

**WEST DISTRICT  
LONG COURSE  
RECORD  
OF  
ACHIEVEMENTS  
2017**

**(Applied for/Achieved since District AGM 3 December 2016)**

**RETROSPECTIVELY APPLIED RECORDS****BRITISH SUMMER MEET, PONDS FORGE, SHEFFIELD, 26-31 JUL 2016**

Scott Gibson	16yrs	WEK	50m Backstroke	00:27.52
Scott Gibson	16yrs	WEK	100m Backstroke	00:59.67

**WEST DISTRICT LONG COURSE CHAMPIONSHIPS ROUND 1, EAST KILBRIDE, 14-15/01/2017**

Katie Shanahan	12yrs	WCG	400m Individual Medley	05:10.77
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**GENEVA INTERNATIONAL CHALLENGE, GENEVA, 20-22/01/2017**

Anna Fleming	16yrs	WCG	100m Freestyle	00:57.92
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**BRODIE'S SCOTTISH SCHOOLS CHAMPIONSHIP AT EAST KILBRIDE, 27/01/2017**

Katie Shanahan	12yrs	WCG	100m Backstroke	01:07.53
Katie Shanahan	12yrs	WCG	200m Individual Medley	02:25.21
Saskia Wade	11yrs	WCG	50m Breaststroke	00:37.78

**WEST DISTRICT LONG COURSE CHAMPIONSHIPS ROUND 2, EAST KILBRIDE, 04-05/02/2017**

Saskia Wade	11yrs	WCG	50m Freestyle	00:28.81
Lucy Grieve	11yrs	WSE	50m Butterfly	00:30.01
Ryan Retson	16yrs	WGH	200m Backstroke	02:10.09
Mark Ford	13yrs	WLK	50m Butterfly	00:28.05

**ARENA PRO SWIM SERIES AT INDIANAPOLIS, 02-04/03/2017**

Nikki Miller	17yrs	WEK	100m Freestyle	00:58.29
Nikki Miller	17yrs	WEK	400m Freestyle	04:19.15
Nikki Miller	17yrs	WEK	400m Individual Medley	04:55.36

**WEST DISTRICT LONG COURSE CHAMPIONSHIPS ROUND 3, EAST KILBRIDE, 04-05/03/2017**

Lucy Grieve	11yrs	WSE	50m Butterfly	00:29.65
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**EDINBURGH INTERNATIONAL, EDINBURGH, 10-12/03/2017**

Craig McNally	19-24yrs & Open	WCG	100m Backstroke	00:56.37
Craig McNally	19-24yrs & Open	WCG	200m Backstroke	02:01.51
Mark Ford	13yrs	WLK	50m Backstroke	00:29.09
Nikki Miller	17yrs	WEK	100m Butterfly	01:03.37
Nikki Miller	17yrs	WEK	200m Freestyle	02:03.75
Serena Iheagwaram	14yrs	WCG	200m Butterfly	02:18.93
Katie Shanahan	12yrs	WCG	400m Freestyle	04:36.97
Katie Shanahan	12yrs	WCG	200m Individual Medley	02:24.55
Katie Shanahan	12yrs	WCG	400m Individual Medley	05:07.19