

## 2023 WD January Pentaqua - 14/01/2023 to 15/01/2023

## Psych Sheet - Saturday Afternoon Heats

## Event 201 Boys 14-15 200 SC Metre IM

Name	Age	Team	Seed Time
<b>14 Year Olds</b>			
1	Gibson, Lewis	14 Sth Ayrshire	2:22.46
2	MacArthur, Calum	14 Milngavie &B	2:25.00
3	Barghati, Dean	14 Hamilton	2:26.37
4	Jeffords, Tom	14 Ren 96	2:27.81
5	Ferguson, Jake	14 Grangemouth	2:31.13
6	Brackenridge, Andrew	14 Cumbernauld	2:33.19
7	Duncan, Rory	14 Sth Ayrshire	2:35.10
8	Geddes, Caleb	14 Bellshill	2:35.41
9	Pearson, Ruben	14 Motherwell W	2:36.96
10	Shaw, Craig	14 Lanark	2:37.00
11	Craw, Lucas	14 Rutherglen	2:37.33
12	Carty, Joe	14 Co Glasgow	2:37.35
13	Hamill, Cameron	14 N Ayrshire	2:38.51
14	Eyupoglu, Efe	14 Sth Ayrshire	2:38.60
15	Jamieson, Joe	14 Sth Ayrshire	2:39.98
16	Edwards, Rhys	14 Dumfries	2:42.34
17	Devlin, Luke	14 Lanark	2:44.41
18	Campbell, Keir	14 Grangemouth	2:45.50
19	Giudici, Finlay	14 Renfrew Bath	2:46.09
20	Frew, Daniel	14 Sth Ayrshire	2:48.95
21	Hunter, Aaron	14 Cumbernauld	2:48.96
22	Brown, Ciaran	14 Co Glasgow	2:49.81
23	Traynor, Jack	14 Hamilton	2:50.93
24	Khinvasara, Advay	14 Ren 96	2:51.64
25	Copeland, Keir	14 Sth Ayrshire	2:57.67
26	Flaherty, Kerr	14 Milngavie &B	3:03.45
27	Lawless, Daniel	14 Bo'ness	3:04.04
28	Carragher, James	14 Ren 96	3:05.45
29	Meulemans, Isaak	14 Kingston	3:07.62
30	Muir, Ewan	14 Kilmarnock	3:12.80
31	Byron, Luke	14 West Dunbart	3:13.75
32	Byrne, Finlay	14 Falkirk	3:15.12

## 15 Year Olds

1	Mclaughlin, Kayden	15 Milngavie &B	2:35
2	Kringelis, Rojus	15 Co Glasgow	2:15.09
3	Vandermeulen, Logan	15 StirlingSwim	2:16.29
4	Docherty-Simpson, Jack	15 Scotia	2:16.92
5	Nelson, Finlay	15 Dumfries	2:17.07
6	Webster, Ruari	15 Dumfries	2:23.47
7	Landman, David	15 Co Glasgow	2:24.10
8	Thomson, Adam	15 Sth Ayrshire	2:25.05
9	Jeffreys, Benji	15 Sth Ayrshire	2:26.42
10	Gill, Cameron	15 Grangemouth	2:26.50
11	Donaldson, Fraser	15 Milngavie &B	2:27.89
12	Calvert, Rory	15 Grangemouth	2:28.32
13	Ibrahim, Yusuf	15 Co Glasgow	2:29.96
14	McShane, Dylan	15 Co Glasgow	2:30.68
15	Morris, Magnus	15 Ren 96	2:31.79
16	McCavish, Aidan	15 Bo'ness	2:31.97
17	Winship, Michael	15 Co Glasgow	2:32.80
18	Samson, Keir	15 Scotia	2:34.84
19	Beetham, Samuel	15 Bo'ness	2:35.80
20	Thomson, Aidan	15 Co Glasgow	2:35.90
21	McLean, Campbell	15 Co Glasgow	2:39.90
22	Hughes, Freddie	15 Bellshill	2:43.00
23	Jaap, Harris	15 Airdrie&monk	2:45.37
24	McMahon, Ewan	15 Falkirk	2:47.37

25 Boal, Lewis 15 West Dunbart 2:52.54

## Event 202 Boys 16 &amp; Over 200 SC Metre IM

Name	Age	Team	Seed Time
1	Burgess, Robert	17 Co Glasgow	2:06.60
2	Hammond, Lewis	19 Co Glasgow	2:12.53
3	Cashmore, Dylan	17 Sth Ayrshire	2:16.61
4	Kelly, Reuben	17 Dumfries	2:17.41
5	Creaney, Cameron	18 Cumbernauld	2:17.70
6	Young, Rory	21 Co Glasgow	2:18.98
7	Wong, Kyle	16 Co Glasgow	2:19.03
8	Vandermeulen, Grier	17 StirlingSwim	2:19.90
9	Baird, Fraser	17 Scotia	2:20.00
10	Carlyle, Robbie	16 Hamilton	2:20.05
11	Montgomery, Ben	16 StirlingSwim	2:21.78
12	Shaw, Cameron	17 Grangemouth	2:22.48
13	McKean, Blair	17 Bellshill	2:23.24
14	Black, Alex	16 Bo'ness	2:24.38
15	Smith, Keane	17 Co Glasgow	2:24.40
16	Jones, Benjamin	17 Lanark	2:27.30
17	Morrison, Cole	16 StirlingSwim	2:30.16
18	Cumming, Alex	16 Bellshill	2:30.74
19	Churches, Alfie	16 Co Glasgow	2:31.16
20	Jeffrey, Zac	16 Ren 96	2:31.95
21	Carswell, Ross	16 Lanark	2:33.15
22	Dunn, Arran	16 Co Glasgow	2:33.34
23	Gray, Robbie	17 N Ayrshire	2:34.62
24	Henderson, Ian	16 Lanark	2:35.05
25	Hamilton, Reece	16 Milngavie &B	2:37.33
26	Cheng, Enzo	17 Sth Ayrshire	2:38.80
27	Nixon, Aidan	16 Bellshill	2:39.20
28	Grant, Ben	17 Co Glasgow	2:40.09
29	Mathie, Fraser	17 N Ayrshire	2:54.48

