





# South Ayrshire Swim Team 'Sue McClure' Graded Meet 2025 Sunday 5<sup>th</sup> October 2025

Venue	Citadal Laisura Cantra, South Harbour Street, Avr. VA7.1 IB					
Pool	Citadel Leisure Centre, South Harbour Street, Ayr, KA7 1JB					
	6 Lane x 25m with separate swim-down pool					
Electronic Timing	Swiss Timing WD/L3/1025/07					
Licence No.						
Meet Licence Level	Held under SASA Regulations and FINA Technical Rules for Swimming					
Graded Meet Level						
Entry Fee	£6.00 per individual event  Friday 12 <sup>th</sup> September 2025					
Closing Date						
Entry Form	Entry files should be emailed to sast.bubble@gmail.com					
Entry Form	https://forms.office.com/r/P0VX05XQ5V					
Payment	Clubs are not required to send payments with entries. SAST will invoice clubs with the					
Information	correct amount for all accepted entries once the swim lists have bene finalised.					
M/Ab dua	Withdrawals will be processed up to 60 minutes before the start of each session.					
Withdrawals	However, no refunds will be provided for any withdrawals that are submitted after the					
	closing date on Friday 12 <sup>th</sup> September.					
Dogwood for	We ask all clubs, when entering, to commit to supporting the requirement for technical					
Request for	officials across the meet. Technical Officials can sign up in advance of the meet here:					
Officials	https://www.signupgenius.com/go/9040C4DABAD22ABFD0-57411166-2025#/					
	Any questions please contact George McLeod sto@sast.me					
	8-9 years: 50m Freestyle, Backstroke, Breaststroke, Butterfly					
Ago Crouno	10-11 years: 100m Freestyle, Backstroke, Breaststroke, Butterfly and Individual Medley					
Age Groups	12-13 years: 100m Freestyle, Backstroke, Breaststroke, Butterfly and Individual Medley					
and Events	14&over: 100m Freestyle, Backstroke, Breaststroke, Butterfly and Individual Medley					
	All events are HDW (Heat Declared Winners) <b>Age on 5</b> <sup>th</sup> <b>October 2025.</b>					
	1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> will be presented to each swimmer in each event. Medals can be					
Prizes	collected from the Medals Table during the meet. Too Fast Awards (for swimmers that					
Pilzes	swim faster than the 'slower than' times specified on page 3) will also be presented.					
	Poolside Passes entitle the holder to entry to the poolside, early morning sausage or					
	bacon roll, tea/coffee throughout the day, lunch and start sheet. They can be					
Poolside Pass	purchased at £10.00 each per coach/team manager/chaperone per weekend. Clubs					
rootside rass	can apply for these when submitting the online entry form. Any allergies / dietary					
	requirements can be highlighted at this time.					
Spectating	Spectating be available at the meet with a £3.00 all-day charge for all spectators.					
Specialing	The primary safeguarding point of contact for the event in relation to wellbeing &					
Safeguarding	protection matters or accidents is the Meet Organiser. The secondary point of contact					
Jaieguarumg	is the Scottish Swimming Safeguarding Manager.					
	The Citadel Leisure Centre is currently undergoing refurbishment. This will not have any					
	impact on the pool hall. However, parking will be limited in the centre car park. We ask					
	that this car park is used only by South Ayrshire Leisure staff, SAST volunteers and any					
Car Parking	officials supporting the meet. Please note there are other free parking options close by,					
	including some on-street parking in South Harbour Street and a free car park on					
	Cromwell Road, which is approximately a five-minute walk from the Citadel.					
	Croniwett noau, which is approximately a live-initiate walk from the Citadet.					







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Accommodation	A list of hotels can be obtained from Ayr Tourist Office on 01292 678100.			
Accommodation	Craig Tara Caravan Park is also a source of accommodation.			
	The Citadel Leisure Centre is a short walk from Ayr Town Centre where all local			
Local Amenities	amenities are available. The nearest local shop is Seafield Stores, 43-45 Blackburn Dr,			
	Ayr KA7 2XW.			
Next CAST Meet	The next SAST meet will be our SAST Mini Meet on Saturday 17 <sup>th</sup> January 2026. More			
Next SAST Meet	information will be available in due course.			

