

## 2023 WD January Pentaqua - 14/01/2023 to 15/01/2023

## Psych Sheet - Saturday Morning Heats

## Event 101 Girls 14-15 200 SC Metre IM

Name	Age	Team	Seed Time
<b>14 Year Olds</b>			
1 Croxford, Coco	14	StirlingSwim	2:24.89
2 Cumming, Alice	14	Co Glasgow	2:30.42
3 Towers, Katie	14	Lanark	2:34.66
4 Paterson, Madeleine	14	Co Glasgow	2:34.90
5 Cole, Addison	14	Hamilton	2:35.75
6 Silcock, Emma	14	Falkirk	2:36.09
7 Ferris, Eireann	14	Cumbernauld	2:36.47
8 Gibb, Mirren	14	Dumfries	2:38.56
9 Millar, Emma	14	Kintyre	2:39.00
10 Chan, Caelin	14	N Ayrshire	2:39.05
11 Buchanan, Sky	14	Co Glasgow	2:39.05
12 Barton, Millie	14	Bellshill	2:39.53
13 Colvin, Millie	14	Dumfries	2:41.39
14 Calder, Joanna	14	Milngavie &B	2:42.59
15 Rafferty, Lia	14	West Dunbart	2:43.12
16 Wilson, Allanah	14	Bellshill	2:43.33
17 Alison, Sophie	14	West Dunbart	2:43.46
18 Quinn, Niamh	14	Kintyre	2:46.53
19 Lindsay, Hannah	14	Hamilton	2:46.68
20 McFadzean, Cara	14	Kintyre	2:47.72
21 Strachan, Rebecca	14	Co Glasgow	2:48.84
22 McGavin, Rachel	14	Hamilton	2:49.12
23 McDonald, Millie	14	Cumbernauld	2:49.16
24 Kellock, Heather	14	Dumfries	2:49.63
25 Millar, Hannah	14	Kintyre	2:49.91
26 Curran, Suzannah	14	Kilmarnock	2:50.26
27 McGinlay, Sophia	14	Cumbernauld	2:50.31
28 Dunn, Zara	14	Co Glasgow	2:50.69
29 Chong, Emily	14	Co Glasgow	2:50.95
30 Brackenridge, Ava	14	Cumbernauld	2:51.92
31 Willis, Kymberley	14	Sth Ayrshire	2:53.38
32 Cummins, Inga	14	Sth Ayrshire	2:53.98
33 Heslop, Kirstin	14	Sth Ayrshire	2:57.58
34 Aitken, Sara	14	Falkirk	2:57.70
35 Prygiel, Amelia	14	Bellshill	3:00.09
36 Coyle, Evelyn	14	Kilmarnock	3:01.40
37 Hennessey, Abey	14	Helensburgh	3:02.20
38 Pringle, Chloe	14	Rutherglen	3:03.31
39 Welsh, Myla	14	Co Glasgow	3:04.00
40 Ashworth, Mollie	14	Milngavie &B	3:04.66
41 Winning, Amber	14	Dumfries	3:04.73
42 Reilly, Niamh	14	Cumbernauld	3:04.96
43 Black, Amy	14	Bo'ness	3:06.60
44 Lumsden, Rowan	14	Dumfries	3:06.64
45 McDonald, Catherine	14	Airdrie&monk	3:07.24
46 Dryden, Sarah	14	Milngavie &B	3:08.50
47 Wilson, Ellie	14	Co Glasgow	3:08.55
48 Lauder, Nieve	14	Cumbernauld	3:08.78
49 Mulhern, Megan	14	Airdrie&monk	3:09.14
50 Bathie, Rebecca	14	Milngavie &B	3:09.76
51 Murray, Eva	14	Airdrie&monk	3:10.22
52 Stewart, Autumn	14	Hamilton	3:10.88
53 McNeill, Natasha	14	Rutherglen	3:12.10
54 Copland, Camryn	14	Cumbernauld	3:13.22
55 Thomson, Hannah	14	Co Glasgow	3:13.25
56 MacGregor, Nina	14	StirlingSwim	3:14.76
57 Dalgliesh, Heather	14	Dumfries	3:14.90
58 Angus, Caroline	14	Airdrie&monk	3:15.11

59 Rodger, Lucy	14	West Dunbart	3:15.68
60 East, Adah	14	StirlingSwim	3:20.90
61 Larkin, Lucy	14	Airdrie&monk	3:22.32
62 Naismith, Molly	14	Bellshill	3:23.55
63 Samson, Sarah	14	Renfrew Bath	3:24.20
64 MacLeod, Chloe	14	Scotia	3:24.81
65 Chivers, Emma	14	Renfrew Bath	3:25.40
66 Mathie, Kirsty	14	N Ayrshire	3:27.64
67 Park, Eva	14	Co Glasgow	3:29.84
68 Gunawickrama, Sawindi	14	Co Glasgow	3:41.59
69 Murdoch, Ellie	14	Cumbernauld	3:43.00