## Event 203 Girls 14-15 100 SC Metre Freestyle

Name	Age	Team	Seed Time
<b>14 Year Olds</b>			
1	Croxford, Coco	14 StirlingSwim	1:02.30
2	Cole, Addison	14 Hamilton	1:02.60
3	Millar, Emma	14 Kintyre	1:02.79
4	Colvin, Millie	14 Dumfries	1:02.83
5	Cumming, Alice	14 Co Glasgow	1:03.10
6	Ferris, Eireann	14 Cumbernauld	1:03.40
7	Alison, Sophie	14 West Dunbart	1:03.70
8	Silcock, Emma	14 Falkirk	1:04.44
9	Calder, Joanna	14 Milngavie &B	1:04.50
10	Gibb, Mirren	14 Dumfries	1:04.62
11	Buchanan, Sky	14 Co Glasgow	1:04.80
12	Chan, Caelin	14 N Ayrshire	1:04.86
13	Towers, Katie	14 Lanark	1:04.90
14	Paterson, Madeleine	14 Co Glasgow	1:05.12
15	Moulton, Kayleigh	14 Ren 96	1:05.29
16	Millar, Hannah	14 Kintyre	1:05.70
17	Strachan, Rebecca	14 Co Glasgow	1:06.03
18	Rafferty, Lia	14 West Dunbart	1:06.23
19	McDermott, Rose	14 Milngavie &B	1:06.27
20	Lindsay, Hannah	14 Hamilton	1:06.27
21	Barton, Millie	14 Bellshill	1:06.47
22	Cummins, Inga	14 Sth Ayrshire	1:06.76
23	Kellock, Heather	14 Dumfries	1:06.91
24	Willis, Kymberley	14 Sth Ayrshire	1:06.95
25	Wilson, Allannah	14 Bellshill	1:07.73

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## Psych Sheet - Saturday Afternoon Heats

## 14 Year Olds...(#203 Girls 14-15 100 SC Metre Freestyle)

26	McGavin, Rachel	14	Hamilton	1:08.14
27	McDonald, Millie	14	Cumbernauld	1:08.22
28	Brackenridge, Ava	14	Cumbernauld	1:08.32
29	Heslop, Kirstin	14	Sth Ayrshire	1:08.56
30	McFadzean, Cara	14	Kintyre	1:08.57
31	Black, Amy	14	Bo'ness	1:08.61
32	Curran, Suzannah	14	Kilmarnock	1:08.62
33	McDonald, Catherine	14	Airdrie&monk	1:08.73
34	Gallacher, Ava	14	Falkirk	1:09.36
35	McAuley, Evan	14	Airdrie&monk	1:09.37
36	Coyle, Evelyn	14	Kilmarnock	1:09.49
37	Quinn, Niamh	14	Kintyre	1:10.16
38	Hennessey, Abey	14	Helensburgh	1:10.28
39	Ashworth, Mollie	14	Milngavie &B	1:10.61
40	McGinlay, Sophia	14	Cumbernauld	1:10.89
41	Muir, Monica	14	Rutherglen	1:11.04
42	Dalgliesh, Heather	14	Dumfries	1:11.59
43	Aitken, Sara	14	Falkirk	1:11.72
44	Chong, Emily	14	Co Glasgow	1:11.73
45	Mulhern, Megan	14	Airdrie&monk	1:12.10
46	Welsh, Myla	14	Co Glasgow	1:12.14
47	Dunn, Zara	14	Co Glasgow	1:12.22
48	Pringle, Chloe	14	Rutherglen	1:12.30
49	Angus, Caroline	14	Airdrie&monk	1:12.36
50	Samson, Sarah	14	Renfrew Bath	1:12.45
51	Sands, Elena	14	Kirkintilloch	1:13.07
52	Rogerson, Gemma	14	Cumbernauld	1:13.15
53	Broom, Olivia	14	Milngavie &B	1:13.35
54	McNeill, Natasha	14	Rutherglen	1:14.15
55	Quinn, Orla	14	Rutherglen	1:14.70
56	Prygiel, Amelia	14	Bellshill	1:14.79
57	Yershov, Rhea	14	Hamilton	1:14.80
58	Chivers, Emma	14	Renfrew Bath	1:14.89
59	Thomson, Hannah	14	Co Glasgow	1:15.27
60	East, Adah	14	StirlingSwim	1:15.40
61	Murray, Eva	14	Airdrie&monk	1:15.43
62	Robin, Sophie	14	Renfrew Bath	1:16.33
63	Copland, Camryn	14	Cumbernauld	1:16.44
64	Walls, Kennedy	14	Milngavie &B	1:16.77
65	Wilson, Ellie	14	Co Glasgow	1:16.89
66	Roberts, Niamh	14	Rutherglen	1:17.05
67	MacGregor, Nina	14	StirlingSwim	1:17.42
68	Lauder, Nieve	14	Cumbernauld	1:17.55
69	Bell, Louise	14	West Dunbart	1:17.88
70	Lumsden, Rowan	14	Dumfries	1:17.97
71	Stewart, Autumn	14	Hamilton	1:18.36
72	Mathie, Kirsty	14	N Ayrshire	1:19.18
73	Greenbank, Morrin	14	Co Glasgow	1:19.34
74	Rodger, Lucy	14	West Dunbart	1:19.83
75	Gunawickrama, Sawindi	14	Co Glasgow	1:21.15
76	Larkin, Lucy	14	Airdrie&monk	1:22.43
77	Naismith, Molly	14	Bellshill	1:23.45
78	Hanif, Mariam Aliyah	14	Co Glasgow	1:24.65
79	Murdoch, Ellie	14	Cumbernauld	1:25.16
80	Park, Eva	14	Co Glasgow	1:25.90
81	Lannigan, Breagha	14	Motherwell W	1:27.53
82	Patrick, Olivia	14	West Dunbart	1:29.00
83	McLaughlin, Meghan	14	Falkirk	1:38.05
84	Coltart, Christina	14	Falkirk	1:38.39

