



**Bellshill Sharks**

**Open Age Group Meet**

**8<sup>th</sup> – 9<sup>th</sup> February 2020**

**Sir Matt Busby Sports Centre**

**Main Street, Bellshill ML4 3DP**

**License Number: TBD**



## MEET INFORMATION

- Date:** Saturday 8<sup>th</sup> and Sunday 9<sup>th</sup> February 2020
- Venue:** Sir Matt Busby Sports Centre, Bellshill, Bellshill ML4 3DP
- Pool:** 6 x 25m with anti-turbulence lanes & full electronic timing
- Timings:**
- |         |                 |         |
|---------|-----------------|---------|
| Warm up | 09.00 and 13.30 | Sat/Sun |
| Start   | 10.00 and 14.30 | Sat/Sun |
- Ages:** As on last day of meet (09/02/20)
- Age groups:** 8-10, 11-12, 13-14, 15 & Over
- Events:** 50m, 100m, 200m, 400m Free  
50m, 100m & 200m Backstroke, Breaststroke & Butterfly  
200m & 400m IM
- Finals for 50m Events, all other events HDW
- Awards:** All age groups – Medals 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>
- Officials:** Clubs are requested to supply at least 2 Technical Officials per session, one of which should be qualified as a judge or above.
- Entry Fees:** £7.00 per individual event
- Coaches Pass:** £10 per coach per day (includes Programme, Results and Meal)
- Closing Date:** Sunday 19<sup>th</sup> January 2020

*All entries should be submitted using the Hy-Tek file which can be downloaded from [www.swimscotland.co.uk](http://www.swimscotland.co.uk) or requested and sent to this e-mail address: [entries@bellshillsharksasc.co.uk](mailto:entries@bellshillsharksasc.co.uk)*

*All Paperwork and entry fees should be sent to the following address:*

Linzi Kirk  
18 Kenneth Road  
Motherwell  
ML1 3AN

## Meet Rules

- The meet will be held under S.A.S.A. rules.
- Age as on the final day of the competition
- Swimmers may only enter their own age group.
- No Swimmer under the age of 8 years is permitted to swim in accordance with licence requirements
- All swimmers must have a current SASA registration number or be registered with the appropriate governing body.
- Electronic timing will be in operation. In the event of the electronic timing failing, back-up manual timing will be used
- Coaches must ensure that all swimmers can comply with the technical requirements of each stroke. This is a level 2 meet.
- Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation
- No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the approved S.A.S.A. form.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

## Entries & Start Lists

- All entries must be made on the electronic files and submitted by email to the Meet Secretary [entries@bellshillsharksasc.co.uk](mailto:entries@bellshillsharksasc.co.uk)
- Entry files can be downloaded from [www.swimscotland.co.uk](http://www.swimscotland.co.uk) or requested by email to the Meet Secretary
- All entry times must be Short Course or conversions to Short Course.
- It is the responsibility of Entry Secretaries to ensure that all entry times and dates of birth are correct
- No late entries will be accepted
- Start sheets will be prepared in advance of the meet. Any advance withdrawals should be made as early as possible to the Meet Secretary
- On the Day Withdrawals must be made no later than 45 minutes prior to the start of each session on the withdrawal form in the coaches' pack.
- Where an event is over-subscribed, entries may be scratched to ensure the smooth and timely running of the Meet. Scratches will be made proportionately across all age groups with slower swimmers being rejected. Rejected entries will be refunded.
- Where there are any withdrawals on the day, this will be filled by a reserve in the same age group. Where this is not possible the reserve space will be filled at the discretion of the meet director
- No Time-Only swims will be allowed or entries on the day. Bellshill Sharks reserves the right to fill any empty lanes

## Events

- 50m Events will be heats and finals. All other events will be heat declared winners.
- Over the top starts may be used at the discretion of the promoter/referee in order to facilitate the smooth running of the meet.
- Any amendments to published Start Lists (including Reserve swims) will be released prior to the start of each session
- Swimmers must report to the designated marshalling area at least four heats in advance. It is the responsibility of Coaches/Team Managers to ensure that their swimmers report to the marshalling area on time
- There will be no medal ceremonies, medals can be collected from the table at poolside after each event

## Consideration Times

- This meet is Open, there are NO Consideration Times
- Where an event is over-subscribed, entries may be scratched to ensure the smooth and timely running of the Meet. Scratches will be made proportionately across all age groups with slower swimmers being rejected. Rejected entries will be refunded.