## 15 Year Olds

1 Robertson, Eilidh	15	Sth Ayrshire	2:22.99
2 Crawford, Zoe	15	Falkirk	2:27.29
3 Mooney, Carys	15	Co Glasgow	2:30.10
4 Nimmo, Lucy	15	Bellshill	2:32.47
5 Connell, Louise	15	Co Glasgow	2:32.99
6 Dickie, Georgia	15	Dumfries	2:33.02
7 Rogerson, Brooke	15	Dumfries	2:33.51
8 Scobbie, Perrie	15	StirlingSwim	2:34.00
9 McGavin, Emma	15	Hamilton	2:34.50
10 Smith, Zuzia	15	Grangemouth	2:34.82
11 Noonan, Grace	15	Milngavie &B	2:37.55
12 Barnstaple, Abbie	15	Lanark	2:39.45
13 Grabowska, Wiktoria	15	West Dunbart	2:39.83
14 Steele, Sophie	15	Sth Ayrshire	2:41.20
15 Barrowman, Emma	15	Stranraer	2:41.54
16 Murdoch, Phoebe	15	Sth Ayrshire	2:41.77
17 Anderson, Hannah	15	Hamilton	2:42.95
18 Chambers, Emma	15	Cumbernauld	2:43.30
19 Gumbrell, Cara	15	Ren 96	2:43.69
20 Peckover, Lauren	15	N Ayrshire	2:44.24
21 Watson, Katie	15	Co Glasgow	2:44.85
22 Hill, Abigail	15	Milngavie &B	2:45.36
23 McLeod, Lucy	15	Grangemouth	2:46.02
24 Henderson, Iona	15	Rutherglen	2:46.33
25 McCarey, Lily	15	Ren 96	2:46.43
26 Dobson, Isla	15	Kingston	2:46.51
27 Pavri, Anjali	15	Co Glasgow	2:49.53
28 Weir, Amy	15	Bellshill	2:51.09
29 Glover, Charlotte	15	Bellshill	2:52.97
30 Gunawickrama, Sanjana	15	Co Glasgow	2:53.16
31 Leonard, Olivia	15	Motherwell W	2:53.49
32 Mungall, Lucy	15	Hamilton	2:55.05
33 Young, Carla	15	N Ayrshire	2:55.31
34 Howat, Liadan	15	Cumbernauld	2:55.38
35 Borland, Charlotte	15	Sth Ayrshire	2:58.06
36 Weir, Jenna	15	Bellshill	2:58.17
37 Taylor, Mia	15	Falkirk	2:58.60
38 Watson, Amy	15	Sth Ayrshire	2:58.78
39 MacDonald, Megan	15	StirlingSwim	2:59.20
40 Douglas, Alex	15	Lanark	3:00.36
41 Fair, Eva	15	Milngavie &B	3:02.35
42 Weir, Imogen	15	Bellshill	3:04.99
43 Logie, Emma	15	Sth Ayrshire	3:14.92
44 Brown, Emma	15	Kirkintilloch	3:15.88
45 Cuthbertson, Emma	15	Bellshill	3:18.86

## Event 102 Girls 16 &amp; Over 200 SC Metre IM

Name	Age	Team	Seed Time
1 Shiels, Amy	17	Co Glasgow	2:22.43
2 Wood, Isabelle	17	StirlingSwim	2:23.53

## 2023 WD January Pentaqua - 14/01/2023 to 15/01/2023

## Psych Sheet - Saturday Morning Heats

## Event 102...(Girls 16 &amp; Over 200 SC Metre IM)

Name	Age	Team	Seed Time
3 Gilmore, Kirsty	17	Hamilton	2:26.93
4 McCardie, Stella	16	Co Glasgow	2:26.99
5 McCappin, Lexine	16	Falkirk	2:28.10
6 Creaney, Emma	16	Cumbernauld	2:33.94
7 Stuart, Heather	16	N Ayrshire	2:33.98
8 Kirkham, Ava	16	Grangemouth	2:34.82
9 Niven, Victoria	16	Co Glasgow	2:35.53
10 Reid, Georgia	16	Co Glasgow	2:40.82
11 Robinson, Lucy	16	Co Glasgow	2:50.81
12 Falconer, Erin	16	Bellshill	2:51.59
13 Ferry, Sarah	16	StirlingSwim	3:02.96
14 Brown, Lara	16	Bellshill	3:03.16
15 Carragher, Laura	16	Ren 96	3:12.45