## 15 Year Olds

1	Robertson, Eilidh	15	Sth Ayrshire	58.79
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2	Noonan, Grace	15	Milngavie &B	59.80
3	Crawford, Zoe	15	Falkirk	1:00.60
4	Connell, Louise	15	Co Glasgow	1:01.98
5	McGavin, Emma	15	Hamilton	1:02.20
6	Mooney, Carys	15	Co Glasgow	1:02.70
7	Scobbie, Perrie	15	StirlingSwim	1:02.79
8	Murdoch, Phoebe	15	Sth Ayrshire	1:02.90
9	Rogerson, Brooke	15	Dumfries	1:03.07
10	Dickie, Georgia	15	Dumfries	1:03.27
11	Nimmo, Lucy	15	Bellshill	1:03.78
12	Smith, Zuzia	15	Grangemouth	1:03.83
13	Grabowska, Wiktorja	15	West Dunbart	1:03.88
14	Dobson, Isla	15	Kingston	1:04.10
15	Barnstaple, Abbie	15	Lanark	1:04.30
16	Henderson, Iona	15	Rutherglen	1:04.40
17	Gumbrell, Cara	15	Ren 96	1:04.44
18	Gibson, Sophie	15	Sth Ayrshire	1:04.47
19	Steele, Sophie	15	Sth Ayrshire	1:04.49
20	McNair, Eilidh	15	Milngavie &B	1:04.52
21	Watson, Amy	15	Sth Ayrshire	1:05.26
22	MacDonald, Megan	15	StirlingSwim	1:05.78
23	Hill, Abigail	15	Milngavie &B	1:06.25
24	Barrowman, Emma	15	Stranraer	1:06.72
25	McLeod, Lucy	15	Grangemouth	1:07.24
26	Douglas, Alex	15	Lanark	1:07.39
27	Anderson, Hannah	15	Hamilton	1:07.60
28	Pavri, Anjali	15	Co Glasgow	1:08.34
29	Leonard, Olivia	15	Motherwell W	1:08.51
30	Young, Carla	15	N Ayrshire	1:08.73
31	Weir, Amy	15	Bellshill	1:08.87
32	Watson, Katie	15	Co Glasgow	1:09.24
33	Chambers, Emma	15	Cumbernauld	1:09.53
34	Borland, Charlotte	15	Sth Ayrshire	1:09.70
35	Peckover, Lauren	15	N Ayrshire	1:10.00
36	Howat, Liadan	15	Cumbernauld	1:10.75
37	Henderson, Siubhan	15	Rutherglen	1:10.98
38	Rydlowska, Wiktorja	15	Motherwell W	1:11.11
39	Gunawickrama, Sanjana	15	Co Glasgow	1:11.19
40	Weir, Jenna	15	Bellshill	1:11.32
41	Taylor, Mia	15	Falkirk	1:12.06
42	Fair, Eva	15	Milngavie &B	1:12.16
43	Weir, Imogen	15	Bellshill	1:13.24
44	Mcllwaine, Grace	15	StirlingSwim	1:13.78
45	Logie, Emma	15	Sth Ayrshire	1:14.96
46	Brown, Emma	15	Kirkintilloch	1:15.79
47	Crawford, Charis	15	Scotia	1:16.34
48	Cuthbertson, Emma	15	Bellshill	1:18.58

## Event 204 Girls 16 &amp; Over 100 SC Metre Freestyle

	Name	Age	Team	Seed Time
1	Stericker, Keira	18	Sth Ayrshire	57.14
2	Stevenson, Amber	17	Sth Ayrshire	58.44
3	Wood, Isabelle	17	StirlingSwim	59.00
4	Shiels, Amy	17	Co Glasgow	59.85
5	Davidson, Kiera	17	Co Glasgow	1:01.04
6	McCardie, Stella	16	Co Glasgow	1:01.31
7	Dunn, Julie	16	Sth Ayrshire	1:01.66
8	Stewart, Sarah	16	Milngavie &B	1:01.99
9	Gilmore, Kirsty	17	Hamilton	1:02.08
10	McCormack, Keisha	17	Scotia	1:02.64
11	Creaney, Emma	16	Cumbernauld	1:02.70
12	Leggate, Emma	16	Hamilton	1:02.70

