

## 2026 WD Long Course Spring Meet - 21/03/2026 to 22/03/2026

## Meet Program - Session 4

**Event 401 Mixed 12 & Over 800 LC Metre Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals Starts at 05:45 PM**

2	Wilson, Niamh	W12	StirlingSwim	15:05.68
3	Jacovides, Lucas	M12	Inverclyde	12:46.66
4	Turner, Amelia	W17	Kingston	12:57.90

**Heat 2 of 4 Finals Starts at 06:01 PM**

1	Baker, Heidi	W14	Ren 96	12:21.20
2	Gibson, Eva	W16	Cumbernauld	11:38.80
3	Keddie, Woody	M13	Cumbernauld	11:27.70
4	Steele, Ava	W16	Forth Valley	11:27.89
5	Henderson, Florence	W13	StirlingSwim	12:15.95
6	Paterson, Harris	M15	StirlingSwim	12:32.65

**Heat 3 of 4 Finals Starts at 06:15 PM**

1	Taylor, Olivia	W12	Lanark	10:52.90
2	Birrell, Emma	W14	Co Glasgow	10:48.40
3	Thomson, Alicia	W17	Cumbernauld	10:38.50
4	White, Halle	W13	Eastkilbride	10:39.52
5	Green, Murray	M13	Eastkilbride	10:49.25
6	Biggar, Poppy	W13	Kilmarnock	11:27.60

**Heat 4 of 4 Finals Starts at 06:27 PM**

1	Getty, Morven	W14	Milngavie &B	10:20.50
2	Taylor, Lucy	W16	Lanark	9:54.70
3	Watson, Lewis	M16	Eastkilbride	9:48.60
4	Higgins, Matthew	M17	West Dunbart	9:51.60
5	King, Ethan	M14	Ren 96	10:14.10
6	Miller, Oscar	M13	Eastkilbride	10:36.17

**Event 402 Mixed 12 & Over 200 LC Metre Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 10 Finals Starts at 06:39 PM**

1	Leggat, Lilly-Mai	W14	Milngavie &B	3:35.20
2	Byrne, Matthew	M14	Forth Valley	3:33.70
3	McGill, Michael	M13	Kingston	3:29.70
4	Stevenson, Chloe	W14	Cumbernauld	3:31.40
5	Turner, Amelia	W17	Kingston	3:33.80
6	Cathcart, Elizabeth	W16	Lanark	3:35.60

**Heat 2 of 10 Finals Starts at 06:43 PM**

1	Zhao, Helen	W12	Co Glasgow	3:25.25
2	Stevenson, Ava	W12	Stranraer	3:24.67
3	Crossan, Logan	M13	Forth Valley	3:23.00
4	Addison, Wendy	W12	Larkhall	3:23.30
5	Buchanan, Ben	M12	Kingston	3:25.17
6	Wilson, Alba	W13	Milngavie &B	3:28.10

**Heat 3 of 10 Finals Starts at 06:47 PM**

1	Barratt, Annaliese	W13	Ren 96	3:21.30
2	Tohmaz, Adam	M12	Co Glasgow	3:20.14
3	Leslie, Ross	M14	Eastkilbride	3:19.40
4	Croxford, Rocco	M13	Co Glasgow	3:19.70
5	Chen, Jack	M14	Co Glasgow	3:20.65
6	MacDonald, Jamie	M13	Co Glasgow	3:22.70

**Heat 4 of 10 Finals Starts at 06:52 PM**

1	Henderson, Florence	W13	StirlingSwim	3:18.00
2	Cassells, Nathan	M14	Eastkilbride	3:16.84
3	Mayo, Kiera	W12	Lanark	3:16.20
4	Crisp, Casey	W14	Eastkilbride	3:16.20
5	Baillie, Sky	W13	Eastkilbride	3:17.30
6	Roddie, Ethan	M14	Co Glasgow	3:18.40