## Event 103 Boys 14-15 100 SC Metre Butterfly

Name	Age	Team	Seed Time
<b>14 Year Olds</b>			
1 Barghati, Dean	14	Hamilton	1:02.10
2 Jeffords, Tom	14	Ren 96	1:02.30
3 Gibson, Lewis	14	Sth Ayrshire	1:06.33
4 Frew, Daniel	14	Sth Ayrshire	1:07.58
5 Geddes, Caleb	14	Bellshill	1:08.79
6 Tinch, Alex	14	StirlingSwim	1:10.28
7 Eyupoglu, Efe	14	Sth Ayrshire	1:10.54
8 Brackenridge, Andrew	14	Cumbernauld	1:10.74
9 Edwards, Rhys	14	Dumfries	1:11.92
10 Traynor, Jack	14	Hamilton	1:12.73
11 Campbell, Keir	14	Grangemouth	1:13.79
12 Ferguson, Jake	14	Grangemouth	1:14.76
13 Devlin, Luke	14	Lanark	1:15.00
14 McCallum, Ruaraidh	14	Milngavie &B	1:15.66
15 Carty, Joe	14	Co Glasgow	1:15.83
16 Jamieson, Joe	14	Sth Ayrshire	1:16.33
17 Pearson, Ruben	14	Motherwell W	1:16.52
18 Brown, Ciaran	14	Co Glasgow	1:19.25
19 Flaherty, Kerr	14	Milngavie &B	1:23.57
20 Shaw, Craig	14	Lanark	1:23.88
21 Lawless, Daniel	14	Bo'ness	1:24.39
22 Hamill, Cameron	14	N Ayrshire	1:25.22
23 Meulemans, Isaak	14	Kingston	1:25.87
24 Byron, Luke	14	West Dunbart	1:26.20
25 Byrne, Finlay	14	Falkirk	1:30.80
26 Cameron, Archie	14	N Ayrshire	1:34.20
27 Mcinnes, Ryan	14	West Dunbart	1:36.07
28 Kerr, Lewis	14	Renfrew Bath	1:40.00
29 Khinvasara, Advay	14	Ren 96	1:40.60
30 Muir, Ewan	14	Kilmarnock	1:46.73

## 15 Year Olds

1 Nelson, Finlay	15	Dumfries	58.36
2 Landman, David	15	Co Glasgow	1:01.36
3 Webster, Ruari	15	Dumfries	1:01.72
4 Vandermeulen, Logan	15	StirlingSwim	1:03.50
5 Donaldson, Fraser	15	Milngavie &B	1:04.00
6 Gill, Cameron	15	Grangemouth	1:04.10
7 Mclaughlin, Kayden	15	Milngavie &B	1:04.35
8 Jeffreys, Benji	15	Sth Ayrshire	1:04.80
9 Docherty-Simpson, Jack	15	Scotia	1:04.90
10 Kringelis, Rojus	15	Co Glasgow	1:05.01
11 King, Ben	15	Milngavie &B	1:05.25

12 Morris, Magnus	15	Ren 96	1:08.14
13 Thomson, Adam	15	Sth Ayrshire	1:08.18
14 Singh, Eklavya	15	Scotia	1:08.49
15 Calvert, Rory	15	Grangemouth	1:08.87
16 Lees, Matthew	15	Hamilton	1:09.29
17 Watchorn, Mark	15	Scotia	1:09.32
18 McShane, Dylan	15	Co Glasgow	1:10.57
19 Winship, Michael	15	Co Glasgow	1:13.67
20 McCavish, Aidan	15	Bo'ness	1:13.77
21 Samson, Keir	15	Scotia	1:14.00
22 Hughes, Freddie	15	Bellshill	1:14.10
23 Thomson, Aidan	15	Co Glasgow	1:14.13
24 McMahan, Ewan	15	Falkirk	1:14.35
25 Beetham, Samuel	15	Bo'ness	1:14.63
26 Monie, Adam	15	Hamilton	1:15.17
27 Ibrahim, Yusuf	15	Co Glasgow	1:15.25
28 McLean, Campbell	15	Co Glasgow	1:18.27
29 Paul, Jack	15	West Dunbart	1:28.16

## Event 104 Boys 16 &amp; Over 100 SC Metre Butterfly

Name	Age	Team	Seed Time
1 Hammond, Lewis	19	Co Glasgow	55.80
2 Young, Rory	21	Co Glasgow	58.02
3 Creaney, Cameron	18	Cumbernauld	58.20
4 Burgess, Robert	17	Co Glasgow	59.19
5 Shaw, Cameron	17	Grangemouth	1:00.20
6 Cashmore, Dylan	17	Sth Ayrshire	1:01.27
7 Kelly, Reuben	17	Dumfries	1:02.17
8 Bruce, Cameron	17	Lanark	1:02.46
9 Currie, Fergus	17	Milngavie &B	1:02.91
10 McLeod, Euan	17	Lanark	1:03.00
11 Vandermeulen, Grier	17	StirlingSwim	1:03.10
12 Wong, Kyle	16	Co Glasgow	1:03.63
13 Montgomery, Ben	16	StirlingSwim	1:03.70
14 Black, Alex	16	Bo'ness	1:04.19
15 Carlyle, Robbie	16	Hamilton	1:04.41
16 McKean, Blair	17	Bellshill	1:04.58
17 Smith, Logan	19	Motherwell W	1:05.08
18 Martin, Matthew	17	Renfrew Bath	1:06.19
19 Churches, Alfie	16	Co Glasgow	1:07.87
20 Cumming, Alex	16	Bellshill	1:08.25
21 Morrison, Cole	16	StirlingSwim	1:09.29
22 Carswell, Ross	16	Lanark	1:09.47
23 Lilly, Nathan	17	Bellshill	1:09.71
24 Garrett, Lex	17	Sth Ayrshire	1:11.12
25 Peace, William	17	West Dunbart	1:11.18
26 Traynor, Callum	16	StirlingSwim	1:15.05
27 Henderson, Ian	16	Lanark	1:15.38
28 Nixon, Aidan	16	Bellshill	1:17.10
29 Kloska, Alexander	16	Airdrie&monk	1:17.63
30 Smith, Keane	17	Co Glasgow	1:18.19
31 Dunn, Arran	16	Co Glasgow	1:18.23
32 McLelland, Robbie	17	Scotia	1:24.50
33 Grant, Ben	17	Co Glasgow	1:25.98
34 Mathie, Fraser	17	N Ayrshire	1:30.38

