

## South Ayrshire Swim Team – Open Meet 2026

**Saturday 13<sup>th</sup> and Sunday 14<sup>th</sup> June 2026**

<b>Venue</b>	Citadel Leisure Centre, South Harbour Street, Ayr, KA7 1JB
<b>Pool</b>	6 Lane x 25m with separate swim-down pool
<b>Electronic Timing</b>	Swiss Timing
<b>Licence No.</b>	WD/L2/0626/02 Held under SASA Regulations and FINA Technical Rules for Swimming
<b>Meet Licence Level</b>	2
<b>Graded Meet Level</b>	N/A
<b>Entry Fee</b>	£8.00 per individual event. There will be no cost for relay entries.
<b>Closing Date</b>	<b>Friday 15<sup>th</sup> May 2026</b> Entry files should be emailed to <a href="mailto:sast.bubble@gmail.com">sast.bubble@gmail.com</a>
<b>Entry Form</b>	When submitting entries, please also fill in the form via this link: <a href="https://forms.office.com/r/5h7xnsci22">https://forms.office.com/r/5h7xnsci22</a>
<b>Payment Information</b>	Clubs are not required to send payments with entries. SAST will invoice clubs with the correct amount for all accepted entries once the swim lists have been finalised.
<b>Withdrawals</b>	Withdrawals will be processed up to 50 minutes before the start of each session. However, no refunds will be provided for any withdrawals that are submitted after the closing date of Friday 15 <sup>th</sup> May.
<b>Request for Officials</b>	We ask all clubs, when entering, to commit to supporting the requirement for technical officials across the meet. Technical Officials can sign up in advance of the meet here: <a href="https://www.signupgenius.com/go/9040C4DABAD22ABFD0-63016797-2026#/">https://www.signupgenius.com/go/9040C4DABAD22ABFD0-63016797-2026#/</a> Any questions please contact George McLeod <a href="mailto:sto@sast.me">sto@sast.me</a>
<b>Individual Age Groups and Events</b>	12&under: 50m / 100m / 200m events all strokes, 200m IM 13/14 years: 50m / 100m / 200m events all strokes, 200m IM 15 & over: 50m / 100m / 200m events all strokes, 200m IM Open (all ages): 400m Free and 400m IM All events are Heat Declared Winners (HDW). <b>Age as at 31<sup>st</sup> December 2026.</b>
<b>Relay Age Groups and Events</b>	13 years & under: 4x50m Medley and 4x50m Freestyle Relays (HDW) 14 years & over: 4x50m Medley and 4x50m Freestyle Relays (HDW)
<b>Prizes</b>	1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> will be presented to each swimmer in each event. Medals can be collected from the Medals Table during the session.
<b>Poolside Pass</b>	Poolside Passes entitle the holder to entry to the poolside, early morning sausage or bacon roll, tea/coffee throughout the day, lunch and start sheet. They can be purchased at £10.00 each per coach/team manager/chaperone per weekend. Clubs can apply for these when submitting the online entry form. Any allergies / dietary requirements can be highlighted at this time.
<b>Spectating</b>	Spectating is available at the meet with a fee being charged.
<b>Safeguarding</b>	The primary safeguarding point of contact for the event in relation to wellbeing & protection matters or accidents is the Meet Organiser. The secondary point of contact is the SAST WPO.
<b>Next SAST Meet</b>	The next SAST meet will be our SAST Graded Meet 2026 on Sunday 4 <sup>th</sup> October 2026. More information to follow in due course.

