

Advent Open Meet

2025

(Licence No. WD/L2/1125/02)

21st, 22nd & 23rd November 2025

At

DG1 Leisure Complex

Dumfries

**Dumfries ASC**

**Dumfries Advent Open Meet 2025**

**Level 2 meet**

**(Held under SASA Laws and Licence number WD/L2/1125/02)**

**General Information**

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| **Date**: Friday 21st to Sunday 23rd November 2025 **Meet Director**: **meetentries@dumfriesasc.co.uk****Venue**: DG1 Leisure Complex, Hoods Loaning, Dumfries, DG1 2HT  **Pool**: 8 lane 25 metre; full electronic timing with 8 lanes alphanumeric  Scoreboard; anti-wave lane ropes, spectator area, vending machines, Subway **Time**: **Friday 21st**  **Warm Up Start Finish**  **Session 1 -** 18:00 – 18:25 18:30 21:00   **Saturday 22nd**  **Warm Up Start Finish**  **Session 2 -** 09:00 – 09:55 10:00 13:00  **Session 3 -** 13:30 – 14:25 14:30 17:30 **Sunday 23rd**  **Session 4 -** 09:00 – 09:55 10:00 13:00  **Session 5 -** 13:30 – 14:25 14:30 17:30   **Ages**: **as 31/12/2025** |
|   |  |
| **Age Groups**:   | 11 – 12 years, 13 – 14 years, 15 years and over |
| **Events**:  | All events are Heat Declared Winners  |
| **Awards**:   | Medals for 1st, 2nd & 3rd in each age group  |
| **Entry File**:  | Available on request from Entry Secretary: meetentries@dumfriesasc.co.uk |
|   | All entries must be made on the relevant electronic files |
| **Entry Fees:**   | £10.50 per individual long distance event entry. £7.50 per individual short distance event entry. |
| **Coaches**:   | Meet Pass: £25 – covers: programme, start / results sheets and meals, drinks etc |
| **Officials**:   | Any Swimming Technical Officials travelling with clubs are asked to make themselves available for assistance on the day to ensure accreditation. |
| **Closing Date:**   | **Friday 31st October 2025** |

**Specific Information:** For long distance events (1500m & 800m) swimmers are asked to choose ONLY ONE of the two race (i.e. cannot compete in both races).

Only the fastest 24 swimmers will be accepted for 1500m event (12 boys – 12 girls).

Only the fastest 40 swimmers will be accepted for 800m event (20 boys – 20 girls).

**PLEASE NOTE:**

The number of heats will be limited to ensure the smooth running of the competition.

Heats will be swum slowest to fastest. Entries will be accepted on time basis. DASC reserves the right to include slower heats of its own swimmers or fill unused lanes with eligible swimmers in attendance.

 **Meet Rules**

* The meet shall be held under World Aquatics Rules.
* Ages **as on 31/12/2025**
* All swimmers of Scottish clubs must have a current S.A.S.A. registration number.
* All swimmers of non-Scottish clubs must be registered with their governing body.
* No swimmer under the age of 11 years is permitted at this meet.
* The pool is 25 metres long with 8 lanes separated by anti-wave lane ropes.
* Electronic timing will be in operation. In the event of electronic timing failure, the back-up manual timing will be used.
* Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool.
* It is the responsibility of each swimmer’s club to ensure that any required disability equipment is provided and available for use during the meet, and DASC must be notified of such requirement before the closing date of **Friday 31st October 2025**.
* Only swimmers and coaches with meet passes will be admitted on to the poolside.
* Access to the changing rooms is strictly limited to swimmers only. Parents, guardians, and other non-swimmers are not permitted at any time.
* No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the approved S.A.S.A. form.
* Swimmers must act on the instructions given by meet officials and behave in a reasonable manner at all times.
* It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

# Entries and time cards

* Closing date for entries is **Friday 31st October 2025.**
* Late entries will not be accepted.
* All entries must be made on the relevant electronic files and submitted by email where possible. Entry files can be requested via e-mail from the meet secretary on **meetentries@dumfriesasc.co.uk**
* Time cards will not be used.
* Withdrawals must be made to the recorders no later than 45 minutes prior to the start of each session on the event withdrawal form.
* No refunds will be paid on withdrawals received after **14th November 2025**.
* **All withdrawals on the day will still be charged.**
* The promoter’s reserve the right to restrict entries in order to facilitate the smooth running of the meet.
* Rejected entries will be refunded in full.

# Events

* Over the top starts may be used at the discretion of the promoter’s in order to facilitate the smooth running of the meet.
* All events will be swum on a Heat Declared Winner basis
* Heats will be seeded after the withdrawal table closes 30 minutes before the start of each session.
* All heats will be spearheaded based on entry times, slowest to fastest, with the fastest swimmers in the final heat.
* Start sheets will then be issued to clubs for information and marshalling purposes.
* Swimmers must report to the designated marshalling area at least three heats in advance.