## Event 105 Girls 14-15 100 SC Metre Butterfly

Name	Age	Team	Seed Time
<b>14 Year Olds</b>			
1 Croxford, Coco	14	StirlingSwim	1:04.00
2 Cumming, Alice	14	Co Glasgow	1:08.33
3 Silcock, Emma	14	Falkirk	1:11.25

## 2023 WD January Pentaqua - 14/01/2023 to 15/01/2023

## Psych Sheet - Saturday Morning Heats

## 14 Year Olds...(#105 Girls 14-15 100 SC Metre Butterfly)

4	Chan, Caelin	14	N Ayrshire	1:11.67
5	Buchanan, Sky	14	Co Glasgow	1:12.64
6	Colvin, Millie	14	Dumfries	1:12.78
7	Barton, Millie	14	Bellshill	1:12.81
8	Millar, Emma	14	Kintyre	1:13.44
9	Rafferty, Lia	14	West Dunbart	1:13.54
10	Paterson, Madeleine	14	Co Glasgow	1:14.36
11	Ferris, Eireann	14	Cumbernauld	1:15.44
12	Cole, Addison	14	Hamilton	1:16.20
13	Alison, Sophie	14	West Dunbart	1:16.22
14	McGinlay, Sophia	14	Cumbernauld	1:16.69
15	Wilson, Allannah	14	Bellshill	1:17.63
16	Gibb, Mirren	14	Dumfries	1:17.67
17	McAuley, Evan	14	Airdrie&monk	1:18.25
18	Brackenridge, Ava	14	Cumbernauld	1:18.38
19	Quinn, Niamh	14	Kintyre	1:19.00
20	Calder, Joanna	14	Milngavie &B	1:19.31
21	Towers, Katie	14	Lanark	1:19.34
22	Cummins, Inga	14	Sth Ayrshire	1:19.64
23	Samson, Sarah	14	Renfrew Bath	1:20.13
24	Black, Amy	14	Bo'ness	1:20.76
25	Lindsay, Hannah	14	Hamilton	1:20.88
26	Murray, Eva	14	Airdrie&monk	1:21.87
27	Muir, Monica	14	Rutherglen	1:22.74
28	McGavin, Rachel	14	Hamilton	1:23.07
29	Heslop, Kirstin	14	Sth Ayrshire	1:23.76
30	Chong, Emily	14	Co Glasgow	1:26.26
31	Prygiel, Amelia	14	Bellshill	1:26.67
32	Aitken, Sara	14	Falkirk	1:27.05
33	McNeill, Natasha	14	Rutherglen	1:28.72
34	Lauder, Nieve	14	Cumbernauld	1:28.76
35	Pringle, Chloe	14	Rutherglen	1:28.81
36	Willis, Kymberley	14	Sth Ayrshire	1:28.88
37	Dryden, Sarah	14	Milngavie &B	1:30.23
38	Wilson, Ellie	14	Co Glasgow	1:30.60
39	Dunn, Zara	14	Co Glasgow	1:30.66
40	Strachan, Rebecca	14	Co Glasgow	1:30.68
41	Welsh, Myla	14	Co Glasgow	1:32.01
42	McLeod, Chloe	14	Scotia	1:32.44
43	Bathie, Rebecca	14	Milngavie &B	1:32.85
44	Kellock, Heather	14	Dumfries	1:33.59
45	Millar, Hannah	14	Kintyre	1:33.72
46	Thomson, Hannah	14	Co Glasgow	1:33.89
47	Stewart, Autumn	14	Hamilton	1:36.44
48	Copland, Camryn	14	Cumbernauld	1:37.19
49	Park, Eva	14	Co Glasgow	1:37.31
50	MacGregor, Nina	14	StirlingSwim	1:39.04
51	Naismith, Molly	14	Bellshill	1:39.32
52	Lumsden, Rowan	14	Dumfries	1:39.65
53	Greenbank, Morrin	14	Co Glasgow	1:39.83
54	Robin, Sophie	14	Renfrew Bath	1:43.40
55	Dalgliesh, Heather	14	Dumfries	1:44.56
56	Winning, Amber	14	Dumfries	1:45.58
57	Mathie, Kirsty	14	N Ayrshire	1:46.33
58	Murdoch, Ellie	14	Cumbernauld	1:47.61
59	Gunawickrama, Sawindi	14	Co Glasgow	1:50.53
60	Chivers, Emma	14	Renfrew Bath	1:53.60
61	McLaughlin, Meghan	14	Falkirk	2:06.33

