

WEST DISTRICT 2017 LONG COURSE CHAMPIONSHIP – ROUND 3

Dates and Venue

Round 3 4th / 5th March Dollan Aqua Centre – East Kilbride

Sessions: 09:30am and 2:00pm each day.
Warm Ups: 08:30am and 01:00pm each day.

Age Groups

11-13yrs, 14+yrs

Competitors age will be their age on 31st December 2017

This Championship is open to registered swimmers whose 1st Claim Club is affiliated to the West District of the S.A.S.A..

There is a Consideration Time for each individual event.
Entry to the Championship will be in accordance with the District Rules.

Entries

Entries for this Meet require to be generated on the Hy-Tek Team Manager 4/5/6/7 or Lite programme. Hy-Tek Team Manager Lite is available via the internet at www.hy-tek ltd.com/downloads.html

For administration purposes, an **Information Form** must be submitted with the cheque.

Seeded Start Lists for ALL Sessions will be prepared prior to the Meet and Withdrawals will be accepted up to 8pm on Wednesday prior to Championships for exclusion from the Start Lists.

Withdrawals on “Withdrawal Forms” will be accepted, at the Recorder’s Desk, up to 45 minutes before the start of each Session for the purposes of allocating Reserves.

Start Lists will be updated and may be re-seeded based on the Withdrawals on the day.

Start Lists will not be issued to Clubs, prior to the start of a Session, until all Withdrawals have been processed. The issue of Start Lists may extend into the early Events of the Session.

Unplaced Reserves will be allocated to available lanes during an Event after reporting to the Referee at the beginning of that Event.

Further assistance available from John Deans (01698 825507) & john.deans@blueyonder.co.uk

All entries must be addressed to:

John Deans
Entries Coordinator
9 Tynron Court
Hamilton
ML3 8XD

DO NOT SEND ENTRIES BY RECORDED DELIVERY

Entries

Entries equal to or faster than the Consideration Times for each Age Group will be accepted, subject to available lanes, on the basis of providing a balance across the available Heats/Lanes per Event, dependant on the number of Heats.

An Entry Time equal to or faster than the Event Consideration Time does not guarantee acceptance into the Event.

Multi-Classification (MC)

Events are open to West District swimmers who have a recognised classification (IPC, BS, BBS, UKSA or INAS-FID). Swimmers must achieve the qualifying standards for their class in the MC events as per the supplementary MC conditions attached. The MC events will be integrated into the heats, seeded by absolute time. Please refer to the supplementary MC conditions for more information. MC swimmers can compete in the appropriate finals but there are no separate finals for MC competitors.

Reserves

Reserves, comprising of maximum of 2 x from each Age Group where available, will be allocated to each Event. These Reserves will be allocated artificial times to accommodate placing in the Meet programme.

Reserves will be allocated to the Event on withdrawal of confirmed swimmers on an Age Group basis.

Entry Fees

Individual Events £8.00 each event **(Cheques payable to SASA West District)**
(Subject to confirmation at the District AGM – 3rd Dec)

Closing Dates

Entries must be received by, the Entries Coordinator, by the following date:

Round 3 **** **Sunday 12th February** ****

Submitted Times

To be 50 metre times, conversions can be used, and need not be accredited.

Fines

Under District Rules there is a standard £2.00 Fine for any individual competitor who has recorded a time, slower than 1 second, for each 100 metre (or part of 100 metre) outside the Consideration Time.

Technical Officials

District clubs entering swimmers in any District Swimming Championships must provide Swimming Technical Officials for each session of the championships in accordance with the following scale:

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District clubs entering swimmers in any District Swimming Championships must provide Swimming Technical Officials for each session of the championships in accordance with the following scale:

Total no.of Club swimmers per session	Number of STO's per session
1 to 4	None
5 to 9	1 x Judge
10+	2 of which at least 1 must be a Judge, Starter or Referee

A District Club failing to provide STO in accordance with this scale shall be subject to a fine of **£50.00 per person**, for each session in which the required STO is not present. Members of the organising committee shall be counted for the purpose of meeting this requirement.

Important Note: Revised Numbers of STOs may be proposed/agreed at the District AGM on 3rd Dec.

Event Awards

Medals will be awarded for 1st 2nd and 3rd in Junior (13&U) and Open Age Group, in each event. Swimmers will only qualify for one medal per Event.

NOTICE on Presentations

No formal Presentations are scheduled, Announcements will be made of the successful swimmers in each race and medals /medallions will be available for collection during each Session.

Heats and Finals

All Events will be **Heat Declared**.

Heats will be Mixed Ages.