## 2023 WD January Pentaqua - 14/01/2023 to 15/01/2023

## Psych Sheet - Saturday Afternoon Heats

## Event 204 ... (Girls 16 &amp; Over 100 SC Metre Freestyle)

Name	Age	Team	Seed Time
13 Stuart, Heather	16	N Ayrshire	1:02.75
14 Murdoch, Jessica	17	Sth Ayrshire	1:03.20
15 Kendall, Isabelle	16	StirlingSwim	1:03.38
16 Cent, Rebekah	16	Kingston	1:04.10
17 Niven, Victoria	16	Co Glasgow	1:04.36
18 Kirkham, Ava	16	Grangemouth	1:04.40
19 Hart, Kiera	16	Scotia	1:05.06
20 McCappin, Lexine	16	Falkirk	1:05.22
21 McNally, Lucy	17	Sth Ayrshire	1:05.24
22 Reid, Georgia	16	Co Glasgow	1:05.74
23 Hopkins, Holly	17	Sth Ayrshire	1:06.33
24 Hamilton, Caitlyn	18	Lanark	1:06.34
25 Caldwell, Katie	16	Milngavie & B	1:06.98
26 Broadfoot, Katie	16	Sth Ayrshire	1:08.23
27 Falconer, Erin	16	Bellshill	1:09.19
28 Gardner, Samantha	17	Ren 96	1:09.56
29 Robinson, Lucy	16	Co Glasgow	1:10.05
30 Mancini, Casia	16	Sth Ayrshire	1:10.30
31 Ferguson, Fiona	17	Ren 96	1:10.31
32 McGregor, Aimee	16	West Dunbart	1:11.62
33 Heron, Connie	16	Airdrie&monk	1:11.77
34 Brown, Lara	16	Bellshill	1:12.37
35 Carragher, Laura	16	Ren 96	1:13.63
36 Millar, Emily	16	Airdrie&monk	1:15.35
37 Imrie, Emma	16	Sth Ayrshire	1:20.34
38 Kloska, Roxana	16	Airdrie&monk	1:20.46

## Event 205 Boys 14-15 100 SC Metre Freestyle

Name	Age	Team	Seed Time
<b>14 Year Olds</b>			
1 Gibson, Lewis	14	Sth Ayrshire	56.20
2 Jeffords, Tom	14	Ren 96	57.33
3 Barghati, Dean	14	Hamilton	57.93
4 Edwards, Rhys	14	Dumfries	59.18
5 Frew, Daniel	14	Sth Ayrshire	59.63
6 Eyupoglu, Efe	14	Sth Ayrshire	1:00.83
7 Ferguson, Jake	14	Grangemouth	1:01.58
8 Tinch, Alex	14	StirlingSwim	1:01.60
9 McCallum, Ruairidh	14	Milngavie & B	1:01.79
10 Shaw, Craig	14	Lanark	1:02.16
11 Lin, Jimmy	14	Scotia	1:02.56
12 Jamieson, Joe	14	Sth Ayrshire	1:02.60
13 Pearson, Ruben	14	Motherwell W	1:03.09
14 Carty, Joe	14	Co Glasgow	1:03.27
15 Hamill, Cameron	14	N Ayrshire	1:03.65
16 Geddes, Caleb	14	Bellshill	1:04.06
17 Campbell, Keir	14	Grangemouth	1:04.71
18 Duncan, Rory	14	Sth Ayrshire	1:05.28
19 Brackenridge, Andrew	14	Cumbernauld	1:05.34
20 Devlin, Luke	14	Lanark	1:05.66
21 Traynor, Jack	14	Hamilton	1:05.90
22 Byrne, Finlay	14	Falkirk	1:07.12
23 Meulemans, Isaak	14	Kingston	1:07.53
24 Lawless, Daniel	14	Bo'ness	1:08.21
25 Flaherty, Kerr	14	Milngavie & B	1:09.10
26 Ormrod, Malcolm	14	Lanark	1:09.78
27 Ashwood, Kole	14	Airdrie&monk	1:10.73
28 Brown, Ciaran	14	Co Glasgow	1:10.99
29 Hunter, Aaron	14	Cumbernauld	1:11.24
30 Morgan, James	14	Bellshill	1:11.28

31 Shaw, Jack	14	Bellshill	1:11.59
32 Crombie, Keagan	14	Co Glasgow	1:11.70
33 Copeland, Keir	14	Sth Ayrshire	1:11.86
34 Kerr, Lewis	14	Renfrew Bath	1:13.40
35 Cameron, Archie	14	N Ayrshire	1:14.25
36 Carragher, James	14	Ren 96	1:15.82
37 Cunningham, John	14	Airdrie&monk	1:16.07
38 Muir, Ewan	14	Kilmarnock	1:16.51
39 Khinvasara, Advay	14	Ren 96	1:17.46
40 Forrest, Maxim	14	Hamilton	1:25.63
41 Byron, Luke	14	West Dunbart	1:29.78
42 Mcinnes, Ryan	14	West Dunbart	1:32.46

