

## 2026 WD Long Course Spring Meet - 21/03/2026 to 22/03/2026

## Meet Program - Session 2

**Event 201 Mixed 12 & Over 1500 LC Metre Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals Starts at 05:45 PM**

1	Attwood, Jack	M12	Cumbernauld	23:57.40
2	McKenna, Lucie	W15	Cumbernauld	21:46.60
3	Baillie, Sky	W13	Eastkilbride	21:25.50
4	Taylor, Olivia	W12	Lanark	21:32.00
5	Gaffney, Hannah	W14	Rutherglen	22:56.90
6	Mackenzie, Louise	W15	Ren 96	25:11.80

**Heat 2 of 3 Finals Starts at 06:12 PM**

1	Birrell, Emma	W14	Co Glasgow	21:11.30
2	Croxford, Nico	M13	Co Glasgow	20:42.14
3	Steventon, Jaime	W17	Cumbernauld	19:57.60
4	Miller, Oscar	M13	Eastkilbride	20:22.60
5	Bennett, Paige	W15	Cumbernauld	21:06.10
6	Biggar, Poppy	W13	Kilmarnock	21:22.20

**Heat 3 of 3 Finals Starts at 06:34 PM**

1	Kalamakis, Nikiforos	M13	Co Glasgow	19:34.90
2	King, Ethan	M14	Ren 96	19:26.30
3	Mackie, Evi	W17	Lanark	17:24.10
4	Watson, Lewis	M16	Eastkilbride	18:33.20
5	Higgins, Matthew	M17	West Dunbart	19:34.70
6	Grajciar, David	M14	Forth Valley	19:57.10

**Reserves**

1	Turner, Amelia	W17	Kingston	25:20.70
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**Event 202 Mixed 12 & Over 50 LC Metre Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 10 Finals Starts at 06:55 PM**

1	Reilly, Isaac	M13	Forth Valley	36.70
2	Baker, Heidi	W14	Ren 96	36.40
3	McRitchie, Nathan	M13	Cumbernauld	36.30
4	Hair, Cadhlea	W12	Inverclyde	36.34
5	Morrison, Amelie	W14	Milngavie &B	36.60
6	Gerrie, Samuel	M13	Milngavie &B	37.70

**Heat 2 of 10 Finals Starts at 06:56 PM**

1	Bennett, Zander	M12	Rutherglen	36.16
2	Lammie, Erin	W16	Lanark	35.63
3	Carty, Matt	M12	Co Glasgow	35.58
4	Thomson, Finlay	M14	Eastkilbride	35.60
5	Cassells, Nathan	M14	Eastkilbride	35.66
6	Chen, Jack	M14	Co Glasgow	36.21

**Heat 3 of 10 Finals Starts at 06:57 PM**

1	Wood, Anya	W13	StirlingSwim	35.50
2	Jamieson, Hannah	W16	Eastkilbride	35.00
3	Motion, Rebecca	W15	Eastkilbride	34.90
4	Maher, Ellie	W15	Hamilton	34.90
5	Addison, Heidi	W14	Hamilton	35.18
6	Mitchell, Sylvie	W13	StirlingSwim	35.50

**Heat 4 of 10 Finals Starts at 06:59 PM**

1	Whiteley, Sanna	W14	Milngavie &B	34.89
2	Hemmings, Ben	M14	Stranraer	34.51
3	Paterson, Amber	W13	StirlingSwim	34.49
4	Gratton, Abbi	W13	Stranraer	34.49
5	Steele, Ava	W16	Forth Valley	34.70
6	McEwan, Samuel	M15	Cumbernauld	34.90

**Heat 5 of 10 Finals Starts at 07:00 PM**

1	Hunter, Ruby	W15	Hamilton	34.10
2	Redpath, Gillen	M14	Rutherglen	33.53
3	Khan, Adam	M13	Milngavie &B	32.58
4	Ferris, Meghan	W14	Cumbernauld	32.70
5	Shields, Niamh	W14	Hamilton	33.60
6	McQuaker, Kyle	M14	Kintyre	34.27

**Heat 6 of 10 Finals Starts at 07:02 PM**

1	Getty, Morven	W14	Milngavie &B	32.34
2	Hamilton, Caitlyn	W22	Lanark	32.22
3	Robertson, Aimee	W14	Cumbernauld	32.01
4	Chand, Ailsa	W14	Eastkilbride	32.20
5	Pettigrew, Ava Grace	W16	Cumbernauld	32.30
6	Keddie, Sandie	W15	Cumbernauld	32.53

