





Venue	Citadel Leisure Centre, South Harbour Street, Ayr, KA7 1JB					
Pool	6 Lane x 25m with separate swim-down pool					
<b>Electronic Timing</b>	Omega					
Licence No.	WD/L3/007/0124					
Licence No.	Held under SASA Regulations and FINA Technical Rules for Swimming					
Meet Licence Level 3						
<b>Graded Meet Level</b>	"AA"					
Entry Fee	£6.00 per individual event					
Closing Date	Friday 29 <sup>th</sup> December 2022, 12noon					
	We ask all clubs, when entering, commit to supporting the requirement for					
Request for	technical officials across the meet. Officials can sign up in advance of the meet:					
Officials	https://www.signupgenius.com/go/9040C4DABAD22ABFD0-45253860-2024#/					
	Any questions please contact Mhairi Willis sto@sast.me					
	8-9 years: 50m (all strokes), 100m IM and 200m Freestyle					
	10 years: 50m (all strokes), 100m IM and 200m Freestyle					
Age Groups	11 years: 50m (all strokes), 100m IM and 200m Freestyle					
and Events	12 years: 50m (all strokes), 100m IM and 200m Freestyle					
	All events are HDW (Heat Declared Winners)					
	Age on 21 <sup>st</sup> January 2024.					
Prizes	1st, 2nd and 3rd will be presented to each swimmer in each event Medals can be					
	collected from the Medals Table during the session.					
	Poolside Passes entitle the holder to entry to the poolside, early morning sausage					
Poolside Pass	or bacon roll, tea/coffee throughout the day, lunch and start sheet. They can be					
	purchased at £10.00 each per coach/team manager/chaperone per weekend.					
Spectating	Spectating be available at the meet with a £3.00 per session charge for all					
- T	spectators.					
Car Parking	At the pool and at an overflow parking area adjacent to Horizon Hotel (5 min walk).					
Accommodation	A list of hotels can be obtained from Ayr Tourist Office on 01292 678100.					
Accommodation	Craig Tara Caravan Park is also a source of accommodation.					
	The Citadel Leisure Centre is a short walk from Ayr Town Centre where all local					
<b>Local Amenities</b>	amenities are available. The nearest local café is a new café on South Harbour					
	Street. The nearest local shop is Seafield Stores, 43-45 Blackburn Dr, Ayr KA7 2XW.					
Next SAST Meet	The next SAST meet will be our SAST Open Meet 2024 on Saturday 15 <sup>th</sup> and Sunday 16 <sup>th</sup> June 2024. More information to follow in due course.					







1	The pool is 25m long x 6 lanes, with anti-turbulence lane ropes and swim-down facility.
2	Omega electronic timing.
3	All swimmers of Scottish clubs must have a current SASA membership number. All swimmers of non-Scottish clubs must be registered with their governing body.
4	No photographic or video equipment shall be allowed in any area under the jurisdiction of the Meet Organisers without prior approval of the Meet Manager. Applications must be made on the SASA approved form available at the Meet Office (or Spectators Desk in the gallery / Medal Table on poolside).
5	Swimmers, coaches, and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. No diving is allowed at the shallow end of the pool.
6	A one-way system around the pool will be in operation.
7	Warm-ups will be split to accommodate the numbers and age range of competitors and as per schedule of events. It is the coaches' responsibility to supervise their swimmers during warm-ups.
8	Over the top starts will be used during the Meet at the discretion of Meet Manager/Referee.
9	Entries to events will be restricted and will be accepted based on entry times. Any entry that is not accepted will be refunded. If there are reserve swims and a reserve swimmer attends and does not get a swim, a full refund will be issued. A list of scratched entries will be sent to the Contact stated on the Meet Entry form. It is the responsibility of the person receiving confirmation of the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries.
10	We will accept withdrawals (in writing via email to Karen Thomson <a href="mailto:sast.bubble@gmail.com">sast.bubble@gmail.com</a> ) up to Wednesday 17 <sup>th</sup> January at 8pm, to allow us to inform any reserves (if there are any) in advance of the meet.
11	Withdrawal slips will be available in Coaches' packs. Withdrawals will be allowed <u>up to 60 mins</u> <u>before the start of each session</u> . Start sheets will be available for Coaches and Team Managers. Marshalling is compulsory. Swimmers will be called for in whole events at least one event prior to their swim and marshalled into heats in the designated marshalling area. Swimmers will then be sent in heat order to the starting blocks.
12	SAST reserve the right to fill lanes with their swimmers where an event is under subscribed. SAST reserve the right to scratch events when there are insufficient entries.
13	Only poolside pass holders, swimmers, technical officials and meet personnel shall be allowed on to the poolside.
14	To ensure accreditation for each session we would appreciate support from participating Clubs by nominating Technical Officials qualified to Judge level.
15	It is the coaches' responsibility to supervise their swimmers using the swim down pool – if this facility is abused it may have to be withdrawn.
16	Start Lists and Results will be available on the Meet Mobile app.