**Heat 5 of 10 Finals Starts at 06:56 PM**

1	Purdon, Erin	W15	Lanark	3:15.80
2	Dempsey, Ava	W16	Co Glasgow	3:14.90
3	Anderson, Cara	W13	Stranraer	3:11.11
4	Gerrie, Samuel	M13	Milngavie &B	3:13.16
5	O'Reilly, Holly	W13	Cumbernauld	3:15.50
6	O'Brien, Aimee	W13	Milngavie &B	3:16.10

**Heat 6 of 10 Finals Starts at 07:00 PM**

1	McKenna, Lucie	W15	Cumbernauld	3:10.76
2	Lindsay, Beth	W15	Hamilton	3:09.50
3	McKie, Zoe	W17	Forth Valley	3:06.00
4	Grajciar, David	M14	Forth Valley	3:07.90
5	Bennett, Paige	W15	Cumbernauld	3:10.60
6	Martin, Kerr	M14	Co Glasgow	3:10.99

**Heat 7 of 10 Finals Starts at 07:04 PM**

1	Taylor, Florence	W16	Co Glasgow	3:05.60
2	Crosbie, Lexie	W13	Milngavie &B	3:04.28
3	Reid, Eilidh	W17	Co Glasgow	3:03.70
4	Gavin, Olivia	W15	Milngavie &B	3:04.00
5	Addison, Heidi	W14	Hamilton	3:05.20
6	Keddie, Sandie	W15	Cumbernauld	3:05.90

**Heat 8 of 10 Finals Starts at 07:08 PM**

1	Simpson, Jessica	W15	Hamilton	3:01.70
2	Lindsay, Hannah	W18	Hamilton	2:58.50
3	Rawding, Kyle	M15	Forth Valley	2:56.70
4	Li, Leo	M14	Co Glasgow	2:57.80
5	McEwan, Samuel	M15	Cumbernauld	2:59.20
6	Paterson, Emma	W15	Co Glasgow	3:02.40

**Heat 9 of 10 Finals Starts at 07:12 PM**

1	Tinch, Nicky	M14	StirlingSwim	2:55.14
2	Hutchison, Holly	W14	Hamilton	2:53.60
3	Khan, Adam	M13	Milngavie &B	2:52.76
4	Martin, Kyle	M14	Co Glasgow	2:53.10
5	Reid, Ethan	M17	Ren 96	2:54.50
6	Gunn, Lois	W18	Milngavie &B	2:55.40

**Heat 10 of 10 Finals Starts at 07:15 PM**

1	Merrick, Adam	M17	Cumbernauld	2:50.40
2	Malkin-Gill, Clark	M17	Inverclyde	2:42.10
3	Bennett, Finlay	M17	Rutherglen	2:27.80
4	Brown, Ciaran	M18	Co Glasgow	2:37.70
5	Alexander, Ethan	M16	Co Glasgow	2:48.00
6	Ferris, Meghan	W14	Cumbernauld	2:51.67

**Event 403 Mixed 12 & Over 100 LC Metre Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 10 Finals Starts at 07:19 PM**

1	MacDonald, Jamie	M13	Co Glasgow	1:29.40
2	Crossan, Logan	M13	Forth Valley	1:27.60
3	Read, Fraser	M12	Hamilton	1:26.90
4	Reilly, Isaac	M13	Forth Valley	1:27.20
5	Turner, Emily	W15	Rutherglen	1:28.60
6	Scott, Michail	M14	Co Glasgow	1:30.40

**Heat 2 of 10 Finals Starts at 07:21 PM**

1	Taylor, Ellie	W13	Eastkilbride	1:25.60
2	Sui, Samuel	M14	Co Glasgow	1:25.40
3	Addison, Wendy	W12	Larkhall	1:24.60
4	Baillie, Sky	W13	Eastkilbride	1:24.90
5	Croxford, Rocco	M13	Co Glasgow	1:25.58
6	Hair, Cadhlea	W12	Inverclyde	1:26.10

