

SASA West District Age Group Short Course Records

| Boys | | | | | | | | | | Girls | | | | | | | | | | |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|---------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 19/O | 18 | 17 | 16 | 15 | 14 | 13 | 12 | 11 | 10/U | Event | 10/U | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19/O |
| 00.21.25 | 00.21.94 | 00.22.76 | 00.22.85 | 00.23.67 | 00.24.15 | 00.24.91 | 00.26.27 | 00.28.09 | 00.30.42 | 50FR | 00.30.59 | 00.28.41 | 00.27.01 | 00.26.73 | 00.26.40 | 00.25.99 | 00.25.61 | 00.25.03 | 00.25.02 | 00.25.05 |
| 00.46.09 | 00.47.37 | 00.49.27 | 00.49.47 | 00.51.15 | 00.52.56 | 00.55.15 | 00.57.91 | 01.01.68 | 01.05.95 | 100FR | 01.04.91 | 01.02.30 | 00.59.56 | 00.57.94 | 00.56.90 | 00.55.61 | 00.56.22 | 00.54.56 | 00.54.13 | 00.53.41 |
| 01.40.25 | 01.44.68 | 01.46.94 | 01.48.02 | 01.52.76 | 01.53.32 | 01.59.25 | 02.06.30 | 02.12.35 | 02.24.13 | 200FR | 02.21.21 | 02.12.80 | 02.07.07 | 02.04.57 | 02.00.13 | 02.00.64 | 02.00.75 | 02.01.55 | 01.57.02 | 01.55.87 |
| 03.39.52 | 03.41.33 | 03.49.74 | 03.53.57 | 03.58.11 | 04.04.26 | 04.11.73 | 04.28.70 | 04.37.38 | 05.04.13 | 400FR | 04.58.48 | 04.35.63 | 04.22.88 | 04.17.93 | 04.14.16 | 04.15.71 | 04.13.59 | 04.07.04 | 04.11.39 | 04.03.78 |
| 07.50.45 | 07.57.93 | 08.07.88 | 08.30.77 | 08.25.26 | 08.37.84 | 08.48.60 | 09.07.03 | 09.54.14 | 10.38.99 | 800FR | 10.14.10 | 09.45.81 | 09.24.28 | 08.54.46 | 08.46.12 | 08.46.63 | 08.37.16 | 08.33.91 | 08.33.51 | 08.21.36 |
| 15.06.82 | 15.25.55 | 15.24.19 | 15.26.74 | 15.41.97 | 16.17.86 | 16.52.34 | 17.34.50 | 18.47.43 | 20.08.52 | 1500FR | 20.39.61 | 19.45.07 | 18.06.89 | 17.24.91 | 17.02.62 | 17.01.41 | 17.03.97 | 17.16.42 | 17.00.95 | 16.08.01 |
| 00.23.73 | 00.24.03 | 00.25.71 | 00.25.05 | 00.25.73 | 00.26.84 | 00.26.21 | 00.30.03 | 00.33.52 | 00.34.77 | 50BA | 00.33.57 | 00.32.00 | 00.30.90 | 00.29.75 | 00.28.43 | 00.28.26 | 00.29.24 | 00.28.99 | 00.27.78 | 00.26.42 |
| 00.51.47 | 00.52.99 | 00.55.05 | 00.55.26 | 00.55.76 | 00.58.30 | 00.57.46 | 01.05.35 | 01.10.69 | 01.13.17 | 100BA | 01.11.35 | 01.07.54 | 01.06.18 | 01.03.13 | 01.01.27 | 01.00.44 | 01.00.20 | 00.58.93 | 00.58.72 | 00.56.73 |