## 15 Year Olds

1	Robertson, Eilidh	15	Sth Ayrshire	1:03.36
2	Crawford, Zoe	15	Falkirk	1:06.10

3	Dickie, Georgia	15	Dumfries	1:07.81
4	Connell, Louise	15	Co Glasgow	1:10.27
5	Barnstaple, Abbie	15	Lanark	1:10.40
6	Scobbie, Perrie	15	StirlingSwim	1:10.60
7	Rogerson, Brooke	15	Dumfries	1:10.74
8	Barrowman, Emma	15	Stranraer	1:11.17
9	Mooney, Carys	15	Co Glasgow	1:11.49
10	Murdoch, Phoebe	15	Sth Ayrshire	1:12.01
11	Nimmo, Lucy	15	Bellshill	1:12.51
12	Dobson, Isla	15	Kingston	1:14.05
13	Steele, Sophie	15	Sth Ayrshire	1:14.99
14	Grabowska, Wiktorja	15	West Dunbart	1:15.48
15	Gumbrell, Cara	15	Ren 96	1:16.69
16	Mcilwaine, Grace	15	StirlingSwim	1:18.59
17	Chambers, Emma	15	Cumbernauld	1:18.71
18	Anderson, Hannah	15	Hamilton	1:19.05
19	McGavin, Emma	15	Hamilton	1:19.28
20	Young, Carla	15	N Ayrshire	1:19.62
21	Watson, Katie	15	Co Glasgow	1:19.98
22	Peckover, Lauren	15	N Ayrshire	1:20.35
23	Mungall, Lucy	15	Hamilton	1:20.40
24	Smith, Zuzia	15	Grangemouth	1:20.61
25	Taylor, Mia	15	Falkirk	1:21.21
26	McLeod, Lucy	15	Grangemouth	1:21.92
27	Hill, Abigail	15	Milngavie &B	1:24.37
28	Pavri, Anjali	15	Co Glasgow	1:26.02
29	Fair, Eva	15	Milngavie &B	1:26.75
30	Borland, Charlotte	15	Sth Ayrshire	1:28.15
31	Gunawickrama, Sanjana	15	Co Glasgow	1:28.74
32	Weir, Imogen	15	Bellshill	1:33.94
33	Cuthbertson, Emma	15	Bellshill	1:43.28

## Event 106 Girls 16 &amp; Over 100 SC Metre Butterfly

	Name	Age	Team	Seed Time
1	McCardie, Stella	16	Co Glasgow	1:02.00
2	Wood, Isabelle	17	StirlingSwim	1:03.60
3	Shiels, Amy	17	Co Glasgow	1:04.33
4	Gilmore, Kirsty	17	Hamilton	1:05.99
5	Creaney, Emma	16	Cumbernauld	1:07.86
6	McCappin, Lexine	16	Falkirk	1:08.17
7	Reid, Georgia	16	Co Glasgow	1:10.60
8	Leggate, Emma	16	Hamilton	1:11.00
9	Sinnett, Ceri	17	Bellshill	1:11.97
10	Stericker, Keira	18	Sth Ayrshire	1:11.97
11	McNally, Lucy	17	Sth Ayrshire	1:12.21
12	Hamilton, Caitlyn	18	Lanark	1:12.31
13	Stewart, Sarah	16	Milngavie &B	1:12.58
14	Kirkham, Ava	16	Grangemouth	1:12.70
15	Niven, Victoria	16	Co Glasgow	1:13.40
16	Stuart, Heather	16	N Ayrshire	1:14.15
17	McDermott, Ava	17	Milngavie &B	1:18.56
18	Connor, Erin	16	Scotia	1:19.60
19	Robinson, Lucy	16	Co Glasgow	1:20.22
20	Heron, Connie	16	Airdrie&monk	1:21.21
21	Falconer, Erin	16	Bellshill	1:21.64
22	Dunn, Julie	16	Sth Ayrshire	1:25.07
23	Ferry, Sarah	16	StirlingSwim	1:25.80
24	Brown, Lara	16	Bellshill	1:27.39
25	Kloska, Roxana	16	Airdrie&monk	1:28.44

