REN 96 SPRINT Meet 2023 – 12 and OVER

Licence Number: WD/L2/037/0823

Date: Sunday 27th August 2023

Venue: On-X Linwood

Brediland Road, Paisley PA3 3RA

Pool: 6 lane 25m pool, anti-wave lane ropes, limited spectator seating.

Age: **Age on 31/12/23**

**Awards will be given as follows:**

**12 years (Boys and Girls)**

**13 years (Boys and Girls)**

**14 years (Boys and Girls)**

**15+ years (Boys and Girls)**

Age groups/events: **50m All four strokes – FINALS FOR EACH EVENT AT THE END OF EACH SESSION**

**100m IM – HEAT DECLARED WINNER**

**100m Free - HEAT DECLARED WINNER**

Number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest. Entries will be accepted on time basis.

## Closing date: Friday 28th July 2023

Entry: Submit times on Hy-Tek. Available on request from:

ren96comp@gmail.com

Entry fee: Individual **£6.50** per event.

Coaches pass: Please see below for information on how to apply for coach/team manager passes.

Payment: Payable by bank transfer to **REN 96**

**Sort code 80-91-27 Account number 00149706**

Entry information: Please complete and submit entry information using the form provided below:

Parking: Sufficient parking is available immediately outside the On-X Leisure Centre

Spectating: Spectating will be available at this competition. Small entry fee payable on the day.

Awards: Medals for 1st to 3rd places in each age group for all events.

Spare lanes: REN 96 Swim Team reserves the right of spare lanes if available.

**Order of events:**

**SESSION 1 – 0900-1200 (Warm up 0800)**

Sunday 27th August

12,13,14 & 15/Over

|  |  |  |  |
| --- | --- | --- | --- |
| 101 | 100m | Free | Female |
| 102 | 100m | IM | Male |
| 103 | 50m | Fly | Female |
| 104 | 50m | Free | Male |
| 105 | 50m | Free | Female |
| 106 | 50m | Fly | Male |
| 107 | 50m | Finals | Age Group / Gender |

**SESSION 2 – 1330-1630 (Warm up 1230)**

|  |  |  |  |
| --- | --- | --- | --- |
| 201 | 100m | Free | Male |
| 202 | 100m | IM | Female |
| 203 | 50m | Back | Male |
| 204 | 50m | Breast | Female |
| 205 | 50m | Breast | Male |
| 206 | 50m | Back | Female |
| 207 | 50m | Finals | Age Group / Gender |

**Please note that to ensure the smooth and timely running of this meet that entries will be as follows.**

**This meet aims to target swimmers who looking to gain experience in a competitive environment.**

**N.B.:** If any event is undersubscribed, an increase in numbers in other events/age groups may occur.

**REN 96 Swim Team SPRINT (12+) Meet – August 27th 2023 SUMMARY SHEET**

**Please return this form along with meet entry files and payment.**

**Club: …………………………………………………………………………...................**

**Contact Name: ………………………………………………………………………………………**

**Address: ……………………………………………………………………………………....**

**……………………………………………………………………………………....**

**Post Code: ………………………………. Tel No. ..............................................……….**

**STO Contact Name:**

**………………………………………………………………………………………..**

**STO Email Address:**

**………………………………………………………………………………………..**

**Total Male Entries @ £6.50 …………….. £......................................**

**Total Female Entries @ £6.50 ………… £......................................**

**Poolside Passes @ £3.00 ………………£………………………….**

**Total Payment Required £ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Return form to: Calum Johnston email: [**ren96comp@gmail.com**](mailto:ren96comp@gmail.com)

Bank Account details: REN 96: Acc No. 00149706 Sort Code 80-91-27

Make cheques payable to: Ren 96 Swim Team

**Closing date is Friday 28th July 2023 at 12noon**

**REN 96 Swim Team SPRINT MEET (12+) 27th August 2023**

**POOLSIDE PASS APPLICATION & HEALTH AND SAFTEY DECLARATION**

**CLUB NAME**

**……………………………………………………………………………………………………………………**

**Names of coaches / team managers:**

**……..……………………………………………………………………………………………………………**

**……………………………………………………………………………………………………………………**

**………………………...…………………………………………………………………………………………**

**To comply with accreditation and health and safety requirements, please confirm the following:**

**- I confirm that all the entered swimmers have paid their current SASA Registration Fee.**

**- I understand that any swimmer entered without a Registration Number will not be allowed to take part.**

**- I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current guidelines.**

**Signed…………………………………………………………………………………………………………**

**Name (please print) ………………………………………….…………………………………………….…**

**Designation in Club ………………………………………………………………………………………**

**Thank you for your co-operation - Please complete this form and send payment**

**by Friday 28th July 2023**