## 15 Year Olds

1 King, Ben	15	Milngavie & B	54.80
2 Nelson, Finlay	15	Dumfries	54.89
3 Vandermeulen, Logan	15	StirlingSwim	55.30
4 Docherty-Simpson, Jack	15	Scotia	55.90
5 Thomson, Adam	15	Sth Ayrshire	56.30
6 Kringelis, Rojus	15	Co Glasgow	56.48
7 Morris, Magnus	15	Ren 96	56.87
8 Webster, Ruari	15	Dumfries	56.90
9 Gill, Cameron	15	Grangemouth	57.40
10 Calvert, Rory	15	Grangemouth	57.49
11 Jeffreys, Benji	15	Sth Ayrshire	58.17
12 Landman, David	15	Co Glasgow	58.49
13 Mclaughlin, Kayden	15	Milngavie & B	58.99
14 Hill, Adam	15	StirlingSwim	1:00.01
15 Winship, Michael	15	Co Glasgow	1:00.08
16 Lees, Matthew	15	Hamilton	1:00.40
17 Donaldson, Fraser	15	Milngavie & B	1:00.65
18 Jaap, Harris	15	Airdrie&monk	1:00.66
19 Samson, Keir	15	Scotia	1:00.97
20 Ibrahim, Yusuf	15	Co Glasgow	1:01.02
21 Thomson, Aidan	15	Co Glasgow	1:02.04
22 Beetham, Samuel	15	Bo'ness	1:02.14
23 McShane, Dylan	15	Co Glasgow	1:02.39
24 Perriman, Archie	15	Motherwell W	1:02.55
25 Hall, Ruairidh	15	Milngavie & B	1:02.66
26 Monie, Adam	15	Hamilton	1:02.77
27 McCavish, Aidan	15	Bo'ness	1:02.81
28 Singh, Eklavya	15	Scotia	1:03.24
29 McLean, Campbell	15	Co Glasgow	1:03.99
30 McMahan, Ewan	15	Falkirk	1:04.13
31 Hughes, Freddie	15	Bellshill	1:05.36
32 Boal, Lewis	15	West Dunbart	1:08.28
33 Rahim, Mekaal	15	Cumbernauld	1:09.55
34 Paul, Jack	15	West Dunbart	1:09.99
35 Murphy, Callum	15	Scotia	1:19.58

## Event 206 Boys 16 &amp; Over 100 SC Metre Freestyle

Name	Age	Team	Seed Time
1 Hammond, Lewis	19	Co Glasgow	52.15
2 Vandermeulen, Grier	17	StirlingSwim	52.86
3 Creaney, Cameron	18	Cumbernauld	53.90
4 Burgess, Robert	17	Co Glasgow	54.40
5 Kelly, Reuben	17	Dumfries	54.47
6 Cashmore, Dylan	17	Sth Ayrshire	54.49
7 Currie, Fergus	17	Milngavie & B	54.97
8 Baird, Fraser	17	Scotia	55.49
9 Black, Alex	16	Bo'ness	55.60
10 McLeod, Euan	17	Lanark	56.13
11 Young, Rory	21	Co Glasgow	56.42

## 2023 WD January Pentaqua - 14/01/2023 to 15/01/2023

## Psych Sheet - Saturday Afternoon Heats

## Event 206 ... (Boys 16 &amp; Over 100 SC Metre Freestyle)

Name	Age	Team	Seed Time
12 Smith, Keane	17	Co Glasgow	56.50
13 McKean, Blair	17	Bellshill	56.66
14 Montgomery, Ben	16	StirlingSwim	57.20
15 Wong, Kyle	16	Co Glasgow	57.34
16 Shaw, Cameron	17	Grangemouth	57.60
17 Carlyle, Robbie	16	Hamilton	57.77
18 Morrison, Cole	16	StirlingSwim	58.10
19 Martin, Matthew	17	Renfrew Bath	58.59
20 Gray, Robbie	17	N Ayrshire	59.00
21 Jones, Benjamin	17	Lanark	59.03
22 Lilly, Nathan	17	Bellshill	59.26
23 Garrett, Lex	17	Sth Ayrshire	59.29
24 Churches, Alfie	16	Co Glasgow	59.89
25 Thomson, John	18	West Dunbart	1:00.00
26 Carswell, Ross	16	Lanark	1:00.38
27 Poszmik, Andras	16	Ren 96	1:00.40
28 Cumming, Alex	16	Bellshill	1:00.80
29 Smith, Logan	19	Motherwell W	1:00.91
30 Jeffrey, Zac	16	Ren 96	1:01.00
31 Dunn, Arran	16	Co Glasgow	1:01.48
32 Wardlaw, Ewan	16	Hamilton	1:01.54
33 Traynor, Callum	16	StirlingSwim	1:01.77
34 Peace, William	17	West Dunbart	1:01.80
35 Gardner, Luke	16	Ren 96	1:02.06
36 Cheng, Enzo	17	Sth Ayrshire	1:02.30
37 Henderson, Ian	16	Lanark	1:02.77
38 Walker, Fraser	16	Ren 96	1:03.42
39 Hamilton, Reece	16	Milngavie &B	1:04.42
40 Kloska, Alexander	16	Airdrie&monk	1:05.97
41 McGregor, Murray	18	Rutherglen	1:06.03
42 Grant, Ben	17	Co Glasgow	1:06.66
43 Mathie, Fraser	17	N Ayrshire	1:09.77
44 Harvey, Chris	16	Scotia	1:11.26