## 2023 WD January Pentaqua - 14/01/2023 to 15/01/2023

## Psych Sheet - Saturday Morning Heats

**Event 107 Boys 14-15 100 SC Metre Backstroke**

Name	Age	Team	Seed Time
<b>14 Year Olds...(#107 Boys 14-15 100 SC Metre Backstroke)</b>			
1 Gibson, Lewis	14	Sth Ayrshire	1:04.90
2 Barghati, Dean	14	Hamilton	1:05.48
3 Jeffords, Tom	14	Ren 96	1:07.07
4 Tinch, Alex	14	StirlingSwim	1:08.66
5 Ferguson, Jake	14	Grangemouth	1:08.93
6 Geddes, Caleb	14	Bellshill	1:09.46
7 Duncan, Rory	14	Sth Ayrshire	1:09.94
8 Giudici, Finlay	14	Renfrew Bath	1:11.58
9 Frew, Daniel	14	Sth Ayrshire	1:12.00
10 Pearson, Ruben	14	Motherwell W	1:12.28
11 Eyupoglu, Efe	14	Sth Ayrshire	1:12.53
12 Carty, Joe	14	Co Glasgow	1:12.90
13 Shaw, Craig	14	Lanark	1:13.90
14 Craw, Lucas	14	Rutherglen	1:14.02
15 Brackenridge, Andrew	14	Cumbernauld	1:14.11
16 Jamieson, Joe	14	Sth Ayrshire	1:14.28
17 Edwards, Rhys	14	Dumfries	1:14.43
18 Traynor, Jack	14	Hamilton	1:14.76
19 Ormrod, Malcolm	14	Lanark	1:15.38
20 Campbell, Keir	14	Grangemouth	1:15.63
21 McCallum, Ruaraidh	14	Milngavie &B	1:15.82
22 Hunter, Aaron	14	Cumbernauld	1:17.01
23 Hamill, Cameron	14	N Ayrshire	1:18.17
24 Carragher, James	14	Ren 96	1:18.29
25 Ashwood, Kole	14	Airdrie&monk	1:20.61
26 Kerr, Lewis	14	Renfrew Bath	1:20.81
27 Brown, Ciaran	14	Co Glasgow	1:21.58
28 Devlin, Luke	14	Lanark	1:23.12
29 Meulemans, Isaak	14	Kingston	1:23.41
30 Byrne, Finlay	14	Falkirk	1:23.44
31 Morgan, James	14	Bellshill	1:24.49
32 Lawless, Daniel	14	Bo'ness	1:24.84
33 O'Shea, Ryley	14	Rutherglen	1:25.89
34 Cameron, Archie	14	N Ayrshire	1:26.40
35 Shaw, Jack	14	Bellshill	1:26.89
36 Flaherty, Kerr	14	Milngavie &B	1:27.19
37 Mcinnes, Ryan	14	West Dunbart	1:30.05
38 Cunningham, John	14	Airdrie&monk	1:32.10
39 Muir, Ewan	14	Kilmarnock	1:32.60
40 Khinvasara, Advay	14	Ren 96	1:36.10
<b>15 Year Olds</b>			
1 Docherty-Simpson, Jack	15	Scotia	1:00.57
2 Vandermeulen, Logan	15	StirlingSwim	1:00.82
3 Landman, David	15	Co Glasgow	1:02.35
4 Nelson, Finlay	15	Dumfries	1:02.91
5 Hall, Ruairidh	15	Milngavie &B	1:05.02
6 Jeffreys, Benji	15	Sth Ayrshire	1:05.43
7 Donaldson, Fraser	15	Milngavie &B	1:05.65
8 Thomson, Adam	15	Sth Ayrshire	1:06.06
9 Morris, Magnus	15	Ren 96	1:06.33
10 Hill, Adam	15	StirlingSwim	1:07.70
11 Winship, Michael	15	Co Glasgow	1:08.00
12 Calvert, Rory	15	Grangemouth	1:08.17
13 Samson, Keir	15	Scotia	1:08.25
14 Gill, Cameron	15	Grangemouth	1:08.80
15 Beetham, Samuel	15	Bo'ness	1:08.96
16 McShane, Dylan	15	Co Glasgow	1:09.15

17 Kringelis, Rojus	15	Co Glasgow	1:09.62
18 Lees, Matthew	15	Hamilton	1:09.89
19 McLean, Campbell	15	Co Glasgow	1:10.39
20 Jaap, Harris	15	Airdrie&monk	1:10.45
21 Ibrahim, Yusuf	15	Co Glasgow	1:11.59
22 Thomson, Aidan	15	Co Glasgow	1:11.77
23 Webster, Ruari	15	Dumfries	1:11.83
24 McMahan, Ewan	15	Falkirk	1:13.18
25 Hughes, Freddie	15	Bellshill	1:14.05
26 McCavish, Aidan	15	Bo'ness	1:14.92
27 Perriman, Archie	15	Motherwell W	1:17.17
28 Paul, Jack	15	West Dunbart	1:21.68

**Event 108 Boys 16 & Over 100 SC Metre Backstroke**

Name	Age	Team	Seed Time
1 Burgess, Robert	17	Co Glasgow	55.26
2 Vandermeulen, Grier	17	StirlingSwim	58.18
3 Hammond, Lewis	19	Co Glasgow	1:00.40
4 Cashmore, Dylan	17	Sth Ayrshire	1:01.15
5 Currie, Fergus	17	Milngavie &B	1:01.86
6 Kelly, Reuben	17	Dumfries	1:02.15
7 Creaney, Cameron	18	Cumbernauld	1:02.16
8 Carlyle, Robbie	16	Hamilton	1:02.16
9 Young, Rory	21	Co Glasgow	1:02.40
10 Smith, Keane	17	Co Glasgow	1:02.70
11 Wong, Kyle	16	Co Glasgow	1:02.79
12 Garrett, Lex	17	Sth Ayrshire	1:02.97
13 McKean, Blair	17	Bellshill	1:03.57
14 McLeod, Euan	17	Lanark	1:05.87
15 Morrison, Cole	16	StirlingSwim	1:06.19
16 Black, Alex	16	Bo'ness	1:07.47
17 Shaw, Cameron	17	Grangemouth	1:07.98
18 Churches, Alfie	16	Co Glasgow	1:08.36
19 Lilly, Nathan	17	Bellshill	1:08.77
20 Dunn, Arran	16	Co Glasgow	1:09.73
21 Peace, William	17	West Dunbart	1:10.28
22 Cumming, Alex	16	Bellshill	1:10.29
23 Montgomery, Ben	16	StirlingSwim	1:10.67
24 Traynor, Callum	16	StirlingSwim	1:12.02
25 Gardner, Luke	16	Ren 96	1:13.10
26 Carswell, Ross	16	Lanark	1:13.93
27 Gray, Robbie	17	N Ayrshire	1:13.94
28 Henderson, Ian	16	Lanark	1:15.95
29 McGregor, Murray	18	Rutherglen	1:17.34
30 Grant, Ben	17	Co Glasgow	1:19.10
31 Mathie, Fraser	17	N Ayrshire	1:24.88
32 McLelland, Robbie	17	Scotia	1:31.78

