

Scottish Swimming – West District

The “Easy Steps” to being Certified *(as a Swimming Technical Official)*

A lot of people wonder how much is involved in training to be a Swimming Technical Official, well here are the steps, as easy as 1 - 2 - 3.

Training to be a TIMEKEEPER



To become a Timekeeper all that is involved is a 2 hour workshop that will be arranged at your local pool.
Your club will arrange this.

Training to be a JUDGE 1



To become a Judge 1, all that you need to do is send the Application Form that is available on the District website, with £8, to the STO Convenor (me) and I will arrange training.

You do not need to go through your Club to do this, just contact me direct.

You will be required to attend a 2 hour workshop and then be mentored on poolside by experienced officials.

This is done at Swim Meets you would be attending when your child is swimming. There is a follow up Workshop a few months down the line.

- Now the “secrets” have been revealed, contact your Club for a Timekeepers Course or me, direct, for Judge 1 Training.

Jean King

West District STO Convenor

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