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### ADDITIONAL INFORMATION

<b>1</b>	All swimmers of Scottish clubs must have a current SASA membership number. All swimmers of non-Scottish clubs must be registered with their governing body.
<b>2</b>	Anyone wishing to take photos/film at the event will no longer be required to complete a consent form and display a band but does so accepting the SAST Photography Policy October 2025, which is in line with West District and Scottish Swimming policy. The policy will be posted in the spectator's gallery.
<b>3</b>	Swimmers, coaches, and team managers must ensure that all their swimmers can safely dive in water as prescribed by current/planned legislation. No diving is allowed at the shallow end of the pool.
<b>4</b>	Warm-ups will be split to accommodate the numbers and age range of competitors and as per schedule of events. It is the coaches' responsibility to supervise their swimmers during warm-ups.
<b>5</b>	Over the top starts will be used during the Meet at the discretion of Meet Manager/Referee.
<b>6</b>	Entries to events will be restricted and will be accepted based on entry times. Any entry that is not accepted will not be charged. A list of scratched entries will be sent to the Contact stated on the Meet Entry form. It is the responsibility of the person receiving confirmation of the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries. Please note that there will be no reserve swimmers.
<b>7</b>	Withdrawal slips will be available in Coaches' packs. Withdrawals will be allowed <u>up to 50 mins before the start of each session</u> . Start sheets will be available for Coaches and Team Managers. Marshalling is compulsory. Swimmers will be called for in whole events at least one event prior to their swim and marshalled into heats in the designated marshalling area. Swimmers will then be sent in heat order to the starting blocks.
<b>8</b>	SAST reserves the right to fill lanes with their swimmers where an event is under subscribed, or where there have been sufficient withdrawals creating spare lanes in early heats. SAST also reserves the right to scratch events when there are insufficient entries.
<b>9</b>	Only poolside pass holders, swimmers, technical officials and meet personnel shall be allowed on to the poolside.
<b>10</b>	It is the coaches' responsibility to supervise their swimmers using the swim down pool.
<b>11</b>	Start Lists and Results will be available on the Meet Mobile app.
<b>12</b>	For SAST Meets, the Scottish Swimming 'Swimwear Policy' shall apply. The policy can be found <a href="#">here</a> .
<b>13</b>	As of the 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports. The policy and FAQs can be found <a href="#">here</a> . Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Manager and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. As a result of this policy being implemented, by entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.
<b>14</b>	The Citadel Leisure Centre is currently undergoing refurbishment. This will not have any impact on the pool hall. However, parking will be limited in the centre car park. We ask that this car park is used only by South Ayrshire Leisure staff, SAST volunteers and any officials supporting the meet. Please note there are other free parking options close by, including some on-street parking in South Harbour Street and a free car park on Cromwell Road, which is approximately a five-minute walk from the Citadel.

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### Order of Events

<b>Saturday 13<sup>th</sup> June 2026</b>	
<b>Session 1</b> Warm-up 0855-0955 Start 1000 Finish 1300	<b>Session 2</b> Warm-up 1325-1425 Start 1430 Finish 1730
101 Male/Open 200 Individual Medley	201 Male/Open 50 Breaststroke
102 Female 50 Backstroke	202 Female 50 Breaststroke
103 Male/Open 50 Backstroke	203 Male/Open 200 Butterfly
104 Female 200 Breaststroke	204 Female 200 Butterfly
105 Male/Open 200 Breaststroke	205 Male/Open 100 Freestyle
106 Female 100 Butterfly	206 Female 100 Freestyle
107 Male/Open 100 Butterfly	207 Male/Open 400 Individual Medley
108 Female 400 Freestyle	208 Mixed 4x50 Freestyle Relay (13&u)
	209 Mixed 4x50 Freestyle Relay (14&o)
<b>Sunday 14<sup>th</sup> June 2026</b>	
<b>Session 3</b> Warm-up 0855-0955 Start 1000 Finish 1300	<b>Session 4</b> Warm-up 1325-1425 Start 1430 Finish 1730
301 Female 200 Individual Medley	401 Female 50 Butterfly
302 Male/Open 50 Freestyle	402 Male/Open 50 Butterfly
303 Female 50 Freestyle	403 Female 200 Freestyle
304 Male/Open 200 Backstroke	404 Male/Open 200 Freestyle
305 Female 200 Backstroke	405 Female 100 Backstroke
306 Male/Open 100 Breaststroke	406 Male/Open 100 Backstroke
307 Female 100 Breaststroke	407 Female 400 Individual Medley
308 Male/Open 400 Freestyle	408 Mixed 4x50 Medley Relay (13&u)
	409 Mixed 4x50 Medley Relay (14&o)