

South Ayrshire Swim Team – Sue McClure Graded Meet

Sunday 1st October 2023

Venue	Citadel Leisure Centre, South Harbour Street, Ayr, KA7 1JB
Pool	6 Lane x 25m with separate swim-down pool
Electronic Timing	Omega
Licence No.	WD/L3/007/1023 Held under SASA Regulations and FINA Technical Rules for Swimming
Meet Licence Level	3
Graded Meet Level	"A"
Entry Fee	£6.00 per individual event
Closing Date	Friday 8th September 2023 at 12noon
Request for Officials	We ask all clubs, when entering, to commit to supporting the requirement for technical officials across the meet. Technical Officials can sign up in advance of the meet here: https://www.signupgenius.com/go/9040c4dabad22abfd0-20234?useFullSite=true#/
Age Groups and Events	8-9 years: 50m Freestyle, Backstroke, Breaststroke, Butterfly 10-11 years: 100m Freestyle, Backstroke, Breaststroke, Butterfly and Individual Medley 12-13 years: 100m Freestyle, Backstroke, Breaststroke, Butterfly and Individual Medley 14&over: 100m Freestyle, Backstroke, Breaststroke, Butterfly and Individual Medley All events are HDW (Heat Declared Winners) Age on 1st October 2023.
Prizes	1 st , 2 nd and 3 rd will be presented to each swimmer in each event Medals can be collected from the Medals Table during the session.
Poolside Pass	Poolside Passes entitle the holder to entry to the poolside, early morning sausage or bacon roll, tea/coffee throughout the day, lunch and start sheet. They can be purchased at £10.00 each per coach/team manager/chaperone per weekend. Please note that some of the offering is to be confirmed and if we are unable to provide some of it, clubs will be entitled to a refund which will be processed as soon as possible after the meet.
Spectating	Spectating be available at the meet with a £1.00 all-day charge for all spectators.
Car Parking	At the pool and at an overflow parking area adjacent to Horizon Hotel (5 min walk).
Accommodation	A list of hotels can be obtained from Ayr Tourist Office on 01292 678100. Craig Tara Caravan Park is also a source of accommodation.
Local Amenities	The Citadel Leisure Centre is a short walk from Ayr Town Centre where all local amenities are available. The nearest local café is a new café on South Harbour Street. The nearest local shop is Seafield Stores, 43-45 Blackburn Dr, Ayr KA7 2XW.
Next SAST Meet	The next SAST meet will be our SAST Xmas Sprints 2023 on Sunday 17th December 2023. More information to follow in due course.

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1	The pool is 25m long x 6 lanes, with anti-turbulence lane ropes and swim-down facility.
2	Omega electronic timing.
3	All swimmers of Scottish clubs must have a current SASA membership number. All swimmers of non-Scottish clubs must be registered with their governing body.
4	No photographic or video equipment shall be allowed in any area under the jurisdiction of the Meet Organisers without prior approval of the Meet Manager. Applications must be made on the SASA approved form available at the Meet Office (or Spectators Desk in the gallery / Medal Table on poolside).
5	Swimmers, coaches, and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. No diving is allowed at the shallow end of the pool.
6	A one-way system around the pool will be in operation.
7	Warm-ups will be split to accommodate the numbers and age range of competitors and as per schedule of events. It is the coaches' responsibility to supervise their swimmers during warm-ups.
8	Over the top starts will be used during the Meet at the discretion of Meet Manager/Referee.
9	Entries to events will be restricted and will be accepted based on entry times. Any entry not accepted will be refunded. If there are reserve swims and a reserve swimmer attends and does not get a swim, a full refund will be issued. A list of scratched entries will be sent to the Contact stated on the Meet Entry form. It is the responsibility of the person receiving confirmation of the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries.
10	We will accept withdrawals (in writing via email to Colin Dunn sast.bubble@gmail.com) up to Wednesday 27 th September at 8pm, to allow us to inform any reserves (if there are any) in advance of the meet.
11	Withdrawal slips will be available in Coaches' packs. Withdrawals will be allowed <u>up to 60 mins before the start of each session</u> . Start sheets will be available for Coaches and Team Managers. Marshalling is compulsory. Swimmers will be called for in whole events at least one event prior to their swim and marshalled into heats in the designated marshalling area. Swimmers will then be sent in heat order to the starting blocks.
12	SAST reserve the right to fill lanes with their swimmers where an event is under subscribed. SAST reserve the right to scratch events when there are insufficient entries.
13	Only poolside pass holders, swimmers, technical officials and meet personnel shall be allowed on to the poolside.
14	To ensure accreditation for each session we would appreciate support from participating Clubs by nominating Technical Officials qualified to Judge level.
15	It is the coaches' responsibility to supervise their swimmers using the swim down pool – if this facility is abused it may have to be withdrawn.
16	Start Lists and Results will be available on the Meet Mobile app.

