



2023 January “Pentaqua” Meet

(Under FINA Rules/Scottish Swimming Regulations)

Tollcross ISC - Glasgow

14th – 15th January 2023

Licence No: L2/145/WD/JAN23

West District January “Pentaqua” Meet

Dates	14 th & 15 th January 2023
Venue	Tollcross ISC, Wellshot Road, Glasgow
Pool	10 Lane, 25 metre competition pool with full Electronic Timing. 8 Lane, 25 metre swim down pool, 4 Lane 20m swim down pool.
Session Times	<p>Saturday Warm Up (45mins): 08:15am and 12:30pm. Break between Sessions: 75mins Sessions (3hrs): 09:00am and 1.15pm.</p> <p>Sunday Warm Up (45mins): 08.15am and 11.45am Break between Sessions: 60 mins. Sessions (2.5hrs): 09:00am and 12.30pm</p> <p style="text-align: right;"><u>Clear Building by 3.30pm</u></p>
Age Groups	Seniors: 14Yrs, 15Yrs & 16+Yrs Boys and Girls (Sessions 1 & 2) Juniors: 11Yrs, 12Yrs and 13Yrs Boys and Girls (Sessions 3 & 4)
Age Group Definition	The Age Groups have been designated Junior Age Group and Senior Age Group. The use of Junior DOES NOT refer to the Scottish Swimming definition, under 17 on 31 st December. JAG and SAG are only convenient terms to differentiate the age groups of the Meet.
Competitors Age	As at 1 st day of Competition – 14 th January 2023.
Minimum Age	The minimum age for entries is 11yrs on 14 th January 2023.
Events	<p><u>Individual Events</u></p> <p>Juniors 50m Freestyle, Backstroke, Breaststroke, Butterfly Heat Declared Winner 100m Individual Medley Heat Declared Winner</p> <p>Seniors 100m Freestyle, Backstroke, Breaststroke, Butterfly Heat Declared Winner 200m Individual Medley Heat Declared Winner</p> <p>Heats will be Mixed Ages where indicated.</p>

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<p>Awards and Presentation</p>	<p>Individual Awards will be made to 1st, 2nd & 3rd in each Age in each Event.</p> <p>Individual “Top Points” Awards will be made to 1st, 2nd & 3rd in the overall “Pentaqua” Competition for each Age. “Top Points” Awards will be 1st - £40, 2nd - £30, 3rd - £20.</p> <p>The top twenty swimmers in each Age Category in each Event will be awarded points as follows: 25, 22, 19, 17, 16 thru to 1.</p> <p>For each Age Category, within an Age Group, there will be a “Pentaqua” competition run over the two sessions for these Age Groups.</p> <p>The Winner of each Age will be decided by the highest points accumulated from competing in some of or all five (penta) swims. To achieve maximum points all five events must be entered.</p> <p>Event Awards will be available for collection, after each Event, at a table in the pool hall.</p>
<p>Eligibility</p>	<p>This District Meet is open to registered swimmers whose 1st Claim Club is affiliated to the West District of the Scottish Swimming.</p>
<p>Consideration Times</p>	<p>There are no Consideration Times for this Meet, but times MUST be submitted on entry for seeding purposes. These times should be real times and please note that NT entries will NOT be accepted.</p>
<p>Submitted Times</p>	<p>To be 25 metre times, conversions can be used, and need not be accredited.</p>
<p>Entries Acceptance</p>	<p>The Meet Entries will be processed in 3 Age Bands in each Age Group. Entries will be accepted on the following basis:</p> <p>Junior Age Group 11yrs (25%), 12Yrs (25%), 13Yrs (25%), last 25% for fastest entries left regardless of age.</p> <p>Senior Age Group 14yrs (25%), 15Yrs (25%), 16+Yrs (25%), last 25% for fastest entries left regardless of age.</p>
<p>Reserves</p>	<p>Reserves will be allocated to the Event on withdrawal of confirmed swimmers on an Age Group basis prior to the Meet. On the day of the Meet, Reserves reporting to the Marshalling Area/Referee, immediately before the Event, for placement in Empty Lanes, will be accepted/placed in their time order as Reserves, not by Age Group.</p>