## Warm-up

- The warm-up will commence only when announced by the warm-up controller.
- There will be no diving allowed during the warm-up until the controlled sprint lanes are announced by the controller.
- Swimmers should keep moving during the warm-up to avoid congestion in any part of the pool.
- Sprint lanes will be introduced during the last period of each warm-up

## Miscellaneous

- Accreditation has been sought via West District Licence
- The promoters reserve the right to exclude or refuse admission to any competitor, spectator or team official
- Swimmers and coaches must not take glassware into the shower or poolside area and are liable for expulsion from the meet if found to do so
- Bellshill Sharks, Sir Matt Busby Sports Centre and North Lanarkshire Leisure take no responsibility for any loss or damage to swimmers, team officials or spectators property. Swimmers are strongly advised to secure property in the lockers provided and not leave belongings lying around unattended.
- Swimmers out-with the pool area must wear dry clothing and footwear at all times.
- Anything not covered above and not printed in the meet programme will be at the promoter's discretion.
- Bellshill Sharks reserve the right to vary the above conditions as required.

## Order of Events

<b>Session 1 – Saturday Morning</b>			<b>Session 2 – Saturday Afternoon</b>		
101 Girls 11 & Over	400 Freestyle	HDW	201 Girls 11 & Over	400 IM	HDW
102 Boys 11 & Over	200 IM	HDW	202 Boys 12 & Under	100 Freestyle	HDW
103 Girls 12 & Under	100 Breaststroke	HDW	203 Girls 12 & Under	100 Freestyle	HDW
104 Boys 12 & Under	100 Breaststroke	HDW	204 Boys 13 & Over	100 Freestyle	HDW
105 Girls 13 & Over	100 Breaststroke	HDW	205 Girls 13 & Over	100 Freestyle	HDW
106 Boys 13 & Over	100 Breaststroke	HDW	206 Boys 12 & Under	50 Backstroke	Heats
107 Girls 12 & Under	50 Butterfly	Heats	207 Girls 12 & Under	50 Backstroke	Heats
108 Boys 12 & Under	50 Butterfly	Heats	208 Boys 13 & Over	50 Backstroke	Heats
109 Girls 13 & Over	50 Butterfly	Heats	209 Girls 13 & Over	50 Backstroke	Heats
110 Boys 13 & Over	50 Butterfly	Heats	210 Boys 12 & Under	200 Breaststroke	HDW
111 Girls 12 & Under	200 Backstroke	HDW	211 Girls 12 & Under	200 Breaststroke	HDW
112 Boys 12 & Under	200 Backstroke	HDW	212 Boys 13 & Over	200 Breaststroke	HDW
113 Girls 13 & Over	200 Backstroke	HDW	213 Girls 13 & Over	200 Breaststroke	HDW
114 Boys 13 & Over	200 Backstroke	HDW	<b><u>Finals</u></b>		
<b><u>Finals</u></b>			206 Boys 12 & Under	50 Backstroke	Finals
107 Girls 12 & Under	50 Butterfly	Finals	207 Girls 12 & Under	50 Backstroke	Finals
108 Boys 12 & Under	50 Butterfly	Finals	208 Boys 13 & Over	50 Backstroke	Finals
109 Girls 13 & Over	50 Butterfly	Finals	209 Girls 13 & Over	50 Backstroke	Finals
110 Boys 13 & Over	50 Butterfly	Finals			
<b>Session 3 – Sunday Morning</b>			<b>Session 4 – Sunday Afternoon</b>		
301 Boys 11 & Over	400 IM	HDW	401 Boys 11 & Over	400 Freestyle	HDW
302 Girls 11 & Over	200 IM	HDW	402 Girls 12 & Under	100 Backstroke	HDW
303 Boys 12 & Under	100 Butterfly	HDW	403 Boys 12 & Under	100 Backstroke	HDW
304 Girls 12 & Under	100 Butterfly	HDW	404 Girls 13 & Over	100 Backstroke	HDW
305 Boys 13 & Over	100 Butterfly	HDW	405 Boys 13 & Over	100 Backstroke	HDW
306 Girls 13 & Over	100 Butterfly	HDW	406 Girls 12 & Under	50 Freestyle	Heats
307 Boys 12 & Under	50 Breaststroke	Heats	407 Boys 12 & Under	50 Freestyle	Heats
308 Girls 12 & Under	50 Breaststroke	Heats	408 Girls 13 & Over	50 Freestyle	Heats
309 Boys 13 & Over	50 Breaststroke	Heats	409 Boys 13 & Over	50 Freestyle	Heats
310 Girls 13 & Over	50 Breaststroke	Heats	410 Girls 12 & Under	200 Butterfly	HDW
311 Boys 12 & Under	200 Freestyle	HDW	411 Boys 12 & Under	200 Butterfly	HDW
312 Girls 12 & Under	200 Freestyle	HDW	412 Girls 13 & Over	200 Butterfly	HDW
313 Boys 13 & Over	200 Freestyle	HDW	413 Boys 13 & Over	200 Butterfly	HDW
314 Girls 13 & Over	200 Freestyle	HDW	<b><u>Finals</u></b>		
<b><u>Finals</u></b>			406 Girls 12 & Under	50 Freestyle	Finals
307 Boys 12 & Under	50 Breaststroke	Finals	407 Boys 12 & Under	50 Freestyle	Finals
308 Girls 12 & Under	50 Breaststroke	Finals	408 Girls 13 & Over	50 Freestyle	Finals
309 Boys 13 & Over	50 Breaststroke	Finals	409 Boys 13 & Over	50 Freestyle	Finals
310 Girls 13 & Over	50 Breaststroke	Finals			



