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| **Venue** | Citadel Leisure Centre, South Harbour Street, Ayr, KA7 1JB  |
| **Pool** | 6 Lane x 25m with separate swim-down pool |
| **Electronic Timing** | Omega |
| **Licence No.** | WD/L3/009/1022Held under SASA Regulations and FINA Technical Rules for Swimming |
| **Meet Licence Level** | 3 |
| **Graded Meet Level** | “A” |
| **Entry Fee** | £6.00 per individual event |
| **Closing Date** | **12 noon on Friday 9th September 2022** |
| **Entry Request** | We ask all clubs, when entering, commit to supporting the requirement for technical officials across the meet. Our STO, Mhairi Willis (sto@sast.me), will be in touch ahead of the meet. |
| **Age Groups****and Events** | 8-9 years: 50m Freestyle, Backstroke, Breaststroke, Butterfly10-11 years: 100m Freestyle, Backstroke, Breaststroke, Butterfly and Individual Medley12-13 years: 100m Freestyle, Backstroke, Breaststroke, Butterfly and Individual Medley14&over: 100m Freestyle, Backstroke, Breaststroke, Butterfly and Individual MedleyAll events are HDW (Heat Declared Winners)**Age on 2nd October 2022.** |
| **Prizes** | 1st, 2nd and 3rd will be presented to each swimmer in each event. Medals can be collected from the Medals Table during the session. |
| **Car Parking** | At the pool and at an overflow parking area adjacent to Horizon Hotel (5 min walk). |
| **Accommodation** | A list of hotels can be obtained from Ayr Tourist Office on 01292 678100.Craig Tara Caravan Park is also a source of accommodation. |
| **Poolside Pass** | Poolside Passes entitle the holder to entry to the poolside, early morning sausage or bacon roll, tea/coffee throughout the day, lunch and start sheet. They can be purchased at £10.00 each per coach/team manager/chaperone per weekend. Please note that some of the offering is to be confirmed and if we are unable to provide some of it, clubs will be entitled to a refund which will be processed as soon as possible after the meet. |
| **Spectating** | Will be allowed at the meet. |

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| **1** | The pool is 25m long x 6 lanes, with anti-turbulence lane ropes and swim-down facility. |
| **2** | Omega electronic timing. |
| **3** | All swimmers of Scottish clubs must have a current SASA membership number. All swimmers of non-Scottish clubs must be registered with their governing body. |
| **4** | No photographic or video equipment shall be allowed in any area under the jurisdiction of the Meet Organisers without prior approval of the Meet Manager. Applications must be made on the SASA approved form available at the Meet Office. |
| **5** | Swimmers, coaches, and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. No diving is allowed at the shallow end of the pool. |
| **6** | A one-way system around the pool will be in operation. |
| **7** | Warm-ups will be split to accommodate the numbers and age range of competitors and as per schedule of events. It is the coaches’ responsibility to supervise their swimmers during warm-ups. |
| **8** | Over the top starts will be used during the Meet at the discretion of Meet Manager/Referee. |
| **9** | Entries to events will be restricted and will be accepted based on entry times. Any entry not accepted will be refunded. If there are reserve swims and a reserve swimmer attends and does not get a swim, a full refund will be issued. A list of excluded entries will be sent to the Contact stated on the Meet Entry form. It is the responsibility of the person receiving confirmation of the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries. |
| **10** | We will accept withdrawals (in writing via email to Colin Dunn sast.bubble@gmail.com) up to Wednesday 28th September at 8pm, to allow us to inform any reserves (if there are any) in advance of the meet. |
| **11** | Withdrawal slips will be available in Coaches’ packs. Withdrawals will be allowed up to 45 mins before the start of each session. Start sheets will then be posted at various locations around the poolside. Marshalling is compulsory. Swimmers will be called for in whole events at least one event prior to their swim and marshalled into heats in the designated marshalling area. Swimmers will then be sent in heat order to the starting blocks. |
| **12** | SAST reserve the right to fill lanes with their swimmers where an event is under subscribed.SAST reserve the right to scratch events when there are insufficient entries. |
| **13** | Only poolside pass holders, swimmers, technical officials and meet personnel shall be allowed on to the poolside. |
| **14** | Where applicable, to ensure accreditation for each session we would appreciate support from participating Clubs by nominating Technical Officials qualified to Judge level.  |
| **15** | It is the coaches’ responsibility to supervise their swimmers using the swim down pool – if this facility is abused it may have to be withdrawn. |
| **16** | Start Lists and Results will be available on the Meet Mobile app. |