#  Miscellaneous

* The promoters reserve the right to exclude or refuse admission to any competitor, spectator or team official.
* Swimmers and coaches must not take glassware into the shower or poolside area and are liable for expulsion from the meet if found to do so.
* Dumfries ASC, DG1 Leisure Complex and Dumfries & Galloway Council take no responsibility for loss or damage to swimmers, team officials or spectators property.
* Swimmers are strongly advised to secure property in the lockers provided and not leave belongings lying around unattended. Any lockers found unlocked and containing property will have said property removed and secured by facility staff.
* Swimmers out-with the pool area must wear dry clothing and footwear at all times.
* Outdoor footwear must not be worn on poolside.
* No mobile phones or camera devices are allowed in the changing rooms.
* No congregating in the changing rooms.
* Any dietary requirements for Coaches, Team Managers and Volunteers must be declared to the club no later than **31st October**. Failure to provide this information by the deadline may limit our ability to accommodate dietary needs.
* Anything not covered above and not printed in the meet programme will be at the promoters’ discretion.
* Dumfries ASC reserve the right to vary the above conditions as required.
* Dumfries ASC reserves the right to fill lanes with their own swimmers where an event is under subscribed.

**Programme of Events**

**Friday 21st November 2025**

**Session 1**

**Warm Up 18:00Hrs**

**Start 18:30Hrs**

101 – Mixed Open 1500m Freestyle

102 – Mixed Open 800m Freestyle

**Saturday 22nd November 2025**

**Session 2**

**Warm Up 09:00Hrs**

**Start 10:00Hrs**

201 – Girls 400m IM

202 – Boys 200m Freestyle

203 – Girls 200m Breaststroke

204 – Boys 100m Butterfly

205 – Girls 100m Backstroke

206 – Boys 50m Freestyle

207 – Girls 50m Butterly

**Session 3**

**Warm Up 13:30Hrs**

**Start 14.30Hrs**

301 – Girls 400m Freestyle

302 – Boys 200m IM

303 – Girls 200m Backstroke

304 – Boys 200m Butterfly

305 – Girls 100m Freestyle

306 – Boys 100m Breaststroke

307 – Girls 50m Breaststroke

308 – Boys 50m Backstroke

# Sunday 23rd November 2025

**Session 4**

**Warm Up 09:00Hrs**

**Start 10.00Hrs**

401 – Boys 400m IM

402 – Girls 200m Freestyle

403 – Boys 200m Breaststroke

404 – Girls 100m Butterfly

405 – Boys 100m Backstroke

406 – Girls 50m Freestyle

407 – Boys 50m Butterly

**Session 5**

**Warm Up 13:30Hrs**

**Start 14.30Hrs**

501 – Boys 400m Freestyle

502 – Girls 200m IM

503 – Boys 200m Backstroke

504 – Girls 200m Butterfly

505 – Boys 100m Freestyle

506 – Girls 100m Breaststroke

507 – Boys 50m Breaststroke

508 – Girls 50m Backstroke



# Health and Safety Declaration

***In order to comply with accreditation and health and safety requirements, this form must be completed and returned with the entry information.***

I confirm that all the entered swimmers have paid their current S.A.S.A. Annual Membership Fee or are affiliated members of their governing body.

I understand that any swimmer entered without a registration number or not affiliated to their governing body will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner.

I confirm that the information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

I confirm that information regarding the strict rules for accessing the changing facilities has been passed on to swimmers and parents intending to travel to the meet.

I confirm that information regarding the prohibited use of mobile phones in the changing facilities has been passed on to swimmers.

Signed: .............................................................................................................................

Print Name: ......................................................................................................................

Position in Club: ...............................................................................................................

On behalf of: .....................................................................................................................

(Name of club)

Return this form along with entries to arrive no later than **Friday 31st October 2025** to:

**meetentries@dumfriesasc.co.uk**

# Health and Safety Announcement

**Controlling the use of Photographic Equipment**

The S.A.S.A has a strict child protection policy, brought about by concerns over paedophile activity. This policy has been adopted by each member club and requires the meet organisers strictly control the use of photographic and video equipment. Therefore, the use of such equipment shall be subject to the following guidelines:-

* No photographic equipment (e.g. camera, camcorder, camera phones etc) is to be allowed on either poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without the prior approval of the meet director.

* Applications to use photographic equipment must be made on the approved S.A.S.A. form which is available on request.

* Applications can be made on the day to the meet director or to the meet director’s approved official. Applicants must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.

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| **Club Name**  |  |
| **Contact Name**  |  |
| **Address**  |  |
| **Post Code**  |  |
| **Telephone**  |  |
| **Email**  |  |

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| **Entries**  | **Number**  | **@**  | **Cost**  |
| Individual (Long Distance Events) |  | £10.50 |  |
| Individual (Short Distance Events) |  | £7.50 |  |
| Coaches \*\*\* |  | £25.00  |  |
|  Total Amount Enclosed  |  |

***\*\*\* Any dietary requirements for Coaches, Team Managers and Volunteers must be declared to the club no later than 31st October. Failure to provide this information by the deadline may limit our ability to accommodate dietary needs.***Please make payment by BACS to: **Dumfries ASC****Sort Code: 80-11-60, Account No: 00266485, Reference: Meet Name + Your club code**Return this form to meetentries@dumfriesasc.co.uk no later than **31st October 2025** |