

**North Ayrshire Children’s Graded Meet**

**Licence Number WD/L3/005/0923**

Date Sunday 3 Septemnber 2023

Venue The Portal, 60 High Street, Irvine KA12 0AZ

Pool 6 lane, 25m pool.anti-wave lane ropes. Full electronic timing with scoreboard. Limited spectator seating

Age On day of competition

Age Groups 9 and Under, 10 years 11 years

Events 50 and 100m Free, Back, Breast Fly, 100 and 200 IM, and 200 and 400 Free.

Swimmers can swim in own age group in individual events

Relays Mixed girls and boys freestyle and medlay relays

Swimmers can swim up age groups in relays.

Number of heats will be limited to ensure the smooth running of the competition. Heats will be swumslowest to fastest. Entires will be accepted on time basis.

Closing date 21 August.

Entry Times submitted on HY-Tek file available on request

Entry fee Individual events £6.00.. Relays £0.00

Payment BACS Transfer – Bank of Scotland, Sort code 80-17-11 Account No. 00133737

Coaches pass £5.00 per day including coffee and ;lunch. Only coaches with a pass will be allowed on poolside

Awards Medals to 1st, 2nd and 3rd places . Individual and relay events.

Spare lane North Ayrshire A S C reserves the tight of spare lane in available.

**North Ayrshire Children’s Graded Meet**

**Sunday 3rd September**

Session 1 warm-up 9am for 10am start

Event 101: Girls 11 years & under 50m Butterfly

Event 102: Boys 11 years & under 50m Butterfly

Event 103: Girls 11 years & under 100m Freestyle

Event 104: Boys 11 years & under 100m Freestyle

Event 105: Girls 11 years & under 100m IM

Event 106: Boys 11 years & under 100m IM

Event 107: Mixed 11 years & under 4x50m Freestyle Relay

Event 108: Girls 11 years & under 50m Backstroke

Event 109: Boys 11 years & under 50m Backstroke

Event 110: Girls 11 years & under 100m Breaststroke

Event 111: Boys 11 years & under 100m Breaststroke

Event 112: Girls 10/11 years 400m Freestyle

Event 113: Boys 10/11 years 400m Freestyle

Session 2 - 1.30 warm-up for 2.30pm start

Event 201: Girls 11 years & under 50m Breaststroke

Event 202: Boys 11 years & under 50m Breaststroke

Event 203: Girls 11 years & under 100m Backstroke

Event 204: Boys 11 years & under 100m Backstroke

Event 205: Girls 10/11 years 200m IM

Event 206: Boys 10/11 years 200m IM

Event 207: Mixed 11 years & under 4x50 Medley Relay

Event 208: Girls 11 years & under 50m Freestyle

Event 209: Boys 11 years & under 50m Freestyle

Event 210: Girls 11 years & under 100m Butterfly

Event 211: Boys 11 years & under 100m Butterfly

Event 212: Girls 10/11 years 200m Freestyle

Event 213: Boys 10/11 years 200m Freestyle

**Times slower than AA Grade**

**Girls Slower than**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **9 years & under** | **10 years** | **11 years** |
| **50m Butterfly** | 47.52 | 41.05 | 37.54 |
| **50m Backstroke** | 47.44 | 42.28 | 38.89 |
| **50m Breaststroke** | 54.17 | 48.56 | 43.77 |
| **50m Freestyle** | 40.56 | 36.26 | 33.48 |
| **100m Butterfly** | 1.59.74 | 1.40.14 | 1.24.97 |
| **100m Backstroke** | 1.48.00 | 1.32.95 | 1.23.10 |
| **100m Breaststroke** | 2.04.99 | 1.47.12 | 1.35.65 |
| **100m Freestyle** | 1.35.09 | 1.21.64 | 1.13.69 |
| **100m IM** | 1.45.75 | 1.34.55 | 1.25.91 |
| **200m IM** | N/A | 3.19.30 | 3.00.11 |
| **200m Freestyle** | N/A | 2.55.93 | 2.38.05 |
| **400m Freestyle** | N/A | 6.22.61 | 5.33.93 |

**Boys slower than**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **9 years & under** | **10 years** | **11 years** |
| **50m Butterfly** | 48.72 | 41.40 | 37.61 |
| **50m Backstroke** | 47.36 | 42.50 | 39.19 |
| **50m Breaststroke** | 54.94 | 48.90 | 44.52 |
| **50m Freestyle** | 40.22 | 36.18 | 33.38 |
| **100m Butterfly** | 2.03.18 | 1.40.25 | 1.25.29 |
| **100m Backstroke** | 1.47.00 | 1.33.90 | 1.24.01 |
| **100m Breaststroke** | 2.05.78 | 1.48.94 | 1.37.24 |
| **100m Freestyle** | 1.33.10 | 1.21.74 | 1.13.41 |
| **100m IM** | 1.44.96 | 1.34.34 | 1.26.47 |
| **200m IM** | N/A | 3.21.68 | 3.00.09 |
| **200m Freestyle** | N/A | 2.54.16 | 2.37.87 |
| **400m Freestyle** | N/A | 6.18.63 | 5.32.89 |

**North Ayrshire Children’s Graded Meet**

**Sunday 3 September 2023**

**Summary Sheet**

Club Name ……………………………………………………..

Contact Name ………………………………………………….

Address …………………………………………………………

Post Code ………………………………………………………

Telephone No. ……………………………………………….

Email address ………………………………………………….

Total Female Entries …… @ £6.00 each = £ ………….

Total Male Entries …… @ £6.00 each = £…………..

Number of Relays ……… @ £0.00 each = £ 0.00

Number of coaches passes …….. @ £5.00 each = £…………

Total; Amount Enclosed £ ……….

Signed …………………………………………………..

Position in club ………………………………………….

\*\*\*\*\*\* Payment for Entries by BACS Transfer Only \*\*\*\*\*\*

BACS Transfer Bank of Scotland

Sort code 80-17-11

Account No. 00133737

Identify as NA.CG/Club Code

Email this form together with Entry File to

[ann\_girvan@btinternet.com](mailto:ann_girvan@btinternet.com) Closing date 21 August 2023