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<p>Withdrawals</p>	<p>Withdrawals, where known, MUST be submitted to entries@scotswimwest.co.uk by 9pm on Tuesday 10th January using the Online Withdrawal Form available on the Home page of the District website and under the Meet Information on the 2023 District Meets (Jan-Jun) on District website.</p> <p>Withdrawals will be processed and Start Lists printed and published for use at the Meet. No further Withdrawals will be processed prior to the start of each session. Any Withdrawals after the cut off on Tuesday evening will be “No Shows” and Reserves, when available, will be placed in the Empty Lanes. Unplaced Reserves, after the Start Lists are published, MUST report to the Marshalling Area/Referee before the start of their Events to be placed in Empty Lanes, if available.</p> <p>Entry Fees will be refunded to swimmers who are scratched from the programme to maintain the running time for a Session within the limits of the Licence for the Meet. Entry Fees will be refunded to Reserves, if there were no “empty lanes” lanes due to “No Shows” after the Event for which they were entered. There will be no Refunds for any Withdrawals after the Entries Closing Date, except for Medical/Accident reasons, with the submission of a Medical Letter/Certificate explaining the reason for the Withdrawal.</p>
<p>Refunds</p>	<p>Entry Fees will be refunded for Withdrawals made up to 8pm on Wednesday 21st December 2022. Entry Fees will be refunded for Reserves that are not placed in their Events between 10th January and 15th January and there were no Empty Lanes during their entered Event. Entry Fees will be refunded for Withdrawals on Medical/Accident reasons on the submission of a Medical Letter/Certificate explaining the reason for Withdrawal.</p>
<p>Multi Classification</p>	<p>Events are open to West District swimmers who have a recognised classification (IPC, BS, BBS, UKSA or INAS-FID). There are no Consideration Times, but time must be submitted on entry for seeding purposes. These times should be real times and please note that NT entries will NOT be accepted. Swimmers must achieve the qualifying standards for their class in the MC events as per the following supplementary MC conditions. The MC events will be integrated into the heats, seeded by absolute time. The following events will be included in the heats where a swimmer meets the eligibility criteria and consideration standards for their classification:</p> <ul style="list-style-type: none"> • 50m Freestyle – S1-S14 • 50m Backstroke – S1-S5 • 50m Breaststroke – SB1-SB3 • 50m Butterfly – S1-S7 • 100IM – S1-S14 • 100m Freestyle – S1-S14 • 100m Backstroke – S6-S14 • 100m Breaststroke – SB4-SB14 • 100m Butterfly – S8-S14 • 200m IM – SM5-SM14

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	<p>Eligibility</p> <p><u>Functional</u> (S1-S10, SB1-SB9, SM1-SM10) • All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.</p> <p><u>Visual</u> (S11-S13, SB11-SB13, SM11-SM13) • All competitors must have an authorised British Blind Sport, IBSA or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.</p> <p><u>Learning</u> (S14, SB14, SM14) • All competitors must have an authorised UKSA, INAS-FID or IPC classification which is held on the British Swimming or IPC Swimming database at the time of entry.</p> <p><u>General</u> There are NO Consideration Times. All swimmers that are accepted will be integrated into the heats seeded by absolute time. The competition shall take place under the relevant IPC Swimming Rules.</p>
Technical Officials	<p>District clubs entering swimmers are requested to provide Swimming Technical Officials for each session of the Championships/Meets in accordance with agreed criteria. Full details are shown on the attached Appendix 1.</p> <p>HOWEVER – due to limitations on number of people in the Pool Hall at the Facility, once swim entries are finalised/confirmed, it may be necessary to limit the number of TOs.</p>
District Contact	<p>John Deans, Events Coordinator. Tel: 07913 059666 Email: entries@scotswimwest.co.uk</p>
Promoter	<p>West District Swimming Committee</p>
Entry File	<p>Entries for this Meet require to be generated on the Hy-Tek Swim Manager, Team Manager 4/5/6/7/8 or Lite programme. Hy-Tek Team Manager Lite is available via the internet at www.hy-tek ltd.com/downloads.html</p> <p>For administration purposes, an Information Form must be submitted.</p> <p>All entries must be submitted electronically, with Information Form, to: entries@scotswimwest.co.uk</p>
Entry Fees	<p>Individual Events £8.00 each Event BACS Payment Only – see Information Sheet.</p>
Entry Deadline	<p>Entries File, Information Sheet & PAYMENT by 20.00hrs on Wednesday 21st December 2022</p>

