





## Sunday 22<sup>nd</sup> January 2023

Venue	Citadel Leisure Centre, South Harbour Street, Ayr, KA7 1JB						
Pool	6 Lane x 25m with separate swim-down pool						
Electronic Timing	Omega						
Licence No.	WD/L3/008/0123						
Licence No.	Held under SASA Regulations and FINA Technical Rules for Swimming						
Meet Licence Level	3						
Graded Meet Level	"AA"						
Entry Fee	£6.00 per individual event						
Closing Date Friday 30 <sup>th</sup> December 2022, 12noon							
	We ask all clubs, when entering, commit to supporting the requirement for						
Entry Request	technical officials across the meet. Our STO, Mhairi Willis ( <u>sto@sast.me</u> ), will be in						
	touch ahead of the meet.						
	8-9 years: 50m (all strokes), 100m IM and 200m Freestyle						
	10 years: 50m (all strokes), 100m IM and 200m Freestyle						
Age Groups	11 years: 50m (all strokes), 100m IM and 200m Freestyle						
and Events	12 years: 50m (all strokes), 100m IM and 200m Freestyle						
	All events are HDW (Heat Declared Winners)						
	Age on 22 <sup>nd</sup> January 2023.						
Duines	1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> will be presented to each swimmer in each event Medals can be						
Prizes	collected from the Medals Table during the session.						
	Poolside Passes entitle the holder to entry to the poolside, early morning sausage						
Poolside Pass	or bacon roll, tea/coffee throughout the day, lunch and start sheet. They can be						
	purchased at £10.00 each per coach/team manager/chaperone per weekend.						
Spectating	Will be allowed at the meet.						
Car Parking	At the pool and at an overflow parking area adjacent to Horizon Hotel (5 min walk).						
A a a a muna dati a m	A list of hotels can be obtained from Ayr Tourist Office on 01292 678100.						
Accommodation	Craig Tara Caravan Park is also a source of accommodation.						







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1	The pool is 25m long x 6 lanes, with anti-turbulence lane ropes and swim-down facility.
2	Omega electronic timing.
3	All swimmers of Scottish clubs must have a current SASA membership number. All swimmers of non-Scottish clubs must be registered with their governing body.
4	No photographic or video equipment shall be allowed in any area under the jurisdiction of the Meet Organisers without prior approval of the Meet Organising Team. Applications must be made on the SASA approved form available at Spectators Entry Desk and the Medals Table on poolside.
5	Swimmers, coaches, and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. No diving is allowed at the shallow end of the pool.
6	A one-way system around the pool will be in operation.
7	Warm-ups will be split to accommodate the numbers and age range of competitors and as per schedule of events. It is the coaches' responsibility to supervise their swimmers during warm-ups.
8	Over the top starts will be used during the Meet at the discretion of Meet Manager/Referee.
9	Entries to events will be restricted and will be accepted based on entry times. Any entry not accepted will be refunded. If there are reserve swims and a reserve swimmer attends and does not get a swim, a full refund will be issued. A list of excluded entries will be sent to the Contact stated on the Meet Entry form. It is the responsibility of the person receiving confirmation of the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries.
10	We will refund withdrawals (in writing via email to Colin Dunn <u>sast.bubble@gmail.com</u> ) up to Wednesday 18 <sup>th</sup> January at 8pm, to allow us to inform any reserves ahead of the meet.
11	Withdrawal slips will be available in Coaches' packs. Withdrawals will be allowed <u>up to 60 mins</u> <u>before the start of each session</u> . Start sheets will then be provided to all Coaches and Team Managers with a poolside pass. Marshalling is compulsory. Swimmers will be called for in whole events at least one event prior to their swim and marshalled into heats in the designated marshalling area. Swimmers will then be sent in heat order to the starting blocks.
12	SAST reserve the right to fill lanes with their swimmers where an event is under subscribed. SAST reserve the right to scratch events when there are insufficient entries.
13	Only poolside pass holders, swimmers, technical officials and meet personnel shall be allowed on to the poolside.
14	To ensure accreditation for each session we would appreciate support from participating Clubs by nominating Technical Officials qualified to Judge level.
15	It is the coaches' responsibility to supervise their swimmers using the swim down pool – if this facility is abused it may have to be withdrawn.
16	Start Lists and Results will be available on the Meet Mobile app.







