

Homecoming

Advent Meet

2019

(WD/L2/036/1119)

Saturday 23rd November

&

Sunday 24th November

At

DG1 Leisure Complex

Dumfries

**Dumfries ASC**

**Homecoming Advent Meet**

**2019**

**(Held under SASA Laws and Licence number WD/L2/036/1119)**

**General Information**

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| **Date**: Saturday 23rd & Sunday 24th November 2019    **Meet Director**: Kathleen Procter: [kathleenprocter@hotmail.com](mailto:kathleenprocter@hotmail.com)    **Venue**: DG1 Leisure Complex, Hoods Loaning, Dumfries, DG1 2HT    **Pool**: 8 lane 25 metre, full electronic timing with 8 lane alphanumeric scoreboard  anti-wave lane ropes, spectator area, Subway Café/Takeaway    **Time**: **Warm Up Start Finish**  **AM** 09:00 – 09:55 10:00 13:00  **PM** 13:30 – 14:25 14:30 17:30    **Ages**: As at **31 December 2019**. | |
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| **Age Groups**: | 11/12 years, 13/14 years, 15 years+ |
| **Events**: | All events are Heat Declared Winners  **Please note**: this years events are run in age groups  **11-12 years**  100m - Freestyle, Backstroke, Butterfly, Breaststroke & Ind Medley  200m - Freestyle, Backstroke & Breaststroke & Ind Medley  400m - Freestyle  **13 - 14 years & 15years+**  100m - Freestyle, Backstroke, Butterfly & Breaststroke  200m - Freestyle, Backstroke, Butterfly, Breaststroke & Ind Medley  400m - Ind Medley  400M - Freestyle |
| **Awards**: | Medals for 1st, 2nd & 3rd in each age group & Overall best male and female of meet based on Fina Points. Please note Medals will be presented to the swimmers |
| **Entry File**: | Available on request from Entry Secretary: **meets@dumfriesasc.co.uk** |
|  | All entries must be made on the relevant electronic files |
| **Entry Fees:** | £5.00 per individual entry. |
| **Coaches**: | Meet Pass: £10 – covers: programme, start / results sheets and meals, tea/coffee etc |
| **Officials**: | Any Swimming Technical Officials travelling with clubs are asked to make themselves available for assistance on the day to ensure accreditation. |
| **Closing Date:** | **Saturday 2nd November 2019** |

**Specific Information**

**PLEASE NOTE:**

The Number of heats will be limited to ensure the smooth running of the competition.

Heats will be swum slowest to fastest. Entries will be accepted on time basis. DASC reserves the right to include slower heats of its own swimmers or fill unused lanes with eligible swimmers in attendance.

**Meet Rules**

* The meet shall be held under FINA Rules.
* Ages as at **31st December 2019**
* All swimmers of Scottish clubs must have a current S.A.S.A. registration number.
* All swimmers of non-Scottish clubs must be registered with their governing body.
* The pool is 25 metres long with 8 lanes separated by anti-wave lane ropes.
* Electronic timing will be in operation. In the event of electronic timing failure, the back-up manual timing will be used.
* Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool.
* Only swimmers and coaches with meet passes will be admitted on to the poolside.
* No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organizers without prior approval of the meet director. Application must be made on the approved S.A.S.A. form.
* Swimmers must act on the instructions given by meet officials and behave in a reasonable manner at all times.
* It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

# Entries and time cards

* Closing date for entries is **Saturday 2nd November 2019**. Late entries will not be accepted.
* All entries must be made on the relevant electronic files and submitted by email where possible. Entry files can be requested via e-mail from the meet secretary on **meets@dumfriesasc.co.uk**
* Time cards will not be used.
* Withdrawals must be made to the recorders no later than 45 minutes prior to the start of each session on the event withdrawal form.
* No refunds will be paid on withdrawals received following completion of final programme.
* **All withdrawals on the day will still be charged.**
* The promoter’s reserve the right to restrict entries in order to facilitate the smooth running of the meet.
* Rejected entries will be refunded in full.

# Events

* Over the top starts may be used at the discretion of the promoter’s in order to facilitate the smooth running of the meet.
* All events will be swum on a Heat Declared Winner basis.
* Heats will be seeded after the withdrawal table closes 45 minutes before the start of each session.
* All heats will be spearheaded based on entry times, slowest to fastest, with the fastest swimmers in the final heat.
* Start sheets will then be issued to clubs for information and marshalling purposes.
* Swimmers must report to the designated marshalling area at least three heats in advance.

# Miscellaneous

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* The promoters reserve the right to exclude or refuse admission to any competitor, spectator or team official.
* Swimmers and coaches must not take glassware into the shower or poolside area and are liable for expulsion from the meet if found to do so.
* Dumfries ASC, DG1 Leisure complex and Dumfries & Galloway Council take no responsibility for loss or damage to swimmers, team officials or spectators’ property.
* Swimmers are strongly advised to secure property in the lockers provided and not leave belongings lying around unattended. Any lockers found unlocked and containing property will have said property removed and secured by facility staff.
* Swimmers out-with the pool area must wear dry clothing and footwear at all times.
* Outdoor footwear must not be worn on poolside.
* There will be no access to poolside for spectators
* All swimmers must be accompanied by a coach or TM
* There will be a swim shop available during the competition weekend.
* Anything not covered above and not printed in the meet programme will be at the promoters’ discretion.
* Dumfries ASC reserve the right to vary the above conditions as required.
* Dumfries ASC reserves the right to fill lanes with their own swimmers where an event is under subscribed.
* Parking – There is parking on site at DG1 but this is limited and is also on a parking disc basis. Please collect a parking disc from DG1 reception and display on car. The local authority have allowed a maximum of 3 hours parking on site. All attendees need to be aware of this and neither DASC nor the local authority will be held responsible for any tickets issued.

