



# **2022 SC December AG Meet**

**(Under FINA Rules/Scottish Swimming Regulations)**

## **Tollcross ISC - Glasgow**

**3<sup>rd</sup> December 2022**

**Licence No: L2/143/WD/DEC22**

## West District SC December AG Meet

<b>Objective</b>	To provide a competitive experience for swimmers whose times are slower than the 2022 Scottish Swimming National Short Course and Open Champs.
<b>Dates</b>	Saturday 3 <sup>rd</sup> December 2022
<b>Venue</b>	Tollcross ISC, Wellshot Road, Glasgow
<b>Pool</b>	10 Lane, 25 metre competition pool with full Electronic Timing. 8 Lane, 25 metre swim down pool, 4 Lane 20m swim down pool.
<b>Session Times</b>	<b>Saturday</b> Warm Up: 08:15am and 12.30pm. Break between Sessions: 75mins Sessions: 09:00am and 1.15pm.
<b>Age Groups</b>	<b>11Yrs/13yrs, 14Yrs, 15Yrs, 16Yrs &amp; 17+ Boys and Girls</b>
<b>Competitors Age</b>	As at 31 <sup>st</sup> December 2022.
<b>Minimum Age</b>	The minimum age for entries is 11yrs, as at 31 <sup>st</sup> December 2022.
<b>Events</b>	<b><u>Individual Events</u></b>  <b><u>ALL - Heat Declared</u></b>  50m Freestyle, Backstroke, Breaststroke, Butterfly 100m Freestyle, Backstroke, Breaststroke, Butterfly 200m Freestyle, Backstroke, Breaststroke, Butterfly, IM 400m Freestyle, IM  Heats will be <b>Mixed Ages</b> .
<b>Restricted Events</b>	400IM Event is not scheduled for the 11yrs Age Group.
<b>Awards and Presentation</b>	Individual Awards will be made to 1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> in each Age Grouping in each Event.  Event Awards will be available for collection, after each HDW, at a table in the pool hall.
<b>Eligibility</b>	This District Meet is open to registered swimmers whose 1 <sup>st</sup> Claim Club is affiliated to the West District of the Scottish Swimming.

<p><b>Consideration Times</b></p>	<p>Considerations Times for the Meet are a Time Band as follows:</p> <p>The <b>Time Band</b> is between “<b>Slower Than</b>” SS National Short Course Champs Times and “<b><u>Equal to or Faster Than</u></b>” Meet Consideration Times, all as listed on <b>Page 8</b>.</p> <p><b><u>IMPORTANT – please read.</u></b>  <b>A swimmer that is accepted for a SINGLE individual event at the Scottish National Short Course Championships will become ineligible to compete at ANY event at this Meet and will be SCRATCHED after SS Short Course National Champs Draft Programme is issued and before this Meet.</b></p> <p>Times should have been swum at a Registered or Licenced Meet. Please note that NT entries will NOT be accepted.</p>
<p><b>Submitted Times</b></p>	<p>To be 25 metre times, conversions can be used, and need not be accredited.</p>
<p><b>Entries Acceptance</b></p>	<p>The Meet Entries will be processed using the 5 age bands (11/13,14, 15, 16, 17+Yrs).</p> <p>Entries will be accepted on the following basis:</p> <p>11/13yrs (15%), 14yrs (15%), 15yrs (15%), 16yrs (15%), 17+yrs (15%), last 25% for fastest entries left regardless of age.</p> <p>Heats will be swum in combined age groups (11/17+Yrs).</p> <p>Submitted times must have been swum on or after 1<sup>st</sup> January 2020.</p>
<p><b>Reserves</b></p>	<p>Reserves, comprising of maximum of 2 x from each Age Group (except 11/13yrs) where available, will be allocated to each Event.</p> <p>After the cut-off for Withdrawals:</p> <p><b>9pm on Tuesday 29<sup>th</sup> November</b></p> <p>Reserves will be allocated to the Event, on withdrawal of confirmed swimmers, on an Age Group basis prior to the weekend of competition.</p> <p>On the day of the Events, remaining Reserves that report to the Marshalling Area will be placed in “empty lanes” by fastest time order, regardless of Age Group.</p>
<p><b>Withdrawals</b></p>	<p>Withdrawals, where known, <b>MUST</b> be submitted, using the <b><u>online Withdrawal Form for the Meet</u></b>, available on the District Meets page on the website</p> <p><b>9pm on Tuesday 29<sup>th</sup> November</b></p> <p>Withdrawals will be then processed, Start Lists printed and published for use at the Meet. No further Withdrawals will be processed prior to the start of each Session. Any Withdrawals after the cut off on Tuesday evening will be “No Shows”.</p>