**John A. Deans
District Swimming Committee**

6 Day Programme: 2017 West District Age Group Championships

Day 5 - Saturday 4th March 2017

Session 1 ~ Warm-up: 08:30 Start: 09:30 Finish: 12:30

101	Girls (All Ages)	400m	Freestyle	HDW
102	Boys (All Ages)	100m	Backstroke	HDW
103	Girls (All Ages)	100m	Backstroke	HDW
104	Boys (All Ages)	50m	Butterfly	HDW
105	Girls (All Ages)	50m	Butterfly	HDW
106	Boys (All Ages)	200m	Breaststroke	HDW
107	Girls (All Ages)	200m	Breaststroke	HDW
108	Boys (All Ages)	800m	Freestyle	HDW
109	Girls 11, 12, 13	200m	I.M.	HDW

Session 2 ~ Warm-up: 13:00 Start: 14:00 Finish: 17:00

201	Boys 11, 12, 13	200m	I.M.	HDW
202	Girls (All Ages)	800m	Freestyle	HDW
203	Boys (All Ages)	100m	Breaststroke	HDW
204	Girls (All Ages)	100m	Breaststroke	HDW
205	Boys (All Ages)	50m	Freestyle	HDW
206	Girls (All Ages)	50m	Freestyle	HDW
207	Boys (All Ages)	200m	Backstroke	HDW
208	Girls (All Ages)	200m	Backstroke	HDW
209	Boys (All Ages)	400m	Freestyle	HDW

Finish Time = 17:00

Day 6 - Sunday 5th March 2017

Session 3 ~ Warm-up: 08:30 Start: 09:30 Finish: 12:30

301	Girls (All Ages)	400m	I.M.	HDW
302	Boys (All Ages)	100m	Freestyle	HDW
303	Girls (All Ages)	100m	Freestyle	HDW
304	Boys (All Ages)	200m	Butterfly	HDW
305	Girls (All Ages)	200m	Butterfly	HDW
306	Boys (All Ages)	50m	Backstroke	HDW
307	Girls (All Ages)	50m	Backstroke	HDW
308	Boys (All Ages)	1500m	Freestyle	HDW
309	Girls 14, 15, 16+	200m	I.M.	HDW

Session 4 ~ Warm-up: 13:00 Start: 14:00 Finish: 17:00

401	Boys (All Ages)	400m	I.M.	HDW
402	Girls (All Ages)	100m	Butterfly	HDW
403	Boys (All Ages)	100m	Butterfly	HDW
404	Girls (All Ages)	200m	Freestyle	HDW
405	Boys (All Ages)	200m	Freestyle	HDW
406	Girls (All Ages)	50m	Breaststroke	HDW
407	Boys (All Ages)	50m	Breaststroke	HDW
408	Girls (All Ages)	1500m	Freestyle	HDW
409	Boys 14, 15, 16+	200m	I.M.	HDW

Finish Time = 17:00

Consideration Times 2017 - Round 3 - To be LC times, can be converted from SC

Girls		Events	Boys	
Senior (14+)	Junior (11-13)		Junior (11-13)	Senior (14+)
32.00	35.00	50 Freestyle	34.00	31.00
1.10.00	1.16.00	100 Freestyle	1.18.00	1.08.00
2.32.00	2.45.00	200 Freestyle	2.48.00	2.30.00
5.20.00	6.00.00	400 Freestyle	6.00.00	5.20.00
10.45.00	12.00.00	800 Freestyle	12.00.00	10.45.00
20.30.00	22.00.00	1500 Freestyle	22.00.00	20.30.00
37.00	40.00	50 Backstroke	41.00	37.00
1.19.00	1.27.00	100 Backstroke	1.31.00	1.17.00
2.56.00	3.09.00	200 Backstroke	3.08.00	2.55.00
42.00	46.00	50 Breaststroke	46.00	42.00
1.30.00	1.40.00	100 Breaststroke	1.50.00	1.30.00
3.10.00	3.30.00	200 Breaststroke	3.25.00	3.10.00
36.00	39.00	50 Butterfly	40.00	37.00
1.18.00	1.30.00	100 Butterfly	1.45.00	1.20.00
3.10.00	3.25.00	200 Butterfly	3.25.00	3.10.00
2.55.00	3.10.00	200 IM	3.20.00	2.57.00
6.15.00	6.40.00	400 IM	6.50.00	6.20.00

Multi-Classification (MC)

These supplementary conditions apply in conjunction with the general conditions for the West District Age Group Championships.

The following events will be included in the heats where a swimmer meets the eligibility criteria and consideration standards for their classification:

- 50m Freestyle – S1-S13
- 100m Freestyle – S1-S13
- 200m Freestyle – S1-S5 & S14
- 400m Freestyle – S6-S13
- 50m Backstroke – S1-S5
- 100m Backstroke – S6-S14
- 50m Butterfly – S1-S7
- 100m Butterfly – S8-S13
- 50m Breaststroke – SB1-SB3
- 100m Breaststroke – SB4-SB14
- 200m IM – SM5-SM14

Eligibility

Functional (S1-S10, SB1-SB9, SM1-SM10)

• All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Visual (S11-S13, SB11-SB13, SM11-SM13)

• All competitors must have an authorised British Blind Sport, IBSA or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Learning (S14, SB14, SM14)

• All competitors must have an authorised UKSA, INAS-FID or IPC classification which is held on the British Swimming or IPC Swimming database at the time of entry.