#### **ADDITIONAL INFORMATION**

1	All swimmers of Scottish clubs must have a current SASA membership number. All swimmers of non-Scottish clubs must be registered with their governing body.
2	No photographic or video equipment shall be allowed in any area under the jurisdiction of the Meet Organisers without prior approval of the Meet Manager. Applications must be made on the form available at the Meet Office (or Spectators Desk in the gallery / Medal Table on poolside).
3	Swimmers, coaches, and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. No diving is allowed at the shallow end of the pool.
4	Warm-ups will be split to accommodate the numbers and age range of competitors and as per schedule of events. It is the coaches' responsibility to supervise their swimmers during warm-ups.
5	Over the top starts will be used during the Meet at the discretion of Meet Manager/Referee.
6	Entries to events will be restricted and will be accepted based on entry times. Any entry that is not accepted will not be charged. A list of scratched entries will be sent to the contact stated on the Meet Entry form. It is the responsibility of the person receiving confirmation of the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries. Please note that there will be no reserve swimmers.  Withdrawal slips will be available in Coaches' packs. Withdrawals will be allowed up to 50 mins before the start of each session. Start sheets will be available for Coaches and Team Managers. Marshalling is
7	compulsory. Swimmers will be called for in whole events at least one event prior to their swim and marshalled into heats in the designated marshalling area. Swimmers will then be sent in heat order to the starting blocks.
8	SAST reserves the right to fill lanes with their swimmers where an event is under subscribed, or where there have been sufficient withdrawals creating spare lanes in early heats. SAST also reserves the right to scratch events when there are insufficient entries.
9	Only poolside pass holders, swimmers, technical officials and meet personnel shall be allowed on to the poolside.
10	It is the coaches' responsibility to supervise their swimmers using the swim down pool – if this facility is not used in the appropriate manner, it may have to be withdrawn.
11	Start Lists and Results will be available on the Meet Mobile app.







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### **Order of Events**

Session 1	Warm up 0855-0955 Start 1000 Finish 1230-1300				
Event	Gender	Age group	Distance	Stroke	Entry time slower than
101	Female	8-9	50m	Freestyle	NT
102	Male/Open	8-9	50m	Freestyle	NT
103	Female	10 – 11	100m	Breaststroke	1:44.26
104	Male/Open	10 – 11	100m	Breaststroke	1:45.99
105	Female	12 – 13	100m	Freestyle	1:10.86
106	Male/Open	12 – 13	100m	Freestyle	1:07.78
107	Female	14 and over	100m	Butterfly	1:14.68
108	Male/Open	14 and over	100m	Butterfly	1:10.70
109	Female	8-9	50m	Breaststroke	NT
110	Male/Open	8-9	50m	Breaststroke	NT
111	Female	10 – 11	100m	Freestyle	1:20.32
112	Male/Open	10 – 11	100m	Freestyle	1:20.02
113	Female	12 – 13	100m	Breaststroke	1:30.50
114	Male/Open	12 – 13	100m	Breaststroke	1:27.49
115	Female	14 and over	100m	Backstroke	1:14.72
116	Male/Open	14 and over	100m	Backstroke	1:11.13
117	Female	10 – 11	100m	IM	1:33.64
118	Male/Open	10 – 11	100m	IM	1:34.25

Session 2	Warm up 1325-1425 Start 1430 Finish 1700-1730				
Event	Gender	Age group	Distance	Stroke	Entry time slower than
201	Female	12 – 13	100m	Backstroke	1:19.30
202	Male/Open	12 – 13	100m	Backstroke	1:17.19
203	Female	14 and over	100m	IM	1:17.50
204	Male/Open	14 and over	100m	IM	1:13.04
205	Female	8-9	50m	Backstroke	NT
206	Male/Open	8-9	50m	Backstroke	NT
207	Female	10 – 11	100m	Butterfly	1:32.62
208	Male/Open	10 – 11	100m	Butterfly	1:32.97
209	Female	12 – 13	100m	IM	1:21.88
210	Male/Open	12 – 13	100m	IM	1:19.95
211	Female	14 and over	100m	Breaststroke	1:25.78
212	Male/Open	14 and over	100m	Breaststroke	1:20.59
213	Female	8-9	50m	Butterfly	NT
214	Male/Open	8-9	50m	Butterfly	NT
215	Female	10 – 11	100m	Backstroke	1:30.57
216	Male/Open	10 – 11	100m	Backstroke	1:31.57
217	Female	12 – 13	100m	Butterfly	1:19.76
218	Male/Open	12 – 13	100m	Butterfly	1:16.45
219	Female	14 and over	100m	Freestyle	1:07.02
220	Male/Open	14 and over	100m	Freestyle	1:03.21