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Order of Events

Session 1 Warm up 0850-0950 Start 1000 Finish 1230-1300					
Event	Gender	Age group	Distance	Stroke	Entry time slower than
101	Girls	8 – 9	50m	Freestyle	NT
102	Boys	8 – 9	50m	Freestyle	NT
103	Girls	10 – 11	100m	Breaststroke	1:44.26
104	Boys	10 – 11	100m	Breaststroke	1:45.99
105	Girls	12 – 13	100m	Freestyle	1:10.86
106	Boys	12 – 13	100m	Freestyle	1:07.78
107	Girls	14 and over	100m	Butterfly	1:14.68
108	Boys	14 and over	100m	Butterfly	1:10.70
109	Girls	8 – 9	50m	Breaststroke	NT
110	Boys	8 – 9	50m	Breaststroke	NT
111	Girls	10 – 11	100m	Freestyle	1:20.32
112	Boys	10 – 11	100m	Freestyle	1:20.02
113	Girls	12 – 13	100m	Breaststroke	1:30.50
114	Boys	12 – 13	100m	Breaststroke	1:27.49
115	Girls	14 and over	100m	Backstroke	1:14.72
116	Boys	14 and over	100m	Backstroke	1:11.13
117	Girls	10 – 11	100m	IM	1:33.64
118	Boys	10 – 11	100m	IM	1:34.25

Session 2 Warm up 1320-1420 Start 1430 Finish 1700-1730					
Event	Gender	Age group	Distance	Stroke	Entry time slower than
201	Girls	12 – 13	100m	Backstroke	1:19.30
202	Boys	12 – 13	100m	Backstroke	1:17.19
203	Girls	14 and over	100m	IM	1:17.50
204	Boys	14 and over	100m	IM	1:13.04
205	Girls	8 – 9	50m	Backstroke	NT
206	Boys	8 – 9	50m	Backstroke	NT
207	Girls	10 – 11	100m	Butterfly	1:32.62
208	Boys	10 – 11	100m	Butterfly	1:32.97
209	Girls	12 – 13	100m	IM	1:21.88
210	Boys	12 – 13	100m	IM	1:19.95
211	Girls	14 and over	100m	Breaststroke	1:25.78
212	Boys	14 and over	100m	Breaststroke	1:20.59
213	Girls	8 – 9	50m	Butterfly	NT
214	Boys	8 – 9	50m	Butterfly	NT
215	Girls	10 – 11	100m	Backstroke	1:30.57
216	Boys	10 – 11	100m	Backstroke	1:31.57
217	Girls	12 – 13	100m	Butterfly	1:19.76
218	Boys	12 – 13	100m	Butterfly	1:16.45
219	Girls	14 and over	100m	Freestyle	1:07.02
220	Boys	14 and over	100m	Freestyle	1:03.21

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SUMMARY SHEET

Please return this form along with meet entry files and payment.

Club:

Contact Name:

Address:

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Post Code: Tel No.

STO Contact Name:

STO Email Address:

Total Male Entries @ £ 6.00 £.....

Total Female Entries @ £ 6.00 £.....

Total for Poolside Passes @ £10.00 £

(See separate sheet)

Total Payment Required £ _____

Return form to: Colin Dunn
email: sast.bubble@gmail.com

Bank Account details: South Ayrshire Swim Team
Acc No. 00158047
Sort Code 83-15-26

Make cheques payable to: South Ayrshire Swim Team

Send cheques to: South Ayrshire Swim Team
c/o Prestwick Swimming Pool
Bellevue Road, Prestwick, KA9 1NW

Closing date 12 noon on Friday 8th September 2023

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POOLSIDE PASS APPLICATION & HEALTH AND SAFETY DECLARATION

CLUB NAME

Poolside Passes entitle the holder to entry to the poolside, early morning sausage or bacon roll, tea/coffee throughout the day, lunch and start sheet. They can be purchased at £10.00 each per coach/team manager/chaperone per weekend.

Additional passes may be purchased on the day if required at a cost of £10.00 per weekend and include all the above.

Names of coaches / team managers:

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Total number of Passes @ £10.00 required as follows:

_____ @ £10.00 per weekend = £.....

Please transfer total amount to Summary Sheet.

To comply with accreditation and health and safety requirements, please confirm the following:

- I confirm that all the entered swimmers have paid their current SASA Registration Fee.
- I understand that any swimmer entered without a Registration Number will not be allowed to take part.
- I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current guidelines.

Signed.....

Name (please print)

Position in Club.....

Thank you for your co-operation.