**Programme of Events**

**Saturday 23rd November 2019**

**Session 1**  **Session 2**

**Warm Up 09:00hrs**  **Warm Up 13:30hrs**

**Start 10:00hrs** **Start 14.30hrs**

201 Female 13/14, 15+ 400m Ind Medley

202 Male 15+ 200m Breaststroke

203 Female 15+ 100m Free

204 Male 13/14 200m Butterfly

205 Female 13/14 100m Backstroke

206 Male 11/12 200m Ind Medley

207 Female 11/12 100m Butterfly

208 Male 15+ 200m Backstroke

209 Female 15+ 100m Breaststroke

210 Male 13/14 200m Free

211 Female 13/14 100m Free

212 Male 11/12 200m Free

213 Female 11/12 100m Backstroke

214 Male 15+ 200m Ind Medley

215 Female 13/14 200m Breaststroke

216 Male 11/12 400m Free

101 Female 13/14, 15+ 400m Free

102 Male 11/12 200m Breaststroke

103 Female 11/12 100m Ind Medley

104 Male 13/14 200m Backstroke

105 Female 13/14 100m Butterfly

106 Male 15+ 200m Free

107 Female 15+ 100m Backstroke

108 Male 11/12 100m Free

109 Female 11/12 200m Backstroke

110 Male 13/14 100m Breaststroke

111 Female 13/14 200m Ind Medley

112 Male 15+ 100m Butterfly

113 Female 15+ 200m Butterfly

114 Male 11/12 100m Breaststroke

**Sunday 24th November 2019**

**Session 3**  **Session 4**

**Warm Up 09:00Hrs** **Warm Up 13:30hrs**

**Start 10:00Hrs Start 14:30hrs**

401 Male 13/14, 15+ 400m Ind Medley

402 Female 15+ 200m Breaststroke

403 Male 15+ 100m Free

404 Female 13/14 200m Butterfly

405 Male 13/14 100m Backstroke

406 Female 11/12 200m Ind Medley

407 Male 11/12 100m Butterfly

408 Female 15+ 200m Backstroke

409 Male 15+ 100m Breaststroke

410 Female 13/14 200m Free

411 Male 13/14 100m Free

412 Female 11/12 200m Free

413 Male 11/12 100m Backstroke

414 Female 15+ 200m Ind Medley

415 Male 13/14 200m Breaststroke

416 Female 11/12 400m Free

301 Male 13/14, 15+ 400m Free

302 Female 11/12 200m Breaststroke

303 Male 11/12 100m Ind Medley

304 Female 13/14 200m Backstroke

305 Male 13/14 100m Butterfly

306 Female 15+ 200m Free

307 Male 15+ 100m Backstroke

308 Female 11/12 100m Free

309 Male 11/12 200m Backstroke

310 Female 13/14 100m Breaststroke

311 Male 13/14 200m Ind Medley

312 Female 15+ 100m Butterfly

313 Male 15+ 200m Butterfly

314 Female 11/12 100m Breaststroke



# Health and Safety Declaration

***In order to comply with accreditation and health and safety requirements, this form must be completed and returned with the entry information.***

I confirm that all the entered swimmers have paid their current S.A.S.A. Annual Membership Fee or are affiliated members of their governing body.

I understand that any swimmer entered without a registration number or not affiliated to their governing body will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner.

I confirm that the information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

Signed: ......................................................................................................

Print Name: ...............................................................................................

Position in Club: ........................................................................................

On behalf of: .............................................................................................

(Name of club)

Return this form along with entries to arrive no later than Saturday 2nd November 2019 to:

Peter McBurnie

29 Castledykes Road

Dumfries

DG1 4SN

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# Health and Safety Announcement

**Controlling the use of Photographic Equipment**

The S.A.S.A has a strict child protection policy, brought about by concerns over paedophile activity. This policy has been adopted by each member club and requires the meet organisers strictly control the use of photographic and video equipment. Therefore, the use of such equipment shall be subject to the following guidelines: -

* No photographic equipment (e.g. camera, camcorder, camera phones etc) is to be allowed on either poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without the prior approval of the meet director.

* Applications to use photographic equipment must be made on the approved S.A.S.A. form which is available on request.

* Applications can be made on the day to the meet director or to the meet director’s approved official. Applicants must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.

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| |  |  | | --- | --- | | **Summary Sheet** |  | | **Club Name** |  | | **Contact Name** |  | | **Address** |  | | **Post Code** |  | | **Telephone** |  | | **Email** |  | |
| |  |  |  |  | | --- | --- | --- | --- | | **Entries** | **Number** | **@** | **Total**  **Cost** | | Swimmers |  | £5.00 |  | | Coaches |  | £10.00 |  | | Total Amount Enclosed | | |  |   Please make cheques payable to: **Dumfries Amateur Swim Club**  If paying by BACS then please contact Hazel on [treasurer@dumfriesasc.co.uk](mailto:treasurer@dumfriesasc.co.uk) for details. |

Return this form along with entries to arrive no later than **Saturday 2nd November 2019** to

Peter McBurnie

29 Castledykes Road

Dumfries, DG1 4SN