General

Consideration times must have been achieved since 1st December 2015 and may be achieved in either long or short course events. All swimmers qualifying will be integrated into the heats seeded by absolute time. The competition shall take place under the relevant IPC Swimming Rules.

Consideration times are detailed in the table below:

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MC CONSIDERATION TIMES

<u>50m</u> <u>FREE</u>	<u>Girls</u>	<u>Boys</u>	<u>100m</u> <u>FREE</u>	<u>Girls</u>	<u>Boys</u>	<u>200m</u> <u>FREE</u>	<u>Girls</u>	<u>Boys</u>	<u>400m</u> <u>FREE</u>	<u>Girls</u>	<u>Boys</u>
S1	02:22.99	02:38.56	S1	07:04.37	04:35.33	S1	11:15.63	08:43.43	S6	09:06.33	08:45.15
S2	02:01.41	01:42.29	S2	05:48.69	04:12.18	S2	11:49.48	06:20.27	S7	09:09.39	08:17.28
S3	01:19.29	01:11.71	S3	02:41.26	03:06.05	S3	06:00.37	05:45.27	S8	08:11.90	07:43.73
S4	01:08.87	01:07.27	S4	02:47.57	02:26.28	S4	05:45.20	05:12.48	S9	08:02.22	07:24.35
S5	01:03.22	00:58.17	S5	02:19.35	02:09.08	S5	04:51.33	04:33.11	S10	07:46.28	06:55.87
S6	00:58.50	00:50.42	S6	02:06.53	01:52.56	S14	03:33.57	03:18.19	S11	09:10.39	07:57.79
S7	00:56.54	00:48.48	S7	02:03.78	01:45.28				S12	08:42.99	07:10.32
S8	00:51.90	00:45.34	S8	01:50.77	01:38.82				S13	07:59.23	07:05.85
S9	00:49.11	00:44.20	S9	01:46.78	01:36.88						
S10	00:47.12	00:40.05	S10	01:43.58	01:27.52						
S11	00:52.41	00:45.08	S11	01:56.13	01:41.12						
S12	00:48.25	00:41.04	S12	01:43.85	01:31.19						
S13	00:47.60	00:41.16	S13	01:42.70	01:31.03						
<u>50m</u> <u>BACK</u>	<u>Girls</u>	<u>Boys</u>	<u>100m</u> <u>BACK</u>	<u>Girls</u>	<u>Boys</u>	<u>50m</u> <u>BREAST</u>	<u>Girls</u>	<u>Boys</u>	<u>100m</u> <u>BREAST</u>	<u>Girls</u>	<u>Boys</u>
S1	03:51.05	02:04.42	S1	07:37.83	04:10.66	SB1	03:50.89	05:57.41	SB4	03:14.65	02:43.83
S2	01:53.47	01:25.39	S2	03:55.70	03:06.59	SB2	02:26.01	01:32.29	SB5	02:58.86	02:38.80
S3	01:27.41	01:18.39	S6	02:26.32	02:07.13	SB3	01:43.05	01:24.01	SB6	02:45.10	02:20.64
S4	01:27.75	01:15.51	S7	02:22.15	02:01.47				SB7	02:38.47	02:16.36
S5	01:17.04	01:06.16	S8	02:12.80	01:49.96				SB8	02:17.02	02:05.05
			S9	02:00.14	01:49.58				SB9	02:10.68	01:51.88
			S10	01:57.18	01:40.93				SB11	02:25.30	02:03.90
			S11	02:16.49	01:56.08				SB12	02:18.12	01:56.13
			S12	02:02.35	01:43.55				SB13	02:09.59	01:53.41
			S13	01:56.45	01:41.23				SB14	02:11.49	01:54.97
			S14	01:52.76	01:45.72						
<u>50m</u> <u>FLY</u>	<u>Girls</u>	<u>Boys</u>	<u>100m</u> <u>FLY</u>	<u>Girls</u>	<u>Boys</u>	<u>200m</u> <u>IM</u>	<u>Girls</u>	<u>Boys</u>			
S1		05:00.00	S8	01:59.90	01:43.73	SM5	06:09.95	06:04.72			
S2	03:57.64	04:05.11	S9	01:57.66	01:41.75	SM6	05:12.34	04:34.36			
S3	02:35.87	02:24.35	S10	01:54.72	01:36.05	SM7	05:11.09	04:26.34			
S4	02:32.47	01:20.61	S11	02:20.74	01:47.75	SM8	04:39.26	04:00.02			
S5	01:17.76	01:00.55	S12	01:58.93	01:38.68	SM9	04:25.64	03:54.12			
S6	01:02.58	00:52.51	S13	01:50.36	01:37.34	SM10	04:16.60	03:41.82			
S7	01:00.28	00:51.12				SM11	04:52.37	04:11.29			
						SM12	04:40.74	03:49.69			
						SM13	04:09.20	03:51.69			
						SM14	04:09.03	03:45.90			