## **Health and Safety Announcement**

### **Controlling the Use of Photographic Equipment**

The S.A.S.A has a strict child protection policy, brought about by concerns over paedophile activity. This policy has been adopted by each member club and requires that meet organisers strictly control the use of photographic and video equipment. Therefore the use of such equipment shall be subject to the following guidelines:

No photographic equipment (e.g., camera, camcorder, camera phones etc.,) is to be allowed on either poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.

Application to use photographic equipment must be made on the approved S.A.S.A. form which is available on request.

Application can be made on the day to the meet director or to the meet directors appointed official. Applicants must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.

## Health and Safety Declaration

In order to comply with accreditation and health and safety requirements, this form must be completed and returned along with entry information.

I confirm that all the entered swimmers have paid their current S.A.S.A. Annual Membership Fee (Scottish clubs) or are affiliated members of their governing body (non-Scottish clubs).

I understand that any swimmer entered without a registration number (British clubs) or not affiliated to their governing body (non-British clubs) will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current/planned legislation.

I confirm that information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

Signed: .....

Print Name: .....

Position in club: .....

On behalf of: .....

(Name of club)

Return this form along with entries no later than the closing date for this competition to:

**Linzi Kirk**  
**18 Kenneth Road**  
**Motherwell**  
**ML1 3AN**

## Summary Entry Form

This form MUST be completed and returned with all entries

**Club Name:** .....

**Contact Name:** .....

**Address:** .....

.....

.....

**Telephone:** .....

**E-Mail:** .....

Total Male Entries @ £7.00 each:..... £.....

Total Female entries @ £7.00 each:..... £.....

Number of coaches passes @ £10.00 each Day..... £.....

**Total Amount enclosed:** £.....

Signed: .....

Position in club: .....

Please make cheques payable to: Bellshill Sharks ASC

Return this form along with entries no later than the closing date for this competition to:-

**Linzi Kirk**  
**18 Kenneth Road**  
**Motherwell**  
**ML1 3AN**