the purpose of meeting this requirement.

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## **Important Information**

The Meets have been designated JAG (Junior Age Group) and SAG (Senior Age Group). The use of Junior DOES NOT refer to the Scottish Swimming definition, under 17 on 31<sup>st</sup> December. JAG and SAG are only convenient terms to differentiate the age groups of the Championship.

## **NOTICE on Presentations**

Depending on the number of entries, there may be no formal Presentations of Medals during the Meet.

If no formal Presentations are scheduled, Announcements will be made of the successful swimmers in each race and medals /medallions will be available for collection during each Session.

## **Heats and Finals**

Short Course SAG Championship Events will be **Heat Declared** for 100 Fr, 100 Br, 100 Ba, 100 Fl.

The **fastest 10 swimmers from combined age groups** will swim in a **Super Final** for each of 100 Fr, 100 Br, 100 Ba, and 100 Fl events.

All other Events will be **Heat Declared**.

## **Heats and Super Finals will be Mixed Ages.**

## **Event Awards**

Medals will be awarded for 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> in each Heat Declared Event including all 100s Heat Declared .

The following cash prizes will be awarded for the **100s Super Finals**:

1 <sup>st</sup>	£25
2 <sup>nd</sup>	£15
3 <sup>rd</sup>	£10

**John A. Deans**  
**District Swimming Committee**

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### Consideration Time

<b>101</b>	<b>Female</b>	<b>800 Free</b>		
101A	Female 14Yrs	800 Free	HDW	11.15.00
101B	Female 15Yrs	800 Free	HDW	11.00.00
101C	Female 16&O Yrs	800 Free	HDW	10.45.00
<b>102</b>	<b>Male</b>	<b>400 IM</b>		
102A	Male 14Yrs	400 IM	HDW	06.00.00
102B	Male 15Yrs	400 IM	HDW	05.50.00
102C	Male 16&O Yrs	400 IM	HDW	05.40.00
<b>103</b>	<b>Female</b>	<b>200 Backstroke</b>		
103A	Female 14Yrs	200 Backstroke	HDW	03.00.00
103B	Female 15Yrs	200 Backstroke	HDW	02.55.00
103C	Female 16&O Yrs	200 Backstroke	HDW	02.54.00
<b>104</b>	<b>Male</b>	<b>100 Free</b>		
104A	Male 14Yrs	100 Free	HDW&SF	01.06.00
104B	Male 15Yrs	100 Free	HDW&SF	01.04.00
104C	Male 16&O Yrs	100 Free	HDW&SF	01.04.00
<b>105</b>	<b>Female</b>	<b>100 Breast</b>		
105A	Female 14Yrs	100 Breast	HDW&SF	01.30.00
105B	Female 15Yrs	100 Breast	HDW&SF	01.28.00
105C	Female 16&O Yrs	100 Breast	HDW&SF	01.30.00
<b>106</b>	<b>Male</b>	<b>200 Breast</b>		
106A	Male 14Yrs	200 Breast	HDW	03.10.00
106B	Male 15Yrs	200 Breast	HDW	03.05.00
106C	Male 16&O Yrs	200 Breast	HDW	03.05.00

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## Consideration Time

<b>201</b>	<b>Female</b>	<b>200 IM</b>		
201A	Female 14Yrs	200 IM	H&F	02.50.00
201B	Female 15Yrs	200 IM	H&F	02.46.00
201C	Female 16&O Yrs	200 IM	H&F	02.50.00
<b>202</b>	<b>Male</b>	<b>100 Backstroke</b>		
202A	Male 14Yrs	100 Backstroke	HDW&SF	01.18.00
202B	Male 15Yrs	100 Backstroke	HDW&SF	01.16.00
202C	Male 16&O Yrs	100 Backstroke	HDW&SF	01.16.00
<b>203</b>	<b>Female</b>	<b>100 Butterfly</b>		
203A	Female 14Yrs	100 Butterfly	HDW&SF	01.24.00
203B	Female 15Yrs	100 Butterfly	HDW&SF	01.22.00
203C	Female 16&O Yrs	100 Butterfly	HDW&SF	01.24.00
<b>204</b>	<b>Male</b>	<b>400 Free</b>		
204A	Male 14Yrs	400 Free	HDW	05.00.00
204B	Male 15Yrs	400 Free	HDW	04.55.00
204C	Male 16&O Yrs	400 Free	HDW	05.00.00
<b>205</b>	<b>Female</b>	<b>200 Freestyle</b>		
205A	Female 14Yrs	200 Freestyle	HDW	02.32.00
205B	Female 15Yrs	200 Freestyle	HDW	02.30.00
205C	Female 16&O Yrs	200 Freestyle	HDW	02.30.00
<b>206</b>	<b>Male</b>	<b>200 Butterfly</b>		
206A	Male 14Yrs	200 Butterfly	HDW	03.10.00
206B	Male 15Yrs	200 Butterfly	HDW	03.05.00
206C	Male 16&O Yrs	200 Butterfly	HDW	03.05.00