**Heat 7 of 10 Finals Starts at 07:03 PM**

1	McLachlan, Phoebe	W14	Cumbernauld	31.69
2	Scott, Niamh	W17	Co Glasgow	31.40
3	Shepherd, Alex	W17	Cumbernauld	31.19
4	Chesser, Callan	M15	Milngavie &B	31.30
5	Calder, Joanna	W18	Milngavie &B	31.58
6	Binnie, Emma	W17	Inverclyde	31.97

**Heat 8 of 10 Finals Starts at 07:04 PM**

1	Pyne, Zachary	M14	Inverclyde	30.90
2	Mcllwraith, Oliver	M15	Cumbernauld	30.80
3	Dawson, Emily	W17	Milngavie &B	30.50
4	MacKinnon, Jay	M17	West Dunbart	30.56
5	McGinlay, Sophia	W18	Cumbernauld	30.80
6	Wallace, Oscar	M15	Milngavie &B	31.08

**Heat 9 of 10 Finals Starts at 07:06 PM**

1	Watson, Scott	M16	Eastkilbride	30.48
2	Fraser, Aidan	M17	West Dunbart	29.70
3	Devlin, Luke	M18	Lanark	29.20
4	Merrick, Adam	M17	Cumbernauld	29.30
5	Szymczyk, Aleksander	M16	Co Glasgow	30.11
6	Meyrick, Peter	M17	Milngavie &B	30.48

**Heat 10 of 10 Finals Starts at 07:07 PM**

1	Brown, Ciaran	M18	Co Glasgow	29.00
2	Shaw, Craig	M18	Lanark	28.80
3	Nastjuks, Stepans	M16	Stranraer	27.69
4	Hristov, Stanislav	M18	Forth Valley	28.16
5	Lyden, Brody	M16	Co Glasgow	28.90
6	Connolly, Kyle	M17	Eastkilbride	29.05

**Reserves**

1	Sommerville, Adam	M16	Ren 96	31.43
2	Hixon, Iona	W17	Milngavie &B	33.00
3	Rousseau, Amy	W18	Co Glasgow	33.21
4	Stewart, Gabriel	M16	StirlingSwim	34.10
5	Dempsey, Ava	W16	Co Glasgow	35.80
6	Hannah, Eliza	W15	Hamilton	36.20
7	Scott, Cole	M15	Larkhall	36.50
8	Hughes, Erin	W15	Co Glasgow	36.85
9	Mulloy, Hannah	W14	Eastkilbride	37.10
10	Farquhar, Kirstin	W14	StirlingSwim	37.30
11	McLaughlin, Chikara	M15	Co Glasgow	37.40
12	Ross, Isobel	W16	Co Glasgow	39.40

## 2026 WD Long Course Spring Meet - 21/03/2026 to 22/03/2026

## Meet Program - Session 2

**Event 203 Mixed 12 & Over 200 LC Metre Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 10 Finals Starts at 07:09 PM**

1	McKinlay, Gabriella	W15	Ren 96	3:06.30
2	Addison, Wendy	W12	Larkhall	3:02.30
3	O'Halloran, Sarah	W13	StirlingSwim	3:00.23
4	Baker, Klara	W12	Ren 96	3:01.20
5	Gregory, Alexa	W13	Eastkilbride	3:02.60
6	Jacovides, Lucas	M12	Inverclyde	3:46.70

**Heat 2 of 10 Finals Starts at 07:13 PM**

1	Hardie, Keeva	W15	Forth Valley	2:59.60
2	McDonald, Chloe	W14	Hamilton	2:58.60
3	Robertson, Aaron	M15	Ren 96	2:56.26
4	Carson, Mairi-Louise	W13	Eastkilbride	2:56.30
5	Purdon, Sarah	W13	Lanark	2:59.50
6	Kelly, Roan	M12	Ren 96	2:59.70

**Heat 3 of 10 Finals Starts at 07:17 PM**

1	Tohmaz, Adam	M12	Co Glasgow	2:54.60
2	Baldwin, Elizabeth	W15	Co Glasgow	2:54.19
3	Gratton, Abbi	W13	Stranraer	2:53.29
4	Paterson, Amber	W13	StirlingSwim	2:53.50
5	McKinlay, Rebekah	W13	Ren 96	2:54.50
6	McClure, Alba	W13	Ren 96	2:55.60

**Heat 4 of 10 Finals Starts at 07:21 PM**

1	McFarlane, Anna	W12	Rutherglen	2:50.90
2	Crosbie, Lexie	W13	Milngavie &B	2:49.88
3	McRitchie, Nathan	M13	Cumbernauld	2:46.70
4	Henderson, Florence	W13	StirlingSwim	2:48.20
5	Buchan, Oliver	M13	Larkhall	2:50.90
6	Gibson, Eva	W16	Cumbernauld	2:51.90