## Event 207 Girls 14-15 100 SC Metre Breaststroke

Name	Age	Team	Seed Time
<b>14 Year Olds</b>			
1 Paterson, Madeleine	14	Co Glasgow	1:16.95
2 Wilson, Allannah	14	Bellshill	1:18.34
3 Cumming, Alice	14	Co Glasgow	1:19.36
4 Towers, Katie	14	Lanark	1:19.75
5 Barton, Millie	14	Bellshill	1:20.53
6 Silcock, Emma	14	Falkirk	1:20.58
7 Chan, Caelin	14	N Ayrshire	1:20.90
8 Gibb, Mirren	14	Dumfries	1:21.06
9 Quinn, Niamh	14	Kintyre	1:21.61
10 Croxford, Coco	14	StirlingSwim	1:22.39
11 Willis, Kymberley	14	Sth Ayrshire	1:23.22
12 Strachan, Rebecca	14	Co Glasgow	1:23.24
13 Calder, Joanna	14	Milngavie &B	1:23.75
14 Cole, Addison	14	Hamilton	1:24.03
15 Moulton, Kayleigh	14	Ren 96	1:24.25
16 Buchanan, Sky	14	Co Glasgow	1:24.66
17 Lindsay, Hannah	14	Hamilton	1:25.17
18 McDermott, Rose	14	Milngavie &B	1:27.09
19 Ferris, Eireann	14	Cumbernauld	1:27.13
20 McGavin, Rachel	14	Hamilton	1:27.23
21 Colvin, Millie	14	Dumfries	1:27.56
22 McGinlay, Sophia	14	Cumbernauld	1:27.69
23 Brackenridge, Ava	14	Cumbernauld	1:27.80

24 McFadzean, Cara	14	Kintyre	1:28.12
25 Cummins, Inga	14	Sth Ayrshire	1:28.63
26 McAuley, Evan	14	Airdrie&monk	1:28.75
27 Reilly, Niamh	14	Cumbernauld	1:28.86
28 Rafferty, Lia	14	West Dunbart	1:28.99
29 Broom, Olivia	14	Milngavie &B	1:29.81
30 Chong, Emily	14	Co Glasgow	1:30.11
31 Millar, Hannah	14	Kintyre	1:30.14
32 Curran, Suzannah	14	Kilmarnock	1:30.28
33 Gallacher, Ava	14	Falkirk	1:31.00
34 Prygiel, Amelia	14	Bellshill	1:31.09
35 Aitken, Sara	14	Falkirk	1:31.18
36 Alison, Sophie	14	West Dunbart	1:31.41
37 East, Adah	14	StirlingSwim	1:31.61
38 Bell, Louise	14	West Dunbart	1:32.61
39 Wilson, Ellie	14	Co Glasgow	1:33.85
40 Millar, Emma	14	Kintyre	1:33.86
41 McDonald, Millie	14	Cumbernauld	1:34.05
42 Hennessey, Abey	14	Helensburgh	1:34.23
43 Welsh, Myla	14	Co Glasgow	1:34.24
44 McNeill, Natasha	14	Rutherglen	1:35.82
45 Kellock, Heather	14	Dumfries	1:36.21
46 Copland, Camryn	14	Cumbernauld	1:37.23
47 Rodger, Lucy	14	West Dunbart	1:37.31
48 Lumsden, Rowan	14	Dumfries	1:37.74
49 Dunn, Zara	14	Co Glasgow	1:38.82
50 Robin, Sophie	14	Renfrew Bath	1:39.23
51 Larkin, Lucy	14	Airdrie&monk	1:39.92
52 Black, Amy	14	Bo'ness	1:40.89
53 Dalglish, Heather	14	Dumfries	1:41.26
54 Mathie, Kirsty	14	N Ayrshire	1:41.57
55 Mullen, Aoife	14	Airdrie&monk	1:41.67
56 Roberts, Niamh	14	Rutherglen	1:41.75
57 Walls, Kennedy	14	Milngavie &B	1:42.75
58 Naismith, Molly	14	Bellshill	1:43.37
59 Thomson, Hannah	14	Co Glasgow	1:44.45
60 Stewart, Autumn	14	Hamilton	1:44.65
61 Park, Eva	14	Co Glasgow	1:45.29
62 McLaughlin, Meghan	14	Falkirk	1:45.84
63 Lannigan, Breagha	14	Motherwell W	1:46.58
64 Yershov, Rhea	14	Hamilton	1:46.67
65 Greenbank, Morrin	14	Co Glasgow	1:48.97
66 Hanif, Mariam Aliyah	14	Co Glasgow	1:48.99
67 Murdoch, Ellie	14	Cumbernauld	1:49.29
68 Gunawickrama, Sawindi	14	Co Glasgow	1:55.23
69 Coltart, Christina	14	Falkirk	2:01.27
70 Patrick, Olivia	14	West Dunbart	2:04.88

## 15 Year Olds

1 Robertson, Eilidh	15	Sth Ayrshire	1:12.64
2 Scobbie, Perrie	15	StirlingSwim	1:16.10
3 McNair, Eilidh	15	Milngavie &B	1:16.28
4 Nimmo, Lucy	15	Bellshill	1:17.12
5 Mooney, Carys	15	Co Glasgow	1:17.62
6 Rogerson, Brooke	15	Dumfries	1:19.61
7 Crawford, Zoe	15	Falkirk	1:21.31
8 McGavin, Emma	15	Hamilton	1:21.67
9 Henderson, Iona	15	Rutherglen	1:22.48
10 Grabowska, Wiktorja	15	West Dunbart	1:22.67
11 McCarey, Lily	15	Ren 96	1:22.96
12 Noonan, Grace	15	Milngavie &B	1:23.00
13 Smith, Zuzia	15	Grangemouth	1:23.25