| 01.50.57 | 01.55.31 | 01.57.47 | 02.00.08 | 02.03.02 | 02.07.07 | 02.08.57 | 02.21.79 | 02.30.78 | 02.37.04 | 200BA | 02.24.19 | 02.20.07 | 02.17.25 | 02.13.60 | 02.10.11 | 02.09.99 | 02.12.54 | 02.04.87 | 02.05.90 | 02.04.55 |
| 00.26.26 | 00.28.19 | 00.27.92 | 00.28.96 | 00.30.25 | 00.30.86 | 00.32.25 | 00.33.45 | 00.36.60 | 00.41.49 | 50BR | 00.39.02 | 00.35.81 | 00.34.36 | 00.33.10 | 00.32.73 | 00.31.62 | 00.31.16 | 00.30.93 | 00.31.57 | 00.30.06 |
| 00.56.67 | 01.00.72 | 01.01.28 | 01.02.72 | 01.04.41 | 01.05.84 | 01.09.93 | 01.12.30 | 01.22.44 | 01.28.76 | 100BR | 01.25.90 | 01.19.19 | 01.14.57 | 01.10.56 | 01.09.89 | 01.08.45 | 01.07.68 | 01.06.71 | 01.09.04 | 01.04.50 |
| 02.03.43 | 02.09.48 | 02.13.92 | 02.17.56 | 02.17.94 | 02.23.58 | 02.31.91 | 02.39.73 | 02.54.79 | 03.13.05 | 200BR | 03.03.03 | 02.49.04 | 02.40.21 | 02.34.07 | 02.31.77 | 02.29.91 | 02.27.81 | 02.24.59 | 02.25.22 | 02.22.04 |
| 00.23.31 | 00.24.37 | 00.25.16 | 00.25.26 | 00.25.76 | 00.25.90 | 00.26.51 | 00.28.76 | 00.31.05 | 00.33.59 | 50FL | 00.33.07 | 00.31.46 | 00.28.92 | 00.28.35 | 00.27.58 | 00.26.69 | 00.27.30 | 00.26.59 | 00.26.59 | 00.25.93 |
| 00.51.36 | 00.54.27 | 00.55.82 | 00.56.04 | 00.56.88 | 00.59.22 | 00.58.80 | 01.03.58 | 01.09.08 | 01.14.33 | 100FL | 01.14.78 | 01.09.12 | 01.05.80 | 01.02.82 | 01.01.01 | 00.59.57 | 01.00.49 | 00.58.88 | 00.59.01 | 00.57.00 |
| 01.54.43 | 01.56.05 | 02.00.60 | 02.03.48 | 02.06.87 | 02.10.45 | 02.14.79 | 02.18.98 | 02.32.91 | 02.36.18 | 200FL | 02.50.61 | 02.31.73 | 02.25.87 | 02.22.05 | 02.16.00 | 02.14.37 | 02.12.81 | 02.07.21 | 02.07.88 | 02.06.12 |
| 00.51.92 | 00.54.52 | 00.56.82 | 00.58.22 | 00.59.71 | 01.00.41 | 01.03.58 | 01.06.91 | 01.13.67 | 01.18.03 | 100IM | 01.17.28 | 01.12.41 | 01.07.89 | 01.03.23 | 01.02.59 | 01.04.65 | 01.02.79 | 01.00.46 | 00.59.86 | 00.58.78 |
| 01.51.66 | 01.55.92 | 02.03.14 | 02.01.95 | 02.05.91 | 02.09.18 | 02.15.91 | 02.24.97 | 02.34.95 | 02.43.73 | 200IM | 02.42.83 | 02.29.86 | 02.22.98 | 02.14.46 | 02.12.43 | 02.15.27 | 02.12.91 | 02.08.45 | 02.07.27 | 02.07.80 |
| 03.59.81 | 4.07.78 | 04.22.64 | 04.17.18 | 04.28.77 | 04.41.37 | 04.49.35 | 05.10.54 | 05.29.76 | 05.43.64 | 400IM | 05.30.85 | 05.17.52 | 04.59.83 | 04.47.77 | 04.41.37 | 04.44.12 | 04.41.71 | 04.31.83 | 04.35.23 | 04.29.51 |

Figures shown in red have yet to be ratified.