**Heat 5 of 10 Finals Starts at 07:25 PM**

1	Cussons, Amelie	W15	Co Glasgow	2:46.10
2	McMahon, Clara	W15	Lanark	2:45.46
3	Walker, Holly	W14	Cumbernauld	2:44.40
4	Thomson, Alicia	W17	Cumbernauld	2:45.30
5	Kelly, Seth	M15	Ren 96	2:46.00
6	Morrison, Kayla	W14	StirlingSwim	2:46.46

**Heat 6 of 10 Finals Starts at 07:29 PM**

1	Li, Leo	M14	Co Glasgow	2:43.39
2	Millar, Hannah	W18	Kintyre	2:41.82
3	McBrien, Isla	W15	Co Glasgow	2:40.91
4	Gavin, Olivia	W15	Milngavie &B	2:41.60
5	Crisp, Casey	W14	Eastkilbride	2:42.60
6	McCawley, Sophie	W16	Hamilton	2:43.80

**Heat 7 of 10 Finals Starts at 07:33 PM**

1	Jeffrey, Orlaith	W16	Lanark	2:40.50
2	Brown, Sophie	W17	Eastkilbride	2:39.70
3	McGovern, Lucy	W16	Co Glasgow	2:38.40
4	King, Ethan	M14	Ren 96	2:39.40
5	Shepherd, Alex	W17	Cumbernauld	2:39.90
6	Roddie, Ethan	M14	Co Glasgow	2:40.60

**Heat 8 of 10 Finals Starts at 07:36 PM**

1	McQuaker, Kyle	M14	Kintyre	2:36.37
2	McCafferty, Maisie	W18	Forth Valley	2:36.00
3	Jones, Amy	W18	Forth Valley	2:34.90
4	Chesser, Callan	M15	Milngavie &B	2:35.30
5	Hemmings, Ben	M14	Stranraer	2:36.13
6	Shields, Niamh	W14	Hamilton	2:38.40

**Heat 9 of 10 Finals Starts at 07:40 PM**

1	Reid, Adam	M14	Eastkilbride	2:33.70
2	Sommerville, Adam	M16	Ren 96	2:32.00
3	Semple, Chloe	W17	Rutherglen	2:30.90
4	Dickson, Kaysey	W16	Rutherglen	2:31.90
5	McMillan, Abbie	W17	Co Glasgow	2:32.80
6	Pettigrew, Ava Grace	W16	Cumbernauld	2:34.00

**Heat 10 of 10 Finals Starts at 07:44 PM**

1	McGavin, Charlotte	W16	Hamilton	2:28.50
2	Binnie, Dean	M17	Inverclyde	2:21.60
3	O'Donnell, Cameron	M17	Hamilton	2:12.00
4	Merrick, Adam	M17	Cumbernauld	2:20.10
5	Ormrod, Malcolm	M18	Lanark	2:24.40
6	Ferris, Meghan	W14	Cumbernauld	2:30.00

**Reserves**

1	Ross, Isobel	W16	Co Glasgow	2:55.30
2	Mulloy, Hannah	W14	Eastkilbride	3:03.30
3	Von Moeller, Dannah	W16	Co Glasgow	3:05.00

**Event 204 Mixed 12 & Over 100 LC Metre Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 10 Finals Starts at 07:47 PM**

1	Keddie, Woody	M13	Cumbernauld	1:10.80
2	Crosbie, Lexie	W13	Milngavie &B	1:10.50
3	Mitchell, Sylvie	W13	StirlingSwim	1:09.86
4	McClure, Alba	W13	Ren 96	1:10.30
5	McRitchie, Nathan	M13	Cumbernauld	1:10.60
6	Miller, Oscar	M13	Eastkilbride	1:11.50

**Heat 2 of 10 Finals Starts at 07:49 PM**

1	Maher, Ellie	W15	Hamilton	1:08.31
2	McKinlay, Rebekah	W13	Ren 96	1:08.30
3	Gerrie, Samuel	M13	Milngavie &B	1:08.14
4	Farquhar, Kirstin	W14	StirlingSwim	1:08.16
5	Jamieson, Hannah	W16	Eastkilbride	1:08.30
6	McLernon, Orla	W14	Cumbernauld	1:08.69

**Heat 3 of 10 Finals Starts at 07:51 PM**

1	Hunter, Ruby	W15	Hamilton	1:08.07
2	Walker, Holly	W14	Cumbernauld	1:07.48
3	Whiteley, Sanna	W14	Milngavie &B	1:07.26
4	Addison, Heidi	W14	Hamilton	1:07.28
5	Motion, Rebecca	W15	Eastkilbride	1:08.00
6	Hemmings, Ben	M14	Stranraer	1:08.10