## 2023 WD January Pentaqua - 14/01/2023 to 15/01/2023

## Psych Sheet - Saturday Afternoon Heats

## 15 Year Olds...(#207 Girls 14-15 100 SC Metre Breaststroke)

14	Dickie, Georgia	15	Dumfries	1:23.41
15	Chambers, Emma	15	Cumbernauld	1:23.59
16	Anderson, Hannah	15	Hamilton	1:25.29
17	Connell, Louise	15	Co Glasgow	1:26.05
18	McLeod, Lucy	15	Grangemouth	1:26.49
19	Gibson, Sophie	15	Sth Ayrshire	1:26.61
20	Watson, Katie	15	Co Glasgow	1:26.92
21	Weir, Amy	15	Bellshill	1:27.74
22	Gumbrell, Cara	15	Ren 96	1:28.15
23	Peckover, Lauren	15	N Ayrshire	1:28.64
24	Steele, Sophie	15	Sth Ayrshire	1:28.67
25	Taylor, Mia	15	Falkirk	1:28.77
26	Barnstaple, Abbie	15	Lanark	1:29.43
27	Barrowman, Emma	15	Stranraer	1:29.65
28	Brown, Emma	15	Kirkintilloch	1:31.00
29	Crawford, Charis	15	Scotia	1:31.17
30	Howat, Liadan	15	Cumbernauld	1:31.45
31	Hill, Abigail	15	Milngavie &B	1:31.56
32	MacDonald, Megan	15	StirlingSwim	1:32.48
33	Gunawickrama, Sanjana	15	Co Glasgow	1:33.11
34	Mungall, Lucy	15	Hamilton	1:33.67
35	Bennett, Isla	15	Rutherglen	1:34.76
36	Rydlowska, Wiktorja	15	Motherwell W	1:34.81
37	Douglas, Alex	15	Lanark	1:35.00
38	Pavri, Anjali	15	Co Glasgow	1:35.93
39	Young, Carla	15	N Ayrshire	1:36.52
40	Weir, Imogen	15	Bellshill	1:36.88
41	Dobson, Isla	15	Kingston	1:37.87
42	Borland, Charlotte	15	Sth Ayrshire	1:38.59
43	Cuthbertson, Emma	15	Bellshill	1:38.96

## Event 208 Girls 16 &amp; Over 100 SC Metre Breaststroke

	Name	Age	Team	Seed Time
1	Davidson, Kiera	17	Co Glasgow	1:11.09
2	Caldwell, Katie	16	Milngavie &B	1:14.94
3	Stericker, Keira	18	Sth Ayrshire	1:16.19
4	Stevenson, Amber	17	Sth Ayrshire	1:17.47
5	Wood, Isabelle	17	StirlingSwim	1:18.99
6	Broadfoot, Katie	16	Sth Ayrshire	1:19.40
7	Kirkham, Ava	16	Grangemouth	1:19.62
8	Shiels, Amy	17	Co Glasgow	1:19.71
9	Hart, Kiera	16	Scotia	1:19.78
10	MacArthur, Eilidh	16	Milngavie &B	1:19.96
11	Kendall, Isabelle	16	StirlingSwim	1:20.20
12	McDermott, Ava	17	Milngavie &B	1:21.80
13	McCardie, Stella	16	Co Glasgow	1:21.81
14	McCappin, Lexine	16	Falkirk	1:22.61
15	Creaney, Emma	16	Cumbernauld	1:22.65
16	Stuart, Heather	16	N Ayrshire	1:23.37
17	Dunn, Julie	16	Sth Ayrshire	1:24.19
18	Niven, Victoria	16	Co Glasgow	1:25.11
19	Hamilton, Caitlyn	18	Lanark	1:25.84
20	Robinson, Lucy	16	Co Glasgow	1:27.20
21	Falconer, Erin	16	Bellshill	1:27.50
22	Cent, Rebekah	16	Kingston	1:27.79
23	McGregor, Aimee	16	West Dunbart	1:28.79
24	Hopkins, Holly	17	Sth Ayrshire	1:29.13
25	Reid, Georgia	16	Co Glasgow	1:30.56
26	Ferguson, Fiona	17	Ren 96	1:30.72
27	Connor, Erin	16	Scotia	1:33.88
28	Brown, Lara	16	Bellshill	1:36.42

