

## Clyde Coast Mini League Rules

### ***Aim of League: To promote competitive swimming to a high standard among younger swimmers.***

1. The league will consist of West District Affiliated clubs. All swimmers must have Scottish Swimming (SASA) membership.
2. There will be three rounds with three or four clubs in each round.
3. The enclosed programme will be swum in each match. The points scoring system will be common to all matches, the first three rounds 5, 3, 2, 1. Point scoring for the Finals will be 7, 5, 4, 3, 2, 1.
4. A League Convenor will be appointed and each participating club will appoint a league representative.
5. The League Convenor will inform each representative of the groupings for each and the league positions after all the results for that round are received and checked. The web site will be updated regularly.
6. League points for each round will be awarded as follows:-
  - The winner of each match - 5 Points
  - The second placed club - 3 Points
  - The third placed club - 2 Points
  - The fourth placed club - 1 Point
7. The groupings for each round will be determined as follows:-

Rounds 1, 2 and 3 allocated as per groupings sheet.
8. A charge of £75.00 to be made each year. To cover Convenor's expenses hire of pool and purchase of trophies and medals. Cheques made payable to 'Clyde Coast Leagues'.or BACS – sort code 83-24-15 Account No.. 00129982
9. All host clubs to submit a licence and accreditation form to the West District Swimming Convenor, at least six weeks before the match is swum. The Clyde Coast League Convenor will submit a licence and accreditation form to the West District Swimming Convenor, at least six weeks before the Finals are swum. The Clyde Coast Leagues will pay the cost of this licence, which will be a level 3 meet (non-accredited meet).
10. All matches will be swum under SASA rules. **Age as at 30<sup>th</sup> June.**  
The ages will be consistent for rounds and the finals all with a Level 3 licence i.e. 8 years and under, 9 years, 10 years and 11 years as at 30 June.

All matches /and the finals will be a level 3 meet (non-accredited meet).

Swimmers aged 8 and under, can only swim up to four individual events, in their own age group in heats and finals with no restriction on the number of relay swims.

9, 10 and 11 years old swimmers can only have 2 individual events, in their own age group in the heats and finals with no restriction on the number of relay swims.

11. During the Rounds all competing clubs should provide at least one Timekeeper for each match. For the A and B finals each club should provide at least one Judge and one Timekeeper.
12. Swimmers who change club part way through the league and have already competed in the league may not swim for their new club until the following year.
13. Coaches have a duty not to swim swimmers unable to swim legal strokes.

The West District STO committee have ruled that as it's not always possible for a qualified referee to attend each match that. - See note B

**During the first three rounds no swimmer will be disqualified.**

In the finals the ultimate decision must nevertheless lie with the Referee.

14. After round three finishes and before 30<sup>th</sup> June, the top six clubs will swim-off for the A final and clubs seven to twelve will swim off in a B final, dates and venue to be arranged. The final placing will be determined by the league points. If the league points are equal for 6<sup>th</sup> and 12<sup>th</sup> places, the final placing will be determined by the meet points. In the case of two clubs with equal league and match points for 6<sup>th</sup> or 12<sup>th</sup> places, the club that has swum against the greater number of clubs will be allocated the place in the A or B final. If the clubs are still equal a swim-off then needs to take place or if clubs prefer a toss of a coin.
15. For the A and B Finals withdrawals and changes to teams **must be** with the Recorder at least 30 minutes before the session start time. No late entries will be accepted.
16. Medals or pennants will be awarded to all clubs in both finals. A copy of the final results showing swimmers name and time will be sent to the clubs in both finals. Clubs 13 plus will receive a certificate or memento of the league.
17. Clubs missing a match will not be allowed to swim in either of the two finals. Unless there are very extenuating circumstances for missing a match, for example, a bus has mechanical failure or extreme weather conditions forcing the bus to return home. The Swimming Leagues Committee would deal with any of these cases in conjunction with the clubs involved.
18. Any disagreement, which is forwarded to the League Convenor, must be accompanied by a report from the coaches of the clubs involved. Any complaints must be lodged with the League Convenor within 7 days of results being published.

**Sponsoring Competing Clubs**

Once the groupings for each round have been worked out the clubs in each match will be informed and the club at the top of the list will have first refusal on organising the match. If this is impossible, the second club must be given the chance to run the match and so on down the list.

If the date of a round is not suitable, the host club to be informed immediately and a new date will be mutually agreed. If a match has been arranged it can only be changed if all clubs in that group agree to the change

### **Host Clubs.**

Please bear in mind the finishing time of the gala where visiting teams have long journeys home with young swimmers, especially if they have school the next day. Saturday matches are preferable. All matches must be confirmed in writing/email within seven days, stating date, venue and warm-up times. The visiting clubs must acknowledge receipt of this correspondence.

The host club must obtain a licence from the West District for each home match and also send each of the participating clubs in that round a copy of the results showing swimmers name and time.

Hospitality, it is suggested that clubs provide a biscuit and a cup of tea for visiting parents and swimmers get crisps and juice which can be taken on the bus to be eaten.

#### Note A

8 years and under can swim all 4 individual events in their age group

If a 8 year old swims up as a 9 year old then the rules of two individual swims come into force. one swim as an 8 years and under and one swim as 9 years or two swims as a 9 year old.

9 years and over can only swim two individual events and relays in each round..

A swimmer can swim up an age group but they can only have two individual swims in that match .

There is no restriction on number of relay swims.

#### Note B

The West District have agreed that League matches can be held on District weekends, BUT efforts should be made to promote the philosophies of the League rules and that as Referees are not required and these philosophies should be used as to “encourage parents to get involved” and for experienced judges that do attend to stretch their experience with starting and refereeing.

## Clyde Coast Mini League - Programme

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Girls	Boys		
1	2	9 years and under	4 x 25m Medley Relay
3	4	10 years	4 x 25m Medley Relay
5	6	11 years	4 x 50m Medley Relay
7	8	8 years and under	25m Freestyle
9	10	9 years	25m Butterfly
11	12	10 years	50m Backstroke
13	14	11 years	100m Breaststroke
15	16	8 years and under	25m Butterfly
17	18	9 years	25m Backstroke
19	20	10 years	50m Freestyle
21	22	11 years	100m Butterfly
23	24	8 years and under	25m Backstroke
25	26	9 years	25m Breaststroke
27	28	10 years	50m Butterfly
29	30	11 years	100m Freestyle
31	32	8 years and under	25m Breaststroke
33	34	9 years	25m Freestyle
35	36	10 years	50m Breaststroke
37	38	11 years	100m Backstroke
39	40	9 years and under	4 x 25m Freestyle Relay
41	42	10 years	4 x 25m Freestyle Relay
43	44	11 years	4 x 50m Freestyle Relay
45	46		6 x 25m Squadron Freestyle Relay (2 swimmers from each age group swimming in age order, youngest first)

**Ages as at 30 June. Match Points 5,3,2,1 and Finals Points 7,5,4,3,2,1 for all events.**