

North Ayrshire Development Meet – under S A S A Rules
Licence Number: WD/L3/003/0919

Date	Saturday 14 September 2019
Venue	The Portal 66 High Street, Irvine, KA12 0AZ
Pool	6 lane 25m pool, anti-wave lane ropes, full electronic timing with scoreboard, limited spectator seating.
Age	on day of competition
Age Groups/Events	11 years 100m and 200m all strokes + 200 IM+400 Free/IM 12 years 100m and 200m all strokes + 200 IM+400 Free/IM 13 years 100m and 200m all strokes + 200 IM+400 Free/IM 14 years 100m and 200m all strokes + 200 IM+400 Free/IM 15/16 years 100m and 200m all strokes + 200 IM+400 Free/IM Open 100m and 200m all strokes + 200 IM+400 Free/IM Swimmers can only swim in own age group in individual events Relays: Girls and Boys, freestyle and medley. Swimmers can swim up age groups in relays Number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest. Entries will be accepted on time basis
Closing date	31 August
Entry	Submit times on Hy-Tek available on request from: ann_girvan@btinternet.com
Accreditation:	To ensure accreditation every club entering 5 or more swimmers to supply one judge for each session a swimmer is participating.
Entry fee	Individual £5.50 per event. Relays £0.00 per event.
BACS Transfer	Bank of Scotland, Sort Code 80-17-11, Account No. 00133737
Coaches pass	£3.00 per day (only coaches with a pass will be allowed on poolside)
Awards	Medals to 1 st , 2 nd and 3 rd places Relays: Medals to 1 st , 2 nd and 3 rd places
Spare lanes	North Ayrshire A S C reserves the right of spare lanes if available.

North Ayrshire Development Meet

Order of events

All events are declared winner

Saturday

Session One, warm-up 9.00am for 10.00am start

Girls - 101 – 100 Butterfly	11 years and over
Boys- 102 - 100 Back	11 years and over
Girls – 103 – 200 Free	11 years and over
Boys – 104 – 200 Fly	11 years and over
Mixed – 105 – 4 x 50 Medley relay	11 years and over
Girls – 106 - 400 IM	11 years and over
Boys – 107 – 400 IM	11 years and over
Girls – 108 – 100 Back	11 years and over
Boys - 109 - 100 Breast	11 years and over
Girls – 110 - 200 Breast	11 years and over
Boys –111 – 200 Free	11 years and over
Girls – 112 - 200 IM	11 years and over
Boys – 113 – 200 IM	11 years and over

Saturday - Session Two, warm-up 1.30pm for 2.30pm start

Girls 201 – 100 Free	11 years and over
Boys 202 – 100 Fly	11 years and over
Girls 203 – 200 Back	11 years and over
Boys 204– 200 Breaststroke	11 years and over
Mixed 205 – 4 x 50 Freestyle relay	11 years and over
Girls 206 – 400 Freestyle	11 years and over
Boys 207 – 400 Freestyle	11 years and over
Girls 208 - 100 Breast	11 years and over
Boys 209 – 100 Free	11 years and over
Girls 210 – 200 Butterfly	11 years and over
Boys 211 – 200 Back	11 years and over

Times slower than.

	100 Times		200 Times	
	Girls	Boys	Girls	Boys
11 years				
Butterfly	01.35.00	01.37.00	03.31.00	03.31.00
Back	01.28.00	01.27.00	03.12.00	03.11.00
Breaststroke	01.38.00	01.40.00	03.32.00	03.36.00
Free	01.16.00	01.12.00	02.51.00	02.49.00
Individual Medley (200)			03.07.00	03.06.00
400 Freestyle			05.31.00	05.30.00
400 IM			06.19.00	06.11.00
12 years				
Butterfly	01.29.00	01.28.00	03.24.00	03.24.00
Backstroke	01.26.00	01.22.00	03.04.00	03.02.00
Breaststroke	01.34.00	01.35.00	03.24.00	03.27.00
Freestyle	01.13.00	01.09.00	02.43.00	02.40.00
Individual Medley (200)			02.54.00	02.53.00
400 Freestyle			05.29.00	05.27.00
400 IM			06.15.00	06.08.00
13 years				
Butterfly	01.26.00	01.25.00	03.16.00	03.16.00
Backstroke	01.22.00	01.17.00	02.57.00	02.56.00
Breaststroke	01.32.00	01.27.00	03.19.00	03.19.00
Freestyle	01.10.00	01.06.00	02.32.00	02.30.00
Individual Medley (200)			02.51.00	02.50.00
400 Freestyle			05.25.00	05.20.00
400 IM			06.11.00	06.05.00
14 years				
Butterfly	01.24.00	01.21.00	03.09.00	03.07.00
Backstroke	01.19.00	01.15.00	02.55.00	02.50.00
Breaststroke	01.28.00	01.25.00	03.13.00	03.12.00
Freestyle	01.08.00	01.02.00	02.29.00	02.26.00
Individual Medley (200)			02.48.00	02.44.00
400 Freestyle			05.20.00	05.15.00
400 IM			06.08.00	06.03.00
15 years				
Butterfly	01.21.00	01.18.00	03.02.00	03.00.00
Backstroke	01.17.00	01.13.00	02.50.00	02.46.00
Breaststroke	01.24.00	01.19.00	03.04.00	03.02.00
Freestyle	01.04.00	01.00.00	02.26.00	02.21.00
Individual Medley (200)			02.45.00	02.40.00
400 Freestyle			05.13.00	05.10.00
400 IM			06.05.00	06.00.00
Open				
Butterfly	01.18.00	01.14.00	02.55.00	02.48.00
Backstroke	01.15.00	01.12.00	02.42.00	02.38.00
Breaststroke	01.23.00	01.17.00	02.58.00	02.52.00
Freestyle	01.03.00	00.59.00	02.24.00	02.18.00
Individual Medley (200)			02.43.00	02.37.00
400 Freestyle			05.07.00	05.00.00
400 IM			06.03.00	05.58.00