**Event 109 Girls 14-15 100 SC Metre Backstroke**

Name	Age	Team	Seed Time
<b>14 Year Olds</b>			
1 Croxford, Coco	14	StirlingSwim	1:05.91
2 Ferris, Eireann	14	Cumbernauld	1:08.38
3 Silcock, Emma	14	Falkirk	1:10.47
4 Rafferty, Lia	14	West Dunbart	1:10.85
5 Cole, Addison	14	Hamilton	1:11.23
6 Cumming, Alice	14	Co Glasgow	1:12.14
7 Paterson, Madeleine	14	Co Glasgow	1:12.81
8 Colvin, Millie	14	Dumfries	1:13.10
9 McGavin, Rachel	14	Hamilton	1:13.20
10 Millar, Emma	14	Kintyre	1:13.27
11 Alison, Sophie	14	West Dunbart	1:14.67

## 2023 WD January Pentaqua - 14/01/2023 to 15/01/2023

## Psych Sheet - Saturday Morning Heats

## 14 Year Olds...(#109 Girls 14-15 100 SC Metre Backstroke)

12	Cummins, Inga	14	Sth Ayrshire	1:14.72
13	Towers, Katie	14	Lanark	1:15.00
14	Buchanan, Sky	14	Co Glasgow	1:16.14
15	McDonald, Millie	14	Cumbernauld	1:16.40
16	Dunn, Zara	14	Co Glasgow	1:16.77
17	Chong, Emily	14	Co Glasgow	1:16.79
18	Calder, Joanna	14	Milngavie &B	1:17.40
19	Curran, Suzannah	14	Kilmarnock	1:17.46
20	McFadzean, Cara	14	Kintyre	1:17.48
21	Kellock, Heather	14	Dumfries	1:17.54
22	Gibb, Mirren	14	Dumfries	1:17.99
23	Strachan, Rebecca	14	Co Glasgow	1:18.22
24	Chan, Caelin	14	N Ayrshire	1:18.35
25	Wilson, Allanah	14	Bellshill	1:18.68
26	Yershov, Rhea	14	Hamilton	1:19.44
27	Rogerson, Gemma	14	Cumbernauld	1:20.09
28	Quinn, Niamh	14	Kintyre	1:20.14
29	Muir, Monica	14	Rutherglen	1:20.29
30	Welsh, Myla	14	Co Glasgow	1:20.55
31	Millar, Hannah	14	Kintyre	1:20.58
32	Willis, Kymberley	14	Sth Ayrshire	1:20.81
33	Mulhern, Megan	14	Airdrie&monk	1:21.05
34	McGinlay, Sophia	14	Cumbernauld	1:21.46
35	Pringle, Chloe	14	Rutherglen	1:21.63
36	Bell, Louise	14	West Dunbart	1:21.76
37	East, Adah	14	StirlingSwim	1:21.77
38	Gallacher, Ava	14	Falkirk	1:21.91
39	Aitken, Sara	14	Falkirk	1:22.52
40	Ashworth, Mollie	14	Milngavie &B	1:23.54
41	Brackenridge, Ava	14	Cumbernauld	1:23.64
42	Coyle, Evelyn	14	Kilmarnock	1:24.05
43	Lauder, Nieve	14	Cumbernauld	1:24.12
44	MacLeod, Chloe	14	Scotia	1:24.53
45	Prygiel, Amelia	14	Bellshill	1:24.69
46	Dryden, Sarah	14	Milngavie &B	1:24.79
47	Hennessey, Abey	14	Helensburgh	1:24.90
48	Angus, Caroline	14	Airdrie&monk	1:24.91
49	Samson, Sarah	14	Renfrew Bath	1:25.78
50	McNeill, Natasha	14	Rutherglen	1:25.97
51	Walls, Kennedy	14	Milngavie &B	1:26.15
52	Rodger, Lucy	14	West Dunbart	1:26.25
53	Dalgliesh, Heather	14	Dumfries	1:26.40
54	Lumsden, Rowan	14	Dumfries	1:26.51
55	Black, Amy	14	Bo'ness	1:26.92
56	Wilson, Ellie	14	Co Glasgow	1:27.00
57	Bathie, Rebecca	14	Milngavie &B	1:28.93
58	Robin, Sophie	14	Renfrew Bath	1:29.34
59	Stewart, Autumn	14	Hamilton	1:30.06
60	Thomson, Hannah	14	Co Glasgow	1:30.45
61	Chivers, Emma	14	Renfrew Bath	1:31.75
62	Greenbank, Morrin	14	Co Glasgow	1:31.75
63	Mullen, Aoife	14	Airdrie&monk	1:32.30
64	Hanif, Mariam Aliyah	14	Co Glasgow	1:34.30
65	Murdoch, Ellie	14	Cumbernauld	1:34.69
66	Winning, Amber	14	Dumfries	1:35.55
67	Gunawickrama, Sawindi	14	Co Glasgow	1:36.38
68	Park, Eva	14	Co Glasgow	1:37.58
69	Mathie, Kirsty	14	N Ayrshire	1:37.92
70	Patrick, Olivia	14	West Dunbart	1:43.83
71	Coltart, Christina	14	Falkirk	1:49.25
72	McLaughlin, Meghan	14	Falkirk	1:52.32

