



REN 96 SPRINT PENTAQUA Meet Saturday 29th August 2026 – WD/L3/0826/045

Date: Saturday 29th August 2026

Venue: On-X Linwood
Brediland Road, Paisley PA3 3RA

Pool: 6 lane 25m pool, anti-wave lane ropes, limited spectator seating.

Age: **Age on the day (29th August August 2026)**

Format: **Saturday afternoon will focus on swimmers aged 7 – 12 years. Saturday evening will focus on swimmers aged 13+ years**
Entries will be structured such that swimmers will either be accepted for all 5 swims or scratched from all 5. This will be based on the IM entry time and allows all swimmers to have an even opportunity to compete in the overall Pentaqua competition.

Age groups/events: **Saturday afternoon- 7-12 years**
7/8 25m on all strokes + 100m IM
9/10 50m on all strokes + 100m IM
11/12 50m on all strokes + 100m IM

Saturday evening – 13+ years
13 years 50m on all strokes + 100m IM
14 years 50m on all strokes + 100m IM
15 years 50m on all strokes + 100m IM
16+ years 50m on all strokes + 100m IM

The number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest. Entries will be accepted on time for their IM basis.

Closing date: **Monday 10th August 2026 at 12 noon**

Entry: Submit times on Hy-Tek. Available on request from:
ren96comp@gmail.com

Entry fee: **7-8 YEARS – PENTAQUA ENTRY TO ALL 5 EVENTS - £25**
9-12 YEARS – PENTAQUA ENTRY TO ALL 5 EVENTS - £35
13+ YEARS - PENTAQUA ENTRY TO ALL 5 EVENTS - £35



Accreditation:	To ensure accreditation every club with 5 or more swimmers entered to supply one judge for each session that the club has a swimmer participating.
Coaches pass:	Please see below for information on how to apply for coach/team manager passes.
Payment:	Payable by bank transfer to REN 96 – please see below re invoicing. Sort code 80-91-27 Account number 00149706
Entry information:	Please complete and submit entry information using the form provided below:
Parking:	Sufficient parking is available immediately outside the On-X Leisure Centre
Spectating:	Spectating will be available at this competition. Small entry fee payable on the day.
Awards:	Medals for 1 st to 3 rd places in both age groups for all events. Overall award for 1 st to 3 rd in each age group for overall Pentaqua award.
STO Volunteers:	We would be delighted if you could share the link below with your STO community to allow us to ensure the event is fully supported and accredited on the day. https://www.signupgenius.com/go/REN96-Pentaqua-2026#/
Marshalling:	Swimmers must report to the marshalling area a minimum of 6 heats prior to their scheduled swim. It is the responsibility of the competing squads to ensure their swimmers report to the marshalling area on time. Swimmers who report late to marshalling may be replaced by reserve swimmers at the discretion of the referee.
Spare lanes:	REN 96 Swim Team reserves the right of spare lanes if available.



Withdrawals: Withdrawals will be processed up until 45 minutes prior to the start of each session. However, no refunds will be provided for any withdrawals that are submitted after

Reserve Swims: Reserve swimmers are expected to arrive at marshalling at the beginning of each event where swims will be allocated appropriately. Reserve swimmers who do not wish to be considered should be withdrawn on the day.

Safeguarding: The first point of contact for the event in relation to wellbeing and child protection matters are the Meet Director – Calum Johnston. The secondary point of contact is REN96 CWPO.

Refunds: IMPORTANT- Clubs should not send finances with entries. REN 96 will invoice clubs after entries are confirmed thus eliminating the need for refunds.

Order of events:

Saturday Afternoon-

Warm up- 1.00pm-1.55pm

- 101- Mixed 7-12yrs- 100m Individual Medley
- 102- Mixed 7/8yrs - 25m Butterfly
- 103- Mixed 9-12yrs- 50m Butterfly
- 104- Mixed 7/8yrs - 25m Backstroke
- 105 - Mixed 9-12yrs- 50m Backstroke
- 106- Mixed 7/8yrs- 25m Breaststroke
- 107- Mixed 9-12yrs 50m Breaststroke
- 108- Mixed 7/8yrs- 25m Freestyle
- 109- Mixed 9-12yrs 50m Freestyle

Saturday Evening-

Warm up- 5pm – 5.45pm

- 101- Mixed 13+yrs- 100m Individual Medley
- 102- Mixed 13+yrs- 50m Butterfly
- 103 - Mixed 13+yrs- 50m Backstroke
- 104- Mixed 13+yrs 50m Breaststroke
- 105- Mixed 13+yrs 50m Freestyle

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SUMMARY SHEET

Please return this form along with the meet entry files. **NO PAYMENT AT THIS STAGE.**

Club:

Contact Name:

Email address:

Tel No.

STO Contact Name:.....

STO Email Address:

Poolside Passes for coaches including food @ £10.00

Names of coaches / team managers:

To comply with accreditation and health and safety requirements, please confirm the following:

- I confirm that all the entered swimmers have paid their current SASA Registration Fee.
- I understand that any swimmer entered without a Registration Number will not be allowed to take part.
- I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current guidelines.

Signed.....

Name (please print)

Designation in Club

Return form to: Calum Johnston email: ren96comp@gmail.com

Thank you for your ongoing support.