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<b>301</b>	<b>Male</b>	<b>1500 Free</b>		
301A	Male 14Yrs	1500 Free	HDW	21.00.00
301B	Male 15Yrs	1500 Free	HDW	20.30.00
301C	Male 16&O Yrs	1500 Free	HDW	20.00.00
<b>302</b>	<b>Female</b>	<b>400 IM</b>		
302A	Female 14Yrs	400 IM	HDW	06.10.00
302B	Female 15Yrs	400 IM	HDW	06.00.00
302C	Female 16&O Yrs	400 IM	HDW	06.00.00
<b>303</b>	<b>Male</b>	<b>100 Breaststroke</b>		
303A	Male 14Yrs	100 Breaststroke	HDW&SF	01.26.00
303B	Male 15Yrs	100 Breaststroke	HDW&SF	01.24.00
303C	Male 16&O Yrs	100 Breaststroke	HDW&SF	01.24.00
<b>304</b>	<b>Female</b>	<b>100 Freestyle</b>		
304A	Female 14Yrs	100 Freestyle	HDW&SF	01.10.00
304B	Female 15Yrs	100 Freestyle	HDW&SF	01.09.00
304C	Female 16&O Yrs	100 Freestyle	HDW&SF	01.08.00
<b>305</b>	<b>Male</b>	<b>200 Back</b>		
305A	Male 14Yrs	200 Back	HDW	02.56.00
305B	Male 15Yrs	200 Back	HDW	02.52.00
305C	Male 16&O Yrs	200 Back	HDW	02.48.00

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<b>401</b>	<b>Female</b>	<b>200 Breast</b>		
401A	Female 14Yrs	200 Breast	HDW	03.20.00
401B	Female 15Yrs	200 Breast	HDW	03.15.00
401C	Female 16&O Yrs	200 Breast	HDW	03.15.00
<b>402</b>	<b>Male</b>	<b>200 IM</b>		
402A	Male 14Yrs	200 IM	H&F	02.45.00
402B	Male 15Yrs	200 IM	H&F	02.42.00
402C	Male 16&O Yrs	200 IM	H&F	02.39.00
<b>403</b>	<b>Female</b>	<b>100 Back</b>		
403A	Female 14Yrs	100 Back	HDW&SF	01.21.00
403B	Female 15Yrs	100 Back	HDW&SF	01.19.00
403C	Female 16&O Yrs	100 Back	HDW&SF	01.19.00
<b>404</b>	<b>Male</b>	<b>100 Butterfly</b>		
404A	Male 14Yrs	100 Butterfly	HDW&SF	01.22.00
404B	Male 15Yrs	100 Butterfly	HDW&SF	01.20.00
404C	Male 16&O Yrs	100 Butterfly	HDW&SF	01.18.00
<b>405</b>	<b>Female</b>	<b>400 Freestyle</b>		
405A	Female 14Yrs	400 Freestyle	HDW	05.20.00
405B	Female 15Yrs	400 Freestyle	HDW	05.10.00
405C	Female 16&O Yrs	400 Freestyle	HDW	05.10.00
<b>406</b>	<b>Male</b>	<b>200 Freestyle</b>		
406A	Male 14Yrs	200 Freestyle	HDW	02.30.00
406B	Male 15Yrs	200 Freestyle	HDW	02.28.00
406C	Male 16&O Yrs	200 Freestyle	HDW	02.30.00
<b>407</b>	<b>Female</b>	<b>200 Butterfly</b>		
407A	Female 14Yrs	200 Butterfly	HDW	03.20.00
407B	Female 15Yrs	200 Butterfly	HDW	03.15.00
407C	Female 16&O Yrs	200 Butterfly	HDW	03.15.00

**Scottish Swimming**  
**West District Championships**

# 2016 Information Sheet

**Club:**

<b>Circle relevant Group</b>	
<u>SC Sprints</u>	<u>SC Senior</u>
<u>SC Junior</u>	

<u><b>Entry Information</b></u>	<b>No. of Individual Entries</b>
No. of Individual Boys Entries	
No. of Individual Girls Entries	
No of Relay Entries	

Total No. of Individual Entries \_\_\_\_\_ @ **£6.00**                      Total: \_\_\_\_\_

~~Total No. of Relay Entries~~ \_\_\_\_\_ @ ~~**£10.00**~~                      Total: \_\_\_\_\_

No. of Coaches Meals (Sat) \_\_\_\_\_ @ **£10.00**                      Total: \_\_\_\_\_

No. of Coaches Meals (Sun) \_\_\_\_\_ @ **£10.00**                      Total: \_\_\_\_\_

**Total** \_\_\_\_\_

Submitted by \_\_\_\_\_ Signed: \_\_\_\_\_  
(print name):

Position in \_\_\_\_\_ Tel No: \_\_\_\_\_  
Club:

Email address: \_\_\_\_\_

Postal Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_