**Order of Events**

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| **Session 1** | **Warm up 0850-0950 Start 1000 Finish 1230-1300** |
| **Event** | **Gender** | **Age group** | **Distance** | **Stroke** | **Entry time slower than** |
| 101  | Girls  | 8 – 9  | 50m  | Freestyle  | NT |
| 102  | Boys  | 8 – 9  | 50m  | Freestyle  | NT |
| 103  | Girls  | 10 – 11  | 100m  | Breaststroke  | 1:44.26 |
| 104  | Boys  | 10 – 11  | 100m  | Breaststroke  | 1:45.99 |
| 105  | Girls  | 12 – 13  | 100m  | Freestyle  | 1:10.86  |
| 106  | Boys  | 12 – 13  | 100m  | Freestyle  | 1:07.78  |
| 107  | Girls  | 14 and over  | 100m  | Butterfly  | 1:14.68  |
| 108  | Boys  | 14 and over  | 100m  | Butterfly  | 1:10.70  |
| 109  | Girls  | 8 – 9  | 50m  | Breaststroke  | NT |
| 110  | Boys  | 8 – 9  | 50m  | Breaststroke  | NT |
| 111  | Girls  | 10 – 11  | 100m  | Freestyle  | 1:20.32  |
| 112  | Boys  | 10 – 11  | 100m  | Freestyle  | 1:20.02 |
| 113  | Girls  | 12 – 13  | 100m  | Breaststroke  | 1:30.50  |
| 114  | Boys  | 12 – 13  | 100m  | Breaststroke  | 1:27.49  |
| 115  | Girls  | 14 and over  | 100m  | Backstroke  | 1:14.72  |
| 116  | Boys  | 14 and over  | 100m  | Backstroke  | 1:11.13  |
| 117  | Girls  | 10 – 11  | 100m  | IM  | 1:33.64  |
| 118  | Boys  | 10 – 11  | 100m  | IM  | 1:34.25 |

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| **Session 2** | **Warm up 1320-1420 Start 1430 Finish 1700-1730** |
| **Event** | **Gender** | **Age group** | **Distance** | **Stroke** | **Entry time slower than** |
| 201  | Girls  | 12 – 13  | 100m  | Backstroke  | 1:19.30 |
| 202  | Boys  | 12 – 13  | 100m  | Backstroke  | 1:17.19 |
| 203  | Girls  | 14 and over  | 100m  | IM  | 1:17.50  |
| 204  | Boys  | 14 and over  | 100m  | IM  | 1:13.04  |
| 205  | Girls  | 8 – 9  | 50m  | Backstroke  | NT |
| 206  | Boys  | 8 – 9  | 50m  | Backstroke  | NT |
| 207  | Girls  | 10 – 11  | 100m  | Butterfly  | 1:32.62  |
| 208  | Boys  | 10 – 11  | 100m  | Butterfly  | 1:32.97 |
| 209  | Girls  | 12 – 13  | 100m  | IM  | 1:21.88  |
| 210  | Boys  | 12 – 13  | 100m  | IM  | 1:19.95 |
| 211  | Girls  | 14 and over  | 100m  | Breaststroke  | 1:25.78 |
| 212  | Boys  | 14 and over  | 100m  | Breaststroke  | 1:20.59 |
| 213  | Girls  | 8 – 9  | 50m  | Butterfly  | NT |
| 214  | Boys  | 8 – 9  | 50m  | Butterfly  | NT |
| 215  | Girls  | 10 – 11  | 100m  | Backstroke  | 1:30.57  |
| 216  | Boys  | 10 – 11  | 100m  | Backstroke  | 1:31.57 |
| 217  | Girls  | 12 – 13  | 100m  | Butterfly  | 1:19.76  |
| 218  | Boys  | 12 – 13  | 100m  | Butterfly  | 1:16.45  |
| 219  | Girls  | 14 and over  | 100m  | Freestyle  | 1:07.02  |
| 220  | Boys  | 14 and over  | 100m  | Freestyle  | 1:03.21  |

**SUMMARY SHEET**

**Please return this form along with meet entry files and payment.**

Club: …………………………………………………………………………...................

 Contact Name: ………………………………………………………………………………………

 Address: ……………………………………………………………………………………....

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 Post Code: ………………………………. Tel No. ..............................................……….

 STO Contact Name: ………………………………………………………………………………………..

 STO Email Address: ………………………………………………………………………………………..

Total Male Entries @ £ 6.00 …………….. £......................................

 Total Female Entries @ £ 6.00 …………….. £......................................

 Total for Poolside Passes @ £10.00 …………….. £ ………………………………..…

 (See separate sheet)

**Total Payment Required** **£** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Return form to: Colin Dunn

 email: sast.bubble@gmail.com

Bank Account details: South Ayrshire Swim Team

Acc No. 00158047

Sort Code 83-15-26

Make cheques payable to: South Ayrshire Swim Team

Send cheques to: South Ayrshire Swim Team

 c/o Prestwick Swimming Pool

 Bellevue Road, Prestwick, KA9 1NW

**Closing date 12 noon on Friday 9th September 2022**

**POOLSIDE PASS APPLICATION**

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| CLUB NAME ………………………………………………………………………………………………………. Poolside Passes entitle the holder to entry to the poolside, early morning sausage or bacon roll, tea/coffee throughout the day, lunch and start sheet. They can be purchased at £10.00 each per coach/team manager/chaperone per weekend.Please note that some of the offering is to be confirmed and if we are unable to provide some of it, clubs will be entitled to a refund which will be processed as soon as possible after the meet. Additional passes may be purchased at a cost of £10.00 per weekend and include all the above.Names……………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………...Total number of Passes @ £10.00 required as follows:Sunday 2nd October 2022 @ £10.00 per weekend = **£……………………** **Please transfer total amount to Summary Sheet.** |

To comply with accreditation and health and safety requirements, this form must be completed and returned with your entries.

I confirm that all the entered swimmers have paid their current SASA Registration Fee.

I understand that any swimmer entered without a Registration Number will not be allowed to take part.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current guidelines.

Signed…………………………………………………………………………………………………………………………………………………………...

Name (please print) …………………………………………………………………………………….…………………………………………….…

Club Name………………………………………………………………………………………………….…………………………………………………

Position in Club……………………………………………………………………………………………………………………………………………..

Thank you for your co-operation.