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#### **Order of Events & Consideration Times**

Session 1	Warm up 0850-0950 Start 1000 Finish 1230-1300 (TBC)				
Event	Gender	Age group	Distance	Stroke	Entry time slower than
101	Girls	8 - 10	50m	Butterfly	41.05
102	Boys	8 - 10	50m	Butterfly	41.40
103	Girls	11 – 12	50m	Backstroke	36.14
104	Boys	11 – 12	50m	Backstroke	36.00
105	Girls	8 - 10	50m	Breaststroke	48.56
106	Boys	8 - 10	50m	Breaststroke	48.90
107	Girls	11 – 12	50m	Freestyle	31.55
108	Boys	11 – 12	50m	Freestyle	30.96
109	Girls	8 - 10	100m	IM	1:34.55
110	Boys	8 - 10	100m	IM	1:34.34
111	Girls	11 – 12	200m	Freestyle	2:27.15
112	Boys	11 – 12	200m	Freestyle	2:24.66

Session 2	Warm up 1320-1420 Start 1430 Finish 1700-1730 (TBC)				
Event	Gender	Age group	Distance	Stroke	Entry time slower than
201	Girls	11 – 12	50m	Butterfly	34.88
202	Boys	11 – 12	50m	Butterfly	34.66
203	Girls	8 – 10	50m	Backstroke	42.28
204	Boys	8 - 10	50m	Backstroke	42.50
205	Girls	11 – 12	50m	Breaststroke	40.49
206	Boys	11 – 12	50m	Breaststroke	40.27
207	Girls	8 - 10	50m	Freestyle	36.26
208	Boys	8 - 10	50m	Freestyle	36.18
209	Girls	11 – 12	100m	IM	1:19.11
210	Boys	11 – 12	100m	IM	1:18.94
211	Girls	8 - 10	200m	Freestyle	2:55.93
212	Boys	8 - 10	200m	Freestyle	2:54.16







# South Ayrshire Swim Team – Murdoch's Mini Meet 2023 Sunday 22<sup>nd</sup> January 2023 SUMMARY SHEET

#### Please return this form along with meet entry files and payment.

Club:					
Contact Name:					
Address:					
Post Code:				Tel No	
STO Contact Na	me:				
STO Email Addr	ess:				
Total Male Entr	ies	@ £6	.00		£
Total Female En	itries	@ £6	.00		£
Total for Poolside Passes @ £10.00 (See separate sheet)		.00		£	
Total Payment	Required				£
Return form to:				Colin Dunn email: <u>sast.bubble@gn</u>	nail.com
Bank Account details:		South Ayrshire Swim Team Acc No. 00158047 Sort Code 83-15-26			
Make cheques payable to:		South Ayrshire Swim Team			
Send cheques to:		South Ayrshire Swim Team c/o Prestwick Swimming Pool Bellevue Road. Prestwick. KA9 1NW			

# Closing date is Friday 30<sup>th</sup> December 2022 at 12noon







#### Sunday 22<sup>nd</sup> January 2023

POOLSIDE PASS APPLICATION & HEALTH AND SAFTEY DECLARATION

CLUB NAME
Poolside Passes entitle the holder to entry to the poolside, early morning sausage or bacon roll, tea/coffee throughout the day, lunch and start sheet. They can be purchased at £10.00 each per coach/team manager/chaperone per weekend.
Additional passes may be purchased on the day if required at a cost of £10.00 per weekend and include all the above.
Names of coaches / team managers:
Total number of Passes @ £10.00 required as follows:
@ £10.00 per weekend =£
Please transfer total amount to Summary Sheet.

To comply with accreditation and health and safety requirements, please confirm the following:

- I confirm that all the entered swimmers have paid their current SASA Registration Fee.
- I understand that any swimmer entered without a Registration Number will not be allowed to take part.
- I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current guidelines.

igned
ame (please print)
osition in Club

Thank you for your co-operation.