

EAST KILBRIDE



SWIM TEAM

East Kilbride Swim Team

Graded Meet 2020

MEET INFORMATION

22nd February 2020

Larkhall Leisure Centre

Broomhill Road

Larkhall, ML9 1QP

Under SASA and FINA Rules

Licence Number: WD/L3/020/0220

EAST KILBRIDE SWIM TEAM

GRADED MEET 2020

MEET INFORMATION

Date: Saturday 22nd February 2020

Venue: Larkhall Leisure Centre, Larkhall, ML9 1QP

Pool: 6 lanes x 25m with full electronic timing

Time: **Session 1** Warm-up: 9.00pm Start: 10.00am
Sessions 2 Warm-up: 1.30pm Start: 2.30pm

Categories: 10 & U, 11-12, 13-14

Entries will be evenly split across ALL age groups

Age as at 23rd February 2020

Events: The programme for each category will be as follows:

ALL EVENTS ARE H.D.W

10 & U - 50m on each of the 4 strokes + 100 IM

11-12, 13-14 - 100m on each of the 4 strokes + 200 IM

Entry Fee: £5.00 per event

Coaches: ALL Swimmers must be accompanied by at least ONE coach

Closing Date: Friday 31st January 2020

We would like to invite you to the East Kilbride Graded Meet for 2020. We hope to provide you with a great opportunity for your swimmers to cover all strokes and learn about the competitive pathway on offer.

Entry Times: SLOWER THAN entry times given. The organisers reserve the right to make cuts to ensure a balanced programme and the smooth running of the meet. Entry times will be short course times; however, long course times converted to short course are acceptable.

Entries: Entries to be submitted by the closing date using Hy-Tek Team Manager meet file. Please ensure that it is completed correctly to show the FULL NAME OF SWIMMER, FULL DATE OF BIRTH, REGISTRATION NUMBER, EVENT NUMBER and ENTRY TIME. Events file supplied to clubs on request, along with instructions if needed. Files can be downloaded on www.swimscotland.co.uk or can be requested by email to derek@ekasc.co.uk.

The summary sheet and entry fees should be forwarded within 3 days of the closing date to:

Derek McGown
37 MacBeth
Calderwood
East Kilbride
G74 3NH

Cheques should be made payable to 'EKASC'.

BACS: 82-69-03 – 10117014, Club Name as reference

Withdrawals: Any withdrawals (including reserves) prior to the first day of the event should be notified to the entries/withdrawals secretary by email to derek@ekasc.co.uk. Withdrawals can also be made up to 45 minutes before the start of each session.

Results will be posted in the pool area and on Meet Mobile

Refunds: No refunds will be given after the closing date. Fees for rejected entries will be returned as soon as possible after the event

Prizes: Medals will be given for 1st, 2nd and 3rd in each event.

Presentations: Medals can be collected at the medal table as soon as the results are available for each event.

Officials: To help with accreditation, clubs are kindly asked to provide at least two Technical Officials per session, one of which should be qualified to a minimum level of Judge Level 1. Details of officials should be sent with the entry fee payment.

Meet Rules

- The meet will be held under S.A.S.A. rules.
- Age as at 23rd February 2020.
- All swimmers of Scottish clubs must have a current S.A.S.A. registration number.
- All swimmers of non-Scottish clubs must be registered with their governing body.
- The pool is 25 metres long with 6 lanes separated by anti-wave lane ropes.
- Electronic timing will be in operation. In the event of electronic failure, back-up manual timing will be used.
- Coaches must ensure that all swimmers can comply with the technical requirements of each stroke. This is a level 3 meet.
- Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation.
- No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the approved S.A.S.A. form.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

Miscellaneous

- There will be a raffle or other fundraising activities.
- The promoters reserve the right to exclude or refuse admission to any competitor, spectator or team official.
- Swimmers and coaches must not take glassware into the showers or on to poolside and are liable for expulsion from the meet if found to do so.
- Neither EKASC nor Larkhall Leisure Centre can be held responsible for loss or damage to swimmers, team staff or spectator's property. Swimmers are strongly

advised to secure property in the changing rooms and not to leave belongings lying around unattended.

- Swimmers out with the poolside must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on the poolside.
- Anything not covered above and not printed in the event programme will be at the promoter's discretion.
- EKASC reserves the right to vary the above conditions as necessary.
- Swimwear should comply with the FINA and SASA requirements in place on the day of the competition.

Order of Events

Session 1 – Start 10.00am			Slower Than	Session 2 – Start 2.30pm			Slower Than
101	Girls	100 IM	1.30.00	201	Boys	100 IM	1.30.00
102	Boys	200 IM	2.55.00	202	Girls	200 IM	2.55.00
103	Girls	50 Free	37.00	203	Boys	50 Free	37.00
104	Boys	50 Fly	40.00	204	Girls	50 Fly	40.00
105	Girls	100 Breast	1.30.00	205	Boys	100 Breast	1.30.00
106	Boys	100 Back	1.22.00	206	Girls	100 Back	1.22.00
107	Girls	50 Breast	42.00	207	Boys	50 Breast	42.00
108	Boys	50 Back	40.00	208	Girls	50 Back	40.00
109	Girls	100 Free	1.10.00	209	Boys	100 Free	1.10.00
110	Boys	100 Fly	1.24.00	210	Girls	100 Fly	1.24.00

Health and Safety Announcement

Controlling the Use of Photographic Equipment

The S.A.S.A has a strict child protection policy, brought about by concerns over paedophile activity. This policy has been adopted by each member club and requires that meet organisers strictly control the use of photographic and video equipment. Therefore, the use of such equipment shall be subject to the following guidelines:

No photographic equipment (e.g., camera, camcorder, cameraphones etc,) is to be allowed on either poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.

Application to use photographic equipment must be made on the approved S.A.S.A. form which is available on request.

Application can be made on the day to the meet director or to the meet directors appointed official. Applicants must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.

SWIM TEAM

Health and Safety Declaration

In order to comply with accreditation and health and safety requirements, this form must be completed and returned along with entry information.

I confirm that all the entered swimmers have paid their current S.A.S.A. Annual Membership Fee (Scottish clubs) or are affiliated members of their governing body (non-Scottish clubs).

I understand that any swimmer entered without a registration number (British clubs) or not affiliated to their governing body (non-British clubs) will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current/planned legislation.

I confirm that information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

Signed:

Print Name:

Position in club:

On behalf of:
(Name of club)

Return this form along with entries no later than **Friday 31st January 2020** to:

**Derek McGown
37 MacBeth
Calderwood
East Kilbride
G74 3NH
07825327889**

Summary Entry Form – Graded Meet 2020

**** This form must be completed and returned with any entries. ****

Club Name:

Club Contact:

Club Code:

Address:

.....

Telephone:

Email:

Total Entries @ £5.00 each

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Total:

No. of Lunches @ £8 pp

.....

Total:

Total:

Signed:

Position in club:

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