## Event 209 Boys 14-15 100 SC Metre Breaststroke

	Name	Age	Team	Seed Time
<b>14 Year Olds</b>				
1	Shaw, Craig	14	Lanark	1:13.93
2	Gibson, Lewis	14	Sth Ayrshire	1:14.61
3	Barghati, Dean	14	Hamilton	1:15.03
4	Lin, Jimmy	14	Scotia	1:18.97
5	Brackenridge, Andrew	14	Cumbernauld	1:19.13
6	Jamieson, Joe	14	Sth Ayrshire	1:19.50
7	Byrne, Finlay	14	Falkirk	1:19.81
8	Devlin, Luke	14	Lanark	1:21.64
9	Giudici, Finlay	14	Renfrew Bath	1:23.95
10	Eyupoglu, Efe	14	Sth Ayrshire	1:23.96
11	Hamill, Cameron	14	N Ayrshire	1:24.00
12	Ferguson, Jake	14	Grangemouth	1:24.27
13	Campbell, Keir	14	Grangemouth	1:24.51
14	Carty, Joe	14	Co Glasgow	1:24.96
15	Craw, Lucas	14	Rutherglen	1:25.07
16	Brown, Ciaran	14	Co Glasgow	1:25.11
17	Jeffords, Tom	14	Ren 96	1:26.17
18	Tinch, Alex	14	StirlingSwim	1:26.59
19	Byron, Luke	14	West Dunbart	1:26.78
20	Geddes, Caleb	14	Bellshill	1:27.83
21	Duncan, Rory	14	Sth Ayrshire	1:27.87
22	Traynor, Jack	14	Hamilton	1:28.32
23	Pearson, Ruben	14	Motherwell W	1:28.66
24	Edwards, Rhys	14	Dumfries	1:29.98
25	Hunter, Aaron	14	Cumbernauld	1:31.28
26	McCallum, Ruairidh	14	Milngavie &B	1:31.69
27	Morgan, James	14	Bellshill	1:31.77
28	Khinvasara, Advay	14	Ren 96	1:31.83
29	Frew, Daniel	14	Sth Ayrshire	1:32.97
30	Copeland, Keir	14	Sth Ayrshire	1:34.55
31	Forrest, Maxim	14	Hamilton	1:34.86
32	Lawless, Daniel	14	Bo'ness	1:35.52
33	Carragher, James	14	Ren 96	1:37.74
34	Muir, Ewan	14	Kilmarnock	1:42.34
35	Meulemans, Isaak	14	Kingston	1:43.75
36	Shaw, Jack	14	Bellshill	1:46.90
37	McInnes, Ryan	14	West Dunbart	1:54.97
<b>15 Year Olds</b>				
1	Kringelis, Rojus	15	Co Glasgow	1:07.34
2	Vandermeulen, Logan	15	StirlingSwim	1:09.17
3	Nelson, Finlay	15	Dumfries	1:09.24
4	Watchorn, Mark	15	Scotia	1:10.87
5	Docherty-Simpson, Jack	15	Scotia	1:11.77
6	Webster, Ruari	15	Dumfries	1:11.94
7	Hill, Adam	15	StirlingSwim	1:13.10
8	Landman, David	15	Co Glasgow	1:14.08
9	McCavish, Aidan	15	Bo'ness	1:14.32
10	King, Ben	15	Milngavie &B	1:14.62
11	Beetham, Samuel	15	Bo'ness	1:15.18
12	Gill, Cameron	15	Grangemouth	1:16.26
13	Thomson, Adam	15	Sth Ayrshire	1:16.38
14	Singh, Eklavya	15	Scotia	1:16.54
15	Ibrahim, Yusuf	15	Co Glasgow	1:16.88
16	Thomson, Aidan	15	Co Glasgow	1:18.89
17	Donaldson, Fraser	15	Milngavie &B	1:19.31
18	Calvert, Rory	15	Grangemouth	1:20.81
19	McShane, Dylan	15	Co Glasgow	1:21.27

**2023 WD January Pentaqua - 14/01/2023 to 15/01/2023****Psych Sheet - Saturday Afternoon Heats****15 Year Olds...(#209 Boys 14-15 100 SC Metre Breaststroke)**

20	Jeffreys, Benji	15	Sth Ayrshire	1:23.23
21	Winship, Michael	15	Co Glasgow	1:24.33
22	Morris, Magnus	15	Ren 96	1:25.36
23	McLean, Campbell	15	Co Glasgow	1:27.51
24	Paul, Jack	15	West Dunbart	1:27.95
25	Rahim, Mekaal	15	Cumbernauld	1:29.75
26	McMahon, Ewan	15	Falkirk	1:34.08
27	Murphy, Callum	15	Scotia	1:38.24

**Event 210 Boys 16 & Over 100 SC Metre Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	Burgess, Robert	17	Co Glasgow	1:08.53
2	Creaney, Cameron	18	Cumbernauld	1:11.33
3	Hammond, Lewis	19	Co Glasgow	1:11.54
4	Jones, Benjamin	17	Lanark	1:11.63
5	Wong, Kyle	16	Co Glasgow	1:11.90
6	Montgomery, Ben	16	StirlingSwim	1:13.27
7	Cashmore, Dylan	17	Sth Ayrshire	1:14.47
8	Wardlaw, Ewan	16	Hamilton	1:14.50
9	Shaw, Cameron	17	Grangemouth	1:14.90
10	McKean, Blair	17	Bellshill	1:14.94
11	Young, Rory	21	Co Glasgow	1:15.25
12	Grant, Ben	17	Co Glasgow	1:15.73
13	Cheng, Enzo	17	Sth Ayrshire	1:16.12
14	Vandermeulen, Grier	17	StirlingSwim	1:16.30
15	Nixon, Aidan	16	Bellshill	1:16.45
16	Henderson, Ian	16	Lanark	1:16.53
17	Walker, Fraser	16	Ren 96	1:17.11
18	Currie, Fergus	17	Milngavie &B	1:17.40
19	Lilly, Nathan	17	Bellshill	1:18.25
20	Morrison, Cole	16	StirlingSwim	1:18.41
21	Peace, William	17	West Dunbart	1:19.05
22	Thomson, John	18	West Dunbart	1:19.07
23	Kelly, Reuben	17	Dumfries	1:20.14
24	Black, Alex	16	Bo'ness	1:20.32
25	Carswell, Ross	16	Lanark	1:21.25
26	Hamilton, Reece	16	Milngavie &B	1:22.40
27	Smith, Keane	17	Co Glasgow	1:23.49
28	Jeffrey, Zac	16	Ren 96	1:24.33
29	Traynor, Callum	16	StirlingSwim	1:26.40
30	Poszmik, Andras	16	Ren 96	1:26.42
31	Mathie, Fraser	17	N Ayrshire	1:28.31
32	Dunn, Arran	16	Co Glasgow	1:30.23
33	Churches, Alfie	16	Co Glasgow	1:31.24
34	Harvey, Chris	16	Scotia	1:37.22