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Spectating	<p>At the time of publishing the Meet Information, Spectators <u>will be admitted</u> and Livestreaming of the Meet will be available on the District website.</p> <p>If conditions change that restrict the number of spectators allowed or prohibit the admission of spectators, then further information will be published as soon as it is available.</p> <p>Livestreaming will be available regardless of any changes to spectator admittance.</p>
Photo & Videos	<p>Any person wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the Form available from the Meet Office).</p>

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<p>Data Collection</p>	<p>Entries & Results</p> <p>In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth. This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with -</p> <ul style="list-style-type: none"> ○ Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and ○ Swim England for inclusion on Rankings <p>Names, gender and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records.</p>
<p>COVID-19</p>	<p>We want to ensure the competition, as far as is possible, for everyone attending, is a safe and healthy environment that will be enjoyable and successful.</p> <p>All competition in Scotland will be operated in line with the Scottish Government and Public Health Scotland and Scottish Swimming guidance, current at the time of the competition taking place.</p> <p>All competitors and other attendees are required to adhere to the conditions of the competition to ensure that we all stay compliant and safe. Anyone failing to follow the conditions will be refused access or removed from the venue and no refund will be offered.</p> <p>At present Scotland is at below Level 0, however these levels of restriction may have changed by the competition dates.</p> <p>West District will be guided by and will implement all relevant requirements requested by sportscotland and the Scottish Government at that time.</p> <p>While every reasonable effort will be made for the “Pentaqua” Meet to happen, the regular changes in COVID restrictions that we have seen still provide some unpredictability when planning competition.</p> <p>The conditions for the Meet and whether the Meet will ultimately take place is dependent on the local/regional restrictions in place on facility, the sporting activity and the participants at that time.</p> <p>No guarantee can be given by SASA West District that the Meet will take place at a particular time, on any particular date or at any particular Venue.</p> <p>SASA West District reserves the right to cancel the Meet without notice and without liability for doing so if required. The Meet will not be rescheduled if it is unable to take place on the scheduled dates.</p> <p>In the event of cancellation or abandonment of the Meets, refunds if any, will be made at the absolute discretion of SASA West District.</p> <p>SASA West District will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.</p>

Programme of Events

Saturday - Seniors

101	Girls 14/15	200 IM
102	Girls 16/+	200 IM
103	Boys 14/15	100 Fly
104	Boys 16/+	100 Fly
105	Girls 14/15	100 Fly
106	Girls 16/+	100 Fly
107	Boys 14/15	100 Back
108	Boys 16/+	100 Back
109	Girls 14/15	100 Back
110	Girls 16/+	100 Back

201	Boys 14/15	200 IM
202	Boys 16/+	200 IM
203	Girls 14/15	100 Free
204	Girls 16/+	100 Free
205	Boys 14/15	100 Free
206	Boys 16/+	100 Free
207	Girls 14/15	100 Breast
208	Girls 16/+	100 Breast
209	Boys 14/15	100 Breast
210	Boys 16/+	100 Breast

Sunday - Juniors

301	Girls 11/12	100 IM
302	Girls 13	100 IM
303	Boys 11/12	50 Fly
304	Boys 13	50 Fly
305	Girls 11/12	50 Fly
306	Girls 13	50 Fly
307	Boys 11/12	50 Back
308	Boys 13	50 Back
309	Girls 11/12	50 Back
310	Girls 13	50 Back

401	Boys 11/12	100 IM
402	Boys 13	100 IM
403	Girls 11/12	50 Free
404	Girls 13	50 Free
405	Boys 11/12	50 Free
406	Boys 13	50 Free
407	Girls 11/12	50 Breast
408	Girls 13	50 Breast
409	Boys 11/12	50 Breast
410	Boys 13	50 Breast

Appendix 1

No of Swimmers per Session	STOs Required by Club at District Championship/Meet
1 to 4	1 x Timekeeper or above
5 to 9	2 x TOs as follows: 1 x J1 or above Balance can be TKs
10 to 14	3 x TOs as follows: 1 x J1 or above 1 x J2 or above Balance can be TKs
15 to 19	4 x TOs as follows: 1 x J1 or above 1 x J2 or above Balance can be TKs
20+	5 x TOs as follows: 1 x J1 or above 1 x J2 or above 1 x J2S or above Balance can be TKs
For further information, please contact STO Convenor, Jean King stoconvenor@scotswimwest.co.uk	