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## Meet Program - Session 4

**Heat 3 Finals (#403 Mixed 12 & Over 100 LC Metre Butterfly)**

1	McGovern, Anthony	M12	Co Glasgow	1:23.50
2	Paterson, Amber	W13	StirlingSwim	1:21.40
3	O'Brien, Aimee	W13	Milngavie &B	1:20.90
4	Scott, Cole	M15	Larkhall	1:21.00
5	Bennett, Zander	M12	Rutherglen	1:22.75
6	Connor, Dylan	M16	Cumbernauld	1:24.10

**Heat 4 of 10 Finals Starts at 07:26 PM**

1	McCawley, Sophie	W16	Hamilton	1:20.20
2	McNeill, Zara	W14	Rutherglen	1:19.70
3	Grajciar, David	M14	Forth Valley	1:18.91
4	McKie, Zoe	W17	Forth Valley	1:19.60
5	Hughes, Erin	W15	Co Glasgow	1:20.00
6	Hume, Carmen	W17	Kilmarnock	1:20.60

**Heat 5 of 10 Finals Starts at 07:28 PM**

1	Dempsey, Ava	W16	Co Glasgow	1:18.10
2	McLernon, Orla	W14	Cumbernauld	1:17.10
3	Redpath, Gillen	M14	Rutherglen	1:16.39
4	Thomson, Alicia	W17	Cumbernauld	1:16.56
5	Stewart, Gabriel	M16	StirlingSwim	1:17.50
6	Roddie, Ethan	M14	Co Glasgow	1:18.22

**Heat 6 of 10 Finals Starts at 07:30 PM**

1	Morrison, Kayla	W14	StirlingSwim	1:15.70
2	Hunter, Ruby	W15	Hamilton	1:14.80
3	Hixon, Iona	W17	Milngavie &B	1:14.50
4	Robertson, Aimee	W14	Cumbernauld	1:14.78
5	Dickson, Kaysey	W16	Rutherglen	1:15.50
6	Motion, Rebecca	W15	Eastkilbride	1:16.00

**Heat 7 of 10 Finals Starts at 07:32 PM**

1	Gillies, Beth	W14	Hamilton	1:13.87
2	Getty, Morven	W14	Milngavie &B	1:13.10
3	McLachlan, Phoebe	W14	Cumbernauld	1:12.80
4	Scott, Niamh	W17	Co Glasgow	1:12.85
5	Sommerville, Adam	M16	Ren 96	1:13.10
6	Watson, Lewis	M16	Eastkilbride	1:14.20

**Heat 8 of 10 Finals Starts at 07:34 PM**

1	Reid, Adam	M14	Eastkilbride	1:12.40
2	Pettigrew, Ava Grace	W16	Cumbernauld	1:11.54
3	Chesser, Callan	M15	Milngavie &B	1:11.28
4	McGinlay, Sophia	W18	Cumbernauld	1:11.40
5	Jeffrey, Orlaith	W16	Lanark	1:12.27
6	Perrie, Sam	M15	Larkhall	1:12.60

**Heat 9 of 10 Finals Starts at 07:37 PM**

1	McMillan, Abbie	W17	Co Glasgow	1:10.80
2	Shaw, Regan	M18	Cumbernauld	1:08.50
3	McIlwraith, Oliver	M15	Cumbernauld	1:06.44
4	Szymczyk, Aleksander	M16	Co Glasgow	1:07.60
5	Chand, Ailsa	W14	Eastkilbride	1:10.50
6	Shepherd, Alex	W17	Cumbernauld	1:11.20

**Heat 10 of 10 Finals Starts at 07:39 PM**

1	Hristov, Stanislav	M18	Forth Valley	1:05.90
2	Lyden, Brody	M16	Co Glasgow	1:04.59
3	Hay, Daniel	M18	Forth Valley	1:01.50
4	Merrick, Adam	M17	Cumbernauld	1:03.80
5	Kuklinek, Sebastian	M16	Forth Valley	1:04.99
6	Malkin-Gill, Clark	M17	Inverclyde	1:05.99

**Reserves**

1	Mulloy, Hannah	W14	Eastkilbride	1:26.30
2	Rice, Hannah	W15	Forth Valley	1:31.90

**Event 404 Mixed 12 & Over 50 LC Metre Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 16 Finals Starts at 07:41 PM**