## 15 Year Olds

1	Crawford, Zoe	15	Falkirk	1:05.31
2	McGavin, Emma	15	Hamilton	1:07.60
3	Smith, Zuzia	15	Grangemouth	1:08.25
4	Noonan, Grace	15	Milngavie &B	1:09.64
5	Rogerson, Brooke	15	Dumfries	1:09.82
6	Grabowska, Wiktorja	15	West Dunbart	1:10.08
7	Henderson, Iona	15	Rutherglen	1:10.27
8	Scobbie, Perrie	15	StirlingSwim	1:10.92
9	Connell, Louise	15	Co Glasgow	1:11.03
10	Robertson, Eilidh	15	Sth Ayrshire	1:11.04
11	Hill, Abigail	15	Milngavie &B	1:11.50
12	Anderson, Hannah	15	Hamilton	1:11.68
13	Nimmo, Lucy	15	Bellshill	1:11.89
14	Dobson, Isla	15	Kingston	1:12.06
15	McLeod, Lucy	15	Grangemouth	1:12.11
16	Dickie, Georgia	15	Dumfries	1:13.18
17	Steele, Sophie	15	Sth Ayrshire	1:13.25
18	Mooney, Carys	15	Co Glasgow	1:13.39
19	Pavri, Anjali	15	Co Glasgow	1:13.90
20	Barrowman, Emma	15	Stranraer	1:14.06
21	Gumbrell, Cara	15	Ren 96	1:14.65
22	Barnstaple, Abbie	15	Lanark	1:15.76
23	Peckover, Lauren	15	N Ayrshire	1:16.00
24	Chambers, Emma	15	Cumbernauld	1:17.09
25	Douglas, Alex	15	Lanark	1:17.14
26	Leonard, Olivia	15	Motherwell W	1:17.57
27	Watson, Katie	15	Co Glasgow	1:17.77
28	Fair, Eva	15	Milngavie &B	1:18.64
29	Gunawickrama, Sanjana	15	Co Glasgow	1:19.36
30	Mungall, Lucy	15	Hamilton	1:19.92
31	Weir, Jenna	15	Bellshill	1:19.99
32	Howat, Liadan	15	Cumbernauld	1:20.13
33	Watson, Amy	15	Sth Ayrshire	1:20.68
34	Borland, Charlotte	15	Sth Ayrshire	1:21.06
35	Taylor, Mia	15	Falkirk	1:23.01
36	Logie, Emma	15	Sth Ayrshire	1:23.30
37	Weir, Imogen	15	Bellshill	1:26.26
38	Cuthbertson, Emma	15	Bellshill	1:29.28

## Event 110 Girls 16 &amp; Over 100 SC Metre Backstroke

Name	Age	Team	Seed Time	
1	Shiels, Amy	17	Co Glasgow	1:03.28
2	Stericker, Keira	18	Sth Ayrshire	1:03.67
3	Wood, Isabelle	17	StirlingSwim	1:06.11
4	Gilmore, Kirsty	17	Hamilton	1:06.80
5	McCardie, Stella	16	Co Glasgow	1:08.69
6	Creaney, Emma	16	Cumbernauld	1:08.86
7	Leggate, Emma	16	Hamilton	1:09.09
8	Stewart, Sarah	16	Milngavie &B	1:09.25
9	McKenzie, Jocelyn	17	Milngavie &B	1:09.48
10	Stuart, Heather	16	N Ayrshire	1:10.09
11	Dunn, Julie	16	Sth Ayrshire	1:13.43
12	McCappin, Lexine	16	Falkirk	1:13.45
13	Hart, Kiera	16	Scotia	1:14.08
14	Niven, Victoria	16	Co Glasgow	1:14.55
15	Sinnett, Ceri	17	Bellshill	1:14.62
16	Hamilton, Caitlyn	18	Lanark	1:14.89
17	Kirkham, Ava	16	Grangemouth	1:15.36
18	Reid, Georgia	16	Co Glasgow	1:16.54
19	Robinson, Lucy	16	Co Glasgow	1:18.82
20	Gardner, Samantha	17	Ren 96	1:22.16

**2023 WD January Pentaqua - 14/01/2023 to 15/01/2023****Psych Sheet - Saturday Morning Heats****Event 110 ... (Girls 16 & Over 100 SC Metre Backstroke)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
21	Ferry, Sarah	16	StirlingSwim	1:22.38
22	Falconer, Erin	16	Bellshill	1:22.49
23	Heron, Connie	16	Airdrie&monk	1:23.93
24	Carragher, Laura	16	Ren 96	1:24.57
25	Brown, Lara	16	Bellshill	1:25.93
26	Imrie, Emma	16	Sth Ayrshire	1:28.80