

North Ayrshire 200 Meet – under S A S A Rules
Licence Number WD/L2/001/0220

Date	Saturday/Sunday – 15/16 February 2020
Venue	Portal Leisure Centre, Irvine
Pool	6 lane 25m pool, anti-wave lane ropes, full electronic timing with display scoreboard, limited spectator seating.
Age	on last day of Meet
Age Groups	10 years and under, 11 years, 12 years 13years, 14 years, 15/16 years and 17 over
Events	200 Fly 200 Back, 200 Breast, 200 Free and 200 IM. – Age Group 800 and 1500 Freestyle, 400 Freestyle and 400 I.M. - Open Swimmers can enter all events in their age group and open events. Number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest. Entries will be accepted on time basis.
Awards	Medals to be awarded to 1 st , 2 nd and 3 rd places,
Entry forms	Submit times by Hy-Tek, available on request from: ann_girvan@btinternet.com
Accreditation:	To ensure accreditation every club entering 5 or more swimmers to supply one judge for each session a swimmer is participating.
Closing Date	27 January
Entry fee	£6.00 per event - 800 and 1500m events £8.00
BACS Transfer	Bank of Scotland, Sort Code 80-17-11, Account No. 00133737
Coaches pass	£3.00 per day (only coaches with a pass will be allowed poolside)
Spare lanes	North Ayrshire A S C reserves the right of spare lanes if available.
Trophies:	Best Age Group Champions - over all 200m events. (five) Points 6,5,4,3,2,1. Overall best performance based on broken or nearest to the meet record.

Saturday**All events declared winner**

Session One, warm-up 9am for 10am start

- 101 – Girls 1500 Freestyle - Open
- 102 – Boys 800 Freestyle - Open
- 103 – Girls 200 Butterfly
- 104 - Boys 200 Breast
- 105 – Girls 200 IM

Session Two, warm-up 1.30 for 2.30 start

- 201 – Girls 400 IM - Open
- 202 – Boys 400 Freestyle - Open
- 203 – Girls 200 Freestyle
- 204 – Boys 200 IM

Sunday

Session Three, warm-up 9am for 10am start

- 301 - Boys 1500 Freestyle - Open
- 302 – Girls 800 Freestyle - Open
- 303 – Boys 200 Butterfly
- 304 – Girls 200 Backstroke
- 305 – Boys 200 Freestyle

Session 4, warm-up 1.30 for 2.30 start

- 401 – Girls 400 Freestyle - Open
- 402 – Boys 200 Backstroke - Open
- 403 – Girls 200 Breaststroke
- 404 – Boys 400 IM