**Heat 4 of 10 Finals Starts at 07:53 PM**

1	Li, Leo	M14	Co Glasgow	1:07.00
2	McQuaker, Kyle	M14	Kintyre	1:06.18
3	Morrison, Kayla	W14	StirlingSwim	1:05.70
4	Simpson, Jessica	W15	Hamilton	1:06.16
5	Shields, Niamh	W14	Hamilton	1:06.26
6	Thomson, Finlay	M14	Eastkilbride	1:07.20

**Heat 5 of 10 Finals Starts at 07:55 PM**

1	Martin, Kerr	M14	Co Glasgow	1:05.06
2	McGovern, Lucy	W16	Co Glasgow	1:04.90
3	Gillies, Beth	W14	Hamilton	1:04.80
4	Getty, Morven	W14	Milngavie &B	1:04.81
5	McLachlan, Phoebe	W14	Cumbernauld	1:05.05
6	Robertson, Aimee	W14	Cumbernauld	1:05.40

## 2026 WD Long Course Spring Meet - 21/03/2026 to 22/03/2026

## Meet Program - Session 2

**Heat 6 Finals (#204 Mixed 12 & Over 100 LC Metre Freestyle)**

1	Binnie, Emma	W17	Inverclyde	1:04.69
2	Watson, Scott	M16	Eastkilbride	1:04.20
3	McGinlay, Sophia	W18	Cumbernauld	1:03.90
4	Khan, Adam	M13	Milngavie &B	1:04.14
5	Dawson, Emily	W17	Milngavie &B	1:04.30
6	Melville, Makena	W16	StirlingSwim	1:04.73

**Heat 7 of 10 Finals Starts at 07:59 PM**

1	McMillan, Abbie	W17	Co Glasgow	1:03.80
2	Reid, Ethan	M17	Ren 96	1:03.70
3	Robertson, Aaron	M15	Ren 96	1:03.00
4	Niemiec, Franek	M16	Forth Valley	1:03.30
5	Hixon, Iona	W17	Milngavie &B	1:03.78
6	Dickson, Kaysey	W16	Rutherglen	1:03.81

**Heat 8 of 10 Finals Starts at 08:01 PM**

1	Calder, Joanna	W18	Milngavie &B	1:02.86
2	Szymczyk, Aleksander	M16	Co Glasgow	1:02.40
3	Melville, Sienna	W17	StirlingSwim	1:02.30
4	Tinch, Nicky	M14	StirlingSwim	1:02.40
5	Meyrick, Peter	M17	Milngavie &B	1:02.80
6	MacDonald, Finn	M15	Eastkilbride	1:02.90

**Heat 9 of 10 Finals Starts at 08:03 PM**

1	Higgins, Matthew	M17	West Dunbart	1:01.90
2	McIlwraith, Oliver	M15	Cumbernauld	59.70
3	Wallace, Oscar	M15	Milngavie &B	59.50
4	Lyden, Brody	M16	Co Glasgow	59.63
5	Sinclair, Lewis	M15	Rutherglen	1:01.12
6	Reid, Adam	M14	Eastkilbride	1:02.05

**Heat 10 of 10 Finals Starts at 08:05 PM**

1	Hristov, Stanislav	M18	Forth Valley	58.43
2	Connolly, Kyle	M17	Eastkilbride	58.40
3	Nastjuks, Stepans	M16	Stranraer	57.83
4	Nelson, Lewis	M17	Eastkilbride	58.00
5	Fraser, Aidan	M17	West Dunbart	58.40
6	Pyne, Zachary	M14	Inverclyde	59.40

**Reserves**

1	Wright, Douglas	M16	Milngavie &B	1:05.10
2	Scott, Niamh	W17	Co Glasgow	1:05.40
3	Rousseau, Amy	W18	Co Glasgow	1:05.70
4	Scott, Cole	M15	Larkhall	1:06.50
5	Wood, Rory	M15	StirlingSwim	1:08.60
6	Steele, Ava	W16	Forth Valley	1:09.20
7	McCawley, Sophie	W16	Hamilton	1:09.90
8	Baker, Heidi	W14	Ren 96	1:09.90
9	McVeigh, Penelope	W14	Eastkilbride	1:09.90
10	Hughes, Erin	W15	Co Glasgow	1:10.10
11	Cassells, Nathan	M14	Eastkilbride	1:12.00
12	Redpath, Gillen	M14	Rutherglen	1:14.90