1	Read, Fraser	M12	Hamilton	34.40
2	Redpath, Gillen	M14	Rutherglen	34.20
3	Turner, Marcus	M14	Kingston	34.00
4	Sui, Samuel	M14	Co Glasgow	34.10
5	Scott, Michail	M14	Co Glasgow	34.20
6	Connor, Richard	M12	Larkhall	34.80

**Heat 2 of 16 Finals Starts at 07:42 PM**

1	Purdon, Sarah	W13	Lanark	33.80
2	Carson, Mairi-Louise	W13	Eastkilbride	33.34
3	Reilly, Isaac	M13	Forth Valley	33.30
4	Chen, Jack	M14	Co Glasgow	33.30
5	Jones, Sam	M14	Larkhall	33.70
6	Moustafa, Farida	W12	StirlingSwim	34.00

**Heat 3 of 16 Finals Starts at 07:43 PM**

1	Taylor, Ellie	W13	Eastkilbride	32.85
2	Paterson, Amber	W13	StirlingSwim	32.68
3	Baker, Klara	W12	Ren 96	32.50
4	Whiteley, Nuala	W12	Milngavie &B	32.60
5	Leslie, Ross	M14	Eastkilbride	32.72
6	McGovern, Anthony	M12	Co Glasgow	33.03

**Heat 4 of 16 Finals Starts at 07:45 PM**

1	McClure, Alba	W13	Ren 96	32.40
2	Morrison, Amelie	W14	Milngavie &B	32.40
3	McLernon, Orla	W14	Cumbernauld	32.00
4	Walsh, Eilidh	W15	Rutherglen	32.00
5	McCawley, Sophie	W16	Hamilton	32.40
6	Baker, Heidi	W14	Ren 96	32.50

**Heat 5 of 16 Finals Starts at 07:46 PM**

1	Thomson, Finlay	M14	Eastkilbride	32.00
2	Crossan, Logan	M13	Forth Valley	31.70
3	Hume, Carmen	W17	Kilmarnock	31.70
4	Bennett, Paige	W15	Cumbernauld	31.70
5	Wilson, Jet	M14	Cumbernauld	31.92
6	Buchan, Oliver	M13	Larkhall	32.00

**Heat 6 of 16 Finals Starts at 07:47 PM**

1	Maher, Ellie	W15	Hamilton	31.40
2	McBrien, Isla	W15	Co Glasgow	31.20
3	Hunter, Ruby	W15	Hamilton	31.14
4	Jamieson, Hannah	W16	Eastkilbride	31.20
5	Steele, Ava	W16	Forth Valley	31.22
6	McVeigh, Penelope	W14	Eastkilbride	31.70

**Heat 7 of 16 Finals Starts at 07:49 PM**

1	McKie, Zoe	W17	Forth Valley	30.80
2	Gerrie, Samuel	M13	Milngavie &B	30.60
3	Li, Leo	M14	Co Glasgow	30.40
4	Robertson, Aimee	W14	Cumbernauld	30.44
5	Getty, Morven	W14	Milngavie &B	30.60
6	Henderson, Niamh	W17	Rutherglen	30.98

**Heat 8 of 16 Finals Starts at 07:50 PM**

1	Walker, Holly	W14	Cumbernauld	30.30
2	Hamilton, Caitlyn	W22	Lanark	30.03
3	Gillies, Beth	W14	Hamilton	29.90
4	Chand, Ailsa	W14	Eastkilbride	29.98
5	Law, Anna	W15	Hamilton	30.20
6	Whiteley, Sanna	W14	Milngavie &B	30.37

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## Meet Program - Session 4

**Heat 9 Finals (#404 Mixed 12 & Over 50 LC Metre Freestyle)**

1	Addison, Heidi	W14	Hamilton	29.79
2	McLachlan, Phoebe	W14	Cumbernauld	29.73
3	Melville, Makena	W16	StirlingSwim	29.70
4	Reid, Adam	M14	Eastkilbride	29.70
5	Dickson, Kaysey	W16	Rutherglen	29.75
6	Shepherd, Alex	W17	Cumbernauld	29.90