## **Order of Events & Consideration Times**

Session 1	Warm up 0850-0950 Start 1000 Finish 1230-1300 (TBC)				00 (TBC)
Event	Gender	Age group	Distance	Stroke	Entry time slower than
101	Girls	8 – 10	50m	Butterfly	41.05
102	Boys	8 – 10	50m	Butterfly	41.40
103	Girls	11 – 12	50m	Backstroke	36.14
104	Boys	11 – 12	50m	Backstroke	36.00
105	Girls	8 – 10	50m	Breaststroke	48.56
106	Boys	8 – 10	50m	Breaststroke	48.90
107	Girls	11 – 12	50m	Freestyle	31.55
108	Boys	11 – 12	50m	Freestyle	30.96
109	Girls	8 – 10	100m	IM	1:34.55
110	Boys	8 – 10	100m	IM	1:34.34
111	Girls	11 – 12	200m	Freestyle	2:27.15
112	Boys	11 – 12	200m	Freestyle	2:24.66

Session 2	Warm up 1320-1420 Start 1430 Finish 1700-1730 (TBC)				
Event	Gender	Age group	Distance	Stroke	Entry time slower than
201	Girls	11 – 12	50m	Butterfly	34.88
202	Boys	11 – 12	50m	Butterfly	34.66
203	Girls	8 – 10	50m	Backstroke	42.28
204	Boys	8 – 10	50m	Backstroke	42.50
205	Girls	11 – 12	50m	Breaststroke	40.49
206	Boys	11 – 12	50m	Breaststroke	40.27
207	Girls	8 – 10	50m	Freestyle	36.26
208	Boys	8 – 10	50m	Freestyle	36.18
209	Girls	11 – 12	100m	IM	1:19.11
210	Boys	11 – 12	100m	IM	1:18.94
211	Girls	8 – 10	200m	Freestyle	2:55.93
212	Boys	8 – 10	200m	Freestyle	2:54.16







#### **SUMMARY SHEET**

Please return this form along with meet entry files and payment.

Club:						
Contact Name: .						
Address:						
Post Code:			Tel No			
STO Contact Na	me:					
STO Email Addre	ess:					
Total Male Entri	es	@ £6.00		£		
Total Female Entries @		@ £6.00		£		
Total for Poolside Passes @ £10. (See separate sheet)		@ £10.00		£		
Total Payment F	Required			£		
Return form to:		Karen Thomson email: sast.bubble@gmail.com				
Bank Account details:		South Ayrshire Swim Team Acc No. 00158047 Sort Code 83-15-26				
Make cheques payable to:		South Ayrshire Swim Team				
Send cheques to:			South Ayrshire Swim Team c/o Prestwick Swimming Pool			

Closing date is Friday 29th December 2022 at 12noon.

Bellevue Road, Prestwick, KA9 1NW



Thank you for your co-operation.





# South Ayrshire Swim Team – Murdoch's Mini Meet 2024 Sunday 21st January 2024

## **POOLSIDE PASS APPLICATION & HEALTH AND SAFTEY DECLARATION**

CLUB NAME
Poolside Passes entitle the holder to entry to the poolside, early morning sausage or bacon roll, tea/coffee throughout the day, lunch and start sheet. They can be purchased at £10.00 each per coach/team manager/chaperone per weekend.
Additional passes may be purchased on the day if required at a cost of £10.00 per weekend and include all the above.
Names of coaches / team managers:
Total number of Passes @ £10.00 required as follows:
Please transfer total amount to Summary Sheet.
To comply with accreditation and health and safety requirements, please confirm the following:
<ul> <li>I confirm that all the entered swimmers have paid their current SASA Registration Fee.</li> <li>I understand that any swimmer entered without a Registration Number will not be allowed to take part.</li> <li>I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current guidelines.</li> </ul>
Signed
Name (please print)
Position in Club