<p><b>Refunds</b></p>	<p>Entry Fees will be refunded for Withdrawals submitted prior to the Entries Closing dates: <b>8pm on Wednesday 16<sup>th</sup> November</b></p> <p>Entry Fees will be refunded to swimmers who are scratched from the programme to maintain the running time for a Session within the limits of the Licence for the Meet. Entry Fees will be refunded to Reserves, if there were no “empty lanes” lanes due to “No Shows” after the Event for which they were entered.</p> <p>There will be no Refunds for any Withdrawals after the Entries Closing Date, except for Medical/Accident reasons, with the submission of a Medical Letter/Certificate explaining the reason for the Withdrawal.</p>
<p><b>Multi Classification</b></p>	<p>Events are open to West District swimmers who have a recognised classification (IPC, BS, BBS, UKSA or INAS-FID). Consideration Times are listed in the <b>Table on Page 9</b>.</p> <p>These times should be real times and please note that NT entries will NOT be accepted.</p> <p>Swimmers must achieve the qualifying standards for their class in the MC events as per the following supplementary MC conditions.</p> <p>The MC events will be integrated into the heats, seeded by absolute time.</p> <p>The following events will be included in the heats where a swimmer meets the eligibility criteria and consideration standards for their classification:</p> <ul style="list-style-type: none"> <li>• 50m Freestyle – S1-S14</li> <li>• 100m Freestyle – S1-S14</li> <li>• 200m Freestyle – S1-S5 &amp; S14</li> <li>• 400m Freestyle – S6-S14</li> <li>• 50m Backstroke – S1-S5</li> <li>• 100m Backstroke – S1-S14</li> <li>• 50m Breaststroke – SB1-SB3</li> <li>• 100m Breaststroke – SB4-SB14</li> <li>• 50m Butterfly – S1-S7</li> <li>• 100m Butterfly – S8-S14</li> <li>• 200m IM – SM5-SM14</li> </ul> <p><b>Eligibility</b></p> <p><u>Functional</u> (S1-S10, SB1-SB9, SM1-SM10)</p> <ul style="list-style-type: none"> <li>• All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.</li> </ul> <p><u>Visual</u> (S11-S13, SB11-SB13, SM11-SM13)</p> <ul style="list-style-type: none"> <li>• All competitors must have an authorised British Blind Sport, IBSA or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.</li> </ul> <p><u>Learning</u> (S14, SB14, SM14)</p> <ul style="list-style-type: none"> <li>• All competitors must have an authorised UKSA, INAS-FID or IPC classification which is held on the British Swimming or IPC Swimming database at the time of entry.</li> </ul>

# West District SC December AG Meet

	<p><u>General</u> All swimmers that are accepted will be integrated into the heats seeded by absolute time. The competition shall take place under the relevant IPC Swimming Rules.</p>
<b>Technical Officials</b>	<p>District clubs entering swimmers are requested to provide Swimming Technical Officials for each session of the Championships/Meets in accordance with agreed criteria. Full details are shown on the attached <b>Appendix 1</b>.</p> <p><b><u>HOWEVER</u></b> – due to potential limitations on number of people in the Pool Hall at the Facility, once swim entries are finalised/confirmed, it may be necessary to limit the number of TOs.</p>
<b>District Contact</b>	<p>John Deans, Events Coordinator. Tel: 07913 059666                      Email: <a href="mailto:entries@scotswimwest.co.uk">entries@scotswimwest.co.uk</a></p>
<b>Promoter</b>	<p>West District Swimming Committee</p>
<b>Entry File</b>	<p>Entries for this Meet require to be generated on the Hy-Tek Swim Manager, Team Manager 4/5/6/7/8 or Lite programme. Hy-Tek Team Manager Lite is available via the internet at <a href="http://www.hy-tekltd.com/downloads.html">www.hy-tekltd.com/downloads.html</a></p> <p>For administration purposes, an <b><u>Information Form</u></b> must be submitted.</p> <p>All entries must be submitted <b><u>electronically</u></b>, with <b>Information Form</b>, to: <a href="mailto:entries@scotswimwest.co.uk">entries@scotswimwest.co.uk</a></p>
<b>Entry Fees</b>	<p>Individual Events              £8.00 each Event</p> <p><b><u>BACS Payment Only</u></b> – see Information Sheet.</p>
<b>Entry Deadline</b>	<p>Entries File, Information Sheet &amp; <b>PAYMENT</b> by <b>8pm Wed 16<sup>th</sup> November</b></p>
<b>Spectating</b>	<p>At the time of publishing the Meet Information, Spectators <b><u>will be admitted</u></b> and Livestreaming of the Meet will be available on the District website.</p> <p>If conditions change that restrict the number of spectators allowed or prohibit the admission of spectators, then further information will be published as soon as it is available.</p> <p>Livestreaming will be available regardless of any changes to spectator admittance.</p>

<b>Photo &amp; Videos</b>	<p>Any person wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the Form available from the Spectators Entry Desk / Meet Office).</p>
<b>Data Collection</b>	<p><b>Entries &amp; Results</b></p> <p>To operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth. This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with -</p> <ul style="list-style-type: none"> <li>○ Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and</li> <li>○ Swim England for inclusion on Rankings</li> </ul> <p>Names, gender and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records.</p>

<p><b>COVID-19</b></p>	<p><b>General</b></p> <p>We want to ensure the competition, as far as is possible, for everyone attending, is a safe and healthy environment that will be enjoyable and successful.</p> <p>All competition in Scotland will be operated in line with the Scottish Government and Public Health Scotland and Scottish Swimming guidance, current at the time of the competition taking place.</p> <p>All competitors and other attendees are required to adhere to the conditions of the competition to ensure that we all stay compliant and safe. Anyone failing to follow the conditions will be refused access or removed from the venue and no refund will be offered.</p> <p><b>At present Scotland is at below Level 0. However, these levels of restriction may have changed by the competition dates.</b></p> <p><b>West District will be guided by and will implement all relevant requirements requested by sportscotland and the Scottish Government at that time.</b></p> <p>While every reasonable effort will be made for the SC Dec AG Meet to happen, the regular changes in COVID restrictions that we have seen still provide some unpredictability when planning competition.</p> <p>The conditions for the Meet and whether the Meet will ultimately take place is dependent on the local/regional restrictions in place on facility, the sporting activity and the participants at that time.</p> <p>No guarantee can be given by SASA West District that the Meet will take place at a particular time, on any particular date or at any particular Venue.</p> <p>SASA West District reserves the right to cancel the Meet without notice and without liability for doing so if required. The Meet will not be rescheduled if it is unable to take place on the scheduled dates.</p> <p>In the event of cancellation or abandonment of the Meets, refunds if any, will be made at the absolute discretion of SASA West District.</p> <p>SASA West District will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.</p>
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**2022 WD SC DEC AG Meet Consideration Times**

Male	SNSC CT		11--13		14		15		16		17+
	Slower Than		Equal to or Faster Than		Equal to or Faster Than		Equal to or Faster Than		Equal to or Faster Than		Equal to or Faster Than
50m Freestyle	00:25.19		00:36.06		00:34.16		00:32.14		00:31.36		00:30.35
100m Freestyle	00:54.55		01:19.18		01:14.48		01:09.89		01:08.43		01:05.97
200m Freestyle	02:02.24		02:51.81		02:41.28		02:32.43		02:28.96		02:22.91
400m Freestyle	04:23.76		06:03.10		05:41.04		05:22.11		05:15.39		05:05.09
50m Backstroke	00:29.16		00:42.34		00:40.43		00:37.18		00:36.51		00:35.06
100m Backstroke	01:02.78		01:31.28		01:26.46		01:19.74		01:17.95		01:15.15
200m Backstroke	02:17.83		03:14.88		03:05.25		02:53.04		02:51.70		02:45.20
50m Breaststroke	00:32.41		00:47.71		00:44.69		00:40.88		00:39.87		00:38.08
100m Breaststroke	01:10.51		01:45.50		01:38.90		01:31.06		01:28.37		01:24.56
200m Breaststroke	02:38.93		03:44.90		03:27.76		03:15.55		03:10.29		03:03.79
50m Butterfly	00:27.23		00:40.10		00:37.63		00:34.83		00:33.94		00:32.48
100m Butterfly	01:00.59		01:32.74		01:26.13		01:18.74		01:16.38		01:12.35
200m Butterfly	02:27.04		03:32.58		03:13.42		03:01.33		02:52.48		02:42.85
200m I.M.	02:19.10		03:14.66		03:01.10		02:53.94		02:50.35		02:42.96
400m I.M.	04:59.63		07:01.79		06:29.42		06:10.94		05:59.63		05:45.97
Female	SNAGS CT		11--13		14		15		16		17+
	Slower Than		Equal to or Faster Than		Equal to or Faster Than		Equal to or Faster Than		Equal to or Faster Than		Equal to or Faster Than
50m Freestyle	00:28.24		00:36.18		00:35.39		00:34.16		00:33.94		00:33.60
100m Freestyle	01:00.90		01:19.07		01:17.17		01:14.37		01:14.26		01:12.69
200m Freestyle	02:14.23		02:50.80		02:45.20		02:41.62		02:41.06		02:38.37
400m Freestyle	04:42.31		06:02.54		05:48.43		05:39.70		05:37.34		05:33.87
50m Backstroke	00:32.23		00:41.55		00:40.77		00:39.31		00:38.86		00:38.53
100m Backstroke	01:08.78		01:29.38		01:27.47		01:24.56		01:23.10		01:21.54
200m Backstroke	02:29.74		03:09.28		03:05.36		03:03.79		02:59.98		02:57.74
50m Breaststroke	00:36.36		00:47.04		00:45.92		00:44.13		00:44.02		00:42.56
100m Breaststroke	01:19.33		01:43.38		01:40.24		01:37.55		01:37.33		01:33.97
200m Breaststroke	02:51.19		03:42.43		03:34.59		03:28.99		03:26.53		03:22.50
50m Butterfly	00:30.49		00:39.76		00:38.75		00:37.07		00:36.74		00:35.84
100m Butterfly	01:08.29		01:31.95		01:28.14		01:23.55		01:23.22		01:20.98
200m Butterfly	02:36.49		03:25.63		03:17.68		03:08.94		03:08.05		03:04.80
200m I.M.	02:32.16		03:13.09		03:07.04		03:01.22		02:59.31		02:57.74
400m I.M.	05:25.84		06:51.94		06:55.74		06:30.99		06:26.85		06:24.16

# West District SC December AG Meet

## Multi-Classification Consideration Times

50m FREESTYLE	Girls	Boys		100m FREESTYLE	Girls	Boys		200m FREESTYLE	Girls	Boys		400m FREESTYLE	Girls	Boys
S1	02:22.99	02:33.08		S1	07:04.37	05:10.91		S1	11:15.63	08:43.43		S6	08:51.88	08:38.23
S2	02:05.27	01:50.07		S2	04:45.53	03:45.13		S2	11:49.48	07:12.09		S7	08:50.21	07:54.21
S3	01:42.20	01:18.12		S3	03:06.37	03:07.42		S3	08:42.66	05:46.68		S8	08:20.85	07:36.40
S4	01:09.45	01:03.89		S4	02:41.09	02:20.98		S4	06:16.33	04:57.06		S9	07:54.84	07:11.02
S5	01:05.25	00:53.30		S5	02:18.87	02:00.36		S5	04:43.30	04:29.64		S10	07:42.04	06:54.65
S6	00:56.78	00:51.70		S6	02:06.96	01:51.26		S14	03:40.20	03:14.58		S11	08:42.85	07:47.31
S7	00:56.34	00:47.58		S7	02:01.33	01:45.30						S12	08:19.92	07:50.64
S8	00:52.97	00:46.00		S8	01:54.97	01:39.48						S13	07:48.98	06:51.88
S9	00:49.49	00:42.82		S9	01:47.76	01:35.11						S14	08:36.17	07:20.27
S10	00:47.16	00:39.95		S10	01:43.16	01:27.46								
S11	00:50.64	00:44.51		S11	01:53.15	01:40.47								
S12	00:46.89	00:40.55		S12	01:42.42	01:29.88								
S13	00:46.02	00:41.02		S13	01:41.06	01:31.10								
S14	00:48.52	00:43.18		S14	01:43.85	01:29.15								
50m BACKSTROKE	Girls	Boys		100m BACKSTROKE	Girls	Boys		50m BREASTSTROKE	Girls	Boys		100m BREASTSTROKE	Girls	Boys
S1	03:51.05	02:05.43		S1	07:37.83	04:18.54		SB1	03:50.89	03:28.13		SB4	03:07.61	02:50.34
S2	01:59.32	01:37.43		S2	04:19.15	03:27.52		SB2	03:04.31	01:45.52		SB5	02:56.14	02:31.32
S3	01:33.69	01:17.47		S6	02:17.97	02:08.76		SB3	01:40.35	01:23.84		SB6	02:42.35	02:17.87
S4	01:22.21	01:12.37		S7	02:19.43	01:59.14						SB7	02:38.64	02:10.85
S5	01:13.58	00:56.75		S8	02:13.13	01:54.05						SB8	02:22.97	01:58.85
				S9	02:00.73	01:45.33						SB9	02:11.90	01:55.70
				S10	01:57.20	01:42.68						SB11	02:26.27	02:03.45
				S11	02:10.87	01:57.91						SB12	02:13.02	01:51.79
				S12	01:57.61	01:44.16						SB13	02:07.75	01:50.45
				S13	01:53.03	01:41.76						SB14	02:09.08	01:52.05
				S14	01:55.48	01:41.01								
50m BUTTERFLY	Girls	Boys		100m BUTTERFLY	Girls	Boys		200m IM	Girls	Boys				
S1	05:00.00	05:00.00		S8	02:15.88	01:47.44		SM5	06:07.10	05:47.65				
S2	03:57.64	02:57.55		S9	01:56.33	01:42.92		SM6	05:01.61	04:34.19				
S3	01:58.41	01:33.07		S10	01:55.06	01:38.02		SM7	05:08.77	04:17.69				
S4	01:25.41	01:33.92		S11	02:59.71	01:50.11		SM8	04:45.36	04:00.60				
S5	01:17.06	00:54.18		S12	01:52.81	01:38.28		SM9	04:24.59	03:51.27				
S6	01:01.86	00:53.62		S13	01:52.98	01:36.90		SM10	04:09.95	03:43.36				
S7	00:58.34	00:49.88		S14	01:53.05	01:34.66		SM11	04:41.54	04:11.55				
								SM12	04:15.37	03:54.14				
								SM13	04:11.46	03:42.34				
								SM14	04:13.66	03:40.86				

**Saturday - Session 1**

- 101** Boys 11&O 400 Freestyle
- 102** Girls 11&O 400 Freestyle
- 103** Boys 11&O 100 Backstroke
- 104** Girls 11&O 100 Backstroke
- 105** Boys 11&O 50 Butterfly
- 106** Girls 11&O 50 Butterfly
- 107** Boys 11&O 200 Breaststroke
- 108** Girls 11&O 200 Breaststroke
- 109** Boys 11&O 200 IM
- 110** Girls 11&O 100 Breaststroke
- 111** Boys 11 &O 100 Breaststroke
- 112** Girls 11&O 50 Freestyle
- 113** Boys 11&O 50 Freestyle
- 114** Girls 11&O 200 Backstroke
- 115** Boys 11&O 200 Backstroke

**Saturday - Session 2**

- 201** Girls 12 &O 400 IM
- 202** Boys 12&O 400 IM
- 203** Girls 11&O 100 Freestyle
- 204** Boys 11&O 100 Freestyle
- 205** Girls 11&O 200 Butterfly
- 206** Boys 11&O 200 Butterfly
- 207** Girls 11&O 50 Backstroke
- 208** Boys 11&O 50 Backstroke
- 209** Girls 11&O 100 Butterfly
- 210** Boys 11&O 100 Butterfly
- 211** Girls 11&O 200 Freestyle
- 212** Boys 11&O 200 Freestyle
- 213** Girls 11&O 50 Breaststroke
- 214** Boys 11&O 50 Breaststroke
- 215** Girls 11&O 200 IM

## **Appendix 1**

<b>No of Swimmers per Session</b>	<b>STOs Required by Club at District Championship/Meet</b>
1 to 4	1 x Timekeeper or above
5 to 9	2 x TOs as follows: 1 x J1 or above Balance can be TKs
10 to 14	3 x TOs as follows: 1 x J1 or above 1 x J2 or above Balance can be TKs
15 to 19	4 x TOs as follows: 1 x J1 or above 1 x J2 or above Balance can be TKs
20+	5 x TOs as follows: 1 x J1 or above 1 x J2 or above 1 x J2S or above Balance can be TKs
For further information, please contact STO Convenor, Sheena McCall <a href="mailto:stoconvenor@scotswimwest.co.uk">stoconvenor@scotswimwest.co.uk</a>	