**Heat 10 of 16 Finals Starts at 07:53 PM**

1	Henderson, Abbey	W16	Rutherglen	29.70
2	Wright, Douglas	M16	Milngavie &B	29.70
3	Paterson, Emma	W15	Co Glasgow	29.55
4	Grajciar, David	M14	Forth Valley	29.63
5	Ferris, Meghan	W14	Cumbernauld	29.70
6	Calder, Joanna	W18	Milngavie &B	29.70

**Heat 11 of 16 Finals Starts at 07:54 PM**

1	McGinlay, Sophia	W18	Cumbernauld	29.50
2	Jasinskis, Nikita	M16	Forth Valley	29.40
3	Crisp, Casey	W14	Eastkilbride	29.33
4	Morrison, Kayla	W14	StirlingSwim	29.40
5	Perrie, Sam	M15	Larkhall	29.47
6	Watson, Scott	M16	Eastkilbride	29.52

**Heat 12 of 16 Finals Starts at 07:56 PM**

1	Dawson, Emily	W17	Milngavie &B	29.30
2	Hixon, Iona	W17	Milngavie &B	29.04
3	Khan, Adam	M13	Milngavie &B	28.80
4	Sommerville, Adam	M16	Ren 96	29.02
5	Reid, Ethan	M17	Ren 96	29.20
6	Rawding, Kyle	M15	Forth Valley	29.31

**Heat 13 of 16 Finals Starts at 07:57 PM**

1	MacDonald, Finn	M15	Eastkilbride	28.55
2	Jasinskis, Danila	M16	Forth Valley	28.40
3	Kuklinek, Sebastian	M16	Forth Valley	28.30
4	Jacovides, Alex	M14	Inverclyde	28.31
5	Szymczyk, Aleksander	M16	Co Glasgow	28.46
6	Melville, Sienna	W17	StirlingSwim	28.76

**Heat 14 of 16 Finals Starts at 07:58 PM**

1	Cittadini, Luca	M15	Kingston	28.24
2	Sinclair, Lewis	M15	Rutherglen	28.14
3	Nelson, Lewis	M17	Eastkilbride	27.73
4	Tinch, Nicky	M14	StirlingSwim	27.78
5	Higgins, Matthew	M17	West Dunbart	28.20
6	Scott, Niamh	W17	Co Glasgow	28.25

**Heat 15 of 16 Finals Starts at 08:00 PM**

1	Devlin, Luke	M18	Lanark	27.70
2	Connolly, Kyle	M17	Eastkilbride	27.49
3	Niemiec, Franek	M16	Forth Valley	27.38
4	Ormrod, Malcolm	M18	Lanark	27.47
5	Wallace, Oscar	M15	Milngavie &B	27.63
6	McIlwraith, Oliver	M15	Cumbernauld	27.71

**Heat 16 of 16 Finals Starts at 08:01 PM**

1	Shaw, Craig	M18	Lanark	27.30
2	Fraser, Aidan	M17	West Dunbart	26.80
3	Hristov, Stanislav	M18	Forth Valley	26.48
4	Brown, Ciaran	M18	Co Glasgow	26.50
5	Pyne, Zachary	M14	Inverclyde	26.84
6	Lyden, Brody	M16	Co Glasgow	27.30

**Reserves**

1	Chesser, Callan	M15	Milngavie &B	29.70
2	McEwan, Samuel	M15	Cumbernauld	29.80

3	Motion, Rebecca	W15	Eastkilbride	32.20
4	Purdon, Erin	W15	Lanark	32.30
5	Cathcart, Elizabeth	W16	Lanark	33.80
6	Lammie, Erin	W16	Lanark	33.90
7	Leggat, Lilly-Mai	W14	Milngavie &B	34.22
8	Reid, Eilidh	W17	Co Glasgow	34.50
9	Mulloy, Hannah	W14	Eastkilbride	34.96
10	Turner, Amelia	W17	Kingston	35.60
11	Byrne